Construction Crews set up Shop During Summer Months

By CHAD ARNOLD

Shortly after students moved out in May, construction crews moved in, beginning work on dorm renovations, asbestos abatement, and pavement projects around campus. The renovations are part of the University at Albany’s ongoing effort to improve the quality of life for students living on campus, according to John Giarrusso, associate vice president of finance and administration for facilities management.

By JOE HOFFMAN

The University at Albany required all Residential Life staff to complete a CPR training course this summer, a shift in policy from last year when several RA’s said they were instructed to never touch students in the event of an emergency.

“Some RA’s job should be,” said Perrin in May when pressed why RAs were not expected to do so much, “to get as many people as possible trained in hands-only CPR,” said Carolyn Soli, president of Five Quad. “ResLife staff seemed like a great option due to their presence in the halls.”

The training, held on Aug. 20 and 21, was free to all Five Quad members. According to Five Quad, the training served as an opportunity to perform the training for residential directors, and other staff in Residential Life following the spring semester.

The training was split into two sections, with the first section being an introduction of CPR and the second focusing on hands-only CPR training. The training concluded with a review of the different types of automated external defibrillators (AEDs) that Five Quad has around campus.

The university had plans to train staff of Directors meeting as a potential effort to never touch a student during a medical emergency like a heart attack or choking event.

Carol Perrin, director of Residential Life, said at the time that this was a misunderstanding and no such policy existed. She indicated that the problem would be cleared up in the fall.

The university had plans to train staff to use automatic external defibrillators (AEDs), and according to Five Quad leadership, plans to provide CPR training were finalized in early summer, after the article was published.

The training, held on Aug. 20 and 21, furthered the debate over how extensive an RA’s job should be.

“On some occasions an RA can only be expected to do so much,” said Perrin in May when pressed why RAs were not currently being trained in CPR or First Aid.

At the CPR training last month, staff practiced on rubber dummies and received instruction from Five Quad volunteers. However, the training did not qualify as a CPR certification, a process defined by the American Red Cross with guidelines for certified training.

By CHAD ARNOLD

Student groups looking to submit purchase requests, file for reimbursements or access the Student Association’s credit card, will first have to familiarize themselves with a newly revised Treasurer’s Handbook.

Re-worked entirely for the first time since the 2015-16 academic year, the new handbook aims to bring clarity to an often confusing, and sometimes outdated process, according to SA Comptroller Patrick Carroll, who updated the handbook this past summer.

“Many of the changes were made because the old handbook was confusing, and sometimes outdated, which led to a lot of confusion among the treasurers,” said Carroll.

The reason for the changes wasn’t necessarily what was going wrong last year, it was just what was wrong to the Treasurer’s Handbook and how can we get the most useful information to the treasurer and presidents,” said Carroll of his decision to rework the handbook, the go-to guide for all SA-funded student groups seeking to access allocated funds.

Before filing any PR’s or reimbursement requests, here are few things you need to know.

Accessing the Treasurer’s Handbook

Before any group or club can access allocated funds, the president must first request funding from the ASU board of directors, who then allocate the requested funds. The president then must re-work the Treasurer’s Handbook, which has been updated for the first time in over a year to reflect changes in the university’s financial procedures.

See page 2

By JOE HOFFMAN

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A year-and-a-half long renovation project began on Dutch Quad. The $32 million project will see the Schuyler and Beveryck living areas completely revamped and the buildings shuttled during dining hall converted to the new home for Student Health and Counseling Services, currently located off campus in the Patroon Creek Corporate Center.

The university currently pays $418,700 a year in rent for the current health center location, according to information provided by Jordan Carlson-Evangelist, director of media and community relations.

The project will be completed in two stages. Construction on the residence halls will be completed in the fall.

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Five Quad Leads ResLife Members in CPR Training

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Last fall, the Student Associa- tion passed a resolution calling on the university to remove all asbestos containing materials from dorm room ceil- ings and to be more transparent in the process. Facilities responded by attending a weekly SA meeting and answering questions students had about the issue.

