

611 UNION ST. SCHENECTADY, N.Y. 12305 PHONE: 382-0444

## Coping With Unemployment

The loss of a job is a major event that often has a negative effect not only on workers but upon their families and close friends as well. Research indicates that providing emotional support and networking, and obtaining the necessary economic, legal, and social resources, buffer the impact of the stressful experience of unemployment.

Dr. Sheila H. Akabas, director, and Ms. Vi Pirie, project associate of the Industrial Social Welfare Center of Columbia University School of Social Work, have prepared a manual for mental health professionals entitled "Unemployed Workers" Support Program." It offers ideas for organizing and delivering systematic training to small groups on how to obtain and/or create economic resources, deal with the emotional impact of unemployment, and find another job. The focus of the manual is on the immediate emotional, economic, and job-search needs of unemployed workers. The large numbers of persons who face unemployment at some time during any given year can benefit from such structured assistance.

The material in this manual is characterized as suitable for a wide range of

#### **Ballots Mailed**

On January 20, ballots were mailed to all individual, voting members of AL-MACA asking them to vote for or against the establishment of the Committee on Women's Issues as a standing committee of the ALMACA board of directors. The deadline for postmark of return ballots is March 5.

The package of material that included the ballot also included a detailed explanation of what sections of the ALMACA bylaws would be amended to implement this change, as well as a short explanatory memo describing the choices on the ballot.

In addition to the question of establishing the Committee on Women's Issues as a standing committee, the ballot asks the voting members to express their preference on one of two methods of implementing the change in board make-up, if there is a favorable vote on the standing committee. One method is to increase the size of the board of directors by one, while the other keeps the board at its present size of 30 by reducing the number of atlarge board members by one and replacing it with the chairperson of the Committee on Women's Issues.

The proposal to change the Committee on Women's Issues from an ad hoc committee to a standing committee was proposed at the 1982 annual meeting in Philadelphia. A resolution to this effect was approved by the ALMACA board at its spring, 1983, meeting in Akron, Ohio, subject to final approval by the membership.

unemployed persons, be they among the never employed, recently disabled members of society, in groups of professional, skilled, semi-skilled, or unskilled workers. All share many common problems and concerns regarding unemployment. The manual also includes ideas specific to particular populations whenever relevant.

Efforts to mitigate the impact of unemployment are best organized before layoff or immediately following termination. Although helping maintain workers on the job is preferred, those faced with outplacement responsibility will find the manual's content particularly relevant.

The unemployed workers' program is a structured group learning experience that combines cognitive and affective teaching methods. The three sessions cover:

- Presentation on ways to locate and obtain available jobs. Discussion includes assessing skills and interests, the job search, completing application and interview tips.
- Help with deciding future options, i.e., educational and training alternatives.
- Presentation on economic resources available to the unemployed worker and his/her family. Discussion includes ways to obtain the entitled services.
- Time management problems and possible solutions.
- Problem-solving approaches to miti-

gate emotional impact of unemployment on worker and his/her family.

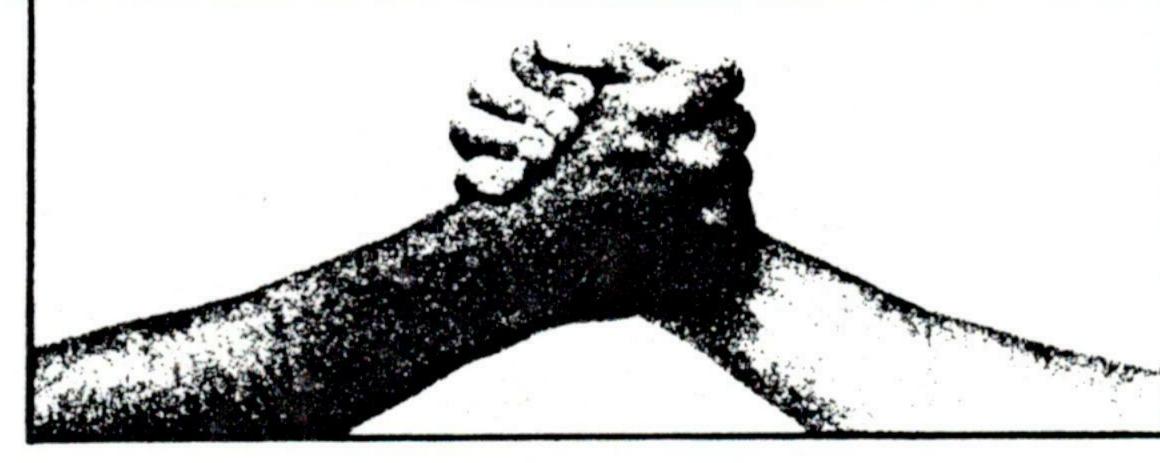
The manual helps the mental health professional identify assistive resources in the community. It includes an extensive bibliography to enhance a group leader's knowledge, and skill in imparting information.

The manual is available by sending \$3 to Dr. Sheila H. Akabas, Director, Industrial Social Welfare Center, Columbia University School of Social Work, 622 West 113th Street, New York, N.Y. 10025.

### **ACTWU Shifts Insuror**

Madeleine Tramm, Ph.D., has relocated the Health Assistance Program, EAP for the International Amalgamated Clothing and Textile Workers Union, to the Amalgamated Life Insurance Company.

The insurance company is a management-funded independent affiliate of the ACTWU, providing a variety of insurance for employees in the apparel, textile, xerographic, show, and millinery industries. The program's new direction will constitute a significant development by an insurance carrier to systematically develop EAP services for all policy holders, numbering nationally approximately one-half million including dependents. Dr. Tramm reports directly to the president.



## Together, we can turn lives around.

Both of us share a vital responsibility, helping people rebuild their lives through rehabilitation programs.

We're Bowling Green Inns. Our alcoholism and drug abuse recovery programs progress in a loving, supportive environment, where residents find themselves reaching for a hug instead of a bottle.

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Making lives whole again.

rehabilitation incorporating A.A., N.A., Al-Anon and other related support systems. A medical staff around the clock to monitor the physical aspects of the recovery process. An administration sensitive to the demands of the diseases we're treating. And 2-year, intensive goal-directed aftercare for continuing recovery.

Human potential shouldn't be kept bottled up. By working together, we can set it free.

Bowling Green Inns are approved by CHAMPUS and most group health insurance plans. If you have questions about insurance coverage, we can easily verify eligibility.

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Private treatment centers for alcoholism and other drug addictions.

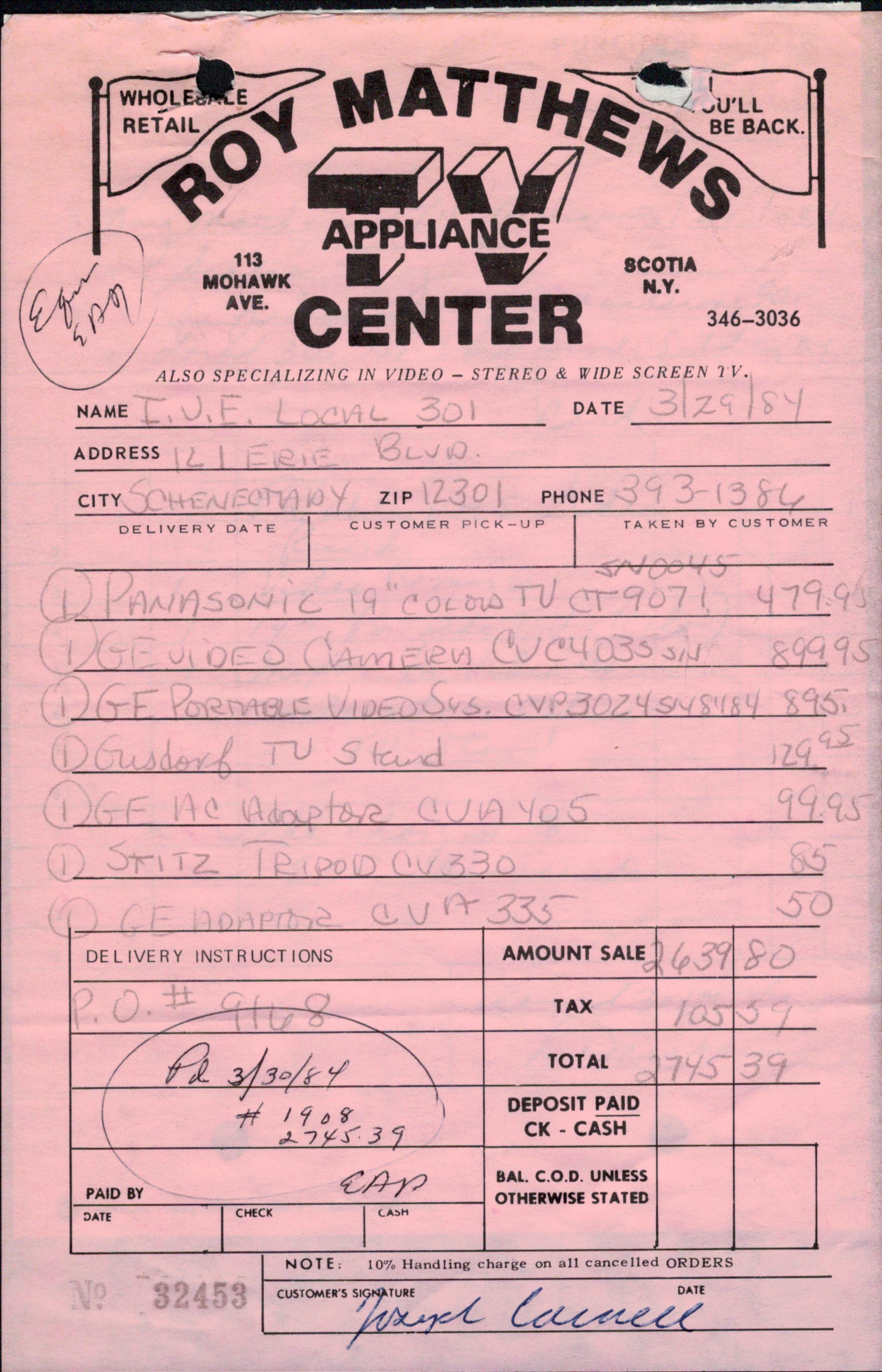
P.O. Box 337, Bowling Green, FL 33834 (813) 375-2218

