

QUICK FACTS

UALBANY QUICK FACTS

GENERAL

Founded:
1844

Enrollment:
12,457 (undergraduate) 4,977
(graduate)

Nickname:
Great Danes

Colors:
Purple, Gold

Director of Athletics:
Dr. Lee McElroy

FIELD HOCKEY

Affiliation:
NCAA Division I

Conference:
America East

Home Field:
Alumni Turf Field

Capacity:
500

Surface:
Sportex Hockey Turf Elite

Head Coach:
Phil Sykes
California State-Hayward '99

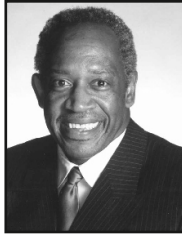
Record at UAlbany:
28-27 (3 years)

2006 Record:
12-7

America East Record:
4-1

Letterwinners Returning/Lost:
5/8

Starters Returning/Lost:
2/4



Athletics Director
Lee McElroy



Officer in Charge
Susan Herbst



Faculty Representative
Dr. Teresa Harrison



Field Hockey Coach
Phil Sykes

DEPARTMENT OF ATHLETICS

Officer in Charge.....	Susan Herbst
Vice President & Director of Athletics	Lee McElroy
Faculty Representative	Teresa Harrison
Deputy Director of Athletics.....	Rick Coe
Associate Director of Athletics for External Operations	Charlie Voelker
Associate Director of Athletics for Student-Life Enrichment & Equality/SWA.....	Jan Brown
Assistant Director of Athletics for Student-Life Enrichment	Carl Anderson
Assistant Director of Athletics for Equipment & Operations	Kevin Galuski
Assistant Director of Athletics for Compliance.....	Wayne Bridgeman
Assistant Director of Athletics for Marketing & Tickets.....	Rob Totaro
Assistant Director of Athletics for Facilities & Game Management.....	Cara White
Assistant to the Director of Athletics.....	Cathy Probst
Director of Athletic Development.....	Don Ostrom
Senior Major Gift Officer	Mary Johnson
Director of Student-Athlete Support Services	Jennifer Svatik
Director of Intramurals and Recreation.....	Brian Kile
Assistant Director for Internal Operations.....	Matt Roche
Head Athletic Trainer.....	Jay Geiger
Field Hockey Trainer	Mary Kate Hedderman
Athletic Trainers	Kim Doyle, Joe Tegnander, Anthony Benyaron
Athletic Accountant.....	Sylvia Ulion
Athletic Grounds.....	Shaun Lynch
Secretaries.....	Karen Mitchell, Jennifer North

FIELD HOCKEY OFFICE

Head Coach	Phil Sykes
Assistant Coach	Katie White
Assistant Coach.....	Andy Thornton
Strength and Conditioning Coach	Tony Tullock

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CREDITS: The 2007 University at Albany Field Hockey media guide is published by the athletic media relations office for use by media members and friends of UAlbany field hockey. Editor: Brianna LaBrecque. Contributors: Brian DePasquale. Photography: Bob Ewell, Steve Lobel, Mark Schmidt. Cover Design: Rob Totaro. Printing: New York Press & Graphics, Albany, N.Y. On the Cover: Michelle Simpson, Kristen Holder.



2007 University at Albany Field Hockey Roster

No.	Name	Cl.	Pos.	Ht.	Hometown/High School
3	Nicole Savage	So.	M	5-8	Wilkes-Barre, Pa./James M. Coughlin
4	Jamie Flagg	So.	F	5-6	Swanville, Maine/Belfast Area
5	Sam Daly	Fr.	M	5-4	Canterbury, Victoria, Australia/Methodist Ladies College
6	Jess Lindsey	So.	D	5-5	Norristown, Pa./Methacton
7	Carrie Brown	Fr.	M	5-4	Elverson, Pa./Twin Valley
8	Anouk Vandenberg	Fr.	F	5-5	Groningen, Netherlands/Proclinius Gymnasium
10	Suzy Clephane	Fr.	F/M	5-8	Remura, Auckland, New Zealand/Diocesan/Bethlehem
11	Sarah Deane	Fr.	M	5-5	Orefield, Pa./Parkland
12	Chelsea Neff	Fr.	M	5-8	Lehigh, Pa./Lehigh
13	Vanessa Walter	Jr.	M	5-1	Lebanon, Pa./Cedar Crest
14	Michelle Simpson	Sr.	M	5-6	Middlesbrough, England/University of Teesside
15	Kristen Holder	Sr.	F/M	5-4	Toronto, Ontario/ASE #1
16	Alysia Hough	Fr.	M	5-4	Lehigh, Pa./Lehigh
18	Ashlyn Bach	Fr.	M	5-5	Coopersburg, Pa./Southern Lehigh
19	Joanna Irey	Fr.	M	5-3	Jamison, Pa./Central Bucks South
22	Michele Polizois	Jr.	M	5-6	Oceanport, N.J./Shore Regional
38	Ashley Ross	Jr.	GK	5-2	Lancaster, Pa./Conestoga Valley
77	Christine Hoffman	Fr.	GK	5-4	Mertztown, Pa./Brandywine Heights

Head Coach: Phil Sykes (California State-Hayward '99) - Fourth Season

Assistant Coach: Katie White (New Hampshire '06)

Assistant Coach: Andy Thornton (Abertay '04)

Captains: Kristen Holder, Michele Polizois, Michelle Simpson

Pronunciation Guide	
Polizois	Pole-uh-zoys
Anouk	An-ook
Clephane	Cleff-fane
Hough	Hoe

ALUMNI TURF FIELD HOME OF UALBANY FIELD HOCKEY

Alumni Turf Field, the home for UAlbany field hockey, was completed in the fall of 2005. Alumni Turf Field features a surface of Sportex Hockey Turf Elite, a knitted nylon system that is made up of soft fibers that allows for improved playability, player comfort and ease of maintenance and dependability. The new home of UAlbany field hockey is adjacent to John Fallon Field, which serves as the home of the UAlbany men's and women's lacrosse teams. Both all-weather fields are located just south of Indian Quad on campus.



COACHES

Phil Sykes HEAD COACH



Phil Sykes enters his fourth season as head coach of the University at Albany field hockey program. Sykes led the Great Danes to their best record in Division I history a year ago, which included a share of the America East Conference regular-season title.

Sykes, who guided his team to a 12-7 overall record with a 4-1 finish in conference play, coached the 2006 America East offensive and defensive players of the year in Michelle Simpson and Arlette Westdorp. Defender Jess Lindsay and goalkeeper Ashley Ross were also named to

the all-conference first team, while midfielders Michele Polizois and Teska Koch earned second-team honors. Koch and Lindsay, along with forward Nicole Savage, also earned spots on the all-rookie squad.

Westdorp, who finished her career as UAlbany's all-time assists leader, led the nation a year ago, averaging 1.00 assists per game.

In just his second year with the Great Danes, Sykes led the team to its first America East Conference tournament appearance since joining the league in 2001. UAlbany had its best-ever showing in the conference standings, earning the third seed for the tournament. The Great Danes also finished with a 9-9 record in 2005, their best since the 2000 season.

Four of Sykes' 12 starters earned all-conference honors in 2005. Forward Tina Bryson, who finished her career in fourth place on UAlbany's all-time points and goals list, earned first-team accolades for the second straight year. Kristen Holder and Westdorp both garnered second-team honors, while Westdorp and Ross were also named to the all-rookie team.

In conference play, UAlbany posted three wins for the first time since joining the America East. On October 22, the Great Danes toppled No. 18 Boston University, 2-1, handing the Terriers their first conference loss since October 24, 2003. Sykes' squad would go on to finish the season with an RPI of 29.

In addition to success on the field, Sykes saw several of his student-athletes achieve recognition off the field. Led by 2005 tri-captain Shelley Gebhardt, six Great Danes were named to the NFHCA National Academic Squad, including returnees Ross, Westdorp, Letitia Mazzaferro and Vanessa Walter. Gebhardt also was honored with the Chancellor's Scholar-Athlete Award, which recognizes academic excellence and outstanding athletic achievement.

The success came on the heels of a building year in 2004, when Sykes guided the Great Danes to a 7-11 overall record. UAlbany finished 2-4 and tied for fourth place in the America East standings and came within one victory of qualifying for the America East tournament.

Sykes coached Bryson to America East All-Conference First Team accolades. Forward Danielle Costello was voted to the second team while Danielle Conklin and Holder earned all-rookie honors. Nine Great Danes were named to the America East Academic Honor Roll, and Amber Wade, Cheryl Varga and Gebhardt were selected to the NFHCA National Academic Squad.

Prior to his arrival at UAlbany, Sykes stepped into a role as interim head coach at Cornell in 2003. Under his tutelage, midfielder Karleigh Burns received second-team All-Ivy League recognition.

Sykes also served as the first assistant at Towson University. The Tigers showed dramatic improvement during Sykes' tenure, winning 10 games during the 2002 season. The Tigers secured victories against nationally-ranked Delaware and Hofstra.

Sykes, 36, has a vast amount of playing experience. At age 16, Sykes represented his country in a United States vs. Canada Challenge in Calgary, Alberta. That served as the beginning of Sykes' experience on the U.S. Junior and Senior National Teams, which included playing in the 1989 Junior World Cup in Ipoh, Malaysia.

Sykes competed at the 1995 Pan American Games in Argentina, where the U.S. squad won a bronze medal. The highlight of Sykes' playing career came in the 1996 Olympics, when he played on the U.S. Olympic team and was able to represent the nation at the highest level.

A native of Livermore, Calif., Sykes retired from international competition to finish his college degree. He graduated with a bachelor's degree in kinesiology from California State University, Hayward in 1999.

Sykes, who resides in Clifton Park with his fiancée Jen, also plays competitive tennis. He played number one singles and doubles at Chabot Junior College and began teaching tennis in California, later earning his USPTA certification.

Katie White ASSISTANT COACH



Katie White joins the UAlbany coaching staff this season.

White comes to Albany after spending a year as an assistant at Colgate University. White helped develop the Patriot League's Goalkeeper of the Year and Rookie of the Year while with the Raiders. White acted as the recruitment coordinator for the field hockey program, while also organizing and directing three tournaments.

A four-year letterwinner at New Hampshire, White was a two-time All-America East Conference First Team and Regional All-America honoree, and was named the conference's rookie of the year in 2003. She finished her career with the Wildcats ranked third in goals and fourth in points. White earned her bachelor's degree in psychology from New Hampshire in 2006.

White has also served as the director and head coach in the USFHA Futures Program in New York, and was an assistant coach for the Futures Program in New Hampshire. She has coached field hockey camps at Boston College and Northeastern University, and also gained experience as a coach at Mike Boyle Strength and Conditioning in North Andover, Mass.

Andy Thornton ASSISTANT COACH



Andy Thornton begins his fourth season as an assistant coach with the University at Albany field hockey program.

Thornton has been coaching field hockey in his native Scotland for several years. He was named the 2004 Scottish Coach of the Year for youth boys and took Grove Academy High School to their first U-18 national field hockey title in March of 2004. Thornton was also the head coach for the women's field hockey team at Duathndee University from 2002-04. In 2003 he was named the Scottish Grass Roots Coach of the Year.

As a player, Thornton was a member of the Menziesshill men's field hockey club, which competes at the top indoor and outdoor level. Thornton has won six national titles and played in five European Cups, representing Scotland. He has played in three European "A" division and two "B" division cups, playing in the Czech Republic, Spain, Germany, France and Russia, winning gold and silver medals. Thornton's indoorsquad won consecutive Scottish National Indoor League Championships. In 1999, Thornton's team won the European Indoor gold medal in the Czech Republic. He also played on Scotland's U-18, U-19 and U-21 international teams.

