

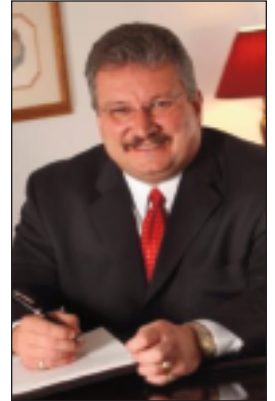


# FOCUS

Notes from the Society for the Psychological Study of Ethnic Minority Issues  
Volume 25, Number 1  
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## PRESIDENT'S COLUMN

*Luis A. Vázquez, Ph.D.*  
*New Mexico State University*



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I was in my back yard in Las Cruces, New Mexico looking at the Organ Mountains and the beauty it portrayed with its different colors, variety of plants, trees, cacti, yuccas, ocotillos, and many more that made up the scenery, along with the coyotes, jack rabbits, rattlers, black widow spiders, and lizards, with many more animals I have not named. What was so powerful about the scenery was the diversity and complexity

of everything that came together to make it what it is a beautiful setting of nature. As president, this is how I experienced Division 45 this past year, a beautiful complexity of diversity that felt natural to me. It came with its challenges, but it also came with optimism, hope and a place to feel connected to those who have a strong mission of eliminating biases, prejudices and racism in our vision of social justice. I received a lot of support from many members, along with various challenges regarding issues to address. Overall, it continues to be an organization of vibrant caring people. Many things took place this past year, thanks to the tenacity of Justin "Doug" McDonald, with full support of the Division 45 EC, Division 45 voted for a Division Bylaws amendment to change its name to:

### **The Society for the Psychological Study of Culture, Ethnicity and Race**

The final documentation was submitted to APA on August 30, 2013 and a waiting period of 60 days, which allows for any questions or comments by APA. I am anticipating a full approval of our name change. Doug has also been a great support person as past-president. Our Newsletter Editor, Alyson Burns-Glover, has done an amazing job gathering articles, keeping our news updated through each publication and having an unbelievable level of patience in working with all of us for the Newsletter. Each time it has been a great publication and continues to be a great publication. John Gonzalez has been one of our strongest assets in keeping the finances and budgets updated for Division 45. He has done a tremendous job and I attribute our financial success to his detailed book keeping and transparency to the EC. Thanks to our Finance Committee Chair, Siony Austria, Division 45 has established well documented procedures for the request of funds and has maintained a high level of integrity, transparency and honesty in applying our procedures to all requests in helping us adhere to our policies. The CDEMP Journal has truly flourished under the leadership of editor, Michael Zárate and his associate editors. They have done a tremendous job in making our journal reach a higher level of impact, well represented among the top social science journals and well receive by all of us in the world of diversity. Links and shoulders was a great success again this year thanks to Elaine Jones. I was with her during the session and was aware of all the planning that took place. I am not surprised it has been an award winning event and from my experience it has continued to be with the strong commitment this year of Elaine and all of us who are dedicated to see it always be a success. With a student representative like Jasmin

Llamas, I have very little worry of the future of Division 45. Her leadership, organizational skills and her ability to motivate students and division members to participate in activities was very evident through the convention and the year. Jasmin has always had the students' best interests in mind. Division 45 could not continue to exist without an outstanding Membership Chair, Germiné Awad, who has continually made all members feel welcome through her correspondences, phone calls and creative ways of reaching out to our new and existing members. Bill Parham and Jessica Henderson-Daniel have been remarkable assets in keeping Division 45's best interest in mind on the Council. Their knowledge and wisdom has supported Division 45 in discussing and exploring all issues to decisions that would impact the division. Joseph Gone has also been of great help to me in organizing, scheduling, and asking challenging questions regarding programming or commitments to other organizations.

I also want to acknowledge Bertha Holiday and Felicisma Serafica in their efforts of recording and documenting the history of Division 45 that will become public knowledge for everyone to enjoy. I have appreciated the support of our secretary, Cathy McDaniels Wilson for keeping minutes of our often complicated discussions during our phone calls. Without Jae Yeon Jeong, the conference calls

for Division 45 EC would have never occurred. Her diligence and patience with me this year was incredible. Casey McDougall as the Program Chair and WanmDiwi Rose, Student Assistant did an unbelievable job programming for the APA Convention this year. It was a tremendous task and it was well done I have also appreciated the support of Shamin Ladhani, Consuelo Arbona and Jennifer Manly as Members-at-Large for their efforts, contributions and participation on the Division 45 EC, along with Azara Santiago, who served as the Fellows Chair. I want to make a strong acknowledgement to the Past Presidents Advisor, Joseph Trimble. He has provided wisdom, history, guidance and strong support whenever I have had questions, ideas and dealing with challenging situations. As President, I have the great privilege of having such confident to share things with regarding Division 45.

I want to end by saying that you can only be a leader through serving others and in return others serve the organization. I have come to realize that without the support, commitment and dedication of all those that I have mentioned, along with such a strong dedicated membership, Division 45 would not be the strong Division that it is with its mission of serving the diversity of needs of our membership within APA and society. I want to thank all of you for all you have done for the Division.

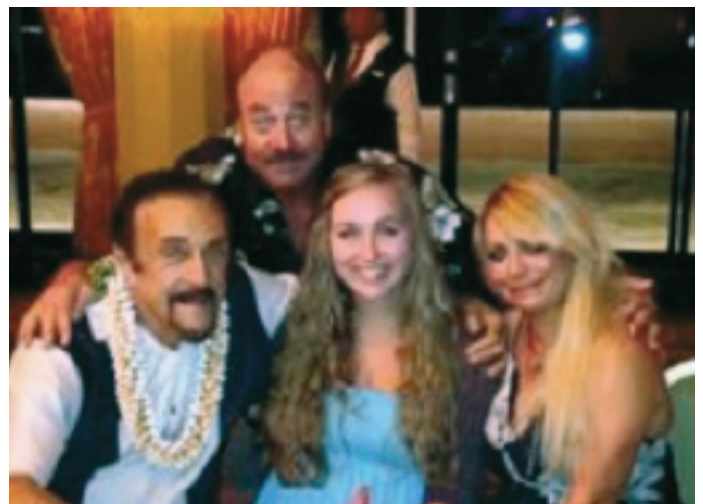
## THE LAST COLUMN: PAST-PRESIDENT

*Doug McDonald, Ph.D.  
University of North Dakota*

As I sat down to write this final column for our newsletter as a president for Division 45 I had an odd automatic thought: "Seems like I've done a lot of these". And, in reality, I have - as it occurred to me that due to the changing of presidential terms (01DEC rather than at convention) that began with my election, I've been the longest-serving member of the presidential trio in our history, given that I was President-elect for 1 ½ years. That made me chuckle. It also caused me to reminisce. I remember my first column, feeling so unworthy and intimidated, and no idea what to say. I was so desperate to do well - to leave a meaningful legacy and make things easier for those who succeeded me. Three years ago seems an eternity in some ways, yet in others a fleeting blink. