

Attn: Sports Department

No. of Pages: 1

For Immediate Release

June 24, 2008

For Further Information

Brianna LaBrecque / 518-442-5733

### **BRENDAN ROWLAND NAMED TO ABCA ALL-NORTHEAST REGION SECOND TEAM**

Albany, N.Y. -- University at Albany's Brendan Rowland (Colonie Central H.S.) was named to the American Baseball Coaches Association All-Northeast Region Second Team, as announced by the ABCA on Tuesday afternoon.

Rowland, a sophomore from Albany, N.Y., was previously chosen to the All-America East Conference first team for the first time as a collegian. Rowland became the second consecutive UAlbany outfielder to earn first-team honors after posting a team-best .332 batting average. He led the conference with 74 hits, tying the second-best total in UAlbany history. Rowland also tied the single-season program record by scoring 50 runs and driving in 46 more, the fourth-best total in the conference and on the UAlbany single-season chart.

Rowland recorded at least two hits in 17 games, including a season-high five against Hartford on April 5, and had multiple RBI on 14 occasions. In America East play, he ranked third with 35 hits, seventh with a .368 batting average and fifth in slugging percentage at .642. Rowland hit six home runs and scored 29 times in 24 league games, good for second in each category in the conference rankings.



For Immediate Release  
Monday, June 23, 2008

Contact: Brian DePasquale  
518-442-3072

## UNIVERSITY AT ALBANY ANNOUNCES 2007-08 MALE & FEMALE ATHLETES OF THE YEAR

Albany, N.Y. -- Brian Lillis, an all-conference performer in basketball, and Amber Maisonet, an all-region outfielder in softball, have been chosen as the University at Albany's 2007-08 Male and Female Athletes of the Year. The athletes were selected in voting by the head coaches of the school's Division I 19-sport intercollegiate athletic program.

Lillis, a senior guard from Urbandale, Iowa, earned first-team All-America East Conference honors and made his second consecutive appearance on the conference's all-defensive team. He was voted the 2008 America East Fans' Choice Player of the Year. Lillis, who was one of 10 players at the NCAA Division I level to lead his team in points, rebounds and assists, ranked among the league leaders in several categories. He averaged 16.1 points, 6.0 rebounds, 3.5 assists and 1.6 steals.

Lillis, who helped the Great Danes tie for second in the America East regular-season standings, scored 20-plus points on five occasions, including a career-high 29 against Vermont in early January. His reverse slam dunk made ESPN SportsCenter's Top 10 Plays of the Day on Feb. 11. He posted a 26-game, double-figure scoring streak and became the first UAlbany player in the program's Division I history to register back-to-back double-doubles in points and rebounds. He finished his career ranked among UAlbany's all-time leaders in assists (269), steals (169) and blocked shots (59).

Maisonet, a senior from Newburgh, N.Y., was voted first-team All-America East Conference for the fourth straight season. She made her first appearance on the All-ECAC squad and was picked second-team All-Northeast Region by the National Fastpitch Coaches Association. Maisonet was named to the America East all-championship team after leading her squad to the tournament final for the fourth year in a row. The Great Danes won the conference's regular-season title with a 34-17 record.

A left fielder who ranked 21st nationally in triples and 24th in stolen bases, Maisonet batted .379 from her lead-off spot in the order with 61 total hits, 33 runs and 16 RBI. She added 27 stolen bases, six doubles, five triples and three home runs. Maisonet completed her career as UAlbany's all-time leader in hits (233) and runs (151), plus finished second in stolen bases (96) and fourth in hitting (.360 BA).

Maisonet and Lillis were also accomplished in the classroom. Maisonet became the first UAlbany female in the Division I era to receive national first-team Academic All-America recognition. She was chosen to the ESPN The Magazine University Division Softball Academic All-America Team. Lillis, an ECAC Merit Medal recipient, was named the America East Scholar-Athlete of the Year in basketball.

-agate-

### University at Albany Athletes of the Year (Division I)

2007-08: *Male:* Brian Lillis (Basketball), *Female:* Amber Maisonet (Softball)

2006-07: *Male:* Frank Resetarits (Lacrosse) & Jamar Wilson (Basketball), *Female:* Casey Halloran (Softball)

2005-06: *Male:* Jamar Wilson (Basketball), *Female:* Blair Buchanan (Volleyball) & Casey Halloran (Softball)

2004-05: *Male:* Luke Daquino (Lacrosse), *Female:* Blair Buchanan (Volleyball)

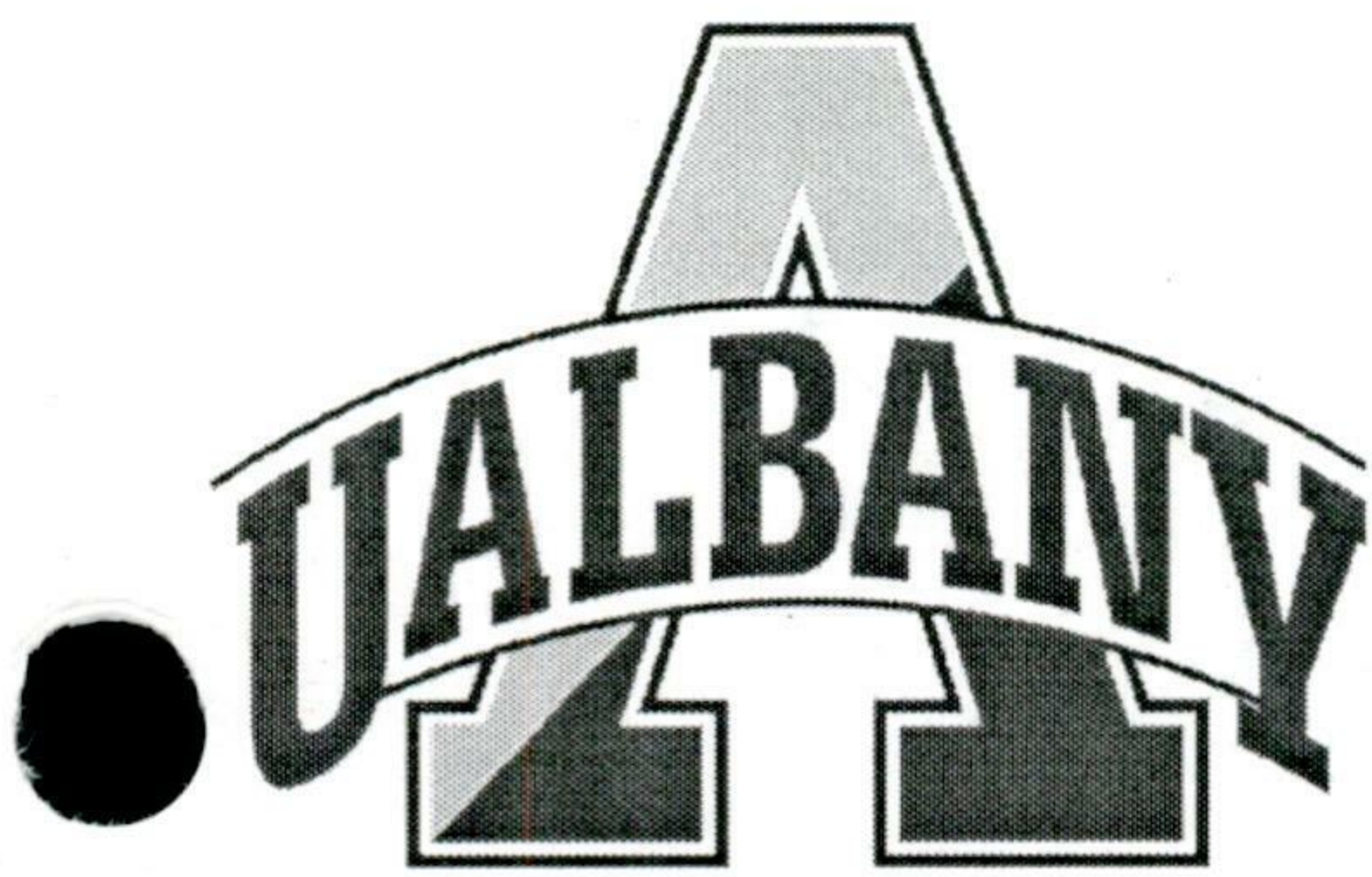
2003-04: *Male:* Gary Jones (Football), *Female:* Andee Lindgren (Softball)