Thorntonearned a bachelor's degree in sports coaching and development from the University of Abertay in 2004.

Sykes at UAlbany		
2004	UAlbany	7-11
2005	UAlbany	9-9
2006	UAlbany	12-7
Total		28-27



#15 Kristen Holder

Senior • F • 5-4

Toronto, Ontario / ASE #1

Tri-Captain. 2006: Started all 18 games played at forward for the Great Danes... Finished with five goals and two assists for 12 total points... Enters senior season ranked 10th on UAlbany's career points chart (38) and eighth on the all-time goals list (17)... Recorded game-winning goals against Kent State (8/28) and Delaware (9/15). 2005: America East Conference second-team selection... America East Player of the Week (9/12)... Appeared in all 18 games for the Great Danes, starting 17 of them... Finished second on the team with eight goals and third with 17 points... Tied for the team lead with two game-winning goals... Eighth in the America East with 0.44 goals per game... Scored the lone tally in UAlbany's 4-1 loss at UConn (8/26)... Added an unassisted goal in the 4-2 win over Temple (9/2)... Notched a career-high four points on two goals, including the game-winner, in UAlbany's 4-1 win over crosstown-rival Siena (9/6)... Again had the team's only tally, unassisted, in the 4-1 loss at Ohio State (9/9)... Netted a goal in back-to-back wins over Syracuse (10/12) and UMBC (10/15)... Her only assist of the season came in the 4-3 win over Holy Cross (10/16)... Scored the game-winning goal as UAlbany upended #18 Boston U., 2-1 (10/22). 2004: Named to the America East Conference All-Rookie Team... Started 12 of 16 games played... Third on team in scoring with four goals and one assist... Scored in back-to-back games with goals against Siena (9/8) and Rhode Island (9/11)... Netted game-winning goals against Siena (9/8) and Providence (9/26). PERSONAL: Majoring in human biology.

Year	GP-GS	Goals	Assts	Points	Shots	GWG
2004	16-12	4	1	9	19	0
2005	18-17	8	1	17	30	2
2006	18-18	5	2	12	16	2
Career	52-47	17	4	38	65	4



#14 Michelle Simpson

Senior • MF • 5-6

Middlesbrough, England / University of Teesside

Tri-Captain. 2006: Named the America East Conference Offensive Player of the Year... Earned National Field Hockey Coaches Association All-Northeast Region accolades... Led the team and was third in the conference with 14 goals... Added seven assists for 35 total points... Stands 11th on UAlbany's all-time points chart after just one season with the Great Danes... Is tenth in career goals... Finished second in the America East standings with five game-winning goals. UNIVERSITY OF TEESSIDE: Earned the Sportswoman of the Year award in 2004... Studied sport and exercise. PERSONAL: Has played field hockey since age 11... Member of the Sunderland ladies hockey club (English National League) for five years, serving as vice captain for the last two seasons... Captained the North of England U-21 team which won the regional tournament in 2005-06... Majoring in sociology.

Year	GP-GS	Goals	Assts	Points	Shots	GWG
2006	19-19	14	7	35	62	5
Career	19-19	14	7	35	62	5



#22 Michele Polizois

Junior • MF • 5-6

Oceanport, N.J. / Shore Regional

Tri-Captain. 2006: Started all 19 games for the Great Danes... Finished second on the team with 10 goals... Also added three assists for 23 total points... Currently ranks 10th all-time in career goals (15) and is 11th in career points (35)... Named to the America East Conference Second Team... Ranked seventh in the conference in points and sixth in goals last season... Recorded her first multiple-goal game against St. Francis (9/8)... Notched her first career hattrick at Davidson (9/22). 2005: Started each of UAlbany's 18 games... Scored her first goal, the game-winner, and assist as a collegian in the Great Danes' first win of the season, a 4-2 victory over Temple (9/2)... Tallied a season-high three points in that game... With 22 seconds left in regulation at Ohio, she sent in a goal that tied the game, which UAlbany won in overtime, 3-2 (9/11)... Recorded UAlbany's second goal on a penalty corner in the 3-2 loss to Maine (10/2)... Scored UAlbany's first goal in its 2-1 upset over #18 Boston U. (10/22)... Tallied a goal in the Great Danes' 2-1 win over Vermont (10/29). HIGH SCHOOL: Three-year varsity letterwinner at Shore Regional... Named to the All-Shore first team as a senior captain... Earned All-Monmouth County honors in junior and senior seasons... Named to the All-State Group 2 second team as a senior... Team captured the state championship in 2002 and Shore Conference title three straight years... Played for both the Jersey Intensity and The Edge field hockey clubs... Earned a gold medal at the National Field Hockey Festival in Virginia Beach as a member of The Edge in 2004-05... Also a member of the basketball, softball and track & field teams at Shore Regional. PERSONAL: Major is undeclared.

Year	GP-GS	Goals	Assts	Points	Shots	GWG
2005	18-18	5	2	12	38	1
2006	19-19	10	3	23	54	1
Career	37-37	15	5	35	92	2



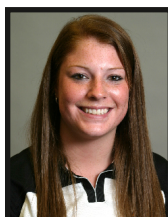
MEET THE TEAM



#38 Ashley Ross
Junior • GK • 5-2
Lancaster, Pa. / Conestoga Valley

2006: Started all but one game in the cage for the Great Danes... Earned All-America East Conference first-team honors... Was also named to the conference's all-academic team... Finished ranked third in the conference in saves and second in shutouts, goals against average and save percentage... Enters her junior season fifth all-time in career saves, sixth in save percentage, third in wins and fourth in shutouts... Recorded five shutouts last season, including a 1-0 win over #11 American (10/8). 2005: America East all-rookie team selection... America East Rookie of the Week (10/24)... Started all 18 games between the pipes for UAlbany... Her 67 saves ranks eighth on the school's career charts... Recorded a 2.11 GAA, which ranks sixth in UAlbany history... Won nine games, the most of any goalie for the Great Danes since moving to Division I... First win of the season came in a 4-2 decision against Temple (9/2)... Tallied a season-high 11 saves in the 2-1 upset of #18 Boston U. (10/22)... Played 1263:17 minutes in goal, the second-most in school history. HIGH SCHOOL: Three-year varsity letterwinner at Conestoga Valley... Two-time first-team all-state selection... Was a captain as a senior... Played in both the Junior Olympics and the Futures National Tournament in 2003... Named the Gatorade Player of the Year as a junior... Earned the coaches award and all-star defensive MVP as a senior... All-America nominee... All-state academic squad... Garnered four varsity letters in softball and one in basketball... Three-time all-star in softball. PERSONAL: 2005 NFHCA National Academic Squad... UAlbany Athletic Director's Honor Roll... America East Commissioner's Honor Roll... America East 2005 Fall Academic Honor Roll... Majoring in communication.