Metropolitan General Hospital 7950 66th Street, N., Pinellas Park, FL 33565 (813) 546-2261

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P.O. Box 417, St. Tammany Parish, LA 70448 (504) 626-5661

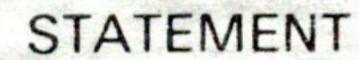
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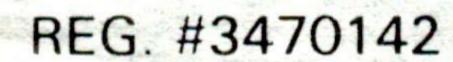


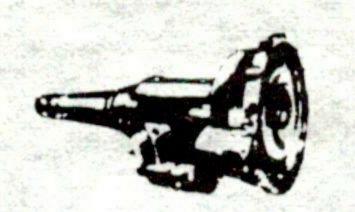
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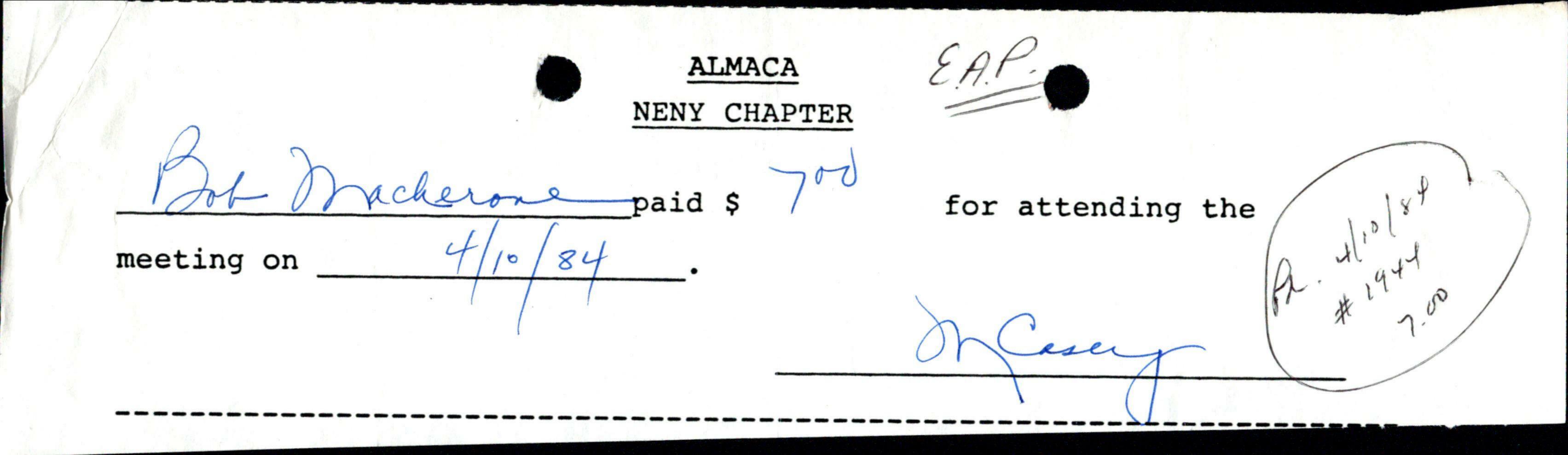
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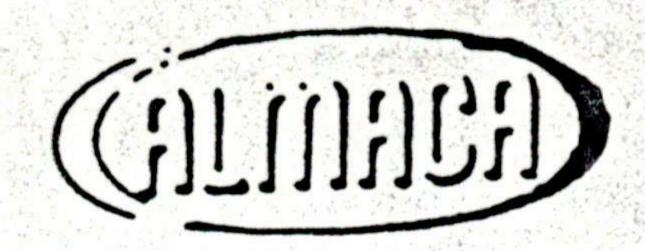
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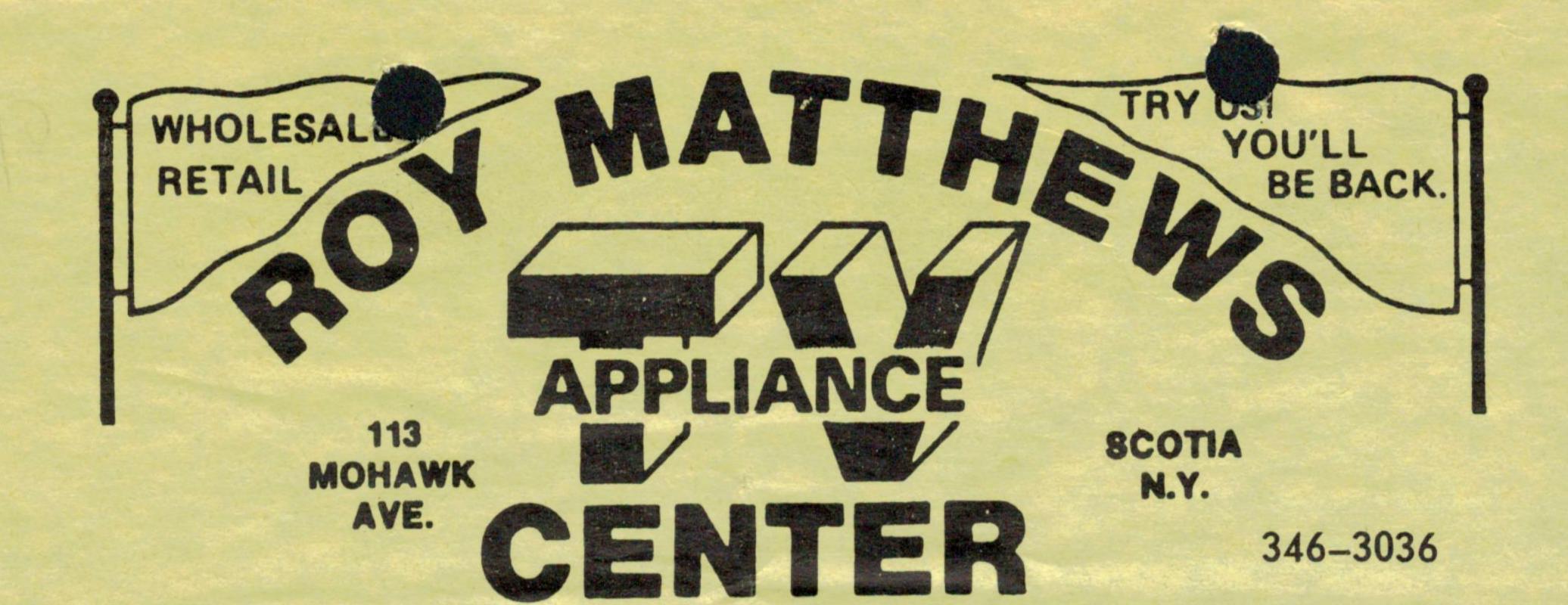


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## NORTHEAST CHAPTER ALMACA MEMBERSHIP APPLICATION

Name Robert Macherone Program IUE Local 301  Address 121 Erie Blub Schdy N.4  12305	Telephone Number  Home Phone 377 4990  Office Phone 393 1386
Job description $\underline{FAP}$	Director
National ALMACA member? Yes X  Student membership? Yes  Would you be interested in serving If Yes, which one?	V
Membership  Program Elections	Public Relations Other
What educational program would you	be interested in?
Annual Dues - \$10 \$ 5-Student membersh;  Return to:  NORTHEASTERN, N.Y.  CHAPTER  P.O. Box 45 • One Commerce Plaza	Make checks payable to ALMACA-Northeast Chapter  DATE DUES PAID: 5/7/84  A 5/1/84  A 1/84  A 1/84