2002-03: *Male:* Gary Jones (Football), *Female:* Teresa Covert (Track & Field)

2001-02: *Male:* Chris Phillis (Football), *Female:* Amy Di Micco (Field Hockey)

2000-01: *Male:* Michael Oliva (Baseball), *Female:* Dawn Di Micco (Basketball/Lacrosse)

1999-00: *Male:* Todd Cetnar (Basketball), *Female:* Megan Buchanan (Basketball)



For Immediate Release

June 21, 2008

For Further Information

Brian DePasquale / 518-442-3072

## UALBANY'S TYLER FOGARTY FINISHES FOURTH IN USA JUNIOR NATIONAL 800-METER RUN FINAL

Columbus, Ohio – University at Albany's Tyler Fogarty (Shenendehowa H.S.) placed fourth in the 800-meter run final at the 2008 USA Junior Outdoor Track & Field Championships on Saturday evening at Jesse Owens Memorial Stadium, on the Ohio State University campus. The junior national competition, with athletes ranging from 14 to 19 years-old, is the qualifying meet for the World Junior Championships in Poland on July 8-13.

Fogarty, a 19-year-old who just completed his freshman year as a collegian, came off the pace with 200 meters left to finish behind champion Elijah Greer, a junior from Lake Oswego High School in Oregon. Fogarty, who earned junior All-America status, recorded a personal-best time for the second straight day by crossing the tape in 1:48.83 after the race was delayed nearly two hours due to a thunderstorm. Gered Burns is the lone Great Dane to have a better time at 800-meters when he went 1:48.20 in 2007.

Greer, who won the Oregon state scholastic championship three weeks ago with a record performance, posted a winning time of 1:47.68 and was 14-hundredths of a second off the USA Junior meet standard. Zachary Mellon, the Minnesota state high school winner, was second in 1:48.64, and will join Greer on the U.S. squad at the World Junior Championships. Donte Holmes, the Mid-Eastern Athletic Conference champion from Delaware State, took third in 1:48.83.

"I was sitting back in sixth at 600 meters and started to make my move," said Fogarty, who ran the second-fastest time in Friday's preliminary round when he was clocked in 1:50.72. "I tried to go with (Elijah) Greer and got caught up in traffic when they went four-wide in the turn. I am still satisfied with my performance and happy that I was able to shave nearly three seconds off my personal-best."

A native of Clifton Park, N.Y., Fogarty anchored Shenendehowa High to last year's state championship in the 4x400-meter relay when that group registered the third-best mark (3:18.50) in Section II history. In his first year with the UAlbany program, Fogarty was second in the 800-meter run at both the America East Conference indoor and outdoor championships.

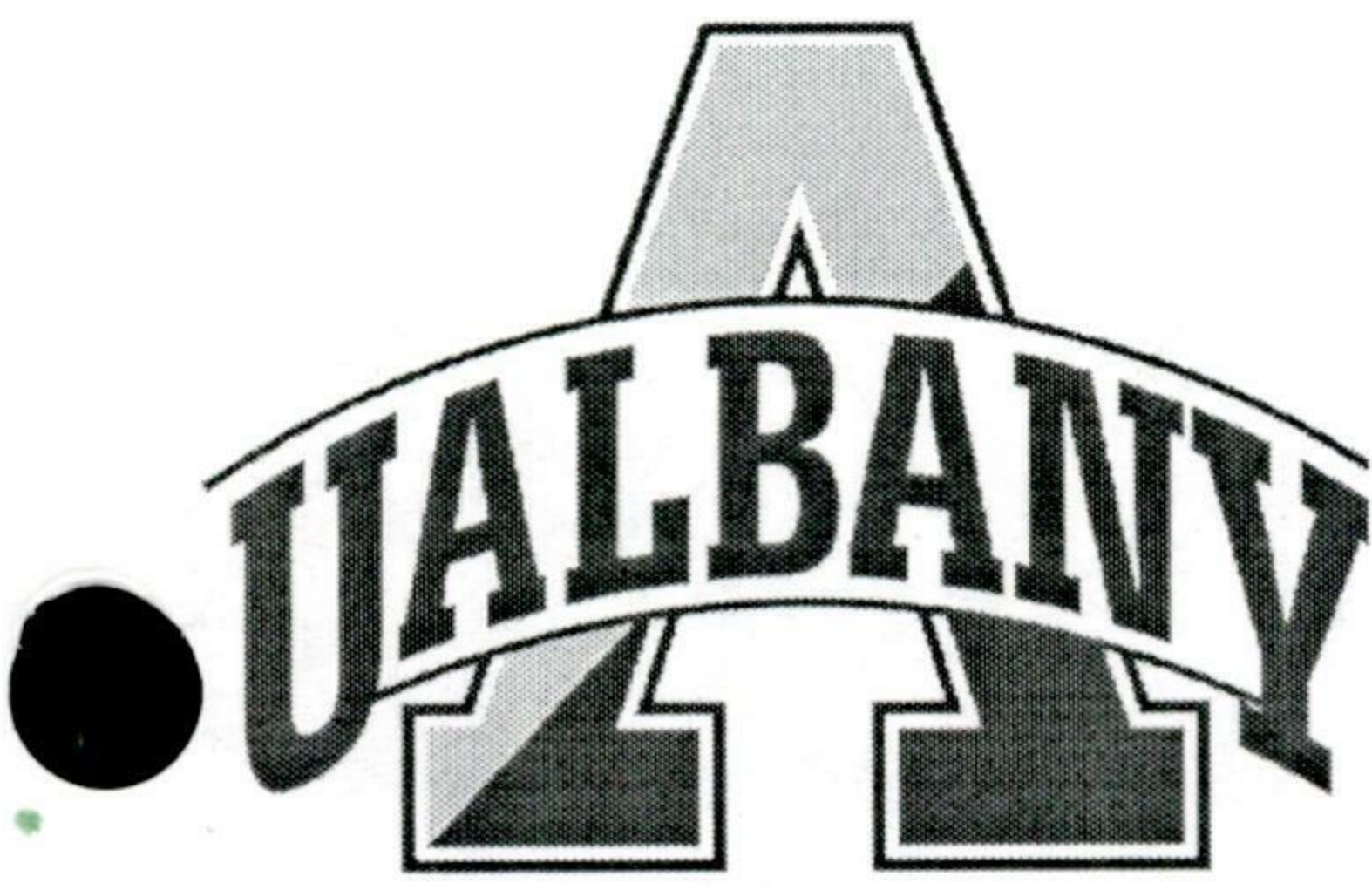
Fogarty becomes the seventh UAlbany athlete to earn junior All-America recognition over the past five years. Joe Greene (400-meter hurdles) and John Moore (800m) placed second in their events at USA Juniors in 2006 and 2007, respectively.

-agate-

### 2008 USA Junior Outdoor Track & Field Championships

#### Men's 800-Meter Run Final

1. Elijah Greer (Lake Oswego H.S., Ore.), 1:47.68, 2. Zachary Mellon (Buffalo H.S., Minn.), 1:48.64, 3. Donte Holmes (Delaware State), 1:48.66, 4. Tyler Fogarty (UAlbany), 1:48.83, 5. Dylan Ferris (East Forsyth H.S., N.C.), 1:49.49, 6. Blake Shaw (Cypress Falls H.S., Texas), 1:50.32, 7. Chris Bilbrew (Arkansas), 1:51.19, 8. Jeff Moriarty (Columbia), 1:52.22, 9. Russell Dinkins (Wilbraham & Monson Academy, Mass.), 2:01.39.



Attn: Sports Department

No. of Pages: 1

For Immediate Release

June 18, 2008

For Further Information

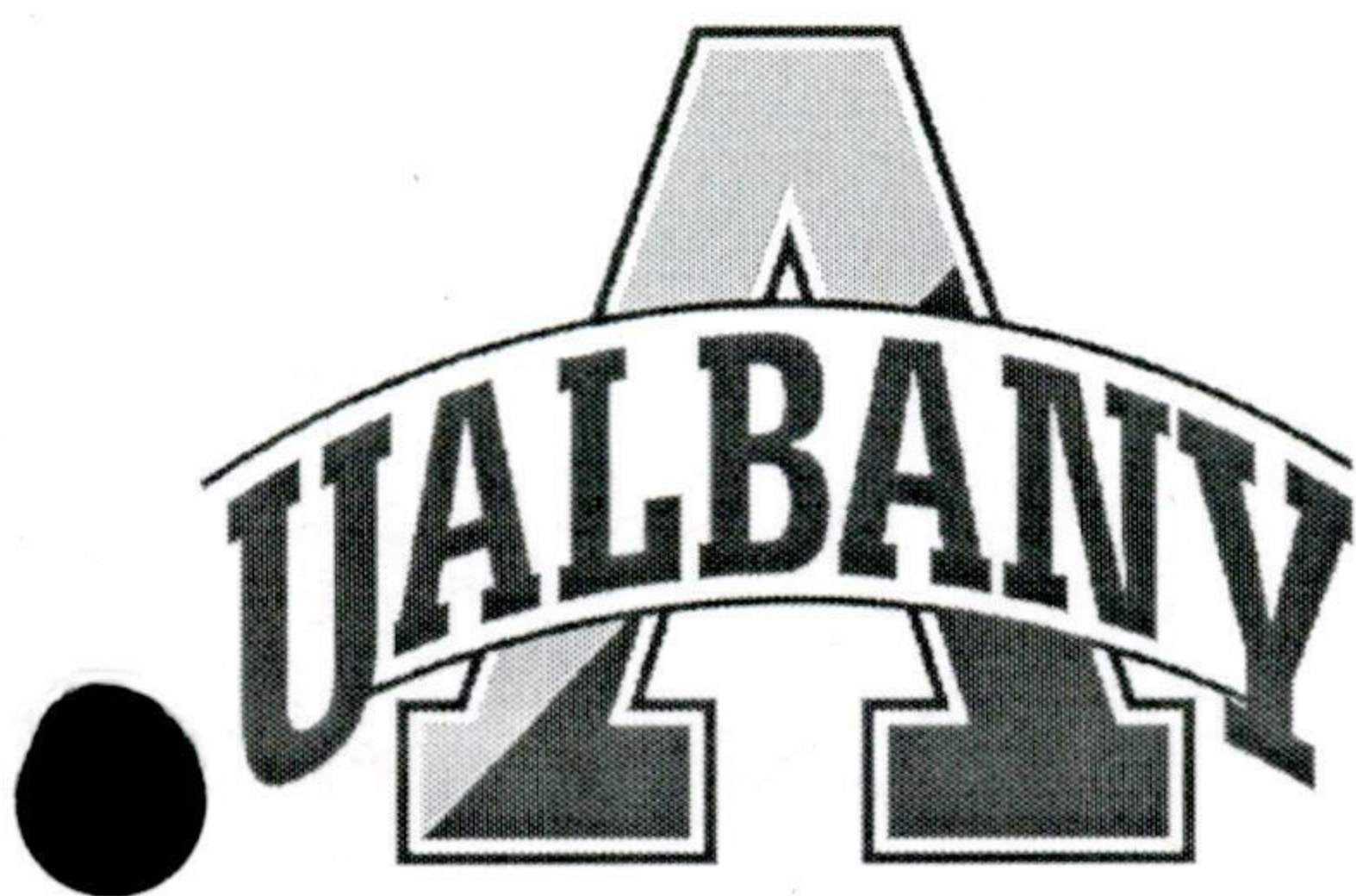
Brianna LaBrecque / 518-442-5733

### AMBER MAISONET NAMED ECAC DIVISION I SOFTBALL ALL-STAR

Centerville, Mass. - University at Albany's Amber Maisonet earned ECAC Division I Softball All-Star Honors, as announced by the conference office on Wednesday afternoon.

