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Dr. Evan Collins 1912-1993

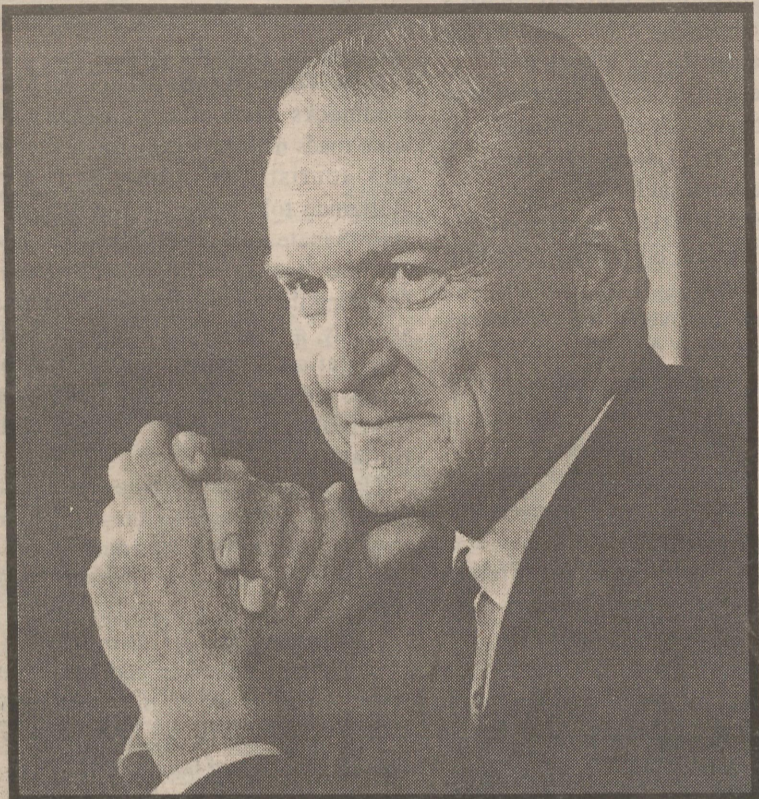


Photo Courtesy University Relations

Former President of the New York State College for Teachers, Dr. Evan Collins, died Friday at age 81.

Collins led the State College to its current status as the State University of New York at Albany during his 20 year stay at the institution.

The teacher's college had 1500 students on a downtown Albany campus. By his retirement in 1969, Collins had aided in the school's growth to one of four doctoral-granting university centers of the SUNY system with 10,000 undergraduate students.

Collins was born in Brooklyn, N.Y. and attended Dartmouth College and Harvard University. After his retirement, Dr. Collins taught education administration at Boston College.

A memorial service for Dr. Collins is scheduled for a later date. He is survived by his wife of 58 years, Virginia, his son Evan R. Collins Jr. of Phoenix, AZ., a daughter, Marta Cahn, of Syracuse, six grandchildren and one great-grandchild.

Campus encourages use
of "Safe Spring" strategy

BY ALLISON KRAMPF
News Editor

A correlation between warmer weather and an increase of crime in the student community has moved the Office of Student Affairs to begin a campaign enlightening students of this trend.

"Safe Spring" is a project combining the efforts of student groups, UPD, The Albany Police Dept., and The Offices of Residential Life and Student Affairs to let students know they are "responsible to help themselves.... Collectively, we can make a significant impact on the quality of life" for students living off campus, said Dr. Mitch Livingston, vice president of Student Affairs.

Locking doors, pinning windows and being "safety conscious" is the most important effort, said Henry Kirchner, associate vice president of Student Affairs.

According to UPD Officer John Hennigan, almost every burglary and sexual assault is through an unlocked door or window, whether the crime happens on campus or off.

"The only thing that changes is the date, time and location," Hennigan said.

UPD has three options in regards to crime: prevent it, catch the person responsible, or investigate, but it is ultimately the responsibility of the "individual to prevent [himself] from being a victim," Hennigan said, adding it is sometimes hard to reach people because the campus population changes every three to four years.

Livingston said the UPD bike patrols, introduced in the fall, have been "very effective" because of the "curiosity factor"

students have toward it.

"Bikes are more personal...they attract students, and get police more involved," because officers are able to cover more ground than on foot, Hennigan said.

The campaign will start Sunday in Alumni Quad's Brubacher Hall and will involve giving out "safety tips" fliers, buttons, and posters to Pine Hills residents. Quad based town meetings about safety issues will also be involved, Livingston said.

Other avenues might also be taken, such as getting crime victims to tell their stories, local media involvement and possibly starting a column on Safety Tips in the ASP, he said.

Off-Campus Housing Director Tom Gebhardt will be soliciting various student groups to help with the campaign, in addition to continuing work with The Albany Police Dept. on safety issues.

Livingston said he believes student apathy on issues such as safety comes from "not seeing the results of effort," but, he likes "students to think they've gone out into the community and supported the population and local police. Were it not for these initiatives, (they) wouldn't see results," Livingston said.

A pamphlet released by the School of Criminal Justice's Consortium for Higher Education Campus research (a national committee for collection and analysis of data on campus crime) states: "With the exception of automobile theft, the rate of crime on campus has been declining for the last ten years... on average a college campus is safer than the city that houses it" with colleges having about 1/5 the level of violent crime as their cities and about 2/3 of property crime.

Wellness Center offers healthy opportunities

BY ALLISON KRAMPF
News Editor

The long awaited Wellness Center opened Wed. on Colonial Quad in the U-lounge of the basement in Livingston Tower.

The two room center consists of one room "designed and constructed by the University's Physical Plant Department and consists of rowing machines, bikes and other aerobic equipment, with the second room to be completed as a weight room," states a press release from University Relations.

The funding for this project came through the office of Residential Life and Housing, which set aside money for equipment.

Director of the Wellness Center and Associate Director of Athletics, Pat Rogers "bought the best equipment she could with a limited amount of money," said Louis Smith, co-chair of the Wellness Committee.

"I'm happy this is one of many dreams that didn't have to be deferred," said Geneva Walker-Johnson, assistant vice

president of Residential Life.

Depending on student response, a center such as this on every quad would "be the ideal down the road," Walker-Johnson said.

"The gym is just one sector of the center," because Wellness also encompasses physical and spiritual elements, Smith said.

The Center will teach health wellness and stress management courses, Rogers said.

Although the center is small, there shouldn't be problems with waiting because of the limits on machines, and the center will "probably grow," said Lisa Yenke, of Johnson Hall, which is the special interest "wellness" hall.

Although Johnson Hall has Johnson Gym, residents were the first advocates of the hall.

"Students [there] are very motivated," Yenke said.

"This is the newest, most wonderful project on campus," Rogers said.

SUNYA President H. Patrick Swygert called the center a "marvelous facility... this is what all facilities should look like."

Swygert added he hopes to work out there soon.

A large mural depicting different aspects of wellness is featured near the entrance of the Center. The mural was painted by seven students and completed

by Marcie Pompeii and Ian Pasetsky, who pulled several all nighters in the past few weeks completing the mural, which was finally finished at 6:00 a.m. Wednesday morning.



Students and administrators celebrate debut of Wellness Center.

Staff Photo by Tracy Yee

NEWS BRIEFS

WORLD

U.N. monitors Haiti

United Nations

(AP) The arrival of the first international human rights monitors in Haitian towns is helping to calm political tensions between the military and the public, a U.N. official said Tuesday.

About 105 civilian observers, mostly from the Organization of American States, will be in place by Sunday, said Michael Moller, in charge of the U.N. part of the mission.

The U.N.-O.A.S. mission is based in the capital, Port-au-Prince, and now has teams in the three southern provincial capitals of Jacmel, Les Cayes and Jeremie, and in Hinche in the central plateau.

The deployment has been especially effective in Jeremie, where observers arrived 10 days ago, Moller said.

"There has been no harassment of the observers and relations with the civilian and military authorities are correct," he said.

Are Commies back?

Moscow

(AP) Warning that Russia's democratic reforms are in grave danger, President Boris Yeltsin charged Tuesday that the hard-line parliament is trying to "restore the communist regime" and appealed for greater Western aid.

In his first public appearance since storming out of a humiliating session of Congress of People's Deputies last Friday, Yeltsin said he had not decided how to respond to the growing political crisis.

"The results of the Congress give us serious grounds for alarm. The Congress did not solve, rather it deepened, the constitutional crisis," Yeltsin said at a Kremlin news conference with French President Francois Mitterrand.

Mitterrand made a one-day visit to show Western support for Yeltsin

after last weeks moves by the 1,033 member Congress to sharply curb the Russian President's power to carry out reforms.

Hard-liners fear Yeltsin will try to declare presidential rule and dissolve the Congress. But he has said he will adhere to the constitution, which was adopted during Communist rule and is vague on the division of power between executive and legislative branches.

NATION

Cleric to be deported

Newark, N.J.

(AP) An extremist Muslim cleric who preaches at the same mosque where two suspects in the World Trade Center bombing worship can be deported from the United States, an immigration judge ruled.

Sheik Omar Abdel-Rahman, 54, had come before U.S. Immigration Judge Daniel Meisner on Jan. 20 for a closed hearing requested by the Immigration and Naturalization Service.

The immigration service said Abdel-Rahman did not disclose in 1991 that he was a polygamist and that he was convicted of falsifying a check in Egypt in 1987. Both are grounds for exclusion from the United States.

James Pomeroy, director of the INS' office in Newark, said Abdel-Rahman would have 10 days to appeal Meisner's decision, dated Tuesday.

Abdel-Rahman, who sometimes preaches at the Al Salam mosque in Jersey City, has not been accused in the bombing, and has condemned it as un-Islamic. Two suspects in the bombing have attended services at the mosque.

He was acquitted three times of crimes in Egypt, including sanctioning the 1980 assassination of Egyptian President Anwar Sadat, before he left that country and settled in Jersey City. Egypt's foreign minister, Amir Moussa, has said he could face prosecution again if he is deported.

Poisoned family dies

Denver

(AP) A 12 year-old boy became the fifth member of his family to die from carbon monoxide poisoning that authorities believe was caused by a van left running in a closed garage.

Edward Ferguson Jr. of Greeley was declared brain dead Monday at Presbyterian-St. Lukes Hospital, a hospital spokesman said.

His brother, Patrick Ferguson, 11, remained in critical but stable condition and was in a coma.

Authorities discovered the poisonings after a medical alert device worn by one of the victims went off the night of March 10.

Also killed were Edward Ferguson, 29, his wife, Maria Erlinda, 29, Nathan Ferguson, 8, and Jesusita Ferguson, the boys' paternal grandmother.

Their bodies were found in different parts of their house, which was connected to the garage.

The boys customarily started the van for their father, neighbors said, and may

have left it running. Investigators found the van with the ignition on, but the engine had stopped.

STATE

Lux. hotel tax blasted

Albany

(AP) Public officials joined with tourism industry groups Tuesday to call for a repeal of New York's luxury hotel tax and an increase in tourist promotions. New York City Comptroller, Elizabeth Holtzman, and others told a legislative hearing that a 5 percent state tax on hotel rooms enacted in 1990 is driving visitors and revenue from the state.

"New York cannot afford to put up roadblocks when other cities are paving wide roads making it easy for conventions and tourists to come their way," Holtzman told a joint committee of the state Senate and Assembly. Gov. Mario Cuomo has said he would consider repealing the tax, worth about \$70 million annually, as part of the next state budget. Legislation to repeal the tax has been proposed by Sen. John Sheffer and Assemblyman Joseph Pillerittere, both of Buffalo.

The state tax contributes to a nation-high 21.5 percent hotel tax in New York City, Holtzman said, adding that the city should reduce its share of room taxes as well.

James Gifford of the New York Chamber of Commerce and Industry said city hotel taxes are so high that "visitors can have one entire day in the city at the cost of five days of hotel taxes."

Murder for hire jailed

Buffalo

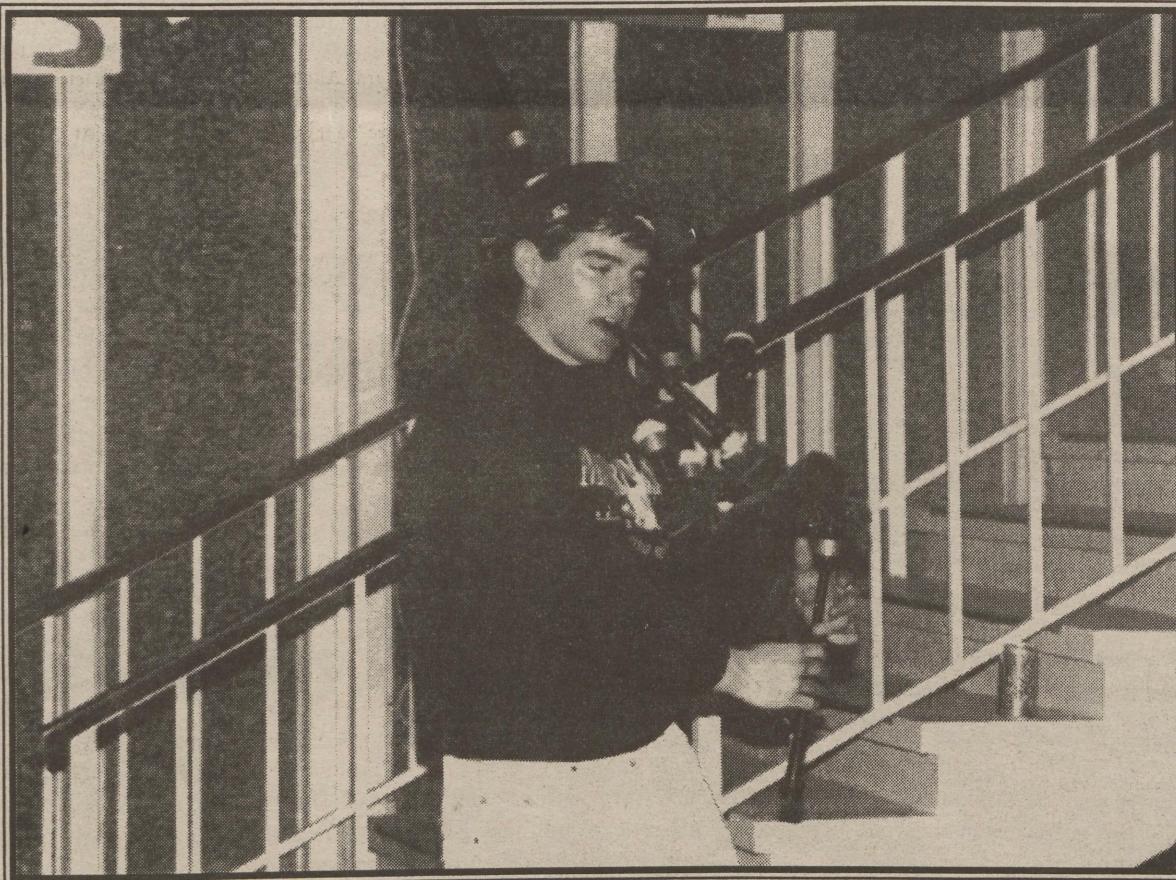
(AP) A man charged with killing a 13 year-old girl has been accused of trying to arrange the murder of an informant who led police to the teens body Wednesday.