This summer’s abatement focused on low-level buildings on State as well as a few at the bottom of the quad, tower, according to Giarruso who emphasized that the asbestos containing material is harmless un- less students leave areas contain- ing the material.

Guidelines

A total of 190 beds will be out of use during construction.

Continued from Page 1

Guide- lines

New Policies

This year’s policies are surrounding credit card use, an increase inwait time for reimbursements, a policy increasing the time allowed to bill a purchase, and a ban on all groups using the SA credit card.

“It’s not as bad as it sounds,” said Carroll of the new guidelines. Under the new guidelines, groups are required to submit PR’s a maximum of three weeks in advance; up from last year’s two weeks.

The additional weeks with have enough time to complete the necessary channels needed before final ap- proval, said Carroll.

A group’s signatory first needs to submit a proposal to the comptroller’s office. From there, the comptroller’s office sends the request to OSF for approval. Once approved, the PR can then be sent back to the comptroller’s office where it starts the process of forwarding the request to UAS which has then a third party company to cut and mail all checks this year.

Checks will no longer be picked up at UAS. Instead, they must be mailed directly to the group.

“The way the process works, it might be a little more convenient, I think said Carroll who said there should be no issues in processing PR’s so long as groups follow the new guidelines.

A minimum of three weeks is required for all credit card transactions this year as well. SA’s credit card is prohibited from leaving the office, according to Carroll, to the hand- book, and cannot be used to pay for things that can otherwise be paid using a different method.

Carroll and Lange Cadocia, SA presi- dent, are the only two signatories on the card.

To initiate a credit card request, signa- tories are required to set-up a pre-approval pact with the comptroller’s office. From there, the request is sent to OSF for review. Once accepted by OSF, an appointment must be made with the comptroller’s office to process the application.

Following the use of the credit card, a group’s signatory must immediately submit a PR. These PR’s are required to bring a layout of day on final purchase to complete the necessary paperwork, ac- cording to the handbook.

“I’m at a loss for what to do if you can’t take it,” said Carroll of the new policies. Students seeking to purchase items for their group and be reimbursed later can expect the process to take three to four months. Students looking to purchase items for their group are encouraged to make an appointment with the comptroller’s office prior to doing so.

Reimbursement, as well as PR’s, can be denied at the discretion of the comptroller’s office.

“Any expedition has to be for the betterment of the organization,” said Carroll who said anything outside of this mission is likely to be denied by his office.

Now this year is a Hâskët ban prevent- ing all groups from using allocated funds to purchase gift cards. According to Carroll, to the handbook, all policies remain the same as of last year.

Next year, SA passed a bylaw banning appropriate locations from being used to purchase gift cards. The law was passed after several groups tried to secure appropriate funds for the purposes of purchasing gift cards and gift cards for upcoming events.

Comptroller’s Office

Working alongside Carroll are three deputy comptrollers: Isaiah James, Christopher Brito, and Harrison Rubin. Last year, the office had just two deputies.

“It’s allowed me to delegate specific things,” said Carroll of the increased stuff. “Last year, we weren’t able to do that.” The comptroller’s office processes anywhere from 150 to 250 PR’s a week, depending on the time of year, said Carroll who noted October and April usually see an upsurge in PR’s.

In addition to updating policies, Carroll is aiming to increase his office’s transpar- ency.

Last year, it was reported that the comptroller failed to provide SA’s senate with its bi-weekly expenditure reports despite language in the organization’s by-laws mandating such.

Carroll said he plans to follow the bylaw as written but noted monthly reports would better highlight just how SA is spending its money.

“Anyone can come in here and I will give them any expenditures that they want,” said Carroll.
Emergency Fund Assists Students

By JOE HOFFMAN

Students and staff who work in the student emergency fund are working to keep the fund strong and to keep students safe.