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c/o Local 301, IUE AFL-CIO

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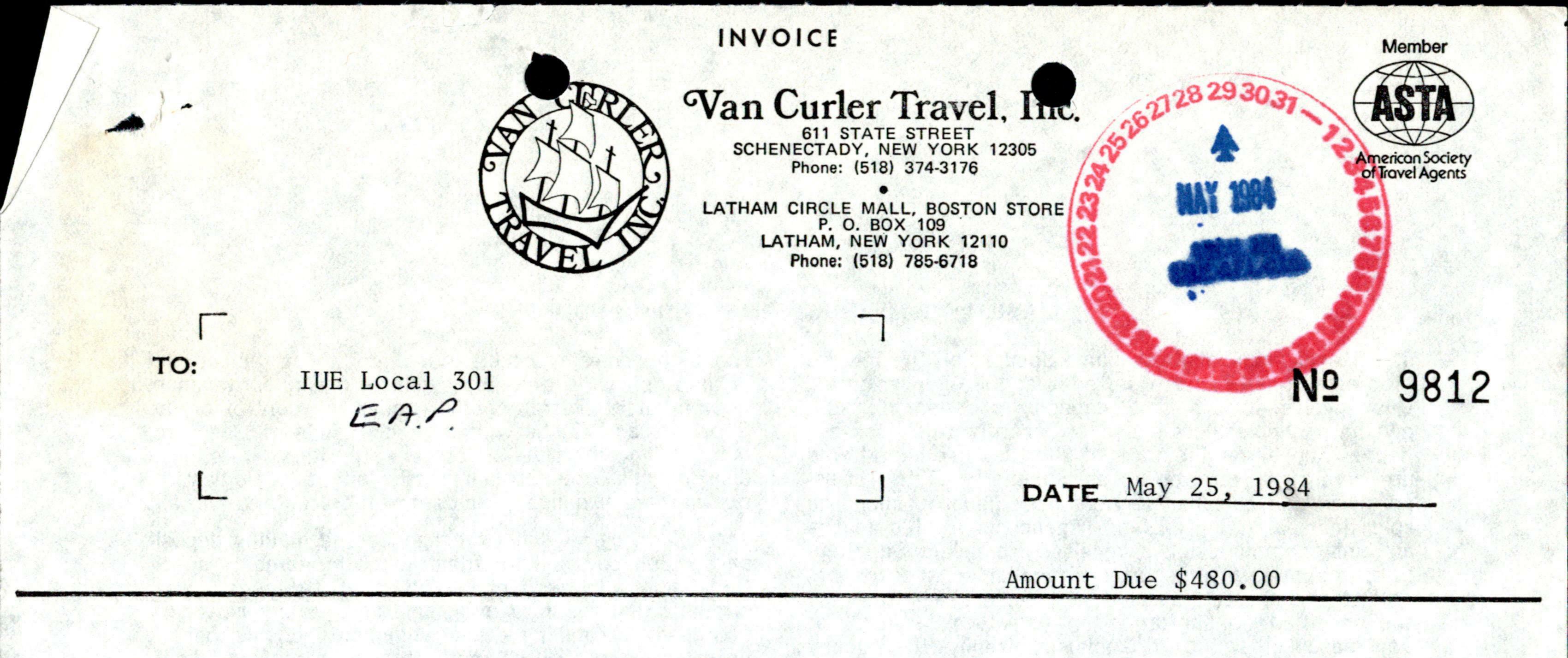
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Bob Machenone
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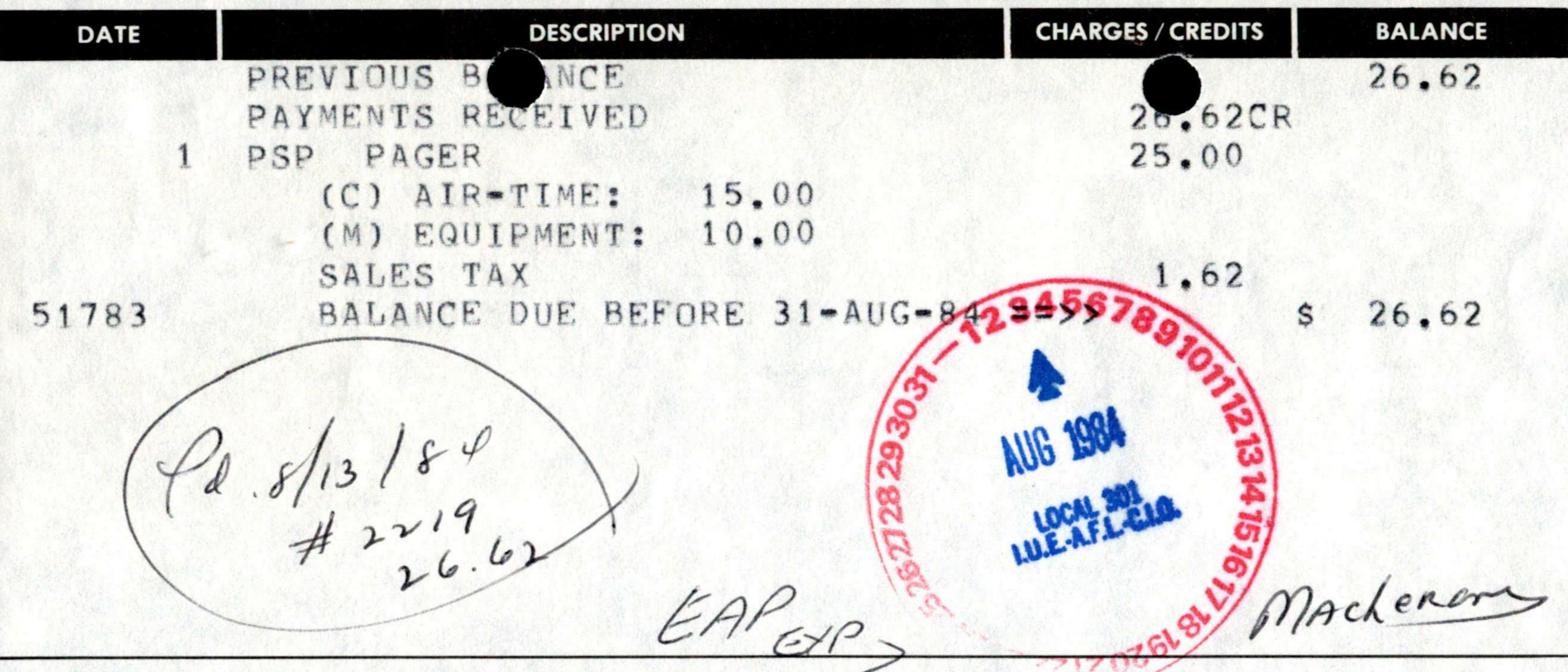
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LOCAL 301

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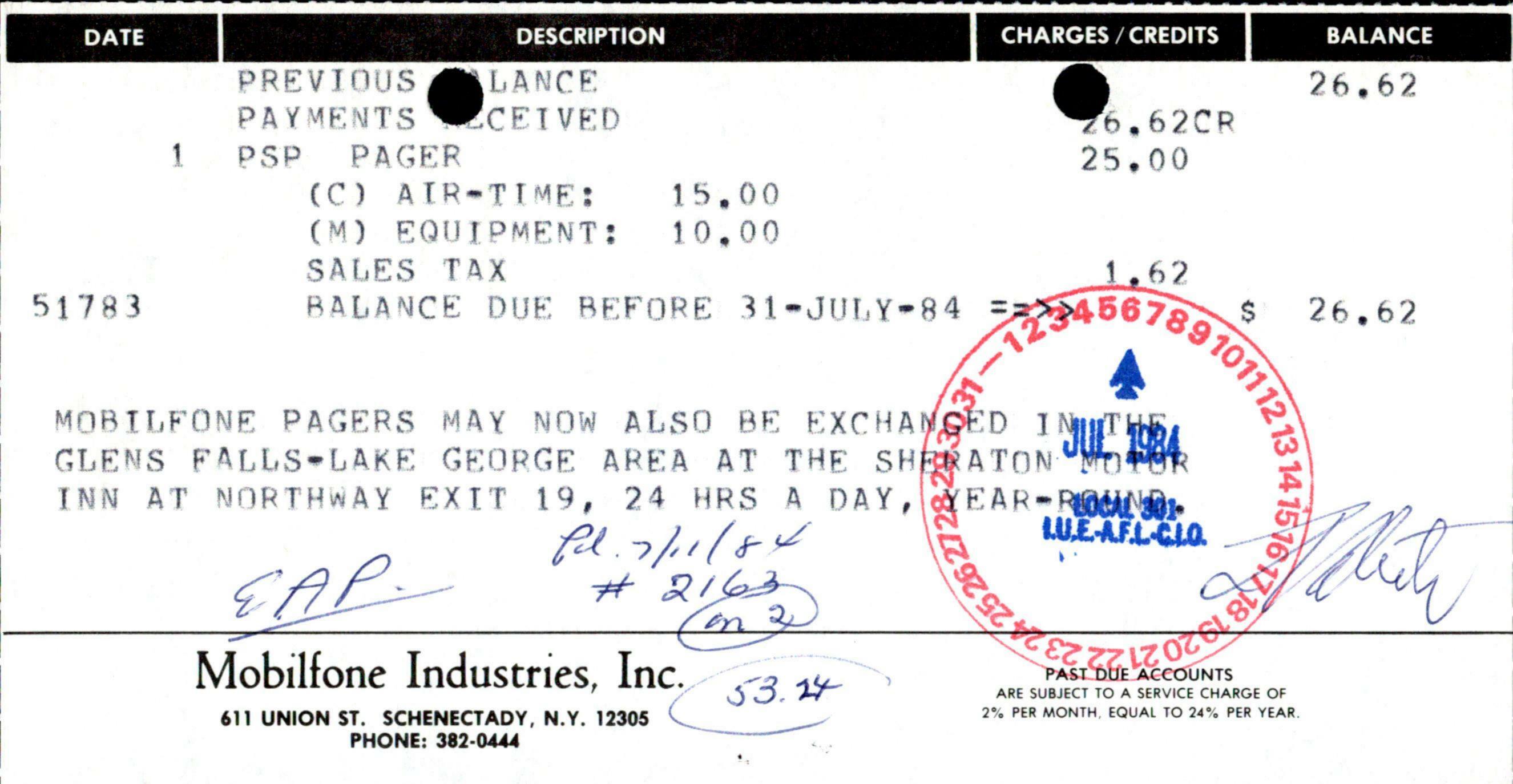
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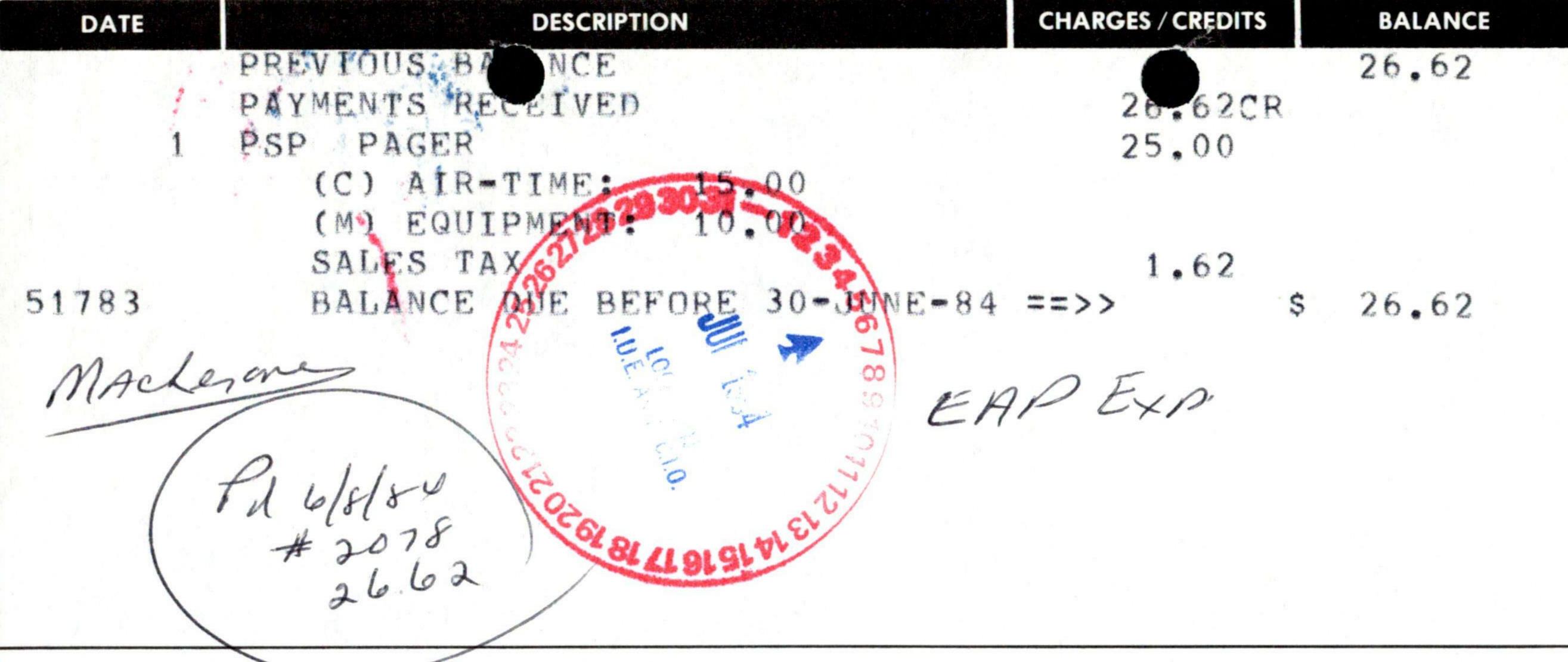
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MAIL YOUR DUES TODAY, CARD NOT VALID UNTIL DUES ARE PAID