Anthony Gugino, 35, of Buffalo, was charged in the murder-for-hire plot Tuesday. Also charged was his father, Peter Gugino of Buffalo, who was accused of paying an undercover state trooper who posed as a hitman.

Anthony Gugino has been jailed at the Erie County Holding Center since Dec. 2, when he was charged with raping and murdering Jennifer Dominiak. The girl had been missing for a month before the informant led police to the body.

Erie County District Attorney Kevin Dillon said Anthony Gugino had been soliciting a hitman "for the killing of a witness in the Dominiak case."

An undercover state trooper approached Gugino and agreed to kill the witness for \$1,500, Dillon said. The murder was supposed to take place Tuesday night, he said.



Staff Photo by Edwil Fontanilla

Aren't you guys supposed to wear skirts or something?

PREVIEW OF EVENTS

FREE LISTINGS

FRI., MARCH 19

The Jewish Student Coalition will be sponsoring a Shabbat Dinner in the Chapel House following 6p.m. services. A speaker is scheduled.

SAT., MARCH 20

ASUBA will be hosting a forum entitled Black Male and Female Relationship: Who's the Enemy? in CC 375 from 3p.m. to 6p.m.

WCDB and Alumni Quad Board present Club 91 in the Brubacher Ballroom. The event starts at 8p.m. Tickets are \$5.50 w/out a student ID, \$4.50 with, and \$3.00 w/ a tax sticker.

The Chinese Student Association presents China Nite, a fashion extravaganza, at 7p.m. in the PAC Recital Hall. For more information call 442-3648.

SUN., MARCH 21

There will be a Student

Recital in the PAC recital hall at 3p.m.

MON., MARCH 22

NYPIRG will be holding a second lobby day from 10:45-3:30 at the Legislative Office Building. Lobby against the proposed TAP reductions and grad student TAP elimination. Lobby for the restoration of the SUNY budget.

The University Democrats will be holding meetings every Monday in CC 361 at 8:30p.m. All are welcome to

attend.

Pan Caribbean Association has rescheduled auditions for CARIBFEST for tonight at 8:30p.m. in SS256. All talents are welcome including male and female models.

TUES., MARCH 23

Omega Nu Epsilon, the coed environmental service order, will be holding a General interest meeting today and Thursday from 7:30-9:30p.m. in the CC West Lounge.

LINK will be holding an interest meeting in the West Lounge at 7:30p.m. All those interested in applying for the fall semester should pick up an application in CC110 and attend.

The ASP News Dep't will be holding its writers meetings every Sun. and Wed. at 8 p.m.

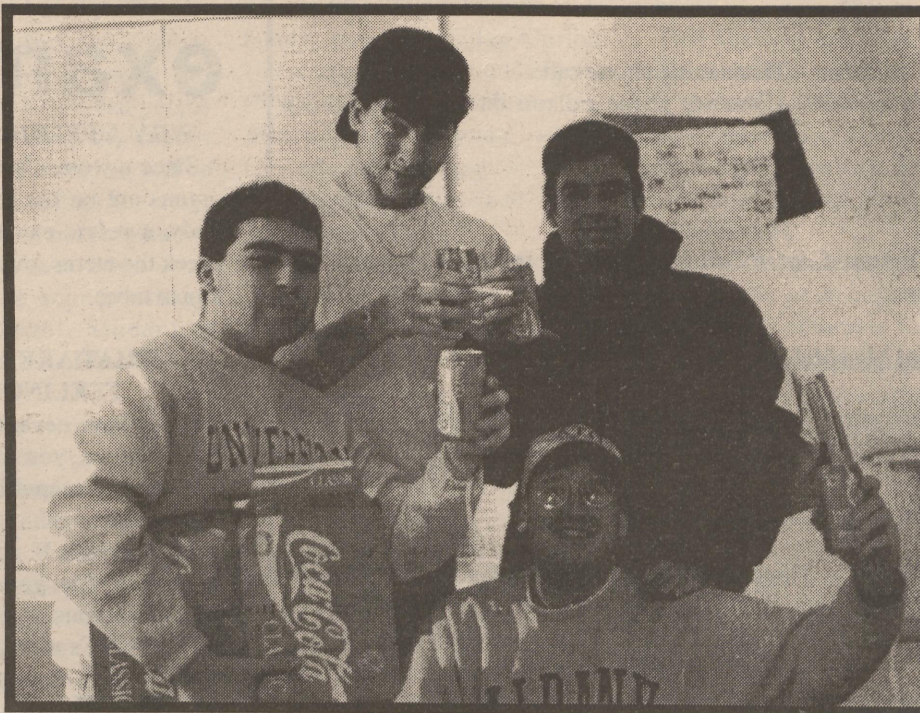
Solution to the Quest

It's Friday, March 12. Fifty-four groups of SUNYA students are scowring the city for answers to twenty-one clues.

Although no one won the \$1000 prize, pictured right is the group who came closest to solving the almost unanswerable questions.

Dave Weiser, John Kaplan, Rob Rasko and Bill Ryan received a case of Coca-Cola for their effort.

The Quest was coordinated by the Student Association Programming Office.



Question 1:

Justin's neighbor says you'll love them for a variety of reasons. How mini-reasons are there inside, inside?

Answer: Dunkin Donuts on Lark Street (next to Justin's Restaurant). There's a sign inside with 26 kinds of mini-donuts.

Question 2:

If our VP of Student Affairs went Down the Blue Nile what kind of beer would he see?

Answer: VP of S.A. is Mitch Livingston, the Blue Nile is a bar on Livingston St. and there's a Budweiser sign in the window.

Question 3:

In Albany, you can't dance at the Playdium, but you can next door to who?

Answer: At Albany's Playdium (a bowling rink) there is, next door, Albany Dance Studio or something similar, Sherry Schoonmaker.

Question 4:

"Serving with pride, those who have served their nation proudly." Beat up dogs lick their wounds here, but what animal is on the drive?

Answer: VA Hospital on Broadway, the sign spys Elk.

Question 5:

McE-D [McDonald's] scrubs up at #3 [Public Bathhouse #3 on Central]. Before crossing the road (with the chicken) he can buy a paper. Which one is free?

Answer: The New York Times

Question 6:

There is a fountain in the All-American City surrounded by royalty, nobility, and the crown. Where do the cards park?

Answer: The Fountain Restaurant is between Kings and Queens cleaners and Bagel Baron. In the upstairs window is a sign that says cards park Rear Entrance.

Question 7:

Start at the corner of Green and Rensselaer. Take 3 steps forward, four to the right, 2 to the right, 5 to the right and 1 to the right. Sit down. In the sky you will see Eric Heiden trucking south. Go to him and tell us the name on the globe.

Answer: From the DMV corner of Green & Rensselaer, you can see a U-Haul truck on top of a building. On the building is a globe that says Hitch World.

Question 8:

Fred Baye says it's the number of i's on the Bleecker Park sign facing the City of Albany Visitors Center. While you're in the neighborhood, drop a card at the mansion. A=no. of i's squared B=no. of i's times 2/3. Answer is A+B.

Answer: The sign is across from the governor's mansion, not at Bleecker Park, the number of i's is 21 and the answer is 455.

Question 9:

In 1965, what was the name of Indian

Quad?

Answer: Actually, if you went to the cornerstone of Indian, you would see that it wasn't completed in 1965. It simply did not exist. You really didn't need one of these letters.

Question 10:

At this bus stop you'll find D Fruit?

Answer: Although you had to have a car to play "Quest," those people who ride the bus know about the DPEAR sign at the gym.

Question 11:

Robert Cohn says you can't buy the fish of your dreams here, but you don't have to go to NYC's South Street to do a tango and find it. What does my friend Ron own?

Answer: On Railroad Ave, Robert Cohn has a fishmarket for sale, across the street is MIRON Lumber.

Question 12:

What is the shape of the Gazebo at the Crossgates Restaurant?

Answer: Out on Wash. Ave extension...octagon.

Question 13:

You better get here quick, cause they're going out of business! But the plaza next door isn't. If you multiply the number of brown signs by those which say Albany, divide by those that say center and multiply that by the number of signs that say inc. Multiply by 33 and add 76.2.

Answer: O.K., the day after we made the clue, a new Albany Inc. moved in

and put up a sign. You would have got something like 2918.2 or something. We wanted something else, so at about 1:00 a.m., we gave that answer out to everyone.

Question 14:

You may not be able to lease this building near the Red Pegasus across from the ocean, but with a video purchase, you can buy one of two products for how much?

Answer: If you left campus by the Western side, you would have passed a Mobil Station (red pegasus) and Atlantic/A plus gas. Between them, the old Great American bldg. is for lease. Inside are signs that say Coke or Pepsi, \$.49 with video purchase.

Question 15:

If you're heading into the sunset, you still "Haven't Got a Clue." Specifically, buy one of these and get on with the game.

Answer: Into the sunset, what direction? West, Western. About 2 miles past the Northway, on your right is "Haven't Got a Clue", a mystery bookstore.

Question 16:

Curling isn't a "schoolhouse" sport, and as a spectator sport in the Olympics, curling was lost. Don't get yourself lost telling us what color Albany following uses to border their signs.

Answer: Out on Schoolhouse Rd. about a mile in you'll see a sign point-

ing to the Albany Curling Club, when you get there, there's a gold sign with blue trim.

Question 17:

Take a ride on the Reading to see MR. Jim at All-U who made these crazy shirts. But, if you have problems when you get there, MR. who will help you fix your ride.

Answer: Way out on Railroad Ave (on Dott Rd., it's listed in the phone book) is ALL-U, right across the parking lot is MR. CAR.

Question 18:

If you sink eight straight, you're "Golden." Stand facing the door and turn 585 degrees to your left. Who has a strange combo for sale?

Answer: At the Golden Cue on Central, you do a little spin and you see Brown's Pianos, Waterbeds, and Sport Cards.

Question 19:

Quackenbush didn't need Henry Hudson's telescope to tell us how many red stars are in the square.

Answer: At Quackenbush Square and Henry Hudson planetarium on Broadway near the Palace, there is a plaque with 12 red stars.

Question 20:

China's Staple grain lets you do what behind this building.

Answer: Behind the RICE Bldg. (The Lamp Post) is a big painted sign that says PLAY LOTTO HERE.

New birth control injects

By KAREN STEIN
Associate News Editor

A controversial new form of injectable birth control has been made available to U.S. women by the Upjohn Company.

Depo-Provera Contraceptive Injection, a prescription medication, provides protection for three months and is more than 99 percent effective, stated a news release from the company. The

company also stated it is now the most reliable form of birth control available.

SUNYA students will have to wait for Depo-Provera because it will not be available through the Health Center, said Laurie Davis, a Physician's Assistant at the Health Center who works with the GYN clinic.

Planned Parenthood in downtown Albany does, however, present the injection as an option for birth control.

"Depo-Provera fulfills an important need in birth control options available to American women, especially those who find it difficult to take a daily pill or use other methods," said Andrew M. Kaunitz, M.D., associate professor of Obstetrics and Gynecology and director of Family Planning at the University of Florida Health Science Center in Jacksonville, who has extensive clinical experience using Depo-Provera.

"It is a mainstream contraceptive choice for a wide variety of appropriately counseled women," he said.

"Every three months for birth control sounds wonderful...The medical community favors anything that will make birth control easier."

Depo-Provera only has to be administered every three months and there is a two to three week lapse that allows for missed injections.

"[Depo-Provera] is attractive ... because it doesn't require daily attention," said Karen Goldwater who is responsible for

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SUNYA VAX policy causes user outrage

By PAM RESNICK
News Editor

A revised policy for all VAX computer users has caused an uproar within the SUNYA computer science community.

The new set of restrictions "apply between ten in the morning through six in the evening, Monday through Friday," said Ben Chi, Director of Computer Services.

"The restriction is that the VAX can be used during that time only by people that are enrolled in courses using the VAX or by students who get a waiver signed by a faculty member," Chi said, "...all other hours are unrestricted."