Year	GP-GS	Min.	GA	GAA	Saves	Pct.
2005	18-18	1263:17	38	2.11	67	.638
2006	18-18	1242:39	25	1.41	78	.757
Career	36-36	2505:56	63	1.75	145	.767



#4 Jamie Flagg
Sophomore • F • 5-6
Swanville, Maine / Belfast Area

2006: Started nine of 15 games played... Scored two goals... Recorded her first collegiate tally in an 8-2 win over Colgate (8/30)... Also scored in the Great Danes' 5-0 win over America East opponent New Hampshire (10/8). HIGH SCHOOL: Maine all-state selection in both her junior and senior years... First-team all-conference in both junior and senior years... Led the Lions to back-to-back state championships and undefeated seasons in 2004 and 2005... Team's most valuable player (2005) and best defensive player (2004)... As team captain her senior year, she netted five goals and nine assists... Also an all-conference selection in basketball during her senior year. PERSONAL: Two-year member of the Katahdin club team... Competed in the Virginia Beach National Tournament in July 2005 as a member of the northeast region team... Traveled to the National Field Hockey Festival in November 2005 with the Maine Event... Major is undeclared.

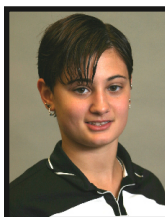
Year	GP-GS	Goals	Assts	Points	Shots	GWG
2006	15-9	2	0	4	13	0
Career	15-9	2	0	4	13	0



#13 Vanessa Walter
Junior • MF • 5-1
Lebanon, Pa. / Cedar Crest

2006: Started all 19 games at midfield... Scored four goals and recorded one assist for nine total points... Netted the only goal in the Great Danes' 1-0 win over 11th-ranked American (10/1)... Scored first goal of the season in a 6-0 victory over crosstown-rival Siena (8/6). 2005: Started each of UAlbany's 18 games... Scored six points... First collegiate point and assist came in the 4-2 win over Temple (9/2)... First goal as a collegian came unassisted in a 4-1 win over crosstown-rival Siena (9/7)... Assisted on the game-winning overtime goal that pushed UAlbany past Lock Haven (9/17)... Dished out four assists for the squad that led the America East with 1.78 assists per game. HIGH SCHOOL: Four-year varsity letterwinner for Cedar Crest... Three-time Lancaster-Lebanon League all-star and a two-time All-Lebanon County first team honoree... Team captain as a senior... Four-year Futures Field Hockey Association member... Participated at the 2004 National Field Hockey Festival for pool winner Team Blitz... High school team made the 2004 district and state playoffs for the first time in 25 years... Named to all-tournament team at Lebanon Flick-Off Tournament, Hershey Tournament and Falcon Fall Classic Tournament... Also a member of the basketball and softball teams. PERSONAL: 2005 NFHCA National Academic Squad... UAlbany Athletic Director's Honor Roll... America East Commissioner's Honor Roll... America East 2005 Fall Academic Honor Roll... Majoring in human biology with a minor in anthropology.

Year	GP-GS	Goals	Assts	Points	Shots	GWG
2005	18-18	1	4	6	16	0
Career	18-18	1	4	6	16	0



#6 Jess Lindsey
Sophomore • D • 5-5
Norristown, Pa. / Methacton

2006: Started all 18 games played for the Great Danes... Named to the America East first team and all-rookie squad... Scored two goals and was second in the conference with 14 assists... Recorded first collegiate point with an assist in a 2-0 win over Kent State (8/28)... Scored first career goal in an 8-0 victory over St. Francis (9/8)... Recorded two assists at Davidson (9/22). HIGH SCHOOL: Four-year member of Methacton's field hockey team, playing both midfield and defense... Named team MVP during her senior year... Selected to Suburban I All-League first-team selection... Served as Methacton's field hockey captain in 2005... Also played lacrosse and was team captain during spring 2006. PERSONAL: Four-year member of the X-Calibur field

Year	GP-GS	Goals	Assts	Points	Shots	GWG
2005	18-18	2	14	18	4	1
Career	18-18	2	14	18	4	1





MEET THE TEAM



#3 Nicole Savage
Sophomore • MF • 5-8
Wilkes-Barre, Pa./James M. Coughlin

2006: Started all 11 games played for the Great Danes... Named to the America East Conference All-Rookie Team despite missing eight games due to a hand injury... Scored three goals and added two assists for eight total points... Recorded first collegiate point with an assist in a 3-0 win over Maine (9/30)... Tallied first career goal in a 5-0 victory at New Hampshire (10/8)... Scored UAlbany's lone goal in a 2-1 overtime loss to Boston U. (10/21). HIGH SCHOOL: Four-year member of James M. Coughlin's field hockey team... Two-time all-state selection, earning first-team honors in 2005 and second-team accolades in 2004... Captained her high school field hockey team in 2005... Also was a four-year starter and two-time captain for Coughlin's soccer team. PERSONAL: Member of the Valley Styx field hockey club for four years... Majoring in sociology with a minor in criminal justice.