Maisonet, a senior outfielder on the UAlbany softball team, was named to the ESPN The Magazine Academic All-America University Division Softball Team, becoming just the fifth UAlbany student-athlete to earn national first-team honors, and is the first female athlete chosen to a national first team at the Division I level. Maisonet, a native of Newburgh, N.Y., earned All-America East Conference first-team recognition for the fourth straight season after finishing second in the league with a .379 batting average and first in stolen bases (27).

Maisonet, who was nominee for the America East Woman of the Year award, also received an ECAC Merit Medal as the school's top senior female student-athlete during the current academic year. She was named to the NFCA All-Region second team and finished as the UAlbany career leader with 233 hits and 151 runs. Maisonet is also ranked second in career stolen bases with 96 and is fourth with a .360 batting average.



Attn: Sports Department

No. of Pages: 1

For Immediate Release

June 17, 2008

For Further Information

Brianna LaBrecque / 518-442-5733

### **ASHLEE REED AND KIMI FREEBURG NAMED UALBANY ASSISTANT VOLLEYBALL COACHES**

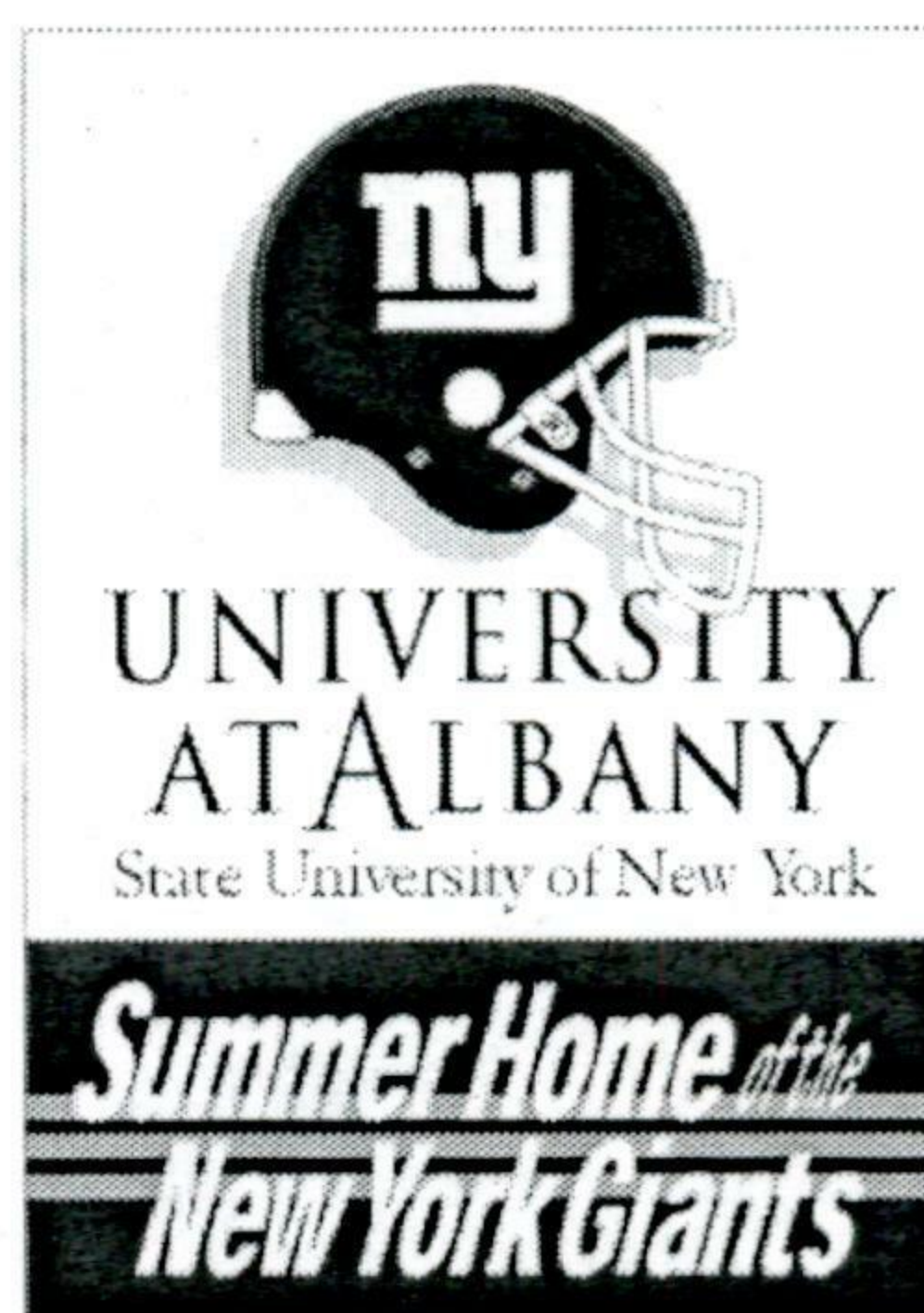
Albany, N.Y. -- University at Albany interim head coach MJ Engstrom announced today the hiring of Ashlee Reed and Kimi Freeburg as assistant volleyball coaches.

Reed joins the Great Danes' coaching staff after a four-year career with the UAlbany program. Reed, a three-time all-conference first team member, graduated with B.S. in human biology and psychology from UAlbany in 2006. She earned the ECAC Merit Award as the top senior female student-athlete and was the America East Conference Woman of the Year as a senior. Reed, a two-year team captain, was a four-time academic honor roll member and helped lead the Great Danes to two consecutive America East Conference championship titles. Reed, a native of Round Rock, Texas, ranks in the top ten on several of UAlbany's career records charts, including kills (5th, 1,173), digs (6th, 1,101) and total blocks (tied for 2nd, 282).

Following graduation, Reed worked as an assistant athletic trainer at UAlbany and also served as a medical assistant at Captial Region Orthopaedic Group. Reed also assisted in coaching at several UAlbany volleyball camps and participated in numerous community service activities during her collegiate career. She was a member of the Student-Athlete Advisory Committee and earned the President's Award for Leadership in 2005-06.

Freeburg comes to UAlbany after a four-year career at the University of Southern California, where she was a two-time co-captain. Freeburg, a native of New Castle, Ind., was a Pac-10 Conference All-Freshman Team Honorable Mention in 2003, the same season the Trojans claimed the NCAA Division I National Championship Title. She also helped USC reach the NCAA Final Four in 2004.

Freeburg, a three-time Indiana All-State honoree, graduated in May with a B.S. in kinesiology from USC. She participated in a two-week summer tour of Turkey in 2006 with Athletes-in-Action and has worked at numerous volleyball camps, including the Purdue University summer camp and the Steve Pickering All-American Volleyball Camp.