Kenneth Weingold, sophomore, said "where they (the computer services center) see it as system response improvement, I see it as a suppression of facilities we, as students, were promised upon admission to this school."

Chi said, "The primary reason

we got the machines was for graduate students and faculty to do research and to support students doing homework."

"The load was becoming so heavy," Chi said, "that it became impossible for students to get their homework done."

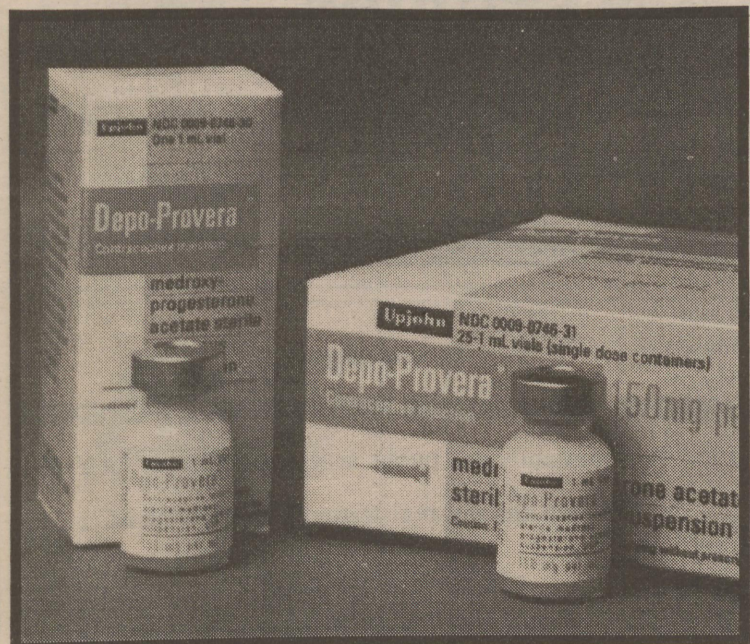
An anonymous worker from the Computing Services Center said, "The VAX system has been overloaded for more than three semesters. An upgrade should have been in the works for at least a year. I still have yet to hear that anything will be done to fix the problem, or that anyone has even taken notice."

Chi said a computer upgrade, which would enable the system to carry all of the users, would cost approximately \$75-\$100,000.

"Next year there will be enough money coming in to support an upgrade," Chi said.

The anonymous worker said, "It's my understanding that outside organizations are paying money to use VAX computer

Continued on page 13



Crime Blotter

Aggravated Harassment

3/13 *Brubacher* - Threatening phone call.
3/11 *Humanities* - Obscene phone calls to three different office phones.

Burglary

3/12 *Campus Center Tunnel* - Door to bookstore storage area kicked in.

Criminal Mischief

3/15 *Stuyvesant Tower* - Soda machine vandalized.
3/10 *Onandaga* - Window broken.

Criminal Possession Stolen Property

3/12 *Podium* - Three students putting up unauthorized obscene posters. One intoxicated, uncooperative arrested for possession of stolen stapler. Judicial referrals of all three for the posters.

False Report

3/13 *Stuyvesant* - Fire alarm pulled.
3/14 *Mahican* - Fire alarm pulled.
3/14 *Eastman* - Fire alarm pulled.

Harassment

3/4 *Library* - Unknown male staring at females; not reported until 3/9.
3/13 *Dutch Cafeteria* - Student verbally harassed and pushed by known student. Judicial referral.
3/13 *Dutch Cafeteria* - Second student verbally harassed by same student as above. Judicial referral.

Petit Larceny

3/8 *Administration* - Bulletin board missing.
3/10 *Fitness Room* - Coat left outside room stolen.
3/11 *Chemistry* - Case of toilet paper missing.
3/11 *Brubacher* - Snow blower missing.
3/12-13 *Indian Pay Lot* - Back pack stolen from car.
3/12-14 *Dutch Quad* - Car window broken, tape player and radar detector stolen.
3/12-15 *Pierce* - Light bulbs removed.
3/14 *Colonial Quad* - Keys missing.
3/14-15 *Dutch Lot* - Parking decal stolen.

Reckless Endangerment

3/12 *Stuyvesant* - Smoke detector knocked off wall causing fire alarm to sound. Student injured when she fell on stairs during evacuation.

Health center offers pelvic exams and workshops

WHY A PELVIC EXAM?

Since a woman's reproductive organs are on the inside of the body, a pelvic exam is done to check the uterus, ovaries and fallopian tubes.

WHAT ARE YOUR FEELINGS?

If you have never had a pelvic exam before, you are probably nervous and scared because you don't know what to expect. That's normal. If you have had an exam before, you may still be a little nervous and uncomfortable and that's normal too. Most women don't have this kind of

Middle Earth Roots

exam until their teens or even later so it's pretty typical to feel a little edgy. To help you feel more comfortable and confident with your decision to have a pelvic exam, we offer students the opportunity to attend a workshop prior to the day of your pelvic exam. At the workshop you will have the time and privacy to discuss any questions and concerns you may have about reproductive health, pelvic exams and Pap smears, and methods of birth control, including abstinence.

These questions are answered in a supportive, non judgmental atmosphere. If this is your first pelvic exam, the student health service requires your attendance at a workshop, if you have had a pelvic exam previously, you are not required to attend, but you are more than welcome to if you choose.

WHAT TO EXPECT AT YOUR PELVIC EXAM

You will be asked to undress

and will be given a sheet or paper gown to wear. The Physicians Assistant will ask you to lie down on the exam table and push yourself all the way down to the end of the table so your buttocks are just at the edge.

With your knees bent, your feet will be placed into metal stirrups at the foot of the table. Many women feel uneasy in this position, but just try to remember that this is the easiest and quickest way to have this exam done.

ABDOMINAL PALPATION

The Physicians Assistant will press down on your abdomen (stomach area) and will be feeling for any tenderness or unusual growths.

SPECULUM EXAM

Since the wall of the vagina are close together, the Physicians Assistant will use a metal speculum to hold them apart. This allows the Physicians Assistant to see inside the vagina and to examine the cervix (bottom part of the uterus). The speculum, looking similar to a duck bill, can be uncomfortable, especially if you are tense. If you take a few deep breaths, let your knees fall out to the sides and try to relax your muscles, the exam will be a lot easier because the muscles around the vagina will be relaxed.

WHAT IS A PAP SMEAR?

The Pap smear is a test which checks for precancerous conditions. It is taken by gently removing some cells from the cervix with a popcycle-like stick. This test is recommended for any woman having sexual

intercourse, regardless of age, or for any woman 18 years or older.

The Pap smear tests for abnormal cell growth which is called dysplasia. As well as dysplasia, Pap smears may also indicate an infection. It is important that Pap smear results, which indicate an infection or abnormality, be followed up with the Physicians Assistant to further evaluate and provide treatment if indicated.

BI-MANUAL EXAM

After the speculum is removed, the Physicians Assistant will gently insert 1 or 2 gloved fingers into the vagina while pressing down on the lower abdomen with the other hand. This is to check the size, shape and position of the uterus, ovaries and fallopian tubes as well as tenderness.

BREAST EXAM

A breast exam is often done at this time to check for early signs of breast cancer and/or any other unusual symptoms. You will be taught and encouraged to do regular self-breast exams on your own.

QUESTIONS YOU MAY WANT TO ASK

Does everything look normal?
Is there any unusual discharge?
Is there anything I need to have rechecked?
Is it possible for me to see my own cervix during the exam?
Are there any unusual growths?
Is there any irritation around the cervix?
Call Student Health Services at 442-5454 for your workshop and pelvic exam today.

SPECTRUM 4

290 DELAWARE AVE 449-8995

\$5.75 Evenings
\$4.00 Matinees
\$4.00 Tuesday,
Students w/valid ID

Bad Lieutenant (NC17)
Friday 7:00 & 9:30
Sun 1:45, 4:25,
7:00, & 9:30
Mon-Thurs 7:00 & 9:30

Mac (PG13)
Friday 6:50 & 9:25
Sat 1:25, 4:10,
6:50, & 9:25
Sun 1:25, 4:10 & 6:50
Mon-Thurs 6:50 & 9:25

The Crying Game (R)
Friday 9:00
Sun 4:15 & 9:00
Mon-Thurs 9:00

Brothers Keeper
Friday 6:40
Sun 1:30 & 6:40
Mon-Thurs 6:40

Passion Fish (R)
Friday 6:45 & 9:35
Sun 1:00, 4:00,
6:45, & 9:35
Mon-Thurs 6:45 & 9:35

Wisecracks
Sunday 9:25

Amos And Andrew
(PG 13)
Sunday 11:45a.m.

"BEST CINEMA"
METROLAND'S 1992 WINNER

Dippikill

A Student Group's Weekend Event Center

NOTICE: Dippikill had three feet of new snow during the last week in February! Skiing should be great until mid-April.

Dippikill is Student Association's unique 845-acre wilderness recreation and education center located in the SE Adirondack Mtns. near Lake George, New York. Dippikill was purchased and developed by the Student Association in order to provide students and student groups with a place to go to "get away from it all." We provide seven cabins or lodges for overnight stays in all seasons of the year for groups ranging in size from four to 25 or more. All the lodges are situated in a forested setting with access to seven miles of hiking and ski trails. There is also a 20-acre pond on the property. The Camp is situated near both Lake George Village and Gore Mountain Ski Center. Dippikill is part of the Adirondack Park and we pride ourselves as being a showcase example of regulated human activity consistent with the forever wild environmental ideals controlling land management within the park.

Detailed information on each lodge and reservations are handled on campus in the Student Association office - Campus Center, Room 116.

Because Dippikill is owned and operated by the Student Association, its facilities are designed to be appropriate for student activities. If you haven't used Dippikill yet we urge you to do so. Using Dippikill is one of the finest experiences an Albany student could have and one of the most unique. The amount of usage we enjoy is a testimony to our "doing something right for a change." Sorry for bragging a bit, but, Dippikill is the largest and most successful student-run off-campus facility in the entire country; and we, your Student Association, invite you and/or your social/activities group to look into using Dippikill for your next function or get away trip.

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Blacks are suspended more often

By DAVID BAUDER

Albany, NY

(AP) Teachers may need more racial sensitivity training in the wake of a state report that says black students are more likely than whites to be suspended from school, said a member of the Board of Regents.

The State Education Department report, released Wednesday, said the racial differences in suspension rates are more pronounced among girls and away from big cities.

"It suggests at least racial insensitivity and misunderstanding and ignorance," said J. Edward Meyer, a regent from Westchester county.

Statewide, black males are suspended at nearly twice the rate as white males for disciplinary purposes, according to the state Education Department study. The department looked at the 103,100 students who were suspended during the 1991-92 school year.

Black females are almost three times as likely as white girls to be suspended, the report said.

Outside of the five biggest cities, the survey found that black males were suspended at a rate three times greater than whites and black females five times greater, the report said.

But the study said the suspensions are forced by inappropriate behaviors that are "symptoms" related to economic stresses, dysfunctional families and language problems.

Israeli students protest grade sanction

By BERT COHEN
Special to the ASP

Students of Ben-Gurion University of the Negev, in Southern Israel, chained the school closed in protest of a recent sanction on their grades.

The Student Association of Ben-Gurion organized an unprecedented strike, in which all entrances into the school were chained and locked. This action is a response to the latest, in a series of attempts by the faculty to obtain an increase in their salaries.

The faculty have refused to release the final grades of the students until the University agrees to pay the same wages earned by the faculty of Hebrew University in Jerusalem. The students claim that the school will remain under seige until their final grades are released.

Although this seems like a hostile action, the students are taking every precaution to make sure that the situation stays under

control. Armed student security with assault rifles and walkie-talkies roam the perimeter and campus to make sure that people aren't hopping over the fences surrounding the campus, and to keep the peace within the mobs of people outside of the campus.

"This has never been done before, but we hope it works," says Tsila Harel, Student of Economics at Ben-Gurion University.

"Most other demonstrations take place on the doorstep of the Knesset in Jerusalem, but that never gets anything solved."

According to Avi Ben-Gigi, an engineering student, "the reason why the faculty have made these sanctions is because they have tried everything else to get their wages raised. Anything that they do will, in some way, hurt the students. But we don't have to stand for it."

For the past year, the teacher's union of Ben-Gurion University have fought to receive the same pay as Hebrew University in

Jerusalem. Sigalit Mokamel, faculty member of Ben-Gurion University, claims that the governmental committee under the Ministry of Education, which controls the funding for all of Israel's Universities is to blame for the problem.

"The committee says that if Ben-Gurion raises the salaries of the faculty members, they will cut off all funding for the

school."

This funding amounts to six million shekels (about two million dollars) a year. "The president simply cannot afford to lose that much money in order to raise the salaries of the faculty," says Mokamel.