"When I think about prevention, we’re really thinking about it in different approaches. One approach is education about hazing, so we have a hazing prevention course," said Feuer. "As of right now, any new member of a fraternity or sorority has to take that course. Every executive board member of any club or organization on campus has to take that course," said Feuer. "We have a hazing prevention course, so we have a hazing prevention policy. When we think about prevention, we’re recognizing, preventing, and reporting hazing practices. We have a hazing prevention policy. Anything which degrades, humiliates or endangers the mental or physical health of any person, regardless of the person’s willingness to participate. This conduct is included but not limited to forced consumption of alcohol, drugs, or other substances, forced personal interactions for the purpose of sexual activity while rushing.

The new hazing-prevention bill, which passed the New York State Senate in March, is a key step in mirror those in the new law. The new hazing-prevention bill, which passed the New York State Senate in March, provides for increased anti-hazing education. According to the UAlbany policy, hazing is defined as “any reckless or intentional conduct in connection with the initiation into, or affiliation with, any organization which degrades, humiliates or endangers the mental or physical health of any person, regardless of the person’s willingness to participate. This conduct is included but not limited to forced consumption of alcohol, drugs, or other substances, forced personal interactions for the purpose of sexual activity while rushing.

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There will also be a Hazing Prevention Week from Oct. 22 to 26 on campus, where students can learn how to recognize, prevent, and report hazing practices. Senate Bill 2652 has passed the Senate and will face the State Assembly next. This means that for UAlbany students who continue hazing practices could face much more serious charges if caught, while pledges may expect a less stressful experience while rushing.

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By KATY DARA

Proposed Bill Aims to Crack Down on Hazing

The Albany Student Press is looking to fill the following positions:

News Editor
Associate News Editor
Life & Entertainment Editor

For more information on how to apply, email our editor or come to our next news night, Wednesday at 7 p.m. in CC 326.
Parking Lots Should be First Come, First Serve for Students and Faculty

By DIVYA PITAMBER

Every college has a thing or two that makes them different from the rest, but one thing all colleges have in common is an issue with parking. I have been a commuter student at the University at Albany for two years now, and finding a parking space has almost always been an issue. Unless you have an 8 a.m. class, which not too many students have an 8 a.m. class, which is an issue with parking.

Colonial and State faculty increase in the use of the Annex last year due to an implemented in the State Annex. The Annex to avoid longer drags on, premium parking. However, as the semester begins, parking becomes around 10 a.m. and 1 p.m., where it is significantly harder to find parking. While students are forced to find parking, or are forced to park far away, there are at least 10 or 15 free parking spots in the flex parking that are not in use. Students should be able to use these spaces if they are not in use. Why have the spaces available if no one is using them? In the winter time, no one enjoys parking spots in snow to their cars or walks in the cold. As a commuter, I commonly walk in the cold. As a commuter, I commonly walk in the cold. As a commuter, I commonly park in the back of the parking lots to ourselves or equally share with faculty.

Students and faculty also have the same desires. Trying to find parking at the beginning of the semester is always hard, as students need to attend the first few weeks of classes. However, as the semester drops on, premium parking times become around 10 a.m. and 1 p.m., where it is significantly harder to find parking. While students are forced to find parking, or are forced to park far away, there are at least 10 or 15 free parking spots in the flex parking that are not in use. Students should be able to use these spaces if they are not in use. Why have the spaces available if no one is using them? In the winter time, no one enjoys parking spots in snow to their cars or walks in the cold. As a commuter, I commonly walk in the cold. As a commuter, I commonly walk in the cold. As a commuter, I commonly walk in the cold.

Parking should be brought to the attention of the Student Association in order to allow students to park in the State Annex parking. Why create parking spaces that cannot be used? Students should not have to park, all the way in the back of the lot when there are empty spaces in the front. If a student needs to arrive early enough to find parking and make it to class on time, faculty should be held to the same account.
Mental health issues: You are not alone

By RAYMOND E. STRAWN III

Welcome to University at Albany. New students, new transitions, and returning students. Some students are experiencing life outside of their parents’ home for the first time and may struggle with loneliness and being homesick. Some students are transferring or coming back to school later in their lives and being pulled into a new environment, trying to make new friends, and feel a connection. The pressure of quizzes, catching up on your readings, and finishing up your papers are on the horizon. I dare say it is a way too soon to mention dreaded word-finals. But the anxiety and stress of college life is a reality and always there, from the first day to the very last. College students struggle with mental health and I am here to share with you my struggles and resources you can utilize to get through college life and beyond.