For Immediate Release  
Monday, June 17, 2008

Contact: Brian DePasquale  
518-442-3072

## UALBANY ANNOUNCES 2008 NEW YORK GIANTS TRAINING CAMP SCHEDULE

Albany, N.Y. -- University at Albany Vice President and Director of Athletics Lee McElroy announced today the New York Giants' summer training camp schedule. The Giants, who have trained on the UAlbany campus since 1996, begin workouts on Friday, July 25. The camp concludes on Sunday, August 17.

For the third consecutive year, Giants training camp will feature eight evening practices. The first night practice is slated for Monday, July 28, at 6:10 p.m. All eight sessions are preceded by a morning workout at 8:40 a.m. The other day-night workouts are scheduled for July 28 and 30, plus August 1, 3, 5, 10, 12 and 15. Training camp opens with morning and afternoon practices on July 25 and 26.

The Super Bowl XLII champion New York Giants will practice 19 days on the UAlbany campus, including 10 double sessions. As has been the routine in previous camps, the Giants will not practice on the days following preseason games. On the day before a preseason game, the team will hold a one-hour jog-thru session.

Giants training camp all-session parking passes will be available at UAlbany's Athletic Merchandise Store, located in the SEFCU Arena Lobby, beginning Monday, July 7. An all-session parking pass is \$15.00. The daily parking fee is \$5.00. Dutch Quad Lot is the primary public parking facility. The Merchandise Store is open Monday through Thursday, from 9:00 a.m.-4:00 p.m. For more information, call 518-442-4522. The training camp schedule can be accessed through [www.giants.com](http://www.giants.com) or [www.ualbanysports.com](http://www.ualbanysports.com).

UAlbany and the Giants are currently in the second year of an agreement that has kept the National Football League organization's training camp in the Capital Region. The arrangement also includes the option for a third year in 2009.

The Giants are traveling to UAlbany for the thirteenth consecutive summer, matching the longest period in the team's training camp history. The Giants previously spent thirteen summers at Pace University in Pleasantville, N.Y. from 1975-87. The Giants, who have also trained in the states of Vermont, Connecticut, New Jersey, Wisconsin and Oregon, previously worked out at Fairleigh Dickinson University (1988-95) in Madison, New Jersey prior to their arrival on the UAlbany campus.

In the 12 years that the Giants have trained at UAlbany, the preseason camp has averaged 31,032 fans per summer. The all-time mark of 45,040 was established in 2004.

-more-

## 2008 New York Giants Training Camp Schedule

July 25 (Fri.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 3:20-5:20 p.m.

July 26 (Sat.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 3:20-5:20 p.m.

July 27 (Sun.)

No Practice

July 28 (Mon.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

July 29 (Tues.)

Practice: 2:40-4:50 p.m..

July 30 (Wed.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

July 31 (Thurs.)

Practice: 2:40-4:50 p.m.

August 1 (Fri.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

August 2 (Sat.)

No Practice

August 3 (Sun.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

August 4 (Mon.)

Practice: 2:40-4:50 p.m.

August 5 (Tues.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

August 6 (Wed.)

Practice: 10:30-11:30 a.m. (Jog-Thru)

August 7 (Thurs.)

NFL Preseason Game @ Detroit, 7:00 p.m.

August 8 (Fri.)

No Practice

August 9 (Sat.)

Practice: 2:40-4:50 p.m.

August 10 (Sun.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

August 11 (Mon.)

Practice: 2:40-4:50 p.m.

August 12 (Tues.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

August 13 (Wed.)

No Practice

August 14 (Thurs.)

Practice: 2:40-4:50 p.m.

August 15 (Fri.)

Practice #1: 8:40-10:40 a.m.

Practice #2: 6:10-8:10 p.m.

August 16 (Sat.)

Practice: 2:40-4:50 p.m.

August 17 (Sun.)

Practice: 8:30-10:00 a.m. (Jog-Thru)

Camp Ends

August 18 (Mon.)

NFL Preseason Game vs. Cleveland, 8:00 p.m.



For Immediate Release

June 16, 2008

For Further Information

Brianna LaBrecque / 518-442-5733

## UNIVERSITY AT ALBANY RELEASES 2008 FIELD HOCKEY SCHEDULE

Albany, N.Y. – University at Albany Vice President and Director of Athletics Lee McElroy announced the school's 2008 field hockey schedule on Monday, June 16. The Great Danes, who finished the season ranked 19th nationally in 2007, will play a 19-game schedule, including contests against five opponents who finished last season ranked in the top 20.

UAlbany begins its 10th year at the Division I level on August 30 and 31 taking on Radford and American in Washington, D.C. American was the nation's 14th-ranked team at the conclusion of the 2007 season.

The Great Danes will open up play at home on September 6, hosting Cornell and following with Hofstra on September 7. UAlbany will make a trip to the West Coast on September 13 and 14, taking on California and Stanford, two teams which received votes in the national poll a year ago. The Great Danes will take on Big Ten opponent Michigan on September 19 in Storrs, Conn., before returning to Alumni Turf Field to host Kent State and Colgate on September 21 and 24, respectively. UAlbany will close out the month of September visiting Massachusetts on the 27th and hosting Princeton on the 28th.

The Great Danes play host to Syracuse on October 1 before kicking off America East Conference play on October 4, welcoming Maine to Alumni Turf Field. UAlbany takes on crosstown-rival Siena in the annual meeting between the teams on October 7. The Great Danes visit conference opponent Vermont on October 11 and host Connecticut on October 12. The Huskies finished last season as the nation's fourth-ranked team.

UAlbany will wrap up the season with three straight conference match-ups, visiting Fairfield (Oct. 18) and New Hampshire (Nov. 2) while hosting reigning America East Conference Champion Boston University on October 25.

UAlbany will look to make an appearance in its seventh consecutive America East Tournament, hosted at the highest seed on November 7-9. The Great Danes made their first-ever appearance in the conference championship game last season, falling to Boston U.

UAlbany, led by head coach Phil Sykes, entering his fifth season at the helm of the program, return all-conference honorees Michelle Simpson and Ashley Ross. Simpson, the 2008 team captain, is a two-time all-conference first-team honoree and was the program's first-ever All-American last season. Ross, who was elected as a vice-captain along with Michele Polizois and Vanessa Walter, was a first-team and all-academic team member in 2007 and was named to the NFHCA All-Northeast Region squad after finishing the season ranked sixth nationally with a 1.14 goals against average.

-agate-

### 2008 UAlbany Field Hockey Schedule

August: 30 (Sat.) vs. Radford+ 1:00 p.m.; 31 (Sun.) at American 3:00 p.m.