So far, the students have only allowed the arab construction workers that commute from the

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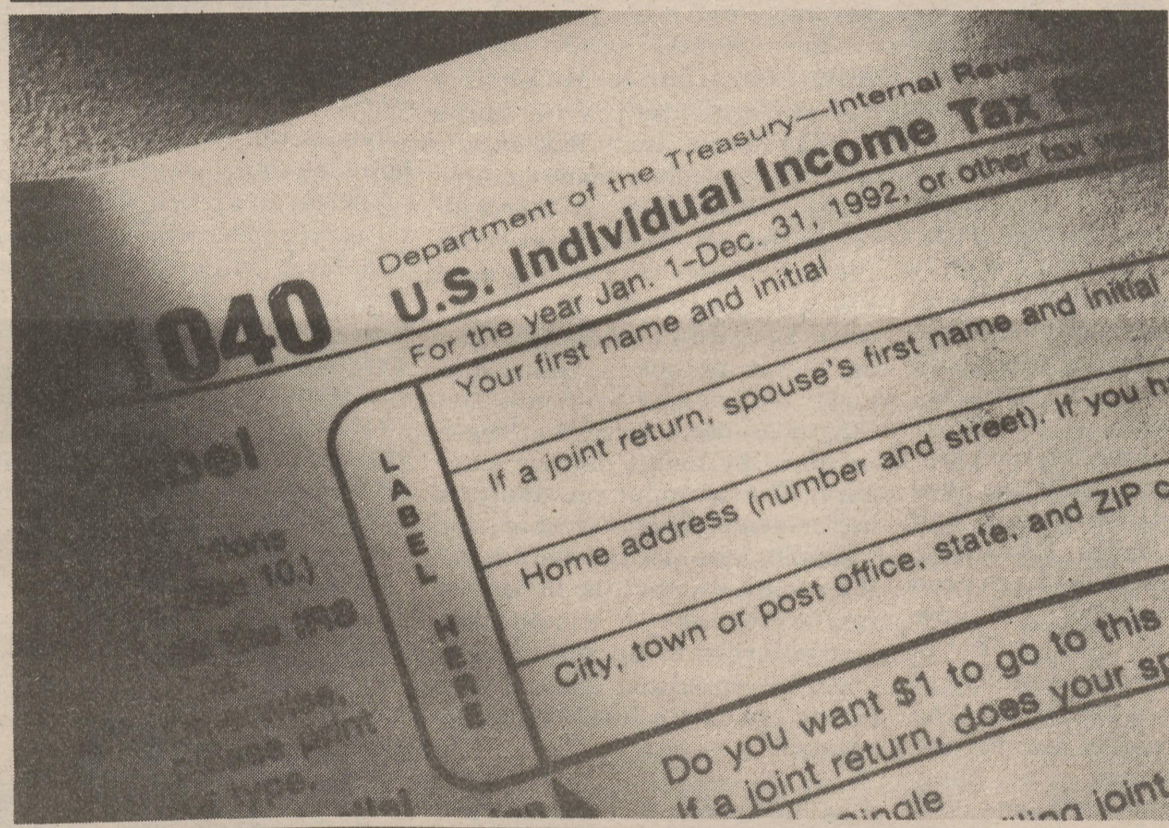
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Friday Features

Chocolate is Born

By Norreida Reyes

Swaying in a tropical rain-storm, tossing brilliant pale green, pink, or red leaves to a humid wind, bearing flowers and fruit through the year's long heat on the west coast of Africa, mother of one of the most demanded for foods in the world, stands the cacao tree.

Every brownie, chocolate cake, bit of fudge or candy bar is born from the tiny cocoa bean of the cacao tree. The beans grow in rows inside a 10 to 12 inch pod. Each pod grows directly out of the trunk and limbs of the tree rather than the branches.

When the pods are ripe, men gather around the trees swinging bamboo poles with sharp knives on one end of them. The first pod falls to the ground with a thud. The rest soon follow after each whack of the farmer's blade. The next whack causes the firm pods to lay open in the sun. The cream-colored cocoa beans inside are embedded in a white pulpy mass, and as the air hits them they change to lavender and then purple. At this point, the fresh harvest is extremely acrid and bitter. Before being sent to chocolate manufacturers, the bitterness and the white pulp must be removed. A fermentation process does both.

In the most primitive processing, the pulp and beans are piled into a hole in the ground and covered with leaves. Nowadays, they are heaped into covered wooden boxes and left to lie there for three to seven days. Sometimes they generate heat over 110 degrees Fahrenheit. The white pulp ferments, turning the beans their brown color. Their germ is killed so the beans cannot sprout, and the acid taste is

softened by allowing the development of the essential oils that will later become the familiar rich chocolate taste and aroma.

After drying, the cocoa beans are ready to be shipped to manufacturers around the world. Upon arrival, they are roasted and cracked open, very much like nuts, in order to separate the inner cocoa nib from its hull.

Plain, roasted cocoa beans can be cracked and eaten as nuts. They are sold that way, as a snack, in Mexico.

Cocoa nibs are very high in fat. When they are ground and heated, the fat, or cocoa butter, is liquefied and released. The result is a thick, dark paste known as chocolate liquor.

Different companies add different ingredients to the chocolate liquor to produce a wide variety of chocolate syrups, candies, beverages and other products.

The Food and Drug Administration established a standard of identity for some food products, including chocolate. If a chocolate manufacturer sticks to the standard chocolate recipe, he does not have to write the ingredients on the wrapper. Extra ingredients, of course, must be printed. Among these are flavorings, spices, and colors, both natural and artificial. The FDA does not require that these be listed by name, only by category. The wrapper on Godiva's bitter-sweet chocolate bar, for example, lists natural flavorings. It does not say that the flavorings include orange. If a customer was allergic to orange in any form, he would not know it was in the chocolate until his hives appeared.

(This story first appeared in the Park Hill High Trojan, Oct. 1981)

Looking for Mr. Goodbar

By Kenya McCullum, Associate Features Editor

Not a day goes by that I don't fantasize about you at least a million times. You're in my thoughts, my dreams, my soul. The idea of you makes me explode because sometimes the passion is too much to contain. I have to let it out.

No one can understand what it is about you that excites me so much. They wonder how something so sinful can be so desirable? I have been warned by many to just stay away from you. They tell me that if I consume too much of you, my body might be adulterated by blemishes. Some even say that devouring you will make my heart stop. But I don't care; they don't understand you and me. No matter what anyone says, I have only saccharine sentiments of you.

I begin to melt in this fervor and flame and my longing for you intensifies. I am completely stimulated by the hope that I will soon have an encounter with you. When we're alone, I would almost swear that you melt in my mouth.

There's an agenda that I crave for our next rendezvous. I want to hold you for a while and then gently ease you over to my kitchen table where I will hungrily remove your restrictive covering. I want to lick you from top to bottom and drink your nectar. I want to suck on you and swallow until nothing is left.

There's nothing in the world like eating a chocolate bar.



Calvin and Hobbes

by Bill Watterson



Just for the Chocoholic

By Norreida Reyes

They are out there. Lurking behind a harried expression. Slinking around vending machines. Standing next to you in the bookstore. Is it your classmate? Your best friend? Or is it, could it possibly be - You?

Chocoholics abound. The evidence lies in every foil wrapper the wind blows around the podium. "I crave it! I binge on it!" exclaimed Deb Crute, a SUNYA junior majoring in Sociology. She says she eats more chocolate while under stress, such as during mid-terms and finals. "It helps to have that caffeine and sugar high, plus I use it as a reward to myself for staying up late to finish a paper," Crute added.

If you are shopping for your reward, Godiva Chocolatier at Crossgates Mall is one place that should be considered by the serious chocolate lover. Although there are plenty of candy machines on campus and a few candy stores in the area, nothing is more rewarding than the sinfully rich confection this shop offers. They have some of the prettiest chocolates in the world. They look very sculptured, with exquisite attention paid to detail.

However, no matter where you get your chocolate "fix," if you're planning on spending a mint on chocolates (no pun intended), there are a few things you should look for.

First, the chocolates should look very glossy. If they are not,

this usually indicates that they have been heated and cooled during shipping which affects their freshness. Second, they should have a healthy chocolate smell. If it is not very strong, or you can smell the fillings, then it is probably not very fresh.

All in all, the chocolate lover will not be too discriminating, especially when struggling over a textbook or term paper. Some students believe chocolate's rewards are almost better than sex. English major and senior Kazim Ali points out, "You can get it where you want it, when you want it, and how you want it...a little kiss or a whole chocolate bar."

If you want to give yourself an ultimate chocolate reward, plan a

trip to Sweden for spring break. There are tours and taste-tests available there that involve everything from truffles to chocolate liqueur. Should that be out of your budget, and the traditional Cancun spring break also unaffordable, the chocoholic might treat him/herself to a weekend in nearby Hershey, Pennsylvania. The Hershey Hotel is within walking distance from the factory, and promises a heavenly, chocolatey vacation away from mid-term madness. Call your travel agent today.

Meanwhile, it is that time of year, so grab your quarters and stock up on whatever the vending machine has to offer. A midnight date with a textbook awaits you.

The White Stuff, Baby

By Kristen Hubbell
Features Editor

The woman rips open a tiny packet and a fine white substance spills out onto the table. She pushes the powdery crystals into a pile, licks her fingertip and dabs it into the little mound which she has created. She places a bit of the substance on her tongue and smiles deviantly.

She knows it's not good for her. She's been told since she was a little girl. Stay away from it. It's not healthy. But she loves how it makes her feel.

She has some everyday. She can't help it. The first thing she craves in the morning is her fix. She has some with her breakfast. She sneaks in a little more on her coffee break at work and again when she goes home at four. "It's a quick pick-me-up," she says. Her doctors know about it but she doesn't listen to their warnings. She spends way too much money on her habit. Like millions of others, she says she can handle it.

We see this picture a lot now. It's on the news, in magazines, and covered extensively in countless brochures and pamphlets published by the government. Kids are taught early how to avoid it, but yet so many of us fall into its grasp.

Yes, the substance I'm referring to comes from Latin America and yes, it can give you a temporary rush, but no - it's not sniffed out by dogs and confiscated by customs officials. As a matter of fact, they don't even arrest you for possession of it in most states. It's cheap and easily accessible. We're talking here about sugar. Yup, pure, legal sugar.

Sugar has been around for a long time now and over the years it has developed quite a reputation. People say it's junk, empty calories, promotes tooth decay, leads to a dependence on sweets for emotional satisfaction, and that it sleeps around. Despite all this though, Americans consume on average about 126 pounds of it a year.

When you think of sugar, you probably think of the little white packets with the SUNY Albany map on them that they have in our various UAS food service locations. That's sucrose and it's the only chemical substance to be consumed globally as practically a staple food.



This doesn't mean people just sit down and eat a bowl of it for dinner along with their milk and apple juice, but it is added to a great deal of the other food we ingest, either for flavoring, as a preservative, a bulking agent or as a stabilizer, whatever that means.

Sucrose is actually a combination of two sugars: glucose (the brain's fuel), and fructose (fruit sugar). Other natural sugars include lactose (found in milk), and maltose. Some sugars, like sorbitol (found in chewing gum), mannitol, malitol, and xylitol (found who knows where) can be produced either naturally or commercially. Brown sugar is sugar that's brown. No really, it is just white sugar with molasses or caramel coloring added and it does wonders for oatmeal.

Most of the sugar we consume today comes from either sugar cane or sugar beets. Since I don't like beets, I am going to focus primarily on sugar cane.

Sugar cane is actually a domesticated grass which takes eight to nine months to grow and usually reaches a height of ten to fifteen feet. It is thought to have been cultivated for the first time thousands of years ago as a garden plant for chewing. Around the year 325 B.C., it was grown as a field crop in India where it was used in the manufacturing of Sugar Frosted Flakes.

In order to produce the sugar, the cane has to be cut (it is rarely blow-dried or styled). After being cut, it is squeezed in order to extract the juice. Once the juice is separated, it is boiled in order to evaporate the excess liquid and to create "raw sugar" crystals. Early on, it became customary for the yellow-

ish-brown sugar crystals to go through a refining process, during which they were bleached in order to meet the European's standards of "whiteness." (I'm not kidding on this one).

Christopher Columbus brought sugar to the Americas on his second voyage (he forgot his camera so he had to go back after his first trip) in 1493. Unfortunately, due to lack of manual labor, the industry petered out. Years later, the cane was reintroduced and by the middle of the sixteenth century, sugar had become a valuable commodity. Tragically enough, the success of the sugar industry depended on African slaves who were imported to do the heavy labor. Current research indicates that the Caribbean island plantations did not operate under the "Principles of a Just Community."

Sugar consumption increased dramatically in the eighteenth century because of the growing popularity of coffee, tea and fried chicken, all of which can be sweetened with sugar (I recommend doing so to the fried chicken at your own risk). Its marketing and trade brought material wealth to people all over the world, and as their economic standards improved, they could afford to add more sugar to their diet. The response of sugar consumption to rising income has been greater than that of almost all other foods (aside from "Where's Waldo?" pasta in a can, whose records show an outstanding increase in sales when the economy is looking up).

Today we consume sugar in a variety of forms both directly (as in coffee and tea) and indirectly through soft drinks, alcohol, candy,

baked goods, cereals, jellies and bumper stickers. We are constantly advised to limit our intake of the condiment, but we often crave it and find ourselves going way over the USDA recommended (what do they know anyway?) daily allowance of it. There are even some people who claim that they're addicted to the substance.

Why this so called addiction to a food we come into contact with every day? There are those who say that sugar causes a "rush" similar to, but not as powerful as that which a drug may provide. This "rush" is caused by sugar's rapid rate of absorption into the bloodstream and a quick energy boost. This absorption, though, can cause an overreaction of the pancreas, which encourages an overproduction of insulin (a hormone needed to allow the body to utilize glucose). I know you could care less about all this biochemistry stuff so I'll get right to the point. Your body rapidly clears the bloodstream of the glucose, and then you get that shaky, weak feeling that sometimes comes after you've had a few too many blowpops.

Sugars like fructose are absorbed more slowly and don't require insulin for metabolism. For this reason, fruit juices are often substituted for sucrose in "healthy snacks" like "Frookies" (Yuck).