Year	GP-GS	Goals	Assts	Points	Shots	GWG
2005	11-11	3	2	8	20	0
Career	11-11	3	2	8	20	0



#18 Ashlyn Bach
Freshman • MF • 5-5
Coopersburg, Pa. / Southern Lehigh

HIGH SCHOOL: Four-year varsity starter at Southern Lehigh... Two-time team MVP... Two-time All-Colonial League first-team honoree and two-time all-state first-team member... Led the Spartans to two Colonial League Championships... Totaled 37 goals and 27 assists in four-year career. PERSONAL: Member of the X-Caliber Field Hockey Club... Participated in the National Indoor Tournament, the Keystone State Games and the National Field Hockey Festival... Intended major is business administration.



#7 Carrie Brown
Freshman • MF • 5-4
Elverson, Pa. / Twin Valley

HIGH SCHOOL: Four-year varsity letterwinner at midfield for Twin Valley... Led the Raiders to a divisional championship in 2003 and the district championship in 2003 and 2006... Senior captain for Twin Valley... All-division honoree as a senior. PERSONAL: Member of the X-Caliber Field Hockey Club... Participated at the National Field Hockey Festival and three Keystone State Games... Intended major is political science.



#10 Suzy Clephane
Freshman • MF • 5-8
Auckland, New Zealand / Diocesan

HIGH SCHOOL: Played scholastic field hockey as an exchange student at Bethlehem Central High School (N.Y)... Has played club field hockey in her native New Zealand for 10 years... A member of the Federation Cup winner in the National School Tournament in 2003 and 2006... Member of the Provincial Auckland team. PERSONAL: Major is undeclared.



#5 Sam Daly
Freshman • D • 5-4
Victoria, Australia / Methodist Ladies College

HIGH SCHOOL: Has been a member of the State League One Women's team, which competes at the highest level of competition in Victoria... Represented Victoria in the national championships in both indoor and outdoor field hockey since the age of 12... Named a team captain... Earned a Victorian Sports Award by the government in 2000... Member of the under-18 Victorian team that finished as runners-up in the national championship in 2005... Competed on the under-21 state team that competed in the 2006 national championships. PERSONAL: Intended major is biology.





2006 STATISTICS

No.	Name	GP-GS	G	A	Pts	Sh.	GWG	Strokes			Conference		
								M-Att.	DSv.		G	A	P
7	Michelle Simpson	19-19	14	7	35	62	5	1-2	0		3	1	7
22	Michele Polizois	19-19	10	3	23	54	1	0-0	0		2	2	6
28	Teska Koch	19-19	9	3	21	44	2	0-0	0		4	0	8
14	Arlette Westdorp	19-19	0	19	19	13	0	0-0	0		0	5	5
6	Jess Lindsey	18-18	2	14	18	4	1	0-0	0		1	2	4
15	Kristen Holder	18-18	5	2	12	16	2	0-0	0		1	0	2
13	Vanessa Walter	19-19	4	1	9	16	1	0-0	0		1	0	2
3	Nicole Savage	11-11	3	2	8	20	0	0-0	0		3	2	8
18	Meg Rinier	17-9	2	1	5	2	0	0-0	0		0	1	1
8	Jamie Flagg	15-9	2	0	4	13	0	0-0	0		1	0	2
10	Jessica Woodall	11-0	1	2	4	6	0	0-0	0		0	1	1
5	Danielle Conklin	18-11	0	1	1	1	0	0-0	0		0	0	0
16	Letitia Mazzaferro	8-0	0	0	0	0	0	0-0	0		0	0	0
1	Devon Switzer	19-19	0	0	0	0	0	0-0	0		0	0	0
UAlbany		19	52	55	159	251	12	1-2	0		16	14	46
Opponents		19	26	23	75	176	7	0-0	2		4	4	12

No.	Name	GP-GS	Min.	GA	Avg.	Sv.	Pct.	W	L	T	Sho
60	Barbara Czaplinski	5-1	104:17	1	0.67	0	.000	1	0	0	1
38	Ashley Ross	18-16	1242:39	25	1.41	78	.757	11	7	0	5
UAlbany		19	1346:56	26	1.35	78	.750	12	7	0	9
Opponents		19	1346:56	52	2.70	111	.681	7	12	0	5

2006 Results

Overall Record: 12-7 America East: 4-1 Home: 5-1 Road: 7-4 Neutral: 0-2

Date	Opponent	Result	UAlbany Scorers
Aug. 27	James Madison+	3-0, L	-
Aug. 28	at Kent State	2-0, W	Kristen Holder, Teska Koch
Aug. 30	Colgate	8-2, W	Michelle Simpson (3), Meg Rinier (2) Teska Koch, Jamie Flagg, Kristen Holder
Sept. 2	at Holy Cross	2-0, L	-
Sept. 6	Siena	6-0, W	Michelle Simpson (3), Kristen Holder, Vanessa Walter, Michele Polizois
Sept. 8	Saint Francis	8-0, W	Michelle Simpson (3), Michele Polizois (2), Jess Lindsey, Teska Koch, Jessica Woodall
Sept. 15	at Delaware	3-2, W	Vanessa Walter, Michelle Simpson, Kristen Holder
Sept. 17	at Rutgers	2-0, W	Teska Koch, Michelle Simpson
Sept. 22	at Davidson	5-0, W	Michele Polizois (3), Teska Koch, Michelle Simpson
Sept. 24	at #5 North Carolina	4-0, L	-
Sept. 30	Maine	3-0, W	Michelle Simpson, Vanessa Walter, Kristen Holder
Oct. 1	#11 American	1-0, W	Vanessa Walter
Oct. 8	at New Hampshire	5-0, W	Michelle Simpson, Jess Lindsey, Michele Polizois, Nicole Savage, Jamie Flagg
Oct. 11	at Syracuse	2-1, L	Michele Polizois
Oct. 14	at UMBC	4-0, W	Teska Koch (2), Michelle Simpson, Nicole Savage
Oct. 15	at Maryland	6-0, L	-
Oct. 21	Boston U.	2-1, L (OT)	Nicole Savage
Oct. 28	at Vermont	3-2, W (OT)	Teska Koch (2), Michele Polizois
Nov. 3	vs. Maine	1-0, L (OT)	-

+ Skidmore Field (Saratoga Springs, N.Y.)
 * America East Conference Opponent
 ** America East Conference Tournament (Boston, Mass.)