According to the American Psychological Association, 41.6 percent of college students stated anxiety as their top concern and 36.4 percent stated depression as their main concern. The Anxiety and Depression Association of America reported 32 percent of college students feeling overwhelmed at some point during the year. Most college students are concerned with either anxiety or depression and feel overwhelmed during the academic year and I am one of them.

I am diagnosed with PTSD, anxiety, and depression. I struggle moving to new places for the first time. I struggle over and over in my head on what to say, even if it is as simple as “Here.” I have moments when I feel my to-do list is a never-ending battle. Since my first day of college, those voices of self-doubt have taunted me with whispering to drop out a few times a week. I am a senior now, but those whispers never end. Sleeping can be like a war-zone with me. Either I have a hard time falling asleep or staying asleep. It is brutal when I comb with both, as I have been the past few nights because of the anxiety of the new semester. There are moments where I feel depressed, for no reason, and I am unable to do anything. All I can do is watch my large to-do list grow to a giant monster that I know I’ll have to slay eventually. I struggle with this every day, but I don’t quit, and I manage to stay positive. I use my coping skills to get by. UAlbany also provides resources for students who are struggling too. Middle Earth’s, a peer assistance program on-campus, has a hotline from 1 p.m. to midnight Monday- Thursday and 24 hours Friday-Sunday when classes are in session. The number is (518) 442-7777. Middle Earth’s podcasts feature students discussing surviving in college. If you don’t feel comfortable getting help on campus, Crisis Text Line provides 24/7 support for those in crisis. Text “Home” to 741741. You can call 211 or visit 211.org to find local services. Visit Middle Earth’s program on your campus has resources and tools for anxiety, depression, stress, sleep, and 99c Coping Skills. Search, “99c Coping Skills” on their homepage to access their list.

Whether you are stressing over an exam, missing home, feeling lost and alone, or need to vent over a fight you had with your roommate, there are services and resources available to help you get through it. You are not alone. You can get through this. Stay positive and good luck to you all this semester. You will make it.
‘Triple’ Offers Something for Everyone

Located in the Fine Arts building in the midst of the hustle and bustle of campus lies the University Art Museum. Although the space is first and foremost a museum, it has an oasis-like feeling in contrast to the fountain traffic that surrounds it. Each year, the museum has four to six exhibitions. One of the three current exhibitions currently on display is ‘Triple,’ which features the work of three artists all of whom are on the rise and under the age of 30. Their work embodies subject matter such as issues pertaining to diversity, gender, female empowerment, and race.

“What I love about all of these artists is that they’re focusing on their friends, they’re focusing on traditional painting subject matter, such as the reclining nude,” said Corinna Ripp Schaming, the museum’s current interim director and curator for over 15 years. “But they’re making it their own, they’re making it about the things that they care about, and they’re making it part of this moment.”

Tschabalala Self was born in Harlem, NY in 1990. In this exhibition she does a series of portraits that are not your typical paintings, but instead, use fabric and stitching to form an image. Through this process, she shows us her sense of the black body as a young women. In this exhibition, Self’s work shows us the idea of how she is able to own her own space, and what that means to her.

Louis Fratino was born in 1993 in Annapolis, Maryland. Much of the existing art from gay artists was considered to be darker and more political. However, Fratino’s work in this exhibition is quite the opposite. The six paintings featured have a celebratory and erotic feel. They all capture the day-to-day life of being a young, gay white male.

Alex Bradley Cohen, a Chicago Native, still lives and works in the city today. His collection of paintings all feature portraits of his closest friends. The positioning of how and where Cohen places his subject in each painting speaks to their personalities and relationships with Cohen. Not only is he painting the people with whom he is closest, but he is conveying something about who they are to him.