There isn't a whole lot that can be said in favor of sugar as a nutrient, except that it is a source of energy useful in emergencies. For dieters with a sweet tooth (a.k.a. most of them that I know), it is probably a better choice than a candy bar since it has no fat. I still wouldn't recommend a low-fat dinner of jelly beans and coke, although I must admit to

having eaten this combination from time to time (in the past, of course).

Honey is often used as a substitute for table sugar and as a sappy nickname for those you love. It is not necessarily any better for you, although women seem to prefer it over "babe." A teaspoonful has more calories than a teaspoon of sugar, but then again honey weighs more. It is also sweeter than sugar so you don't have to use as much to get the same sweetness.

Saccharin, an artificial sweetener about three hundred zillion times sweeter than sugar, was first discovered by John Hopkins University in the year my great great grandmother's dog died. Since then, its production has increased and it has become a replacement for sugar in a variety of foods. Although at first glance sweeteners like Saccharin may seem to be ideal foods for health-conscious Americans (and Angolans for that matter), one must consider whether it is really better to eat a petroleum based product (Saccharin) or L-Aspartic acid combined with L-Phenylalanine (NutraSweet) over an all natural product like sugar. Note: Sugar doesn't come with a little warning label on the packet that reads, "Use of this product may be hazardous to your health. This product contains saccharin which has been determined to cause cancer in laboratory animals." In other words, if you are a laboratory animal, you had better watch out.

For those of us who are "addicted" to sugar, there is help. Don't ask me what or where it is, but I'm sure it's out there somewhere. I'd check down the hall, then up the stairs- the first door on your left.

EDITORIAL

Dedication

Few could miss the blizzard last weekend. Just when it seemed that Albany's winter might have ended, the city got socked with another 100 feet of snow. This was joined with the normal temperature drop, causing Albany to feel like the inside of a Ben and Jerry's cooler.

While various major league teams continued *spring* training across Arizona and Florida, the city of Albany became paralyzed as the first flakes of snow showered onto the city streets. The bus service for SUNYA soon closed as over 25 inches of snow fell through the night, effectively paralyzing transportation through the city and reportedly drawing National Guard Hummvees onto Washington Ave.

Yet did the students at SUNYA lose any of the vital services that kept their life from being miserable?

The SUNYA buses did stop running, but this was due more to the County of Albany's declaration of a state of emergency and clearing of the roads than any SUNYA decision. For the most part, unnecessary academic services that entail bringing SUNYA workers to work from a distance were the only services temporarily interrupted. Still though, there were groans, complaints that the library was closed, the campus center inaccessible and the RACC locked up.

The fact of the matter, though, is that while students at SUNYA often complain that services are substandard, last weekend UAS, UPD and the rest of the campus put in an extra effort to see that people weren't inconvenienced.

According to UPD's crime blotter there was little out of the ordinary on campus, at least not anything that got reported.

At Colonial Quad, staff members for the university auxiliary service stayed overnight on the quad. Norbert Zahm of UAS said this was because several staff members felt the trip from campus to their homes would be dangerous, and the staffers felt that "students would need their breakfast." Besides these staffers, dozens of students went to work at UAS Sunday morning when they weren't generally scheduled. They knew they would be needed.

Though the snow did stack up on campus, university snow crews put in double shifts to clear open walks, roads, and parking lots. Many students offered cups of cocoa and soup to workers to keep them warm.

Students like to joke about dedication at SUNYA, especially when it comes to studying or drinking during finals week and trying to figure out how much effort the administration puts into figuring out which class sections get cut.

It's clear though that when the chips are down most people at SUNYA are dedicated, perhaps not to the university, not to their studies, not even to themselves...but to each other.

Now if only mother nature could get her act together...



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COLUMN

NWROC's Tyranny For You

Well, the long awaited rebuttal article from Susan Ryan of NWROC has finally arrived and I must say, I'm not impressed. I am referring to the article "In Defense of Women," which was a pathetic attempt to counterattack my "Bigotry Comes from Liberals Too" article. Contrary to what Miss Ryan implies, I did not "attack" women in any way, thus the "defense" title was not necessary.

I wish to redress the "terrorist" charge against "right wing fascists" that NWROC continues to make. This is coming from the same group who sent "Susan from NWROC" to disrupt the first official meeting of Albany Students for Life. I had to make three threats to call U.P.D. before she finally took off. She was obnoxious and disruptive for 45 minutes and tore up one of our newspapers that we ordered.

The following day, I had the fortunate experience of meeting Citizens Concerned for Human Life on Lark Street, you know the place. I would like to point out that Citizens Concerned is a peaceful group that does NOT

Marc Caroul

even block entrances to clinics. On the other hand, NWROC shouts "Nail yourself to a cross!," "Pro-life men should be castrated!," and "Right-to-life...we'll fuck you up!" NWROC has also been known to knock people over at their "militant" protests. Oh, but don't take my word for it, just drive by Lark Street on those designated Saturdays.

This brings me to another argument, in which I was quite justified in calling NWROC bigots. The anti-Catholic lies fabricated by pro-choice advocates are absolutely disgusting. To name a few: A pro-choice text said that the Church teaches that life begins 40 days after conception for males and 80 days after conception for females. THIS IS A LIE! NWROC also claims that the Church promotes gay-bashing by putting words into Cardinal O'Conner's mouth. However, even if the Cardinal had said such things, for argument's sake, one clergyman would still not be a fair representation of the Church's teachings. Although I sympathize deeply with victims of rape, I don't believe NWROC's sweeping portrayal of men as insensitive was justified. And NWROC is ill-deserving of a Nobel Prize for sensitivity, as uncivil as they are.

Susan Ryan's article and the recent "Whose Rights to Life?" article are shining examples of a biased liberal media. As they try so hard to portray right-to-lifers as clinic-bombers, they fail to mention the violence committed by the angry militant pro-choicers (Church defacing, death threats, vandalism, harassment, etc). True pro-lifers are advocates of peace, and unbiased crime reports are clearly not in NWROC's favor.

I am disturbed by that very slanted article "Whose Rights to Life?" The author reported that almost half a million abortions are performed each year in America. It's too bad the author was 33% right. There are in fact 1.5 million abortions performed annually in this country. Why does NWROC not seem to care? If the majority of Americans are pro-choice, then why is it that less than 12% of the nation supports the abortion-on-demand bill known as the "Freedom of Choice Act" (FOCA)? Thus, does the act of abortion in fact tickle the consciences of many pro-choicers?

Well, for one thing, as NWROC shouts "Abortion on

demand," they'll have to shout extra loud because they represent what 88% of America disapproves of. Granted, the views of Albany Students for Life are not exactly popular. However, this issue lies largely within the hands of those who are not hard-liners. The fact is, when people start watching abortion videos and learning what Planned Parenthood is all about, people start changing their minds about the abortion issue. (The President of Albany Students for Life has had much success with a 7-minute masterpiece entitled "Hard Truth.") I'll bet it's pretty embarrassing for their side to have lost one of their founding fathers. Dr. Bernard Nathanson, founder of NARAL (National Abortion Rights Action League) is today a pro-life activist.

But what about that other 12%? Ironic as it may seem, these people do actually cringe at the sight of a baby fried by a saline abortion or dismembered alive by a D&C. "Susan from NWROC" could not even look at "America Must Decide" (a newspaper with a snapshot of saline abortion). As quick as a vampire would knock a cross out from someone's hand, she tore up the newspaper. Why can't she look at the cause which she so proudly protects? Truth hurts, doesn't it?

Birthright, contrary to what Miss Ryan claims, is not a "fake abortion clinic," and anyone with an ounce of reason, can realize that this is completely absurd. Birthright is a maternity counseling center with compassionate staff members who offer humane alternatives to abortion, adoption information, maternity clothes and baby clothes. Yet, in fear of people like NWROC, they don't advertise their pro-life views. And they don't "force" anyone "to conform to their morality."

I have to laugh that Miss Ryan would complain about women being sterilized without their knowledge because she fights so militantly for one of the leading industries [abortion] that sterilizes women without their knowledge. And FOCA, truly not in the best interests of women, allows clinics to deny information to women on maternal health risks.

A WORD TO THE WISE: There is only one county in New York State without a Planned Parenthood: Putnam County. Coincidentally, Putnam County has the lowest teen pregnancy rate in the state. And for those of you who think that pro choice = anti-child abuse, look at how the child abuse reports skyrocketed after 1973. Pro-choice = pro-child? I think not.

Speaking of Planned Parenthood, the kingdom that NWROC so vigilantly protects, let us examine some of their slogans. My personal favorite: "Every child, a wanted child." I guess you could say my mother was your classic "unwanted child." Her mother got pregnant at sixteen. My mother grew up in poverty, and was made to feel like a mistake. However, she knew the importance of a college education and hard work and now has a pretty damn good life, with a husband and two sons. My mother may have not been so fortunate if Roe v. Wade had been 40 years earlier. But Planned Parenthood makes serious bucks off "unwanted" children. How worthless can human life be deemed? Just ask the Nazis.

If liberal ideology is as tolerant as they so claim then why are they so intolerant of a very educational group, my group, Albany Students for Life? Our group is dedicated to research on the issue, and we have even had people who weren't even Pro-Life come in to watch our

Continued on page 11

LETTERS

Just One Vax

To the Editor:

If the library had a policy that only psychology majors could check out Freud, only English majors could check out Milton, and so on, it would make research easier. But a policy like that would prevent students from learning material outside of their academic programs, blocking attempts to broaden one's horizons.

It seems the Computing Center has enacted a policy like this. Unless a student is enrolled in a class that requires a VAX account, users may only log on between the hours of 6:00 p.m. and 10:00 a.m., making it difficult to use the bulletin boards, E-mail, and other resources that can connect users to other students, faculty, and professionals in every field of study.

I seriously object to this restriction. Although users can have any faculty member sign a form allowing daytime use, this just creates unnecessary paperwork for the staff of the center. Perhaps a better solution would be to have a sign-up sheet for specific time slots every day. Just as students of all disciplines have fair access to the books and journals in the library, so should we have fair access to such a valuable networking resource without all the rigmarole and paperwork. I think we get enough bureaucratic nonsense in this University - a simpler solution is in order.

Jennifer Royce

Respect Is In Order

To the Editor:

This is in response to a Letter to the Editor by Cynthia Bucharest in the Friday, March 5, ASP. Cynthia expressed her anger about an overpriced cup of flavored coffee and the filthy conditions in the Ratt. In addition, she mentioned that there was a lack of caring by the people hired to maintain the facility.

We, as residents of Indian Quad, a third year student and a first semester transfer student, resent her implications!

First of all, the coffee here is reasonably priced and quite satisfactory to most students here. (Have you seen the lines in the morning for flavored coffee?)

Second, and most importantly, we would like to address her complaints about the conditions in the Ratt. The Ratt does not become filthy by itself. The filth in the Ratt is not solely the result of poor management, but also the result of the students not picking up after themselves. We are pretty sure there are no pigs disguised as students attending this University.

What Cynthia failed to realize is that this kind of behavior does not only occur in the Ratt, but also on all of the Quads. We live on Indian Quad, and we take the underground corridor to the cafeteria, and lo and behold, there are oranges stuck in the vent and scattered all over the floor [everyday]. What possesses someone to do such things? Cynthia, this happens only a few minutes after the workers have finished cleaning the corridor. Mind you, they clean this corridor as often as needed. There are no babies here! Why should the workers have to go around cleaning up messes caused by the stupidity of some people. These workers are shown no respect for the work they do.

We spoke to a gentleman who cleans up "the mess" on the Quad and we suggest that you speak to some of the workers to get their opinions. Maybe then you'll phrase your complaints differently.

Cynthia encouraged her fellow students to speak out and we have SPOKEN! If we want a change, we have to change our ways (i.e. eating habits). It's time to take responsibility for our actions, only then will we (and you) see how receptive the management really is to our needs.

Beverly Butler, Kristin Coppola

area, it is considered a safety problem. Cowards are cowards because they do not dare to confront many people. Rather they "divide and conquer," which is exactly what you are encouraging by your rejection of our request to ensure our safety and well being "in numbers."

Another atrocity spat from the lips of ignorance is of the possible failed response of the University Police Department to a housing area inhabited by homosexual students. What do we do if the University Police Department does not aid a homosexual student? Well, we terminate their employment, that's what. Since when does this "Just Community" we are building allow for its Police Department to pick and choose the students they assist or don't assist? If an African American student is refused assistance by the University Police Department are you telling me, Ms. Walker-Johnson, you have no means at your disposal to insure it never occurs again?

It has been brought to the attention of the residents on Alumni Quadrangle that there are plans to close Alden and Waterbury Halls next semester. When college age individuals are treated as children, the result is they move off campus to insure for themselves their own individualism. After mentioning there was a possibility that there would be a section of tolerant housing for Lesbian, Gay, Bisexuals and Heterosexuals, many people who currently live off campus were considering moving back on campus. Unfortunately, if you remain adamant in your refusal for tolerant housing for Lesbian, Gay and Bisexuals, many more students will be moving off campus. Who knows, at this rate, Ms. Walker-Johnson, your department will single handedly turn the University at Albany into a commuting school.

At one time, there was "no room at the inn" for "Black" people, Jews, and Women, now there is "no room at the inn" for out homosexuals.

Your excuses for rejecting our proposal are nothing but a smoke screen. It seems to me that the excuses that were given are hiding your own heterosexism and deep hatred for homosexuals.

Face it Ms. Walker-Johnson, if you wanted it to work, you would make it work. For someone who knows oppression, you sure learned how to deal it out well.

Alison Valentine

Students In Solidarity

To the Editor:

I am responding to your editorial on SASU where you pointed out that the problems SASU has experienced in the past could arise again. We have instituted several reforms in SASU, everything from a new three tiered membership structure to greater accountability of the officers to deter what had happened last year from re-occurring, and to insure that SASU is representing the best and broadest interests of the students.