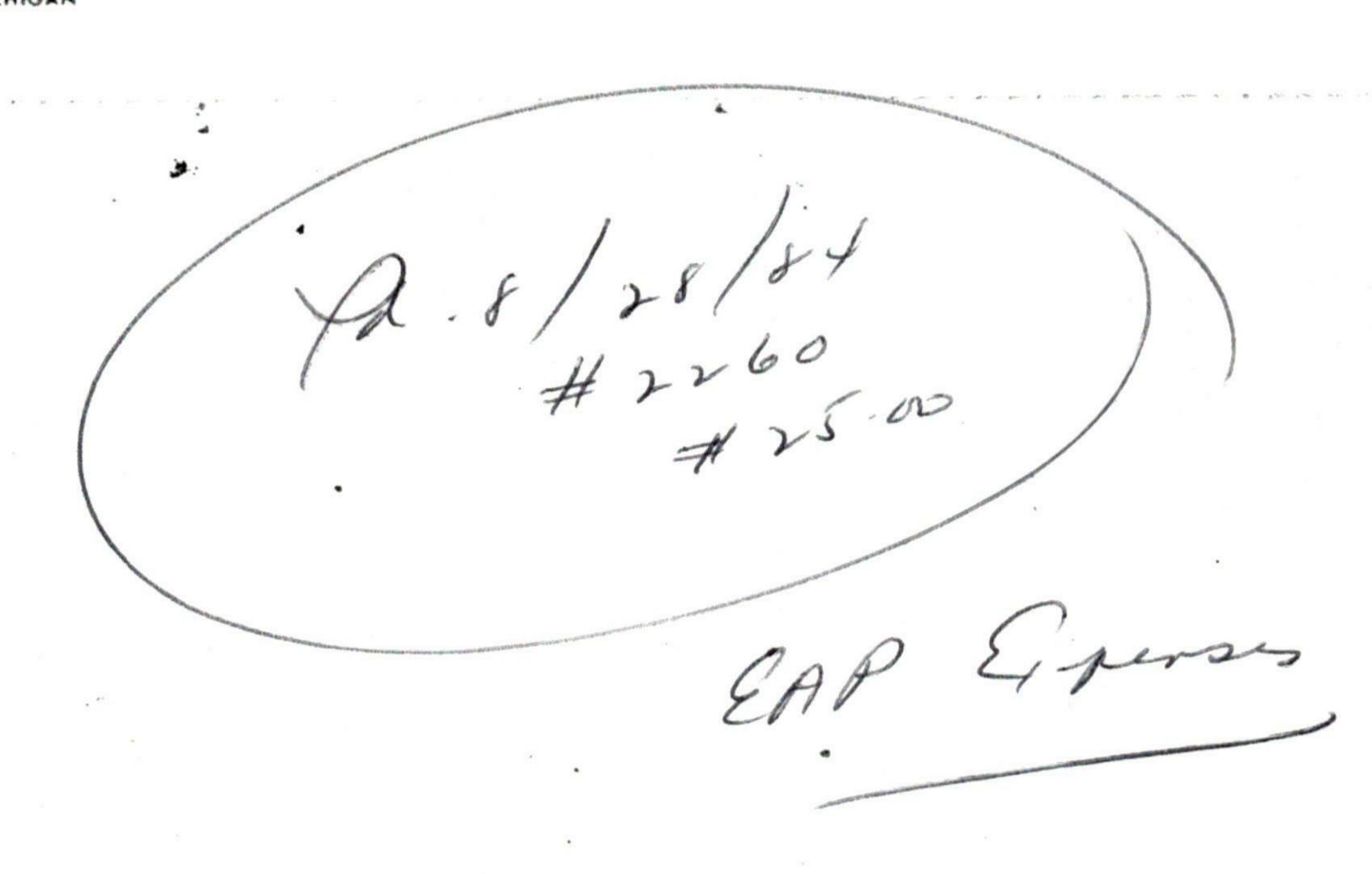
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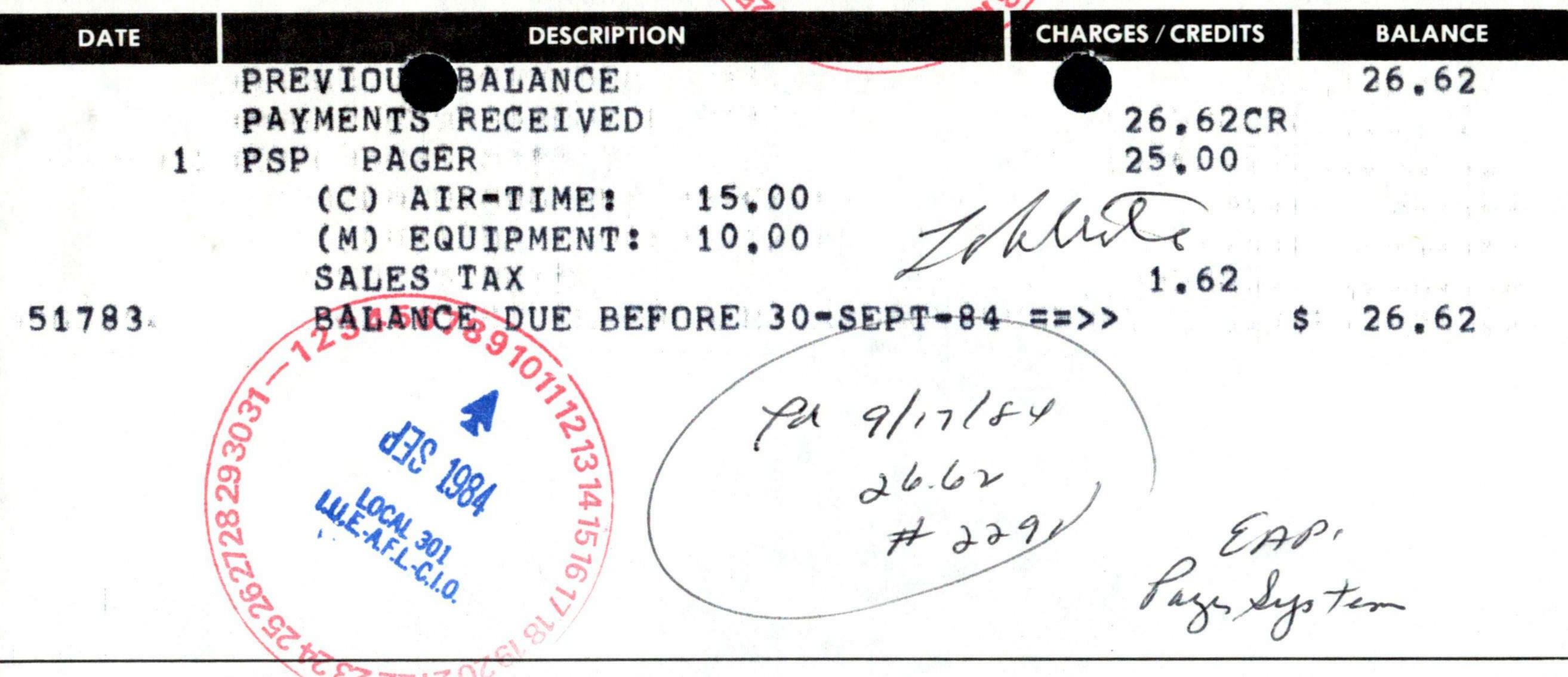
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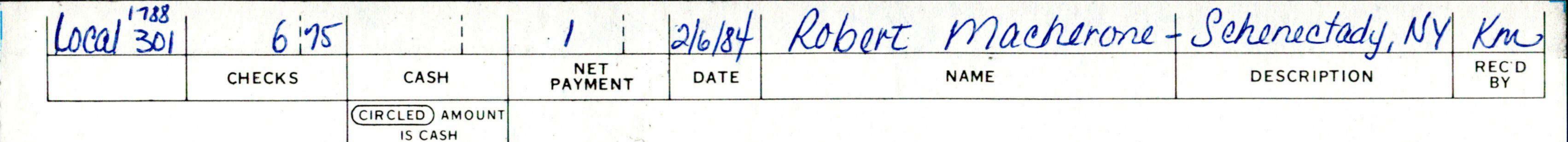