‘Triple’ will be featured alongside two other current exhibitions “Younger Than Today: Photographs of Children (and sometimes their mothers)” by Andy Warhol, and “Mickey Mouse has Grown up a Cow,” which features several artists. All three of collections will be around until September 15.

“We want to build our student profile on campus and make this a place where you can feel like you can come anytime and simply hang out,” said Schaming. Even if it’s for a few minutes between classes, the University Art Museum is a relaxing place to enjoy art, gather your thoughts, and escape the outside craziness of campus.

The Museum is open Tuesday from 10 a.m.-7 p.m.; Wednesday-Friday from 10 a.m.-5 p.m.; and Saturday from noon-4 p.m.
Cadesca, Pepe Seek to Rebrand SA

Lange Cadesca and Nicolle Pepe are setting in a small office inside the Student Association (SA) office, sharing their story about the current state of the organization. “A lot of students don’t know that the UAlbany Student Association (SA) is student run,” said Cadesca. “We are a very big organization that often gets overlooked by students,” echoed Pepe. “We have a lot of events and initiatives that students really should know about.”

Cadesca and Pepe are two of the new SA leaders who are working to rebrand the organization. “We want to change the perception of what SA is,” said Cadesca. “We want to be more than just the place where you get your student ID.”

Programming Board

In the Organization

The Programming Board is responsible for planning and organizing events on campus. “We are the team that brings events to the campus,” said Programming Board Chair Kofi Frimpong. The Programming Board is a student-run organization and relies on student involvement to plan events. “We are always looking for new ideas and ways to make events more inclusive and engaging,” said Frimpong.

Funding

The Programming Board receives funding from the Student Activity Fee, which is a fee paid by all students enrolled at the university. The fee is used to fund student organizations, including the Programming Board. “We use the funds to plan events and initiatives that benefit students,” said Frimpong.

Inclusion

The Programming Board is committed to making their events inclusive and accessible to all students. “We want to make sure that everyone feels welcome at our events,” said Frimpong. “We work with the Disability Resource Center to ensure accessibility for all students.”

Future Plans

The Programming Board has several upcoming events planned for the fall semester. “We are planning to bring back some traditional events and introduce some new ones,” said Frimpong. “We want to make sure that there is something for everyone.”

Cadesca and Pepe are excited to work with the Programming Board to bring new ideas and initiatives to the organization. “We are looking forward to working with the Programming Board to make SA more fun and engaging for students,” said Cadesca. “We want to make sure that SA is a space that students can call their own.”
Is There Really ‘Nothing to do in Albany?’

By KATE WEST

A common theme across the University at Albany campus is that there is not a lot to do in Albany. Or that the city is boring. These are false claims because believe it or not, there is a ton of stuff to do in this small city.

From outdoor festivals to history museums, hiking and bars, if you’re not familiar with the Albany area, you wouldn’t know about any of these fun past times.

Pearlpalooza is one of the many things you can participate in. On September 15 head down to N. Pearl Street at 1:00 p.m. for free live concerts all afternoon.

If you like visual art, craft vendors and food trucks, check out Lark Street in downtown Albany on September 22 from 10:30 a.m. until 5:00 p.m. LarkFest is the largest one day street festival in New York. According to larkstreetbid.org, an estimated 50,000 people are expected to attend this year’s festivities, and you could be one of them.

If you won’t be around for LarkFest this year, there is still plenty to do on Lark. If you like karaoke and drinks, you can visit LAX on Lark, or if you prefer a more hipster atmosphere with no karaoke, check out Susies. Both are places to take a group of friends and have a drink.

“One of my favorite things to do in Albany is to go out to eat and go to bars...my favorite place to eat is Bombers because I like the food,” said Timothy Owusu-Gyasi, a fourth year student at University at Albany.

Bombers is located on Lark and has a take-out option on their first floor and a bar on the second. They are best known for their giant margaritas and burritos.

There are history museums in the city, like the Albany Institute of History and Art as well as the USS Slater floating museum. Both are inexpensive, with the Albany Institute costing $10 for adults.

If you’re near Washington Park, the Park Playhouse puts on plays for the public to enjoy. It’s outdoors which can create a different experience from the average indoor show. It’s free if you sit in the grass. Go to parkplayhouse.com for a full season schedule.

“One thing that’s great about Albany is if you want the city it’s here but the country is only a few minutes away. You can have both living here,” said Chia-Brant a former student at the College of Saint Rose and an Albany local.

There are many hiking trails in the Albany area if you’re looking to get out of the city. The Albany Pine Bush Preserve has trails, wildlife viewing and interactive nature exhibits. The Albany County Rail Trail is another good place to do some hiking or even biking. The rail trail is paved if hiking is more your speed.

“Even though most would consider Albany a smaller city, it has a big city feel to it.” said Brant.

There is something for everyone in Albany. You just have to do some searching or ask some locals. From museums and hiking trails to plays and festivals, you can find something to cure your restless boredom while stuck away from home.

Know something fun downtown that we missed?

WRITE ABOUT IT!

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Elijah Ibitokun-Hanks: Healthy at Last

By Omar Noujoud

“We can play with anybody.”

That’s what nabbi’s junior running back Elijah Ibitokun-Hanks believes before they opened their season at Heinz Field against the Pittsburgh Panthers. Ibitokun-Hanks was forced to sit out all but one game in 2016 after injuring his knee at the end of the 2016 season. Healthy again, the star running back is expected to continue the competition for the starting QB job. “This is not a lifetime appointment, but we’re going to give Vincent time to go.”

Mofor, who as a freshman ran for 555 yards and 9 touchdowns, 126 yards per game and 16 TD’s, will look to contribute on both of those fronts as well as Tight Ends Coach before being promoted where he served between 2005-2010, first as Tight Ends Coach, FBS team in the ACC conference.

Senior running back is expected to show that this is a team to be taken seriously in the CAA.

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What do you think you guys as a team can take from that game going forward?

ON: You guys open-up the season against Pittsburgh, an FBS opponent, on the road.

OFF: I think the biggest thing is just confidence. Being able to know that we can play with anybody, whether you’re FBS, FCS, just that confidence going into conference play could be enough to win the whole thing.

ON: You have another new quarterback, Vincent Testaverde, in front of you this year. What has that transition been like for you and the rest of the offense?

OFF: I think each quarterback has their different qualities to the game but what is the same is the rhythm doesn’t change. The offensive line is still going to be the same. We still have the same offensive coordinator, same o-line, so whatever plays is the best fit, but Volume is going to do what he has to do to take this offense to the next level.

ON: You know you’re a new father. First off, how has that changed you as a leader. It helped me to revalue the position.

OFF: We all know summer practices are long, hot and grueling. The best things this year.

ON: You had a monster 2016 season, putting up some huge numbers and earning some national recognition. That led to big expectations going into 2017, which were thwarted by your injury. Forget us being a new father, what do you expect from yourself this year?

OFF: I’m just looking to be better than I was in 2016. If I had 1400 yards, I want 1402. Just little things like that to show my progression from two years ago to now, that’s my biggest thing this year.

ON: Let’s close-out with something outside of football. We all know summer practices are long, hot and grueling. What’s your go-to food option into practices?

OFF: After verbally pondering for a while: “When the game, Blaze will give you out! (Teammates behind Ibitokun-Hanks let out a collective groan). Blaze Pizza baby, you’ve got to! Even in the heat, you’ve got to have the Blaze Pizza.

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Great Danes no Match for ACC

Vinny Testaverde threw for 203 yards on 14-for-29 passing. He finished with one touchdown and two interceptions on the day, but the Pittsburgh defense held the Great Danes offense mostly in check. The Panthers were up 33-7 at the half, Testaverde said after his big open field touchdown. "It's really hard to believe in those kinds of games but I thought we settled in and played a lot better as the game progressed," said Game Notes.

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