



Great Danes Volleyball Camps

Camp Eligibility

Our camps are open to girls ages 6 to 18. We also welcome recently graduated high school seniors who have not yet started a two- or four-year college.

(Those enrolled in college, or those who have not exhausted their NCAA eligibility, are not allowed to attend.)



Camp Philosophy

All of our camps are specifically designed to create a positive learning environment for everyone who attends. Each session is intended to improve the skill level of each camper. Limited enrollment ensures that each camper receives individual attention. Campers will be offered 3 choices this summer: Overnight Camp (ages 12-18), July 18-21; The Setter-Hitter Day Camp (ages 14-18), August 1-3; and, The Little Danes Day Camp (ages 6-14), August 1-3.

Overnight Camp Schedule July 18—21

Day 1 (Monday, July 18)

3:30-5:30	Registration
6:00-6:45	Orientation
7:00-9:00	Individual Skill Instruction

Day 2 & 3 (July 19-20)

7:30-8:30	Breakfast
9:00-9:30	Warm-up & Stretching
9:30-11:30	Individual Skill Instruction
11:30-1:30	Lunch
1:30-4:30	Team Practice
4:30-6:30	Dinner
6:30-8:30	Competition

Day 4 (Thursday, July 21)

7:30-8:30	Breakfast
9:00-9:30	Warm-up & Stretching
9:30-11:30	Individual Skill Instruction
11:30-1:30	Lunch
1:30-3:45	Warm-up & Tournament*
3:45-4:15	Awards Presentation*
4:30	Checkout

* Open to parents and spectators.



Little Dane/Setter-Hitter Day Camp Schedule August 1-3

9:00-11:30	Session 1
11:30-12:30	Lunch
12:30-3:00	Session 2



Camp Director



All camps are under the direction of UAlbany head coach **Kelly Sheffield**, who guided the Great Danes to their first America East Conference Championship and birth to the NCAA Division I Championship Tournament.

Accolades for the 2004 UAlbany team include America East Conference Coach of the Year, Player of the Year, and Setter of the Year. Three players were selected to the America East All-Conference First Team. National honors include, two All-Northeast region players and one All-American honorable mention.

UAlbany Players

Current and former UAlbany players will participate in the camp to work with campers and pass on first-hand knowledge of elite skills. There will also be time for campers and college players to interact socially in question and answer periods.

All camp coaches will be trained to use the same positive reinforcement techniques, helping to ensure that each camper receives consistent instruction.

Overnight Camp (\$375)

Includes a t-shirt, instruction, supervised recreation, room, board, and awards. Campers receive three nights lodging in UAlbany residence halls. Snacks & apparel will be offered in the residence hall store.

Setter-Hitter/Little Danes Day Camp (\$200)

Includes lunch, t-shirt and instruction.

A deposit of \$200 (Overnight) or \$100 (Day camps) are due upon registration. A confirmation letter will be sent with information on check-in, items to bring, residence halls, rules of conduct, etc. For additional information, call 518-442-3039, or e-mail ksheffield@uamail.albany.edu.

University at Albany Volleyball Camp Application

Camper Name: _____ Age: _____ Height: _____
 School: _____ Position: _____ E-mail: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Parents' Name(s): _____ Home Phone: _____ Work Phone: _____
 Camper's Volleyball Experience (i.e. Club name, level, etc.): _____

Plan (circle): Overnight (\$375) Setter-Hitter (\$200) Little Dane (\$200)

Upon receipt of your deposit, a confirmation letter will be sent to you along with more specific details about the camp. Please understand that personal injury insurance is NOT included in the camp fee. All campers must be covered by health insurance and must return the medical history form. Your signature below grants the University at Albany Camp Staff or their agents your full approval to have your child treated professionally in case of an emergency or injury.

Parent's Signature: _____ Date: _____

Insurer: _____ Policy #: _____

Checks payable to: UAlbany Volleyball Camp. Send application and payment to: UAlbany Volleyball, PE Bldg. Suite 123, 1400 Washington Ave., Albany, NY 12222