September: **6 (Sat.) Cornell 1:00 p.m.**; **7 (Sun.) Hofstra 2:00 p.m.**; 13 (Sat.) at California 1:00 p.m.; 14 (Sun.) at Stanford 2:00 p.m.; 19 (Fri.) vs. Michigan^ 3:00 p.m.; **21 (Thurs.) Kent State 1:00 p.m.**; **24 (Sun.) Colgate 6:00 p.m.**; 27 (Wed.) at Massachusetts 12:00 p.m.; **28 (Sat.) Princeton 2 p.m.**

October: **1 (Wed.) Syracuse 3:00 p.m.**; **4 (Sat.) Maine\* 1:00 p.m.**; **7 (Tues.) Siena 3:00 p.m.**; 11 (Sat.) at Vermont\* 1:00 p.m.; **12 (Sun.) Connecticut 2:00 p.m.**; 18 (Sat.) at Fairfield\* 1:00 p.m.; **25 (Sat.) Boston U.\* 1:00 p.m.**

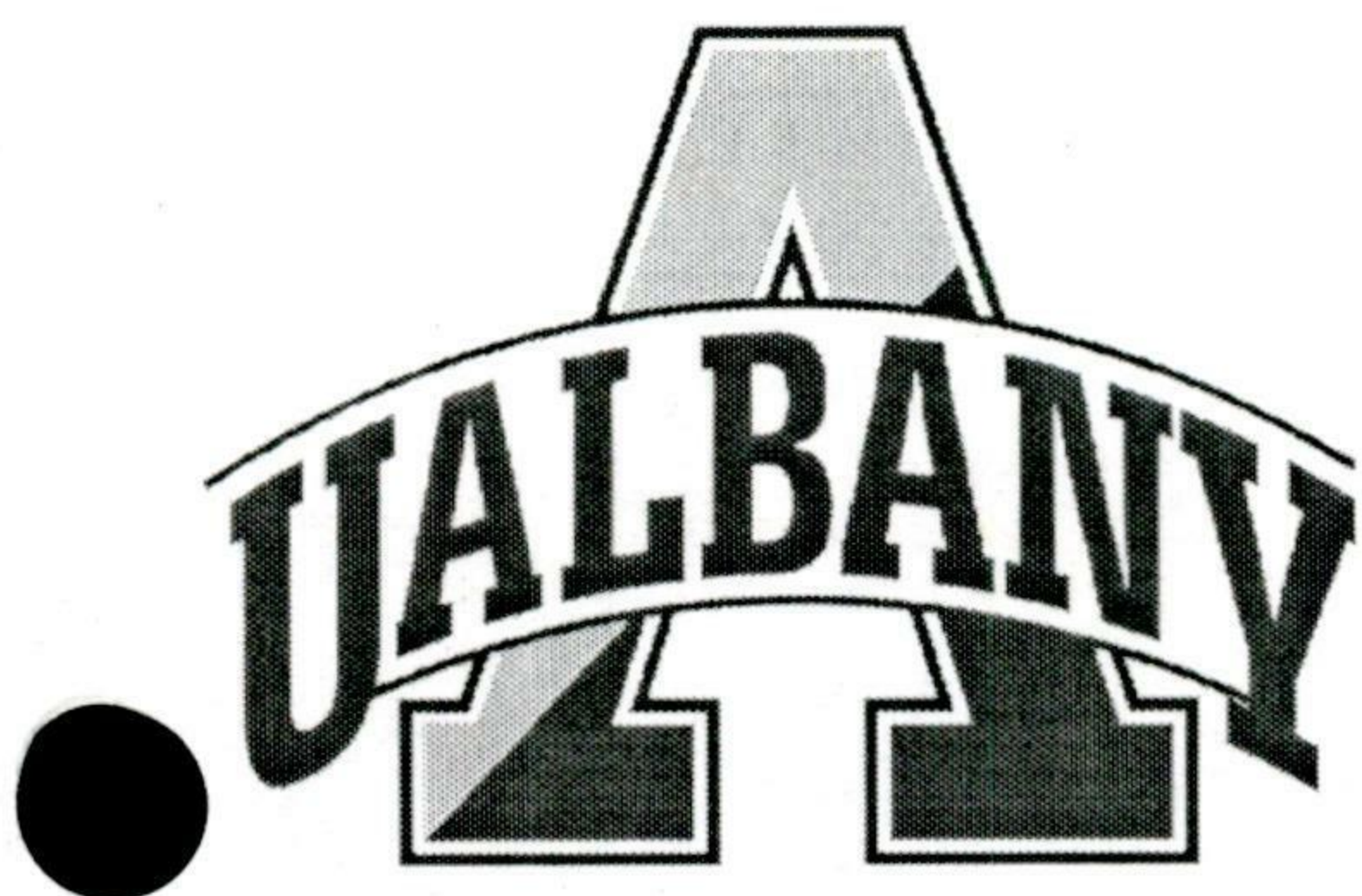
November: 2 (Sun.) at New Hampshire\* 12:00 p.m.; 7-9 (Fri.-Sun.) America East Conference Tournament

\* America East Conference opponent

+ at American (Washington, D.C.)

^ at Connecticut (Storrs, Conn.)





For Immediate Release

June 13, 2008

For Further Information

Brianna LaBrecque / 518-442-5733

### LUKE SCHOEN FINISHES FIFTH IN POLE VAULT AT NCAA CHAMPIONSHIP MEET

Des Moines, Iowa – University at Albany's Luke Schoen leaped 17-feet, 2.75-inches to finish fifth and earn All-American status in the pole vault finals at the 2008 Division I NCAA Outdoor Track & Field Championships on Friday afternoon at Drake University's Drake Stadium. Schoen becomes UAlbany's first-ever All-American in the pole vault.

Schoen, a sophomore from Bohemia, N.Y., cleared the same height on Wednesday to advance to the finals. Schoen, who finished tied for second at the NCAA East Regional Championships on May 31 to advance to the NCAA Championships, won the America East Conference title and finished second at the IC4A meet earlier this season.

"We are very excited to have our first All-American in the pole vault," said UAlbany head coach Roberto Vives. "The winds were swirling, which affected all of the performances. Luke had two close attempts at 17-6.5, but barely brushed the pole with the winds."

Maston Wallace of Texas earned the championship title after leaping 17-feet, 6.5-inches. Yavgeniy Olhovskiy (Virginia Tech), Nick Frawley (Air Force) and Jared O'Connor (Washington) tied for second with jumps of 17-feet, 2.75-inches, recording fewer misses in the competition than Schoen and sixth-place finisher Robert Caldwell (New Mexico), who also cleared the 17-2.75 height.

"There were many other athletes that had competed at the national meet before, but everyone was affected by the wind," said UAlbany pole vaulting coach Craig McVey. "Luke stayed very confident and composed, and that consistency helped him stay focused."