However your concern is valid. The difficulties SASU has experienced in the past could very well re-arise. But, while you view this as problematic, this is the beauty of having a student run organization. The problems only arise when student governments allow and encourage them to arise. SASU's Board of Directors and membership, via the campus Delegates, have to provide accountability over the organization and state-wide officers.

Further, you advocate SUNYA pulling out of SASU, both in membership and dues, if infighting re-occurs. We would agree. If there comes a time when SASU is not working for the students, or more concerned with petty political games and personal relations, then of course, a campus should withdraw itself from the organization. However, it is up to you - the students and more specifically the membership of SASU - who have to insure that this does not occur.

SASU is only as strong as its member campuses. We are not a "rent-an-activist" organization. We will lobby and inform the Governor, Assembly Members and State Senators of the students' concerns, and we will inform students of how your legislators vote. However, students need to be involved. In order for us to win the fight to restore the massive TAP or SUNY budget cuts or to uphold the freeze on tuition, students must be active. We cannot do it by ourselves. But together, WE CAN WIN!

Glenn D. Magpantay

Gays and Lesbians Demand Equality

An Open Letter to Residential Life:

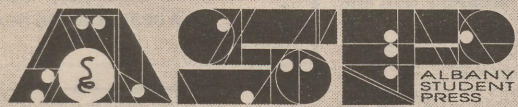
This Letter is being sent to you to express my deepest frustration with you personally and with the Department of Residential Life.

Recently, a request for Special Interest Housing was applied for by Lesbian, Gay, Bisexual and Heterosexual Allies. We placed this request based on the prejudice and harassment we experienced last semester by the "not so allied" heterosexual population here at SUNY Albany.

Your rejection was based on the idea that Residential Life is "not ready for such housing." Well, Ms. Walker-Johnson, welcome to 1993. What is Residential Life not ready for? Are you telling me and my fellow students that you and your staff are not ready to fight bigotry and hatred? Are you saying to me, Ms. Walker-Johnson, that you are not ready to support the academic achievement of an oppressed group of students here at the University at Albany?

Our request for Special Interest Housing is not so the Lesbian, Gay, Bisexual and Heterosexual student population can have easy access to each other sexually. Our request went to you so that we could live in an environment that would be conducive to attaining our higher education. I know that it is very difficult for some individuals to get their minds out of the bedroom when discussing matters relating to homosexuals, but I beg of you to please try to do just that in order to objectively analyze the situation at hand.

Currently there are three Lesbian and Gay students inhabiting the same floor in the same hall in the same building. What this does is afford us the safety and security and emotional support we lacked in our other separate living environments. "Safety in numbers," isn't that the reason the administration stresses that no one should walk alone! And yet, in considering the request for the housing of homosexual students in a common



and its creative magazine

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PERSONALS

CHIEF TYPISTS GO TO QE2

To the ΣΔΤ new members and the ΣΔΑΜ pledges,
 Thank you for all of your fundraising help! I really appreciate it!
 love-Pam

To Stephanie,
 To have you as my big sis
 Is something I wouldn't want to miss
 Hanging out will be so much fun
 as soon as pledging is done
 Keeping those Zetas in our family tree line
 Is a tradition we will have to keep through time.
 Love always, Christine

Dear Naomi,
 I'm so happy to have you as my big sister. I know we will have lots of great times together. Thank you for everything.
 Love, Denise

Erin,
 You can get with this
 or you can get with that
 Erin's my big sis
 and ΔΖ where it's at.
 -Marie

ΑΦ -
 The mixer was definitely the best, Let's combine forces and show the rest Blue Team will triumph in Greek Week While all the others try to seek What will make us #1 We can't wait to have some fun!
 ΑΤΩ

ΘΦΑ -
 Matching crayons was a bad idea Don't blame us-our social chair is a queer! Also forgive us, for this is quite tardy But mixing with you is one fanatic party!
 ΑΤΩ

PAM WEIN IS PHENOMENAL!
 Cheri
 SISTERHOOD, what more can I say
 your little sister Sharyn

To my big sister Kerri,
 I'm psyched to hang out with you at Peabody's and have lunch in the Rat. You're a great person and I'm looking forward to becoming great friends!
 Love, Deidre

Jen K.,
 You don't know how happy I am to have you as a big sister! I hope the feelings are mutual.
 Love, Celeste

To my big Sis, Scarlet
 Having you for a big sis has been really cool, so forget about THAT guy-he's the fool (HA HA)
 Love, Your little sis, Hillary

Cheryl,
 You listen
 You help
 You understand
 Thanks!
 Love your little sister, Kathleen

Joanna
 To have you as my big sis is grand.

If you need anything I'll lend a hand.
 Love, Tigger

To my big sis Marina,
 We're going to have a great time together. I need someone like you to get my head out of the clouds.
 Your little sis, Jean

Jen,
 I've always wanted a big sister. I'm so happy it's you.
 Love Maureen

Dr. Doolittle,
 I'll be your little sis even after the cows come home!
 Love always,
 Dr. Giggles

Hey, I've got an idea! Howabout: "The Quest for my five bucks!!!"
 -Sonsky

Dear Sally,
 I kind of knew by clue number two that my big sister was probably you. And now that I'm sure I know we'll have fun. As soon as these last last weeks of pledging are done. Thanks for everything!
 Love, Anne Marie

Dear Kathy,
 You don't know how glad I am To have you for a big sister Thank you for being there to listen!
 Love always,
 Your Little sis Alexandra

TKE,
 Mixers with you are never the same Too bad we won the crazy game. We want to say, we really had fun Maybe you'll beat us at the next one.
 ΔΦΕ

ZBT,
 Around the world was our first one, We're happy to say that we had fun. Maybe sometime we'll go for two Cause it was great getting to know you.
 ΔΦΕ

Joe, Glenn, & Edwil,
 Thru 3 red lights
 And the neighborhood crackies
 It was all worth beating
 Those lady News Aspies!
 -Sonsky

P.S. I think Glenn needs to pay a visit to Mr. Carl!
 Kevin-I know the truth- YOU DIDN'T WIN!!!

ΑΟΠ
 Civil War was really great
 We hope we'll have another date
 ΣΠ

Phi Kap wishes Good Luck to the Orange Team!
 GREEK WEEK '93
 ΦΚΣ ΔΦΕ ΑΕΠ

ΘΦΑ -
 oh, what a night! Who would have thought "Anything for Money" could be such a success? The mixer lasted so long we forgot to go to the Branch!!
 -ΦΚΣ

SKA PARTY HOE-DOWN 3/27!!

Glenn-You better hope that there's no more blizzards so you don't have to kill off more brain cells while stuck in your house with all that "Nutrasweet."
 Kristen

Maria,
 I told you I was charmed didn't I ?
 Love you, Mike

Pat-you are not the only one who is glad that basketball is over. The SE

Pam-
 4 out of 5 sociologists say writing personals is a stupid way of expressing oneself. So...how's the weather? Call me later, 'cause those sociologists agree words have a better effect when spoken.
 -AI.

Mel.-
 Thanks for coming. Hope you have an amazing weekend!!!
 -Allison and Elyse

Elyse-
 Just...Thank You!!
 -AI.

Brodsky,
 I know you'll be an awesome big brother!!!!
 -EDWIL

ΑΟΠ
 This time your turnout was vast- quite different from the last!
 Can't wait to mix again,
 Just tell us where and when!
 ΑΤΩ

Column

Continued from page 8

videos. So what gives? The NWROC newsletter, which I was fortunate enough to get my hands on, calls for "No Free Speech for Fascists." Right-wingers are unjustly portrayed as vicious Nazis or members of the Klan, when in fact, this is just a leftist tactic to make themselves look good and everyone else look bad. And it seems to work, and the people that NWROC recruits feel so justified in stomping on Christianity. Don't be fooled by NWROC's slogans. NWROC is very much in cahoots with the International Socialist Organization (a quite radical bunch of anti-American Communists). Both student organizations have torn down and/or posted over more a hundred signs prepared by Albany Students for Life. These people spit on the ideologies

of freedom of speech and assembly and are an utter disgrace to even a loose interpretation of a "Just Community."

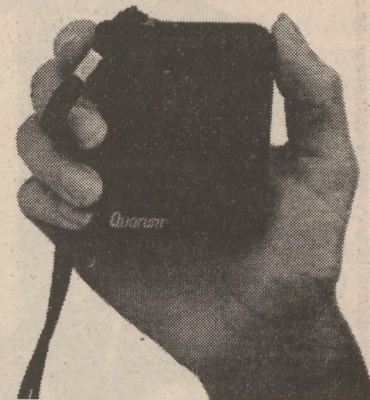
I was hoping to publicly debate the abortion issue with NWROC, but "Susan from NWROC" and the rest of NWROC have proven themselves too uncivil. But who am I kidding, these people have not only disrupted our meetings, they have also disrupted ASUBA's. These people are so unprejudiced and open-minded, yet they can't seem to scrounge up enough maturity to lay their cards on the table. Speaking with a few pro-choicers, many agree that it would be interesting or at least fair that a non-radical pro-life side be represented on this campus. Yet NWROC will stop at nothing to see that Albany Students for Life ceases to exist. So, I'll probably have to scrap the debate idea with NWROC. Quite frankly, I'm not surprised.

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Suspensions

continued from page 5
sions drawn must take these root causes into consideration, the department said.

Meyer said he's sure most of the suspensions were justified and that poor upbringing should not excuse bad behavior.

But he said the differences in suspensions rates are high enough to suggest there may be some problems with bias.

"It's a very complicated problem," he said.

The regents may have to set down guidelines on when students would be suspended, or at least require that all school districts have their own rules, he said.

The study found that Hispanics and American Indians also had a higher suspension rate than white students. Asian students had a significantly lower suspension rate than all other children, the department said.

Elementary school students are suspended much more often in the big cities than outside of them, the study found. In the cities, 80 percent of the elementary schools reported suspending students during 1991-92, while only 36 percent of elementary schools outside the cities suspended students.

The department suggested a requirement that all suspensions be immediately reported to school superintendents.

Student protest

continued from page 5
territories to enter the campus. They don't expect much opposition to come from the faculty, and expect that this action will grant them their grades by tomorrow.

Bert Cohen is a SUNYA student currently studying at Ben-Gurion University in Israel.

Contraceptives

Continued from page 3
community and public relations for the Albany Planned Parenthood. Planned Parenthood has just started using the injection.

Davis said she does not see any controversy because it has a 30 year history and it is the most widely tested contraceptive.

Contraceptive Technology 1990-1992 states Depo-Provera causes menstrual cycle irregularities for most users. Other effects include potential weight gain and headaches.

Davis said the increased chance of missed periods will only make students worry and increase anxiety about pregnan-

cy. "Depo Provera is an exciting new drug that's in the country now, but I don't think it's for SUNY... Someday....," Davis said.

Davis said the University will not be using it because the pill is a better choice for sexually active young women. She explained the difference in the effect the pill has as opposed to the injection regarding estrogen and progesterone levels. The pill, supplying both estrogen and progesterone, prevents both conception and implementation while the progesterone based injection only prevents implementation which can be harmful to the fetus.

The injection has not caught the market yet and cost factors have not yet been explored by the university, Davis said.

Depo-Provera is available in more than 90 countries, including Germany, Norway, Sweden, Belgium, France, the United Kingdom and New Zealand and has been used by millions of women around the world since 1969, states the company's release.

The Federal Drug Administration did not approve the drug until October 29, 1992, stated the March 1993 *FDA Medical Bulletin*.

According to Goldwater, the FDA never approved it because of earlier animal studies regarding breast and other cancers.

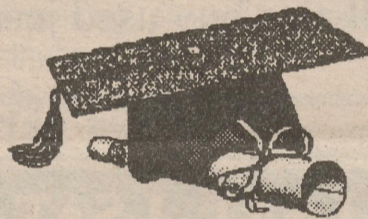
Long-term controlled clinical studies in other countries have shown the risk of breast cancer but no increased risk for ovarian, liver, or cervical cancer, the FDA bulletin stated. The studies also showed a reduced risk of endometrial cancer for injection users.

Both Goldwater and Davis stressed that although Depo-Provera is a complete contraceptive, it offers no protection

Continued on page 13

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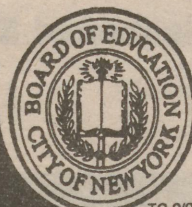
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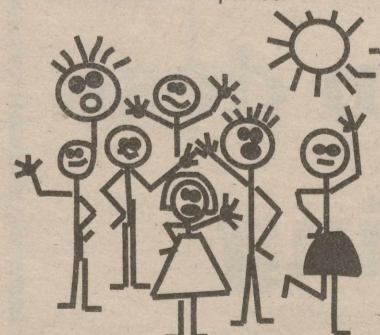
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Contraceptives

Continued from page 12
against sexually transmitted diseases. A condom, they said, is the only defense against STDs.

The Association of Reproductive Health Professionals, a national association of physicians and educators, announced an educational campaign to reach women who seek contraceptive needs and counseling, the release stated.

"The goal of this educational

effort is to increase understanding and awareness of contraceptive options among women and their partners," Dennis J. Barbour, resident of AHRP said.

He also said AHRP designed the program to make sure the materials reach most of the women who see healthcare providers for contraception.

"AHRP believes women need to have more information concerning their contraceptive options," he added.

"In the past, women have not

had sufficient access to information about their birth control choices."

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VAX policy

Continued from page 3

time. Where is this money

going? Perhaps some of it should be redirected."

