

## **Management of Asthma Treatment**

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In treatment of many diseases, there is a tendency to rely on short-term treatment. Short-term treatment provides relieves for the patient from suffering and is seek by those who are under pain. However, such a short-term treatment has some long-term consequences and makes the long-term treatment much more difficult. In addition, continuous use of short-term treatment creates habit and addiction for the patient in many diseases. Such addiction makes it difficult for the patient to avoid short-term treatment. These dynamics are common for many diseases including asthma. In this paper a model is presented to that captures the dynamic of asthma treatment. The model is used to examine different treatment strategy and their impacts on the patients in terms of suffering and the control and the essential treatment of the disease. The model can be used to help the management of asthma treatment by both patients and physicians.