America East Conference 2006

School	America East			Overall		
	W	L	Pct.	W	L	Pct.
*Boston U.	4	1	.800	14	7	.666
UAlbany	4	1	.800	12	7	.631
Vermont	3	2	.600	11	8	.578
Maine	3	2	.600	8	11	.421
New Hampshire	1	4	.200	3	15	.166
UMBC	0	5	.000	1	14	.066

*America East Conference Tournament Champion

All-America East First Team

Michelle Simpson, UAlbany
 Arlette Westdorp, UAlbany
 Jess Lindsey, UAlbany
 Ashley Ross, UAlbany
 Suus Dekker, Boston U.
 Sarah Shute, Boston U.
 Pam Spuehler, Boston U.
 Amy Zdrojesky, Maine
 Emily Colton, New Hampshire
 Danielle Collins, Vermont
 Maegen Luce, Vermont

All-America East Second Team

Teska Koch, UAlbany
 Michele Polizois, UAlbany
 Laura Dean, Boston U.
 Holly Willes, Boston U.
 Katie Flaherty, Maine
 Rebecca Giroux, Maine
 Regina Legge, Maine
 Kristi Troster, UMBC
 Samanta Geary, New Hampshire
 Kate Lipton, Vermont
 Kim Striegler, Vermont

All-America East Rookie Team

Teska Koch, UAlbany
 Jess Lindsey, UAlbany
 Nicole Savage, UAlbany
 Suus Dekker, Boston U.
 Haley Robinson, Boston U.
 Jackie D'Amato, Maine
 Mallory Shute, Maine
 Mary Strain, UMBC
 Megan Shea, New Hampshire
 Kristen Heavens, Vermont
 Sarah Meacham North, Vermont

Offensive Player of the Year: Michelle Simpson, UAlbany
 Rookie of the Year: Suus Dekker, Boston U.

Defensive Player of the Year: Arlette Westdorp, UAlbany
 Coach of the Year: Nicki Houghton, Vermont

America East Conference

Founded: 1979 (as ECAC North, men's basketball only), 1988-89 (all sports)

Membership (year joined): Albany (2001), Binghamton (2001), Boston University (1979), Hartford (1985), Maine (1979), UMBC (2003), New Hampshire (1979), Stony Brook (2001), Vermont (1979)

Since its modest beginning as a men's basketball-only conference in 1979, America East has evolved into one of the most comprehensive NCAA Division I conferences with a commitment to broad-based, competitive athletics programs, complementing the academic integrity and missions of the member institutions.

Each of the nine institutions - University at Albany, Binghamton University, Boston University, University of Hartford, University of Maine, University of Maryland Baltimore County (UMBC), University of New Hampshire, Stony Brook University, and University of Vermont - offers a unique blend of academic and athletic tradition.

Progressive in its approach to its more than 3,200 student-athletes, America East recognizes champions in each of its 21 sports: men's and women's basketball, baseball, men's and women's cross country, field hockey, women's golf, men's and women's indoor track and field, men's and women's lacrosse, men's and women's outdoor track and field, men's and women's soccer, softball, men's and women's swimming and diving, men's and women's tennis, and women's volleyball. America East also conducts the nation's most comprehensive academic recognition program for student-athletes.

America East also conducts the nation's most comprehensive academic recognition program for student-athletes. More than 1,800 student-athletes with grade-point averages of 3.0 or better were honored in 2005-06 alone.

With a geographic footprint covering the Mid-Atlantic to Northeast regions of the United States, America East has a population base of more than 50 million people and nearly 30 million television homes. America East member institutions include more than 106,000 students on the nine campuses and boast nearly one million living alumni.



Athletic Success...

America East enters its 20th year of all-sports championship competition on the heels of one of the most successful seasons in history.

America East champion Albany and runner-up UMBC each advanced to the NCAA Men's Lacrosse Quarterfinals. America East and the ACC were the only conferences in the nation with multiple teams in the elite eight. Scott Marr of Albany was named the national Coach of the Year by the USILA. Albany's Frank Resataritis was one of five finalists for the Tewaaron Trophy, which annually recognizes the top player in the nation. Resataritis also became the first America East player since 2001 to earn first-team All-American status.

America East men's basketball champion Albany and regular-season champion Vermont each advanced to the post-season. Albany made its second-straight appearance in the NCAA Championship while Vermont earned an NIT berth. It marked the fourth time in five years America East had placed multiple teams in the post-season.

NAlbany became the first America East team to advance to the regional final of the NCAA Softball Championship. The Great Danes defeated Harvard and Hofstra before falling to No. 7 Baylor.

Albany also hosted an NCAA Volleyball Championship match when the Great Danes were joined by eighth-ranked Minnesota, St. John's and Siena for a regional at University Gym. It was the first such occurrence for an America East team.

Academic Success...

America East institutions boasted five Academic All-Americans in 2006 while another 33 were named All-District. The conference also honored a top-scholar athlete in each of its championship sports, include UAlbany's Arlette Westdorp (field hockey), Stephen Hall (men's soccer), Mike Amman (men's lacrosse), Kate Fontana (women's lacrosse) and Jessica Ortman (women's indoor track & field).