This new restriction is a test to find the solution to the overload on the system.

"If we find out within a week that it really hasn't helped much, we will have to find another way. This remains an open question," Chi said.

Some students raise the issue of campus safety in connection with these restricted hours.

Senior Lawrence Silverberg, a Biology major, said, "Everyone

here knows one of the University's goals is the safety of the students due to our past history of violence. By making the computer system only available to some students at night, they are making it necessary for more people to be out at night on and off campus."

The CSC worker said, "The department is called the Computing SERVICES Center. They are supposed to be there to serve us. Taking away a service we like and telling us to go use another is no way to serve the University Community."

This worker and many others have sent out a letter for students to sign and pass on to President H. Patrick Swygert in protest of the restrictions.

A portion of the letter states: "The Undergraduate Bulletin says that 'Three obligations guide the university: teaching, research, and community service.' We doubt any of the three are represented in the curtailing of modem computer access. We respectfully ask that you investigate this situation and see if those in charge of the Computing 'Services' Center are truly helping the department live up to its middle name."

L.I. Sound threatened by toxic sewage

(AP) Long Island Sound is threatened by toxic sewage and polluted runoff, but critics said Wednesday that a \$12 million, seven year federal study falls short of providing solutions to the urgent problems.

The draft report provides an exhaustive survey of the estuary and its troubles, but fails to mention cleanup cost estimates, timetables or commitments of federal, state and local governments, lawmakers and environmentalists said.

"The document before us leaves so many questions unanswered that it resembles another interim report, rather than a final plan," said Rep. Nita M. Lowey, D-N.Y., co-chair of the congressional Long Island Sound Caucus.

The 109-page Comprehensive Conservation and Management Plan was compiled by the federal Environmental Protection Agency and environmental agencies and officials from New York and Connecticut.

Lawrence A. Block of the Long Island Sound Task Force, a Stanford Conn. environmental group that has lobbied for protec-

tion of the sound for more than 20 years, said the report lacked "both clarity and vision."

"People who read the study... need to be able to simply understand what actions are being recommended, why, how much they will cost, how long they will take... and how the success of each of the actions can be measured," Bock told the hearing.

Paul Keough, head of the EPA's regional office in Boston, said the lengthy study remained unfinished because of computer and other technical difficulties, but said it was nonetheless significant.

"We have developed the most comprehensive picture to date of the health of Long Island Sound," he told a panel of lawmakers from New York and Connecticut.

The 110-mile-long sound generates more than \$5 billion a year from commercial and recreational fishing, swimming and boating. But it is threatened by sewage from cities and towns, toxic runoff from farms and homes and dangerous chemical discharges from factories, the authorities said.

The most critical immediate threat,

Keough said, is hypoxia- the scientific term for insufficient amounts of dissolved oxygen in the water. The condition is created by too much nitrogen polluting the water and produces widespread fish kills, especially of bottom dwellers like flounders, lobsters and oysters.

According to EPA estimates, high-level nitrogen removal from sewage drained into the sound would cost at least \$8.1 billion-\$6.4 billion for New York and \$1.7 billion for Connecticut, Keough said.

Robert L. Bendick Jr. deputy commissioner of the New York Department of Environmental Conservation, said New York was committed to cleaning up the sound, but "federal financial assistance is essential."

Commissioner Tim Keeney of the Connecticut Department of Environmental Protection said the state had made the sound its NO. 1 environmental priority and planned to spend \$270 million this year and \$155 million in 1994 to improve sewage treatment plants.

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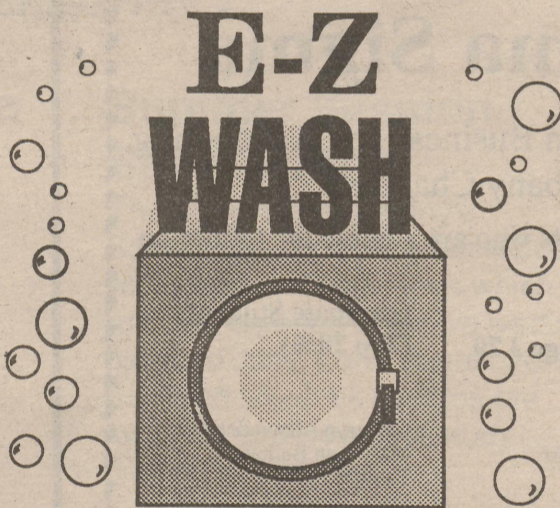
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N.B.A.

Atlantic

	W	L	Pct	GB
Knicks	43	18	.705	--
New Jersey	37	26	.587	7
Boston	34	28	.548	9.5
Orlando	29	32	.475	14
Miami	27	34	.443	16
Philadelphia	20	41	.328	23
Washington	18	43	.295	25

Central

	W	L	Pct	GB
Chicago	43	20	.683	--
Cleveland	41	22	.651	2
Charlotte	33	29	.532	9.5
Atlanta	32	32	.500	11.5
Indiana	30	32	.484	12.5
Detroit	28	34	.452	14.5
Milwaukee	24	39	.381	19

Midwest

	W	L	Pct	GB
Houston	41	21	.661	--
San Antonio	38	22	.633	2
Utah	37	26	.587	4.5
Denver	25	37	.403	16
Minnesota	15	45	.250	25
Dallas	5	57	.081	36

Pacific

	W	L	Pct	GB
x-Phoenix	47	14	.770	--
Seattle	43	20	.683	5
Portland	36	24	.600	10.5
LA Lakers	33	28	.541	14
LA Clippers	31	32	.492	17
Golden State	25	37	.403	22.5
Sacramento	20	42	.323	27.5

x-clinched playoff spot

Tonight's Games

Milwaukee at New Jersey, 7:30 p.m.
 Dallas at Philadelphia, 7:30 p.m.
 Minnesota at Atlanta, 7:30 p.m.
 Charlotte at Indiana, 7:30 p.m.
 Washington at Chicago, 8:30 p.m.
 Orlando at San Antonio, 8:30 p.m.
 Seattle at Utah, 9 p.m.
 Detroit at Phoenix, 9:30 p.m.
 Boston at LA Lakers, 10:30 p.m.
 G. State at Sacramento, 10:30 p.m.
 Houston at Portland, 10:30 p.m.

BY THE NUMBERS

Albany State Sports Week at a Glance

Team	Fri 19	Sat 20	Sun 21	Mon 22	Tue 23	Wed 24
Swim & Diving	NCAA at Emory TBA	NCAA at Emory TBA		END OF SEASON		

College Basketball

AP Writers Poll

	Record	Pts	Pvs
1. Indiana (39)	28-3	1580	2
2. Kentucky (9)	26-3	1518	4
3. Michigan (9)	26-4	1504	3
4. N. Carolina (7)	28-4	1488	1
5. Arizona	24-3	1328	6
6. Seton Hall (1)	27-6	1325	9
7. Cincinnati	24-4	1193	11
8. Vanderbilt	26-5	1143	5
9. Kansas	25-6	1073	7
10. Duke	23-7	1052	8
11. Florida St.	22-9	895	10
12. Arkansas	20-8	758	14
13. Iowa	22-8	757	17
14. Massachusetts	13-6	748	20
15. Louisville	20-8	724	16
16. Wake Forest	19-8	640	12
17. New Orleans	26-3	464	13
18. Georgia Tech	19-10	447	--
19. Utah	23-6	425	15
20. W. Kentucky	24-5	312	--
21. New Mexico	24-6	306	--
22. Purdue	18-9	218	18
23. Oklahoma St.	19-8	175	21
24. New Mexico St.	25-7	120	24
25. UNLV	21-7	107	19

NBA Leading Scorers

	G	Pts	Avg
Jordan, Chi	59	1914	32.4
Wilkins, Atl	51	1520	29.8
Malone, Utah	62	1715	27.7
Mullin, GS	46	1191	25.9
Barkley, Pho	59	1502	25.5
Olajuwon, Hou	61	1536	25.2

A.H.L.

Northern Division

	W	L	T	Pts
x-Providence	39	29	2	80
x-Capital District	31	26	11	73
Adirondack	30	30	8	68
Springfield	19	34	13	55
New Haven	23	40	10	48

Southern Division

	W	L	T	Pts
x-Binghamton	47	10	8	102
Utica	30	28	10	70
Rochester	30	29	6	66
Baltimore	23	32	12	58
Hershey	22	36	10	54
Hamilton	21	39	6	48

Atlantic Division

	W	L	T	Pts
x-St. John's	37	20	12	86
Fredericton	33	26	11	77
Cape Breton	32	26	9	73
Moncton	27	28	15	69
Halifax	25	34	9	59

x-clinched playoff spot

NHL Leading Scorers

Goals Assists Pts

LaFontaine, Bf	46	80	126
Yzerman, Det	50	65	115
Lemieux, Pitt	41	71	112
Oates, Bos	40	72	112
Gilmour, Tor	27	81	108
Turgeon, NYI	44	63	107
Mogilny, Buf	68	38	106
Selanne, Win	61	43	104
Recchi, Phil	45	58	103
Robitaille, LA	49	49	98
Bure, Van	53	41	94
Hull, StL	48	45	93

NCAA Tournament

East Regional

St. John's vs. Texas Tech.
Arkansas vs. Holy Cross
Rhode Island vs. Purdue
N. Carolina vs. E. Carolina
Massachusetts vs. Penn.
Virginia vs. Manhattan
New Mexico State vs. Nebraska
Cincinnati vs. Coppin State

Southeast Regional

Florida St. vs. Evansville
Kansas State vs. Tulane
W. Kentucky vs. Memphis State
Seton Hall vs. Tennessee State
Wake Forest vs. Tenn.-Chattanooga
Iowa vs. North East Louisiana
Kentucky vs. Rider
Utah vs. Pittsburgh

Midwest Regional

Kansas vs. Ball State
Brigham Young vs. S. Methodist
Duke vs. Southern Illinois
California vs. LSU
Oklahoma State vs. Marquette
Louisville vs. Delaware
New Orleans vs. Xavier (Ohio)
Indiana vs. Wright State

West Regional

Illinois vs. Long Beach State
Vanderbilt vs. Boise State
Arizona vs. Santa Clara
Temple vs. Missouri
New Mexico vs. George Washington
Georgia Tech. vs. Southern Univ.
Michigan vs. Coastal Carolina
Iowa State vs. UCLA

N.H.L.

Wales Conference

Patrick Division

	W	L	T	Pts
Pittsburgh	42	21	6	90
Washington	34	27	7	75
Rangers	31	28	11	73
New Jersey	33	30	6	72
Islanders	33	30	6	72
Philadelphia	26	32	11	63

Adams Division

x-Montreal	42	23	6	90
x-Quebec	39	22	10	88
x-Boston	39	24	7	85
Sabres	33	27	10	76
Hartford	21	43	5	47
Ottawa	9	57	4	22

Campbell Conference

Norris Division

	W	L	T	Pts
Chicago	39	22	10	88
Detroit	37	27	9	83
Toronto	36	25	9	81
Minnesota	33	30	9	75
St. Louis	33	30	9	75
Tampa Bay	21	44	5	47

Smythe Division

x-Vancouver	38	23	9	85
Calgary	36	25	10	82
Los Angeles	32	31	7	71
Winnipeg	31	34	6	68
Edmonton	25	39	8	58
San Jose	10	59	2	22

x-clinched playoff spot

Tonight's Games

San Jose at Rangers, 7:40 p.m.
 Hartford at Washington, 8:10 p.m.

Friday's Answer: The most consecutive wins in the National Hockey League is 15 by the 1982 New York Islanders.

Trivia Question: Which baseball team won the first World Series?

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 Kevin Ernst
 Elliot Flam
 Sandra Hahn
 Darrell Horton
 Heather Kossover
 Melinda Lanzet
 Eric Lerner
 Michael Ng
 Marguerite Nguyen
 Sharon Salembier
 Stephen Toy
 Edward Wehle
 Loren Weiss
 Shao Ping Wen
 Todd Wolk

Seniors

(Grade average 3.70 and above)

Sharon Botsford
 Donna Buebendorf
 Tracy Doyle
 Silvy Fabrykant
 Noel Gebauer
 Thomas Greer
 Katherine Haven
 Loretta Hess
 Michael Hickey
 Brian Kressin
 Michele Krukin
 Daniel Laddin
 Mark Langley
 Kerri Lawlor
 Jennifer Linen
 Suzanne Luke
 Lisa Maehrlein
 Elim Marianetti
 Barry Newman
 Carrie Pollack
 Lee Schare
 Catherine Smyth
 Brian Treanor
 Josette Valenti
 Jeffrey Vaughan

Graduate Students

(Top 20%)

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 Mary Ann Bailey
 Thomas Barone
 Peter Barron
 John Bell
 Qamar Bhatia
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Lady Danes

Continued from back page
with this group."

There was no trip to the NCAA Division III Tournament, which highlighted Albany's sparkling 22-5 season in 91-92. But the Lady Danes did return to the New York State Championship Tournament.

After a disappointing semifinal loss in the NYS Tourney to Hamilton College the year before, the Lady Danes, as the tourney's second seed, faced a very tall, very half-court oriented University at Rochester team in the opening round of the 1993 tourney at Ithaca College.

The key was to run, to beat Rochester down the floor, to tire the Yellowjackets out. It didn't work. The Yellowjackets stung Albany, slowing the tempo to beat the Lady Danes, 61-51, sending Albany back home early for the second year in a row.

"We didn't want to end the way we did against Rochester," Warner sighed. "We didn't put our game plan on the floor."

Still, Albany finished the season with 14 wins and nine losses despite a sluggish early start and the fact that eight of its first 11 games were on the road.

A 72-56 win over Rensselaer Polytechnic Institute in the first round of the Capital District Tourney started the season off in convincing fashion.

Senior captain Casey Stanley poured in 22 points and senior Ikeuchi Franklin pulled down 15 rebounds to pace Albany.

Host Skidmore College turned the tables on the Lady Danes in the championship however, winning 67-55 over Albany to take the title.

A 69-61 loss at Binghamton State's West Gymnasium followed, bringing Albany's early season record to 1-2.

The Lady Danes needed a lift and got it, defeating defending New York State Champion William Smith College, 97-91, in a thrilling double overtime contest.

Franklin was unstoppable in the second overtime as she recorded 27 points and 19 rebounds in an unbelievable performance.

The game was the inaugural contest at the brand new Recreation and Convocation Center (RACC), Albany's multi-million dollar sports facility.

Just eight months earlier, the Lady Danes had pulled off a huge 67-50 win over William Smith in the opening round of the NCAA Tournament at University Gym.

Always-tough New York University visited the RACC next, handing Albany a 64-56 loss. The Lady Danes reversed their fortune on the road at Ithaca College's Ben Light Gymnasium, nipping the Lady Bombers by three, 66-63.

Warner was quick to point out that the team's next game, a 67-63 loss to Plattsburgh State in Plattsburgh, was one the Lady Danes should have won. This and an ugly 70-56 loss at R.P.I. four games later were games which she'd like to have back.

"There is no question that those two losses hurt us," Warner said.

Sandwiched in the middle was one of the Lady Danes' most memorable wins of the season, a 73-66 triumph over a formidable Buffalo State team on the road in Buffalo.

Junior Lynda Nealis hit for 18 points and Franklin handled the glass with 17 boards to complete the Albany upset.

Albany rebounded after the R.P.I. loss to win nine out of its last 12 games, starting with the championship in the Lady Dane Tournament, where it routed Staten Island College, 74-38, and held off Norwich University, 66-64, in overtime to

claim the title.

The Lady Danes then routed Union College, 80-50, and Cortland State, 77-48, before beating Stony Brook State on the road, 70-63.

While it was still in the mood to rout teams, Albany demolished Utica College, 85-38, at the RACC.

Western Connecticut State, an annual NCAA Tournament qualifier, withstood a valiant Albany effort to beat the Lady Danes, 60-53, snapping their four game win streak.

Keuka College was no match for Albany as the Lady Danes topped the century mark, 103-85, at Keuka.

Hamilton College toyed with the Lady Danes, winning 65-51, but Albany finished the season on a high note with wins over Nazareth College (76-69) and Skidmore (53-43) at the RACC.

Franklin was Albany's leading scorer and rebounder, dropping in 15 points a game and grabbing 11 rebounds a game to pace the team. She also led the team in blocks with 45, making her the Lady Danes' all-time leading shot blocker with 99.

Her 929 career points are fifth all-time in Albany history and her 7.6 career rebounding average is second.

Franklin's biggest achievement is her 251 rebounds this season, the most ever by a Lady Dane.

Nealis had a solid all-around year, averaging 12.4 points and six rebounds a game. She was second on the team with 62 steals and third with 63 assists. She led the team in turnovers (83), however.

Stanley closed out her Albany career with 12.2 points and eight rebounds a game for the season. She led the team in steals with 82 (fifth all-time for a season) and was fourth in assists (53).

Her 494 career rebounds are sixth all-

time and 182 steals are fifth in Albany history. She also had a 78.4 free-throw percentage, second best ever by a Lady Dane.

Senior Tanya Johnson had 8.6 points per game this season and was second in assists (64) and turnovers (74).

Johnson's 802 career points is sixth all-time while her 305 career assists is third on the Albany all-time list.

Sophomore Mickey Smith led the team in assists (72) and her 35 percent mark from three-point range this season was the best ever by a Lady Dane.

Other Lady Dane totals of note were: freshman Erica Witham (4.6 points, 4.0 rebounds, 19 blocks), senior Sue Jackey (4.5 points, 4.2 rebounds, 39 assists), freshman Margaret Feerick (2.9 points, 19 assists, 16 steals in only 146 minutes), freshman Maura Quinn (2.3 points, 15 assists, 14 steals), and junior Noelle DeLuca (2.0 points, 18 assists, 23 steals).

Women's Track

Continued from back page
are for the trials.

The NCAA Championships mark the end of the indoor season, which showed some impressive performances and results from this young team. Mary Walminski set a school record in the twenty-pound weight throw, as did the shuttle hurdle relay team of Niki McCleod, Corrina McEwen, and Somes.

Albany had a fifth place team finish at the CTCs, and a blowout win at the Capital District Championships.

Albany also had many women setting personal bests in their individual events.

The first outdoor meet, originally scheduled for March 30th against RPI and St. Rose, has been postponed because of the weather.

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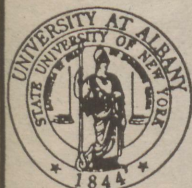
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Sports

Friday

Congrats to Albany's Track All-Americans

Men's Diving at Nationals - Today and Sat.

By the Numbers - please see page 14

Albany track excels at Nationals

Jay Nixon and Howie Sellers earn All-American honors

By EDWIL FONTANILLA
Staff Writer

Albany juniors Jay Nixon and Howie Sellers earned the coveted All-American award in their respective events as they competed in the NCAA Division III Nationals, held this past weekend at Bowdoin College in Maine.

To be an All-American, an athlete has to place in the top six spots in their event.

In the finals of the pole vault, Nixon vaulted to a height of 15', 11 3/4". He tied for third place with Doug Clary from the University of Wisconsin at Lacrosse. In addition to earning third, Nixon set new school and Division III New York State records.

The first time All-American was surprised he performed so well this season because he usually does better during the outdoor season rather than the indoor season.

There were six other members from the men's team, two from the women's team, and the coaches in attendance. Nixon credited his performance to this "cheering section."

"The support was a major factor to how well I did," Nixon said.

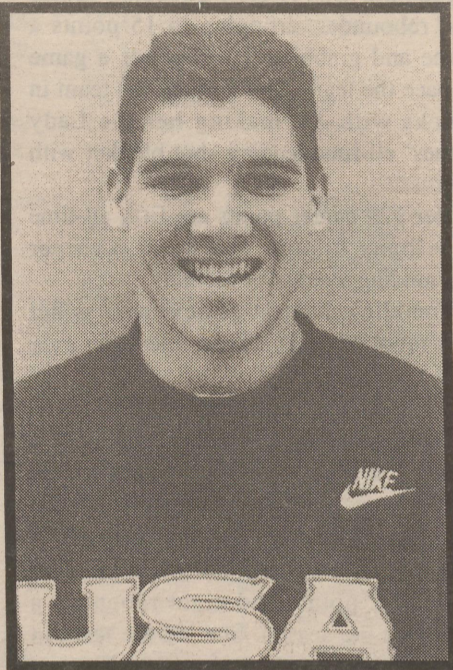
Nixon also felt that the team was ready for the higher level of competition.

"Coach [Roberto] Vives did an incredible job taking us to quality meets," Nixon said. "We competed in meets where we were the only Division III school."

Sellers earned All-American honors in the 400-meters. In the semifinals, he ran a time of 48.87, which set a new school record.

Sellers ran into fourth place in the finals with a time of 48.98. This marks the sixth time he has earned All-American honors.

"Seller's performance has really been outstanding and the 400 meters is not even his specialty," men's coach Roberto



Staff Photo by Edwil Fontanilla
Nixon took third place at his first Nationals.

Vives said.

"I believe that he's the best 800 meter runner (Division III) in the country," Vives said.

In the finals of the triple jump, sophomore Oscar Almendarez finished a disappointing ninth with a distance of 44', 11".

Shawn Condell, a sophomore, ran a time of 8.01 seconds which earned him seventh in the semi-finals of the 55 meter hurdles.

Misfortune befell the 4x400 meter relay in the semifinals. Sellers opened up with a time of 50.8. In the next split, freshman Zamafa Chickwendu ran a personal best of 50.9.

He handed off to junior David White, who ran a split of 51.4 seconds. At this point, the relay team was in third place.

However, during sophomore Melvin Keyes' anchor leg, he pulled his hamstring, taking the team out of the competition.

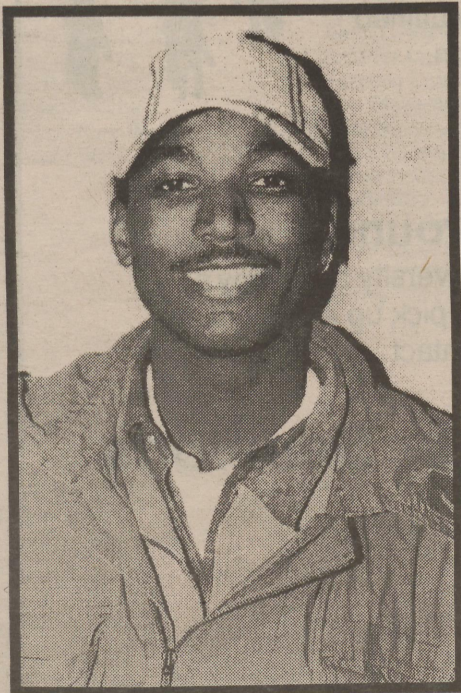
"Injuries happen in sports," said Vives. He also added that Keyes would not let this affect him to badly and that, if anything, it would strengthen his resolve to do well in the outdoor season.

The team finished with nine points in the competition to come in 13th place. Wisconsin-Lacrosse took first with 70 points.

"I was happy with the team finish," Vives said. He was especially pleased considering that only one team member had been to the Nationals before.

Some highlights of the season include winning the Capital District Championship, placing second in the CTC's and the New York State meet.

The season also saw five school records fall. The previous pole vault record fell to Nixon. Sellers broke the records in the 400-meters as well as the 500-meters. Almendarez is the record holder in the triple jump and the pentathlon.



Staff Photo by Edwil Fontanilla
Sellers earned All-American honors again.

By RON BALLE
Staff Writer

Among her collection of achievements and honors, Bonnie Boyette can now add another title to her collection: All-American.

Once again, Boyette broke her own school record in the triple jump. However, this time she did it when it mattered most, in the finals of the Division III National Championships held at Bowdoin College in Maine this past weekend.

Buoyed by what coach Ron White labeled as "one of the most unbelievable performances in Albany State women's track history," Boyette hit the record-setting jump of 37', 7", to place second and earn herself All-American honors.

Laura Somes also competed for the Danes in the 55-meter hurdles, but her time of 9.02 in the preliminaries was not good enough to qualify for the finals.

"She ran her best against top-notch competition," White said. "She had one top-notch season, considering all the injuries she's been plagued with."

A top-notch season is also the perfect way to describe the year that Boyette has had. She broke the school record for the triple jump five times this indoor year, including a victory in this event at the Capital District Championships.

Without a doubt, the highlight for her had to be this past weekend's performance.

With most of the team and jumping coach Paul Mance at Bowdoin to support her, Boyette came out on fire in the preliminaries, hitting a distance of 36', 11

3/4" on her first jump.

"This fired her up and set the stage for the rest of the competition," White said.

On her next two preliminary jumps, she hit 35' and 36', 3", moving her from eleventh place to fourth going into the finals.

Boyette said that she did not feel any different before hitting the record-setting jump.

"I just wanted to be an All-American," she said. "I would have been happy with sixth place."

"I think that the difference was that everyone was supporting me, and my jumping coach was there, which he hasn't been in the past few weeks," she continued.

Elena Zelezov of Brandeis University, the defending champion, won the event with a jump of 39', 6".

Boyette's points were enough to place Albany in the fifteenth spot in the team competition.

Now that she has obtained All-American status and broken the 37-foot mark, she has other goals on her mind.

"I want to break 40 feet," she said. "Then I want to try out for the Empire games and go for a medal."

Yet, these are just the beginning steps on the road to her ultimate goal.

Boyette will be going for the Olympic trials and a shot at competing in the 1996 games being held in Atlanta, Georgia.

With two seasons of eligibility left in indoor track and four seasons in outdoor, it would be hard to bet against her.

Mance is currently in the process of finding out what the qualifying standards

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Lady Danes' season had its high points and disappointments

By PATRICK CULLEN
Managing Editor

The Lady Danes presented an interesting paradox as their 1992-93 basketball season convened at Skidmore College's Sports and Recreation Center for the Capital District Championship Tournament on November 20th and 21st.

Made up of one part experienced, battle-tested players and one part raw, young inexperience tempered with talent, it would be interesting to see how these two parts would mesh in 92-93.

Clouding the picture before any basketball was played, however, was an NCAA ruling that set back the official team starting practice time from October 15th to November 1st.

Meanwhile, the season would start as usual in mid-November. Albany head coach Mari Warner described the results of having her team's preparation time cut almost in half.

"Everything was panicked," she said, "We couldn't worry about fundamentals

...the coaches felt rushed."

The Lady Danes found themselves practicing six out of seven days a week (there must be one day off in a week according to the NCAA rules) in an attempt to make up for lost time.

Albany, a team with young players needing to learn the offense and defense, was adversely affected by the new rule, even more so than, for example a team with a large number of experienced players.

"It was a difficult season because of the later starting date," Warner reflected. "Because of the late starting date we had to jam six practices into seven days... in 1991-92, we went five days a week, with weekends off."

Nevertheless, the Lady Danes' season was a mixed bag of missed opportunities, thrilling victories, and personal accomplishments by a number of Lady Danes.

"I think we did a marvelous job overall," Warner said. "I'm very pleased

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