



ArchivesSpace

# Harris, Raymond and Sara; Papers

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M.E. Grenander Department of Special Collections & Archives

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## Summary Information

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<b>Repository:</b>	M.E. Grenander Department of Special Collections & Archives
<b>Title:</b>	Raymond and Sara Harris Papers
<b>ID:</b>	apap378
<b>Date [inclusive]:</b>	1942-2009
<b>Physical Description:</b>	15.7 cubic ft.
<b>Physical Location:</b>	The materials are located onsite in the department.
<b>Language of the Material:</b>	English .
<b>Abstract:</b>	This collection documents the personal and professional lives of Dr. Raymond and Sara Harris and their involvement in the Albany, N.Y. community.

### Preferred Citation

Preferred citation for this material is as follows:

Identification of specific item, series, box, folder, Raymond and Sara Harris Papers, 1942-2009. M.E. Grenander Department of Special Collections and Archives, University Libraries, University at Albany, State University of New York (hereafter referred to as the Harris Papers).

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## Biographical / Historical

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Dr. Raymond and Sara Harris were active members of the Albany, N.Y. community. In 1957, the couple co-founded the Center for the Study of Aging of Albany, N.Y.

Dr. Raymond Harris was born in Brooklyn, N.Y. on June 26, 1919. A graduate of Cornell University and Albany Medical College, Harris also served in the Army Medical Corps at the Walter Reed Hospital during the Second World War. Dr. Harris, a published author and seasoned lecturer, was the chief of the sub-department of Cardiovascular Medicine at St. Peters Hospital in Albany and sat on various medical boards throughout his medical career including Albany Med and the Ann Lee Home. Dr. Harris was also involved in the general field of gerontology and hosted many programs and events. Elected president of

the Albany Jewish Community Center, Dr. Harris was an active member of the Albany community until his death on August 25, 1989.

Sara Harris was born Sara Hilda Richman in Cleveland, Ohio in 1921. After attending Girls Latin School in Boston, Harris graduated from the University of Chicago and went on to study at the Arts Students League in New York City. Also an active member in the Albany community, Harris was the executive director of the Center for the Study of Aging of Albany, a member of the board of directors for the Albany Inter-Racial Council, and founder of the local Red Cross Friendly Visiting Service. Sara Harris was also a prominent artist in the area and nominated for awards for her skills in painting and drawing. Sara Harris enjoyed writing poetry and published a book on exercise for people over 50. She died on May 15, 2016.

Raymond and Sara Harris were survived by their four children, two sons and two daughters, and grandchildren.

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## Content Description

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This collection documents the professional and personal lives of Dr. Raymond and Sara Harris and their work in the Albany community through St. Peters Hospital, Albany Medical Hospital, the Center for the Study of Aging of Albany N.Y., the Albany Inter-Racial Council, and the Albany Jewish Community Center. Materials consist of published articles, books, correspondence, hospital records, lecture notes, various council meeting minutes, studies on gerontology, newsletters, and family history. The collection also contains audio and visual material related to the field of gerontology.

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## Administrative Information

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### Publication Statement

M.E. Grenander Department of Special Collections & Archives

### Access

Access to this collection is unrestricted except for some folders (noted on the finding aid) that contain personally identifiable information. Please contact an archivist for more information.

## Immediate Source of Acquisition

The children of Raymond and Sara Harris donated all materials in the collection to the M.E. Grenander Department of Special Collections and Archives in 2018 and 2024.

## Processing Information

The 2018 donation of material was processed by Sheri Sarnoff in 2019. The 2024 accessions have not yet been arranged or described.

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## Related Materials

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### Separated Materials

The archivist transferred several monographs by Raymond Harris: *Clinical Geriatric Cardiology: Management of the Elderly Patient*, *The Management of Geriatric Cardiovascular Disease* (in English and Chinese), and *Geriatric Medicine: The Treatment of Disease in the Elderly* and Sara Harris *Lifelong Health and Fitness, Volume I: Prevention and Human Aging* edited with Willard S. Harris and Jonathan O. Harris and *Who? Me?! Exercise?: Safe Exercise for People Over 50* co-authored with Olga Hurley, as well as the three-volume set *Physical Activity, Aging and Sports* edited by

Raymond and Sara Harris, to the book division of Special Collections. They will all be catalogued and included in the University Library Catalog.