Adverse weather in the Des Moines area, which included severe winds and flooding over the last several days, affected the competition, with competitors finishing at lower-than-normal heights.

"We were all affected by the winds," said Schoen, who set a school record earlier this season with a leap of 17-feet, 5-inches. "It feels good to compete at this level. I am not intimidated and try not to let anything phase me. I am proud to represent UAlbany at the national level."

-agate-

#### **NCAA Division I Outdoor Track & Field Championships (Des Moines, Iowa)**

##### *Men's Pole Vault Finals*

1. Maston Wallace (Texas), 17-6.5, t2. Yavgeniy Olhovskiy (Virginia Tech), Nick Frawley (Air Force), Jared O'Connor (Washington), 17-2.75, 5. Luke Schoen (UAlbany), 17-2.75, 6. Robert Caldwell (New Mexico), 17-2.75, 7. Jeff Coover (Indiana), 17-5.25, t8. Johnny Quinn (UCLA), Brian Hancock (Missouri), 16-8.75, t10. Joseph Berry (Tennessee), Daniel Imlach (Sacramento State), Spencer McCorkel (Arkansas), 16-8.75, 13. Dustin DeLeo (UCLA), 16-8.75.



Attn: Sports Department

No. of Pages: 1

For Immediate Release

June 5, 2008

For Further Information

Brianna LaBrecque / 518-442-5733

### LUKE SCHOEN ADVANCES TO POLE VAULT FINALS AT NCAA CHAMPIONSHIP MEET

Des Moines, Iowa – University at Albany's Luke Schoen leaped 17-feet, 2.75-inches to advance to the finals in the pole vault at the 2008 Division I NCAA Outdoor Track & Field Championships on Wednesday afternoon at Drake University's Drake Stadium. Schoen will compete in the event finals on Friday afternoon.

Schoen, a sophomore from Bohemia, N.Y., finished tied for second at the NCAA East Regional Championships on May 31, to advance to the NCAA Championships, matching his own school record with a jump of 17-feet, 5-inches. Schoen, won the America East Conference title and finished second at the IC4A meet earlier this season.

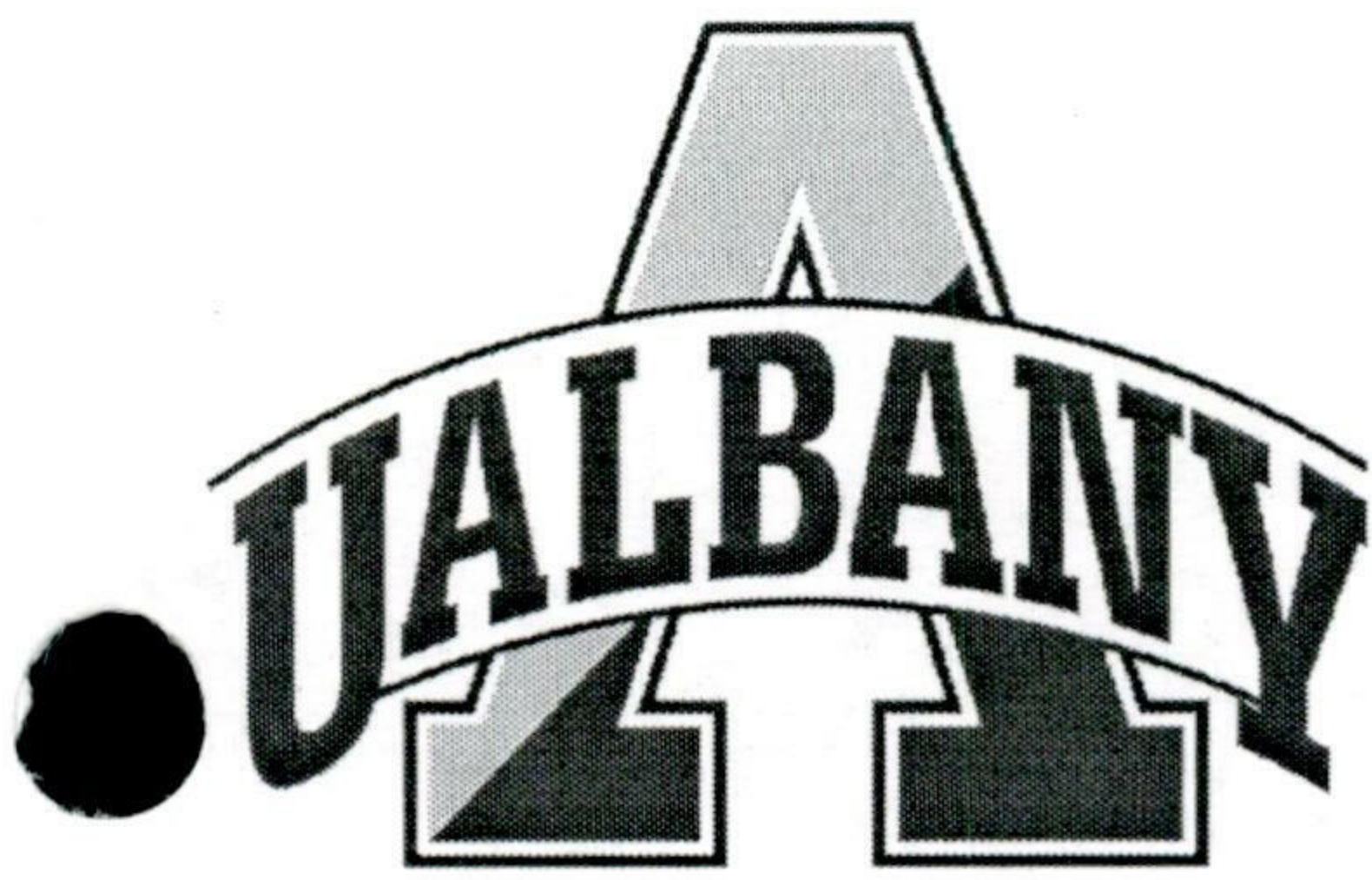
Schoen will compete against 14 other student-athletes on Friday, including Virginia Tech's Yavgeniy Olhovsky, whom he tied for second at the NCAA East Regionals.

-agate-

#### **NCAA Division I Outdoor Track & Field Championships (Des Moines, Iowa)**

*Men's Pole Vault Preliminaries – advance to Friday's final – all jumped 17-feet, 2.75-inches*

Spencer McCorkel (Arkansas), Yavgeniy Olhovsky (Virginia Tech), Joseph Berry (Tennessee), Dustin DeLeo (UCLA), Mitch Greeley (Clemson), Sean Young (South Florida), Brian Hancock (Missouri), Luke Schoen (UAlbany), Jeff Coover (Indiana), Jared O'Connor (Washington), Daniel Imlach (Sacramento State), Nick Frawley (Air Force), Maston Wallace (Texas), Robert Caldwell (New Mexico), Johnny Quinn (UCLA).