More than 2,200 of America East's 3,200 student-athletes were named to the Academic Honor Roll after receiving grade-point averages of 3.0 or better. Included in that total were 1,061 student-athletes who earned a 3.5 or better



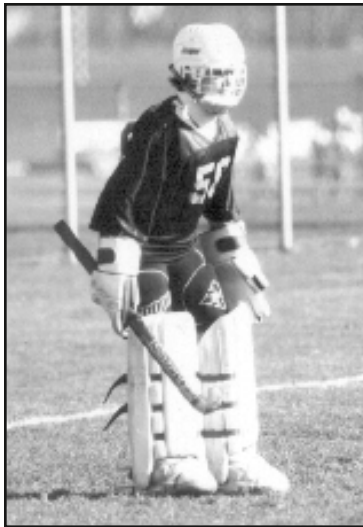
SINGLE-SEASON RECORDS

INDIVIDUAL

Points	50	Tovah Atwell	1998
Goals	18	Tovah Atwell	1997
Assists	19	Arlette Westdorp	2006
Def. Saves	13	Christina Costello	2000
Goalie Saves	198	Marisa Maze	2003
Shutouts	10	Jessica Marucci	1995
Save %	.917	Leia Shick	1996
G.A.A.	0.33	Leia Shick	1996
Minutes	1,295	Barbara Czaplinski	2004

TEAM

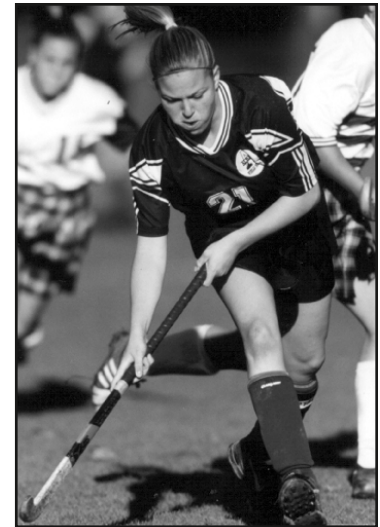
Wins	17	1997
Consecutive Wins	13	1996
Points	159	2006
Goals	57	1998
Assists	55	2006
Defensive Saves	20	2003
Goalie Saves	252	2003
Fewest Goals Allowed	9	1996
Most Goals Allowed	71	2003
Shutouts	11	1996, 1997



Leia Shick set two of UAlbany's all-time goalie records in 1996, the Great Danes' second year at the Division II level.



2004 tri-captain Alexis Johnson is fifth all-time in points (75) and goals (31).



Tovah Atwell tallied 50 points in 1998 to set UAlbany's single-season record. She also holds the career points record (158).

Year-By-Year Results

Year	Coach	W	L	T	Win%
1994	D. Donovan	1	6	0	.143
1995	D. Fiore	11	3	1	.767
1996	D. Fiore	14	3	0	.824
1997	D. Fiore	17	2	0	.894
1998	D. Fiore	8	8	0	.500
1999	D. Fiore	11	4	0	.733
2000	D. Fiore	10	8	0	.556
2001	D. Fiore	5	12	0	.294
2002	D. Fiore	5	12	0	.294
2003	D. Fiore	7	12	0	.368
2004	P. Sykes	7	11	0	.388
2005	P. Sykes	9	9	0	.500
2006	P. Sykes	12	7	0	.631

OVERALL	117	99	1	.539
Home		65	25	.714
Road		45	59	.432
Neutral		7	13	.350

All-Time Captains

1994	Debbie August, Amy Clark, Angela Soteriou
1995	Amy Clark, Liz Peck
1996	Meredith Jackel, Liz Peck
1997	Shannon Hartz, Meredith Jackel, Liz Peck
1998	Tovah Atwell, Mariah Martin, Liz Peck
1999	Tovah Atwell, Chrissy Bradt, Mariah Martin
2000	Amy Di Micco, Mariah Martin
2001	Christina Costello, Amy Di Micco
2002	Lisa Burline, Allison Mann
2003	Lisa Burline, Rhonda Corcoran
2004	Danielle Costello, Alexis Johnson, Amber Wade
2005	Brooke Barton, Tina Bryson, Shelley Gebhardt
2006	Barbara Czaplinski, Devon Switzer, Arlette Westdorp

POST-SEASON PLAY

1997	ECAC Division II Champions
2005	America East Tournament, Semifinals
2006	America East Tournament, Semifinals

RECORDS



CAREER RECORDS

POINTS

1. Tovah Atwell	1996-99	158
2. Amy Di Micco	1998-01	99
Angie Stegel	1998-01	99
4. Tina Bryson	2002-05	78
5. Alexis Johnson	2001-04	75
6. Lisa Burline	2000-03	63
7. Chrissy Bradt	1996-99	42
8. Lauren Byrne	1998-00	39
Arlette Westdorp	2005-06	39
10. Kristen Holder	2004-	38

GOALS

1. Tovah Atwell	1996-99	63
2. Amy Di Micco	1998-01	41
Angie Stegel	1998-01	41
4. Tina Bryson	2002-05	32
5. Alexis Johnson	2001-04	31
6. Lisa Burline	2000-03	26
7. Lauren Byrne	1998-00	18
8. Kristen Holder	2004-	17
9. Michele Polizois	2005-	15
10. Michelle Simpson	2006-	14

ASSISTS

1. Arlette Westdorp	2005-06	33
2. Tovah Atwell	1996-99	32
3. Chrissy Bradt	1996-99	18
4. Amy DiMicco	1998-01	17
Angie Stegel	1998-01	17
6. Shannon Hartz	1995-97	14
Tina Bryson	2002-05	14
Jess Lindsey	2006-	14
9. Alexis Johnson	2001-04	13
10. Lisa Burline	2000-03	11
Liz Peck	1995-98	11

DEFENSIVE SAVES

1. Christina Costello	1998-01	28
2. Sarah Zaborowski	1998-01	11
3. Heidi Bowen	2001-02	7
Meredith Jackel	1995-97	7
5. Kristi Clausi	2001-04	6
Amber Wade	2001-04	6
7. Kim Lent	1995	5
8. Amber Greiner	2001-04	4

Division I	1999 - present
Division II	1995-98
Division III	1994



Tina Bryson finished her career ranked fourth all-time in points and goals.



Amy DiMicco (above) and Angie Stegel (below) are tied for second all-time with 99 points and 41 goals apiece.



GOALKEEPER SAVES

1. Cathi Burek	1997-00	400
2. Megan Akstin	2001-02	287
3. Marisa Maze	2003	198
4. Barb Czaplinski	2003-06	162
5. Ashley Ross	2005-	145
6. Jill Lusardi	1994	109
7. Elaine Sullivan	1998-01	103
8. Leia Shick	1996-97	101
9. Jessica Marucci	1995	52
10. Michelle De Cuffa	2002	43

SAVE PCT. (min. 10 games)

1. Leia Shick	1996-97	.893
2. Jessica Marucci	1995	.852
3. Cathi Burek	1997-00	.812
4. Marisa Maze	2003	.776
5. Elaine Sullivan	1998-01	.769
6. Ashley Ross	2005-	.767

GOALS AGAINST (250+ min.)

1. Leia Shick	1996-97	0.48
2. Jessica Marucci	1995	0.63
3. Carrie Waible	1996	0.82
4. Ashley Ross	2005-	1.75
5. Sonia Savino	1998-99	1.88
6. Cathi Burek	1997-00	2.04
7. Elaine Sullivan	1998-01	2.90
8. Barb Czaplinski	2003-	3.16
9. Megan Akstin	2001-02	3.43
10. Marisa Maze	2003	3.60

WINS

1. Cathi Burek	1997-00	29
2. Leia Shick	1996-97	22
3. Ashley Ross	2005-	20
4. Jessica Marucci	1995	10
5. Barb Czaplinski	2003-	9
6. Marisa Maze	2003	6
Megan Akstin	2001-02	6
8. Carrie Waible	1996	5
9. Elaine Sullivan	1998-01	4
10. Cecilia Rex	1996	2

SHUTOUTS (solo/shared)

1. Leia Shick	1996-97	15/0
2. Jessica Marucci	1995	10/0
3. Cathi Burek	1997-00	7/3
4. Ashley Ross	2005-	5/0
5. Barb Czaplinski	2003-	3/0



HONORS & AWARDS

POST-SEASON HONORS

AMERICA EAST HONORS

ALL-CONFERENCE

First Team

Michelle Simpson - 2006
 Arlette Westdorp - 2006
 Jess Lindsey - 2006
 Ashley Ross - 2006
 Tina Bryson - 2004, 2005

Second Team

Teska Koch - 2006
 Michele Polizois - 2006
 Kristen Holder - 2005
 Arlette Westdorp - 2005
 Danielle Costello - 2004
 Alexis Johnson - 2003
 Lisa Burline - 2002, 2003
 Amy Di Micco - 2001

Rookie Team

Teska Koch - 2006
 Jess Lindsey - 2006
 Nicole Savage - 2006
 Ashley Ross - 2005
 Arlette Westdorp - 2005
 Danielle Conklin - 2004
 Kristen Holder - 2004

Kristina Maze - 2003
 Marisa Maze - 2003
 Tina Bryson - 2002
 Devon Switzer - 2002

All-Academic Team

Ashley Ross - 2006
 Arlette Westdorp - 2006

OFFENSIVE PLAYER OF THE YEAR

Michelle Simpson - 2006

DEFENSIVE PLAYER OF THE YEAR

Arlette Westdorp - 2006

ROOKIE OF THE YEAR

Marisa Maze - 2003

NFHCA ALL-AMERICANS

Division I Second Team
 Amy Di Micco - 2001
 Angie Stegel - 2000
 Tovah Atwell - 1999

Division II First Team

Tovah Atwell - 1998
 Liz Peck - 1997, 1998
 Meredith Jackel - 1996, 1997

Division II Second Team

Amy Di Micco - 1998
 Tovah Atwell - 1997
 Liz Peck - 1996
 Meredith Jackel - 1995

NFHCA ALL-NORTHEAST REGION

Michelle Simpson - 2006
 Arlette Westdorp - 2006

ECAC DIVISION I ALL-STAR TEAM

Michelle Simpson - 2006

NATIONAL COACH OF THE YEAR

Deborah Fiore - 1996, Division II

ECAC DIV. II TOURNAMENT MVP

Tovah Atwell - 1997

NORTH-SOUTH SENIOR ALL-STAR

Amy Di Micco - 2001

UALBANY ATHLETIC HALL OF FAME

Meredith Jackel ('97) - 2002

ACADEMIC AWARDS

CoSIDA Academic All-Americans

College Division First Team

Liz Peck 1997-98

College Division Second Team

Jen Cordes 1997-98

Liz Peck 1998-99

College Division Third Team

Jen Cordes 1997-98

Liz Peck 1996-97

CoSIDA Academic All-District

University Division First Team

Amy Di Micco 2000-01

Mariah Martin 2000-01

University Division Second Team

Mariah Martin 1999-00

ECAC Merit Medal

Amy Di Micco 2001-02

Mariah Martin 2000-01

Liz Peck 1997-98



Shelley Gebhardt, who earned the Chancellor's Scholar-Athlete Award in 2005-06, was a two-time member of the NFHCA National Academic Squad.

UAlbany has placed 30 players on the National Field Hockey Coaches Association National Academic Squad since 1995, for a total of 52 appearances. Players must have a grade point average of 3.20 or higher during the fall season, and be a starter or key reserve in order to qualify. The 2006 UAlbany squad also earned the NFHCA National Team Award, received by teams that maintained a 3.00 GPA or better.

Nine members of the 2005 squad were named to the America East Academic Honor Roll (minimum 3.0 GPA), and four qualified for the Commissioner's Honor Roll (min. 3.5).

2006 America East Academic Honor Roll

Meg Rinier
 Jessica Woodall
 Devon Switzer
 Danielle Conklin
 Barb Czaplinski*
 Ashley Ross*
 Vanessa Walter*
 Arlette Westdorp*
 Jamie Flagg*

2006 NFHCA National Academic Squad

Jamie Flagg
 Letitia Mazzaferro
 Ashley Ross
 Devon Switzer
 Vanessa Walter
 Arlette Westdorp

2006 NFHCA National Academic Team Award

*Commissioner's Honor Roll