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## Controlled Access Headings

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- Medical care
- Harris, Raymond, 1919-1989
- Harris, Sara, 1921-
- Gerontology
- Albany (N.Y.)
- Medicine and Health Care
- Albany, New York
- Correspondence.
- Medical records
- Serials (publications)
- Lectures
- Minutes (administrative records)
- Files by subject

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## Collection Inventory

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### Biographical, 1942-2007

Physical Description: 2.2 cubic ft.

Language of the Material: English.

#### Arrangement

Arranged alphabetically

#### Scope and Contents

This series contains personal correspondence, personal documents, and photographs of Raymond and Sara Harris. Included in the correspondence are letters to their children, their friends, and other members of their immediate family. There are family updates in the correspondence and poetry written by Sara Harris. The series also contains information on the leisure activities enjoyed by the Harris family such as tennis games. The series also features documents related to the couples' involvement in the Albany Jewish Community Center and their temple. The series features information on Raymond Harris's service in the U.S. Army, as well as records of the art shows Sara Harris participated in.

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1974 Exhibition by Artists of the Mohawk-Hudson, 1974	Box 1	Folder 1
Albany Artists Group, 1963-1964	Box 1	Folder 2
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Must consult an archivist before viewing.		
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## Medical Papers, 1944-2000



Physical Description: 3.6 cubic ft.

Language of the Material: English.

## Arrangement

This series is arranged alphabetically.

## Scope and Contents

This series contains the medical files and publications of Raymond Harris during his tenure in the medical community. Raymond Harris was a cardiologist at St. Peters Hospital in Albany, N.Y. and sat on a variety of committees and boards. Dr. Harris also was on staff at Albany Medical Hospital and the Ann Lee Home. Raymond Harris also worked at a psychiatric hospital and was a consultant on various medical cases. Included in this series are medical publications, documents related to the various hospitals and other institutions where Raymond Harris worked, and correspondence between colleagues. Some files containing patient information are restricted.

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## Conferences/Lectures, 1953-2008

Physical Description: 2.4 cubic ft.

Language of the Material: English.

### Arrangement

This series is arranged alphabetically.

### Scope and Contents

This series contains the conferences and lectures that Raymond and Sara Harris participated in and attended. The conferences and lectures focused on gerontology and cardiovascular health. Both Raymond and Sara Harris gave lectures to members of the medical community, the Gerontological Society of America, and residents of the Albany area. Included in the series are documents from international conferences in Japan, China, Italy, and Israel. These records include travel itineraries, postcards, and souvenirs.

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## Center for the Study of Aging, 1952-2009

Physical Description: 4.3 cubic ft.

Language of the Material: English.

### Arrangement

This series is arranged alphabetically.

### Scope and Contents

This series contains documents related to the Center for the Study of Aging opened by Raymond and Sara Harris. Sara Harris, who was the executive director of the center, was active in the senior community in Albany, N.Y. Located on Madison Avenue, the Center for the Study of Aging provided programs, lectures, and a community space for the senior community. Included in the series are documents related to the founding of the center, program events, correspondence related to the center, information about its non-profit status, and articles and news clips related to the events that the center hosted. The series also includes published books written by Sara Harris and other members of the gerontology community, as well as publications relating to the center's findings and activities.

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## Albany Activism, 1954-1988

Physical Description: 2.4 cubic ft.

Language of the Material: English.

## Arrangement

This series is arranged alphabetically.

## Scope and Contents

This series contains documents related to the Harris's involvement in the Albany community. Both Raymond and Sara Harris were active in the Albany Area Chapter of the American Red Cross and the Democratic Party in Albany. Sara Harris also sat on the Board of the Directors of the Albany Inter-Racial Council which provided services like a day care center, a pool, and a community center to the people in the Arbor Hill neighborhood. Included in the series is correspondence with members of these organizations, documents demonstrating the racial injustices that the Interracial Council fought against, Arbor Hill Community Center records, and information about the Albany community at large.

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## Publications, 1951-2007

Physical Description: .8 cubic ft.

Language of the Material: English.

### Arrangement

This series is arranged alphabetically.

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This series contains publications related to gerontology and cardiovascular health. These publications speak to the interests of Raymond and Sara Harris who subscribed to newsletters and journals to remain updated on the various discoveries in their professional fields.

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