Attn: Sports Department

No. of Pages: 1

For Immediate Release

June 5, 2008

For Further Information

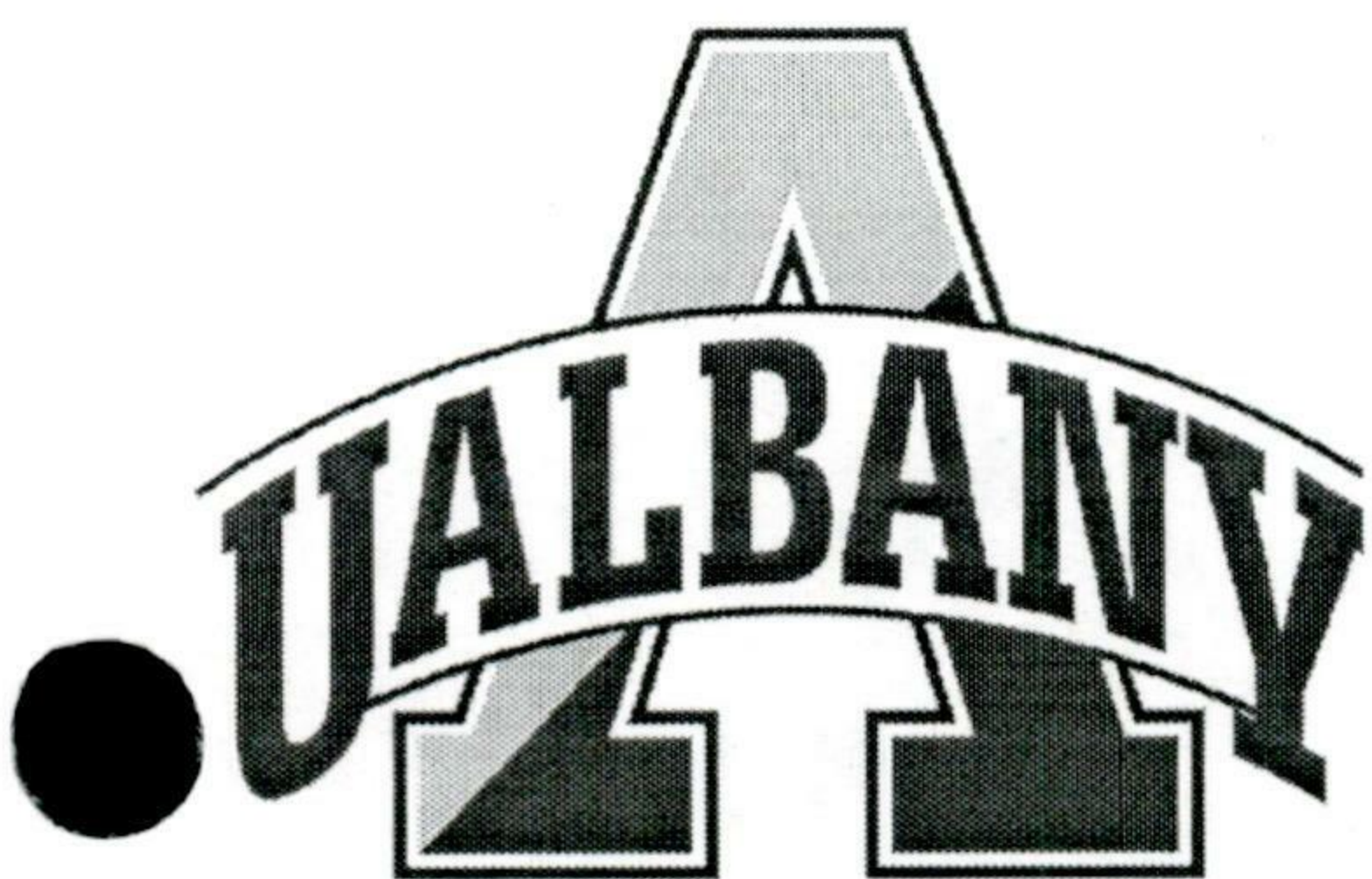
Brianna LaBrecque / 518-442-5733

### **LAURA CUMMINGS NAMED TO ESPN THE MAGAZINE DISTRICT I ALL-ACADEMIC TRACK TEAM**

Hamilton, N.Y. – University at Albany's Laura Cummings has been named to the ESPN The Magazine District I Academic All-America Women's Track and Field Team, as announced on Thursday by CoSIDA (College Sports Information Directors of America). Cummings, a District I first-team member, will now advance to the national ballot.

Cummings won the 3,000-meter steeplechase at the 2008 America East Conference Outdoor Track and Field Championship in a school-record and regional-qualifying time of 10:33.60, and finished 21st in the steeplechase at NCAA East Regional. Cummings, the indoor track team co-MVP and cross country team MVP, also placed third in the 1,500-meter run and fifth in the 800-meter run at the America East outdoor competition. The junior from Bay Shore, N.Y. registered a third-place finish in the 1,000-meter run at the 2008 America East Indoor Championship. She was named an All-East runner after finishing seventh at ECAC cross country meet in 18:42.

Cummings, who is studying English, posted a 3.75 grade point average. She was selected to both the conference's indoor and outdoor track all-academic squads. To be eligible, a student-athlete must maintain a cumulative GPA of 3.20 while performing as a varsity starter or key reserve.



Attn: Sports Department

No. of Pages: 1

For Immediate Release

June 4, 2008

For Further Information

Brian DePasquale / 518-442-3072

### UALBANY'S JOHN ALLEN CHOSEN FOR NCAA EXPERT COACHES ACADEMY

Indianapolis, Ind. – University at Albany's John Allen is one of 28 football coaches that have been selected to participate in the 2008 NCAA Expert Coaches Academy, scheduled to take place on June 5-7 in Dallas, Texas. Allen is in his first season as the UAlbany program's wide receivers coach.

The Expert Coaches Academy is an NCAA program that addresses the critical shortages of ethnic minorities in head coaching positions in the sport of college football, primarily at the Division I level. The academy's program prepares coaches for many of the issues they will experience at the head coaching level and offers networking opportunities.

Coaches will participate in workshops during the three-day program that focus on communications, interview skills, fiscal responsibilities, compliance, academic issues, and building and managing a successful football program. The participants represent Division I, II and III colleges and universities.

Allen was previously the head coach of NFL Europe's Berlin Thunder until the National Football League ceased league operations in June 2007. He had been the offensive coordinator and wide receivers coach for the Amsterdam Admirals from 2004-07. On the collegiate level, Allen was the wide receivers coach at Bucknell University in 2002. He served as both offensive coordinator and receivers coach at Division II Lock Haven University in Pennsylvania from 1996-02.