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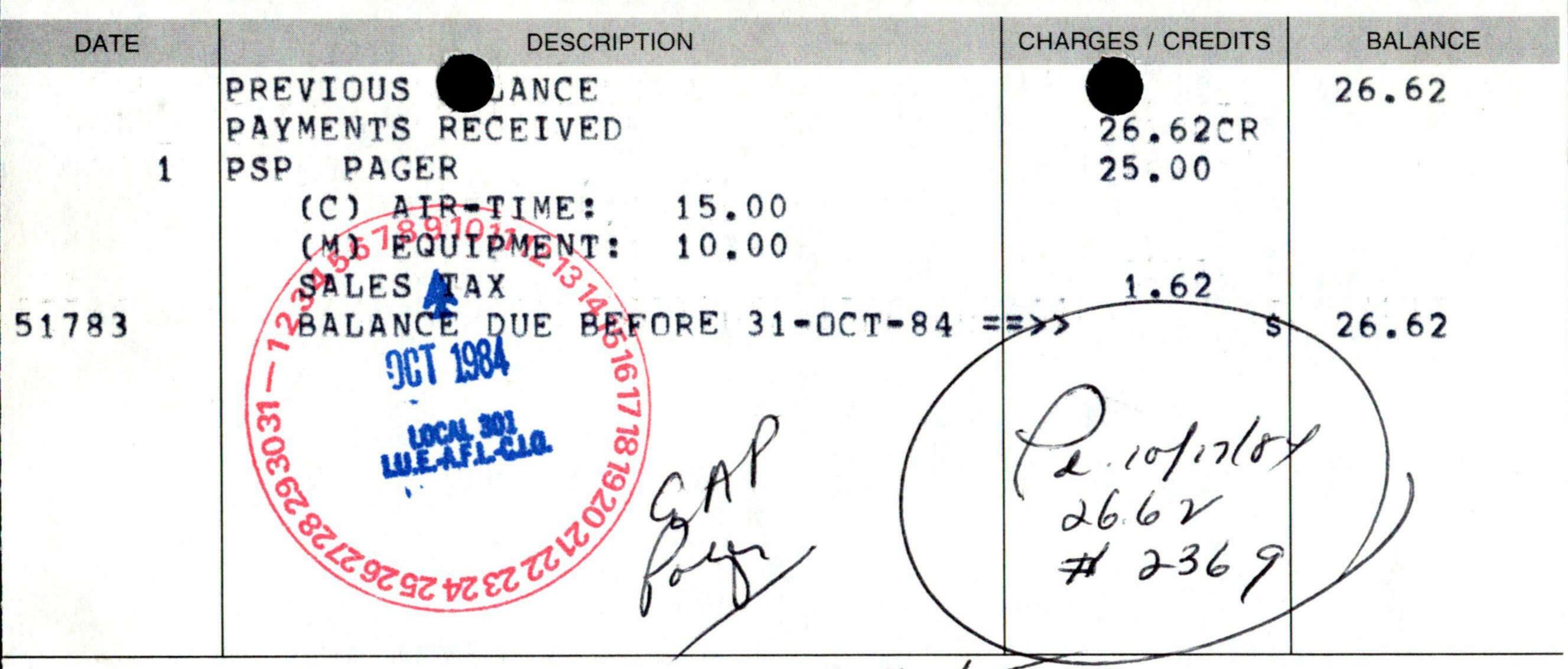
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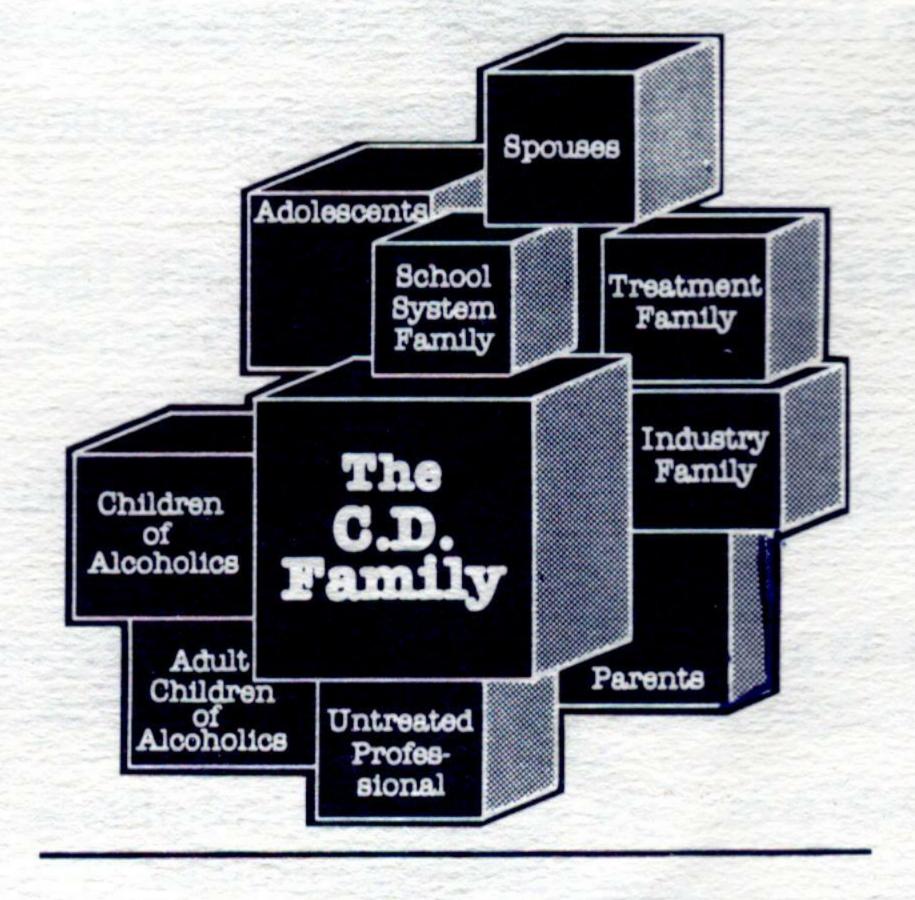
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The U.S. Journal presents . . .

## 4th Annual NORTHEAST CONFERENCE ON ADDICTIONS!

THEME:

"The Chemically Dependent Family"



Oct. 14-18 -1984-The Parkview Hilton Hartford, Connecticut

Co-Sponsor: The Mediplex Group

- Spofford Hall
- Arms Acres
- Conifer Park

### Participating Sponsors:

- American International Health Systems, Inc.
- Connecticut Alcoholism & Drug Abuse Counselor Certification Board
- Connecticut Federation of Alcohol & Drug Abuse Counselors
- National Association of Alcoholism & Drug Abuse Counselors (NAADAC)
   Regional Alcohol & Drug Abuse Resources/RADAR
- Ripley Center at the Brattleboro Retreat
- St. Joseph's Rehabilitation Center



SHARON WEGSCHEIDER CRUSE Conference Chairperson

## NORTHEAST CONFERENCE ON ADDIO

Sunday, October		7:30-9:00 p.m.	"Grief, Depression & Loss: Unfinished Work Among Adult CoA's"
1:00 p.m.	Registration		Lorie Dwinell
4:00-6:00 p.m.	Film Festival	9:00 p.m.	ACoA, Co-Dependency Support
6:00-6:20 p.m.	Conference Opening		Groups; A.A., Al-Anon Meetings
6:20-7:00 p.m.	Keynote Address: "Co-Dependency & The Family System"	Tuesday, Octobe	r 16 <b>20 20 20 20 20 20 20 20 20 20 20 20 20 2</b>
7:00-8:00 p.m.	Sharon Wegscheider  Reception—  Compliments of The Mediples Comm	8:00-9:00 a.m.	"Therapeutic Concepts from A.A."  Tom Brady
8:00-10:00 p.m.	ACoA, Co-Dependency Support Groups; A.A., Al-Anon Meetings	9:00-9:45 a.m.	"Adult Children of Alcoholics: The Road to Recovery"  Rokelle Lerner
Monday, October		9:45-10:30 a.m.	"Children of Alcoholics & Human Development"
8:00-9:00 a.m.	"High Profile Interventions"  Joseph Cruse  "Description of Facility III.	11:00-1:00 p.m. Concurrent	"Getting On With Your Life: After the Tears What?"
9:00-9:45 a.m.	"Dynamics of Family Illness: The Hurried Child Syndrome" Robert Subby	Workshops	"Special Needs of Young Children of Alcoholics"
9:45-10:30 a.m.	"We Are the Children That We Were"  Jael Greenleaf		Rokelle Lerner
11:00-11:45 a.m.	"Building A Healthy Relationship"  Janet Woititz		"Children from Recovering Families" "Phil Diaz
11:45-12:30 p.m.	"Children of Alcoholics &	2:00-3:15 p.m.	"Three-Generational Family Sculpturing Sharon Wegscheider
	Minority Families" Phil Diaz	3:15-5:45 p.m. Concurrent	"School Prevention Programs"  Jamie Rattrav
12:30-2:30 p.m.	Conference Luncheon— Compliments of The Mediplex Group "Cocaine: Drug of the '80's" John McVernon, Robert Mullaley	Workshops	"Getting Off the Professional Pedestal: Dare to be Average"  John Neikirk
2:30-3:15 p.m.	"Family Treatment & Relapse"  Terence Gorski		"The Company As A Family" Robert Montgomery
3:15-5:45 p.m. Concurrent Workshops	"The Alcoholic Family As A Learning System: Unlearning the Past"  Jael Greenleaf		"Sobriety Is A Learning Process"  Tom Brady
,, or konops	"The Chemically Dependent Marriage—	7:30-9:30 p.m.	"An Evening With Claudia Black"
	An Intimacy" Robert Subby	9:30 p.m.	ACoA, Co-Dependency Support Groups A.A., Al-Anon Meetings
	"Developing Healthy Relationships for Adult Children of Alcoholics"	Wednesday, Octo	ober 17 <b>11 11 11 11 11 11 11 11 11 11 11</b>
	"Family Relapse: Warning Signs"  Terence Gorski	8:15-9:00 a.m.	"Adult Children of Alcoholics: Learning To Play" Rokelle Lerner

## IONS PROGRAM

9:30-10:15 a.m. "Clinical Research Findings Among Adult CoA's" Claudia Black 10:45-12:30 p.m. "When Talking Is Not Enough: Experience in the Recovery Process" Concurrent Workshops John Neikirk "Chronic Shock Among Adult CoA's" Wayne Kritsberg "Family Aftercare" Jane Hathaway "Adolescent Treatment Issues & the Family" Vernon Ridgeway 2:00-2:45 p.m. "Teenagers, Parents, The Community" James Crowley 2:45-3:30 p.m. "Alcohol & Domestic Violence" Hon. Albert Kramer, William Hartigan "Engaging the Family in Adolescent 4:00-5:45 p.m. Treatment" Concurrent Vernon Ridgeway Workshops "Educating the Community" James Crowley "Family Aftercare" Jane Hathaway "Exercises for Personal Recovery: Journal Writing & Guided Imagery" Wayne Kritsberg 7:15-8:45 p.m. "Another Chance: Experiential Intervention for Adult CoA's" Mary Lee Zawadski 8:45 p.m. ACoA, Co-Dependency Support Groups A.A., Al-Anon Meetings

Thursday, October 18 8:30-9:45 a.m. Adult Children of Alcoholics, A.A., Al-Anon Meetings 9:45-10:30 a.m. "Recovery & Change" Sharon Wegscheider 0:30-12:30 p.m. "Time to Share the Experience" Process Groups & Brunch Facilitators: Sharon Wegscheider, Wayne Kritsberg, Mary Lee Zawadski 12:30 p.m. Conference Closing

Sharon Wegscheider-Cruse, M.S.W. Conference Chairperson President, ONSITE Training & Consulting Palm Desert, CA Robert J. Ackerman, Ph.D. Professor of Sociology & Anthropology Indiana University at Pennsylvania Indiana, PA Claudia Black, Ph.D., M.S.W. President, Alcoholism, Children, Therapy (ACT) Newport Beach, CA Tom Brady, M.Ed. Alcoholism Consultant, Appalachian Hall, Asheville, NC James Crowley President/Director Community Intervention, Inc. Minneapolis, MN Joseph Cruse, M.D. Senior Medical Director The Betty Ford Center at

Rancho Mirage, CA Phil Diaz, M.S.W., L.C.S.W. Director, Project Rainbow Pomona, NY Lorie Dwinell, M.S.W. Psychotherapist/Private

Eisenhower

Practitioner

Seattle, WA

Terence Gorski, M.A., C.A.C. President, Alcoholism Systems Associates Hazel Crest, IL

Jael Greenleaf Director/Founder The 361 Foundation Los Angeles, CA

L.C.S.W. Director, Chemical Dependency Programs The Mediplex Group Newton, MA

William Hartigan, M.A.,

Hon. Albert Kramer Presiding Justice, Quincy Division

Wayne Kritsberg, M.A. Trainer/Consultant/ Private Practice Austin, TX

Rokelle Lerner, M.A. Director, Children Are People, Inc. St. Paul, MN

Father John McVernon Community Education Director The Mediplex Group Newton, MA

Robert Montgomery, M.S.W., L.C.S.W. Executive Vice President The Mediplex Group

Robert Mullaley, Ph.D. Clinical Psychologist Spofford Hall Spofford, NH

Newton, MA

John Neikirk, M.A. Trainer/Consultant/ Private Practice Minneapolis, MN

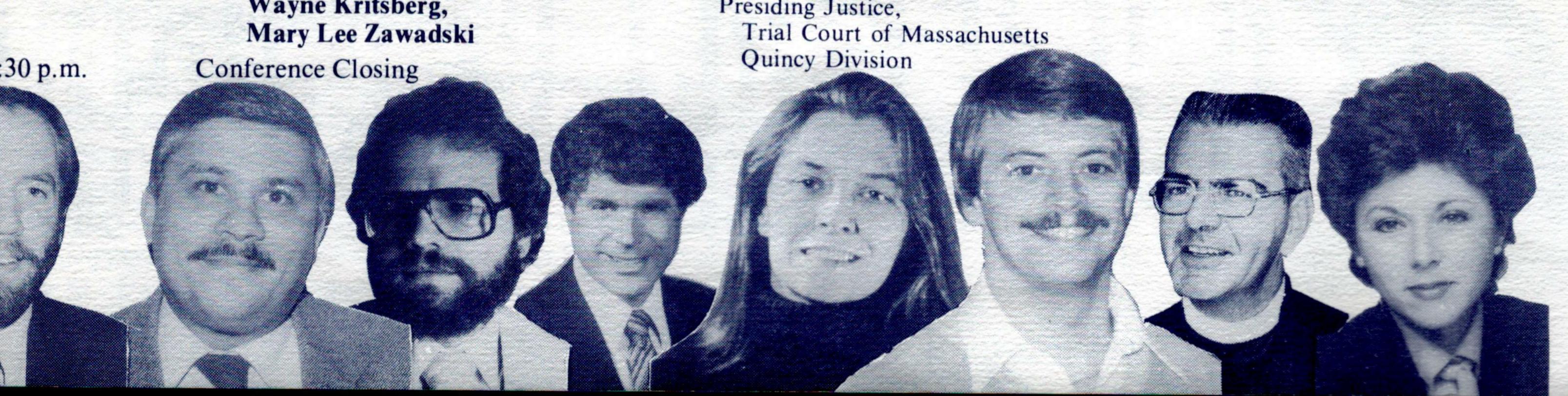
Jamie Rattray Health Educator The Corning School District Free School Horseheads, NY

Vernon Ridgeway Acting Undersecretary Office of Alcohol & Drug Abuse Recovery Louisiana Health & Human Resources Department Baton Rouge, LA

Robert Subby, M.A., C.C.D.P. Executive Director Family Systems, Inc. Edina, MN

Janet Woititz, Ed.D. Human Relations Therapist/ Private Practitioner Upper Montclair, NJ

Mary Lee Zawadski, M.S.W. Therapist/Consultant/ Private Practitioner Seminole, FL



4th Annual NORTHEAST CONFERENCE ON ADDICTIONS

Return Conference Registration Form(s) to: The U.S. Journal, Inc. 2119-A Hollywood Blvd. Hollywood, FL 33020 (305) 920-9433

## REGISTRATION FORM

Oct. 14-18, 1984—Parkview Hilton Hotel Hartford, Connecticut

FULL TIME & DAILY REGISTRATION

Enter my registration for:

Full-Time Attendance, Fee \$260.00 (After Sept. 10—\$300)

NAME:

Address:

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4th Annual NORTHEAST CONFERENCE ON ADDICTIONS

Oct. 14-18, 1984—Parkview Hilton Hotel Hartford, Connecticut

SECOND REGISTRATION

Please Enter My Registration For:

Corporate Registration, \$230 (2nd person from the same program or employer)

Family Registration, \$165 (For an affected family member accompanied by a relative).

Name:

Address:

**NOTE:** Second registration must accompany a regular full-time registration.

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4th Annual NORTHEAST CONFERENCE ON ADDICTIONS

Oct. 14-18, 1984 Sponsored by: The U.S. Journal

Mail Reservation To:

Parkview Hilton Hotel 1 Hilton Plaza Hartford, CT 06103 HOTEL RESERVATION

Please Check Room Type Required:
Single—\$58; 
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Name of 2nd Person:

Address: \_\_\_\_\_

Arrival Date:

\_ Departure Date:

No. of Persons:

\_ No. of Nights:

Note: First Night's Deposit Required to Guarantee Room

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### CONFERENCE INFORMATION

**CREDITS:** 

—The Connecticut Alcoholism & Drug Abuse Counselor Certification Board has approved a maximum of 29 hours of Category I credit for this conference. Actual amount will be based on attendance and can be used to meet either Initial Certification or Re-Certification requirements.

—Other states in which applications are pending include: DE, MA, ME, NH, NJ, NY, PA, RI & VT. Write the Conference Coordinator for details.

#### **EXHIBITS**:

Limited space is available to treatment facilities and other organizations to tell their stories.

Exhibit Booth (8' x 8' space) cost is \$400.00.

FEES:

Registrations for the conference are available on the following basis:

-Regular Full Time \$260.00, includes all social functions (Reception/Luncheon/Brunch).

—Corporate Registration, \$230.00, discounted second registration from the same program or employer.

—Family Registration, \$165.00, an affected family member accompaying a relative.

—Daily Registration, \$85.00 per diem, consecutive days only, no social functions included.

#### REGISTRATION DEPOSITS:

\$45.00 Deposit must accompany all registrations. Deposit not refundable after September 10, 1984.

#### LATE REGISTRATION:

For registration after Sept. 10, 1984, add \$40.00 Late Fee. On site registration only after October 8, 1984.

#### **AUDIO TAPES**

Recordings will be available on site only.

#### FILM FESTIVAL

Relevant films will be available for viewing throughout the conference

GUESTS JOTAL AMOUNT

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IUE-CIO

LOCAL 301

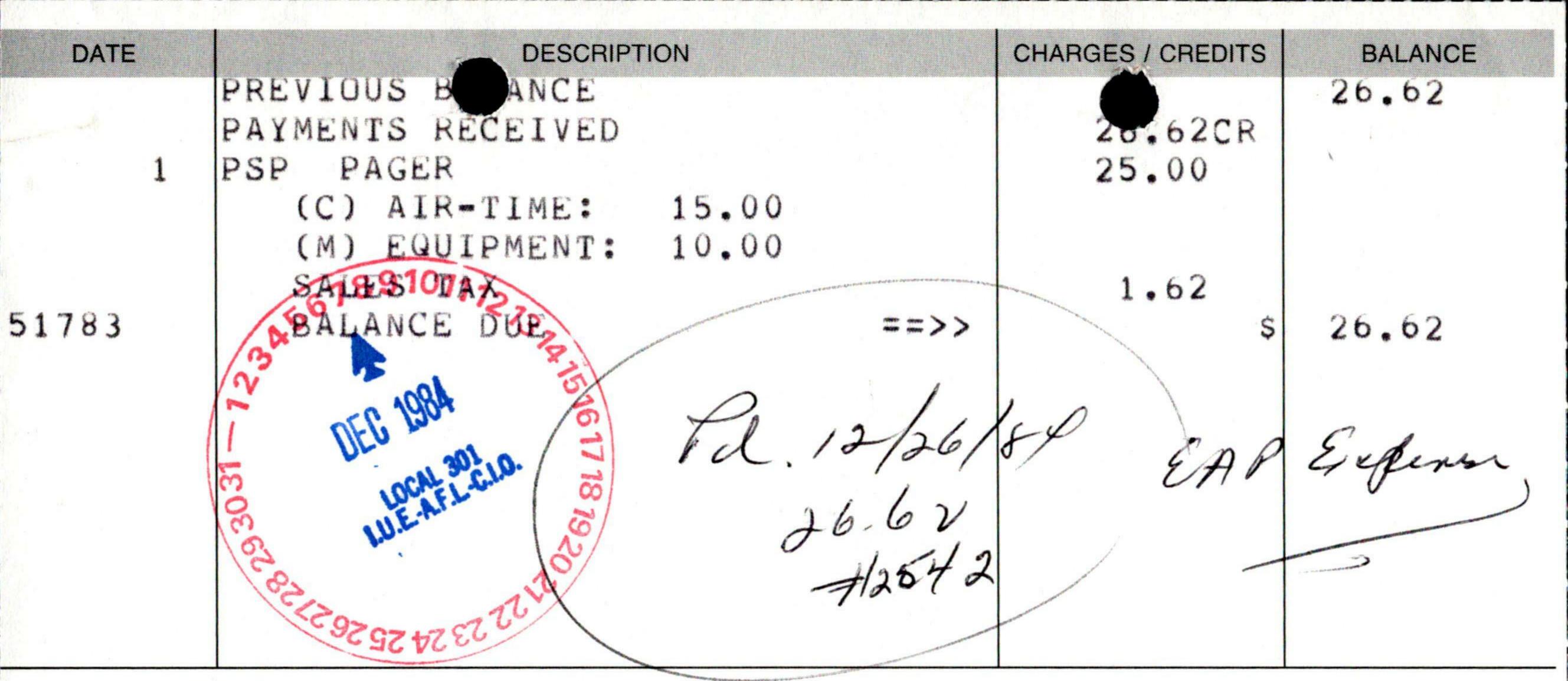
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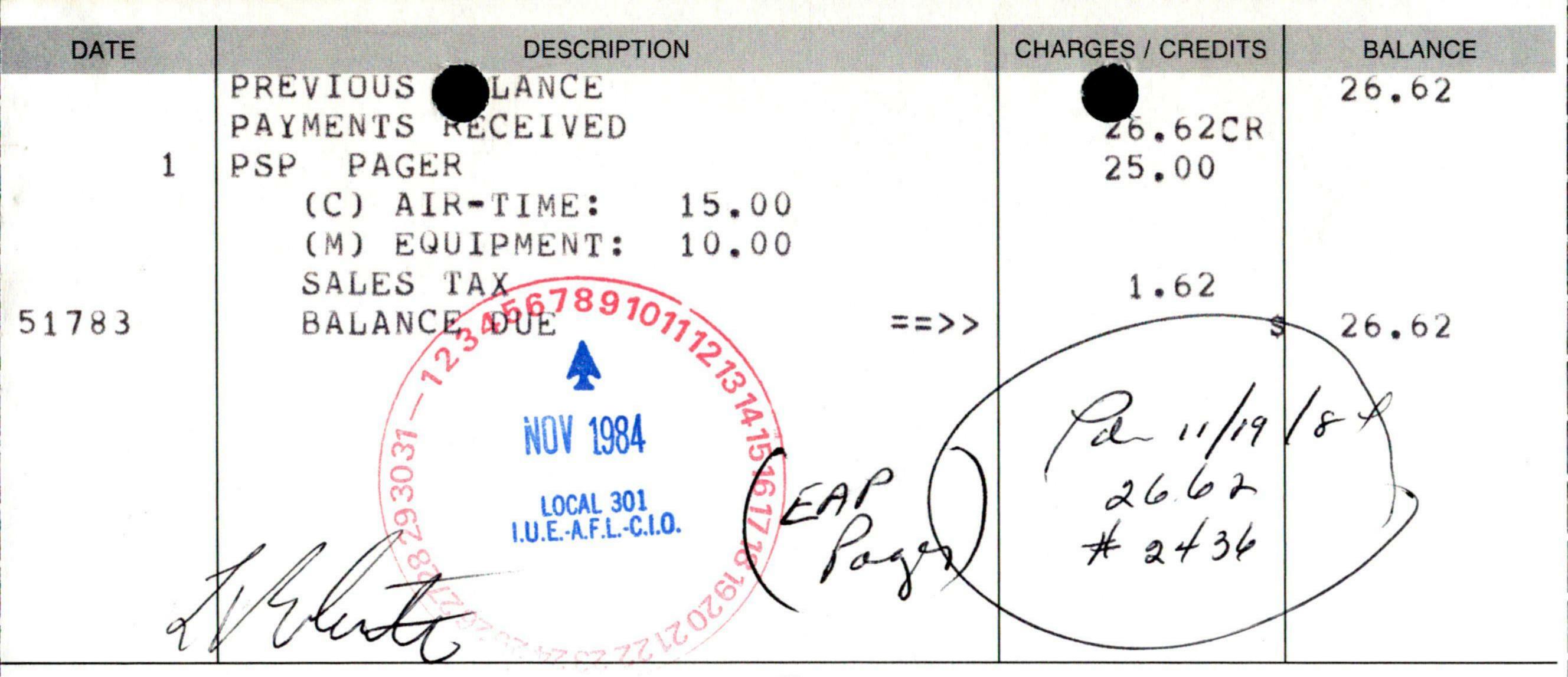
### ORDERS FOR EMOTIONS ANONYMOUS BOOK

PRICE: \$5.50 per bookPicked up at the International Service Center \$6.75 per bookOn orders 1 through 24. (\$5.50 per book & \$1.25 postage per book)	
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Please send me the Emotions Anonymous Book. Enclosed is my check in the amount of \$ 6.75 For 1 COPIES.	
NAME Mr. Robert Macherone	
c/o Local 301, IUE AFL-CIO ADDRESS 121 Erie Blyd.	
Schenectady, New York ZIP 12305	
**Minnesota Residents please add 6% Sales Tax.  **Canadian or foreign remittance please send U.S. Currency or equivalent.	

\*Canadian & foreign book ordersa maximum of 9 books per package.



611 UNION ST. SCHENECTADY, N.Y. 12305 PHONE: 382-0444



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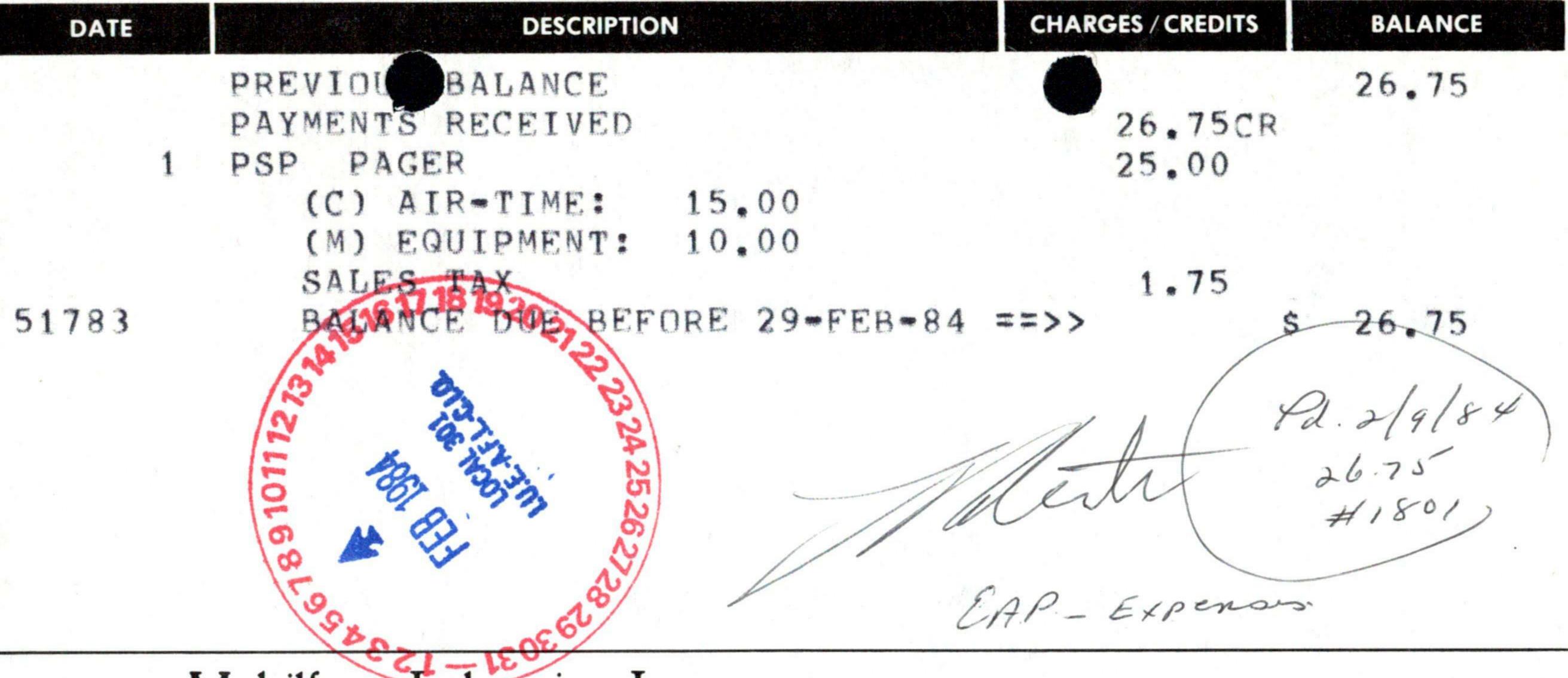
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RECEIPT

Received of

Seven and no/100 dollars for ALMACA luncheon meeting of

Signed:



611 UNION ST. SCHENECTADY, N.Y. 12305 PHONE: 382-0444



TO

ROBERT MACHERONE &
JAMES G. G. C. C.
LAP COORDINATOR

1.1.21 ERIE BL.

SCHERECTAN

WY 12305

ASS ATION OF LABOR-MANAGEMENT ADMINISTRATORS AND

CONSULTANTS ON ALCOHOLISM, INC.

1800 North Kent Street
Suite 907
Arlington, Virginia 22209
(703) 522-6272

## INVOICE 6436

DATE:

**TERMS: NET 30 DAYS** 

YOUR I.D. #

2904016

FOR	DESCRIPTION	UNIT PRICE	AMOUNT
[ X ] Membership Dues	[ ] Individual [ ] Associate [ X ] Organizational [ ] Student		\$100.00
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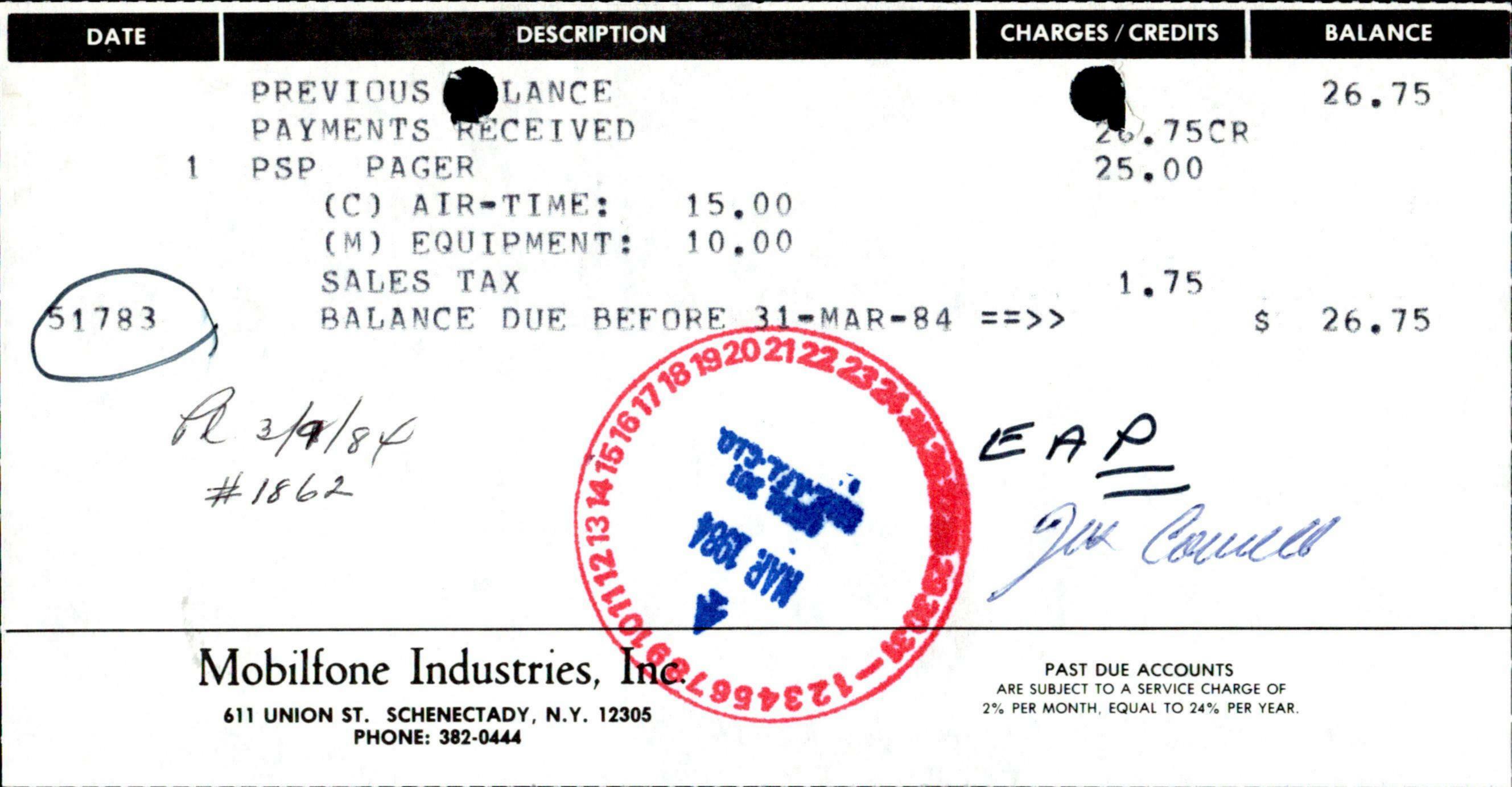
## ASSOCIATION OF LABOR-MANAGEMENT ADMINISTRATORS AND

#### CONSULTANTS ON ALCOHOLISM, INC.

1800 N. Kent Street, Suite 907 ● Arlington, Virginia 22209 ● (703) 522-6272

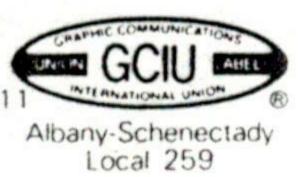
### RENEWAL UPDATE FORM

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# International Union of Electronic, Electrical, Technical, Salaried and Machine Workers, AFL-CIO



## LOCAL 301, IUE

121 ERIE BLVD. SCHENECTADY, N. Y. 12305 (518) 393-1386

March 28, 1984

Dr. Sheila M. Akabas Industrial Social Welfare Center Columbia University School of Social Work 622 West 113th Street New York, New York 10025

Dear Dr. Akabas:

Enclosed please find our check in the amount of \$3.00 to cover payment of one manual called "Unemployed Workers' Support Program."

Please send this manual to the undersigned at the above address.

Thank you.

Very truly yours,

LOCAL 301, IUE AFL-CIO

Robert Macherone, E.A.P. Coordinator

RM/rm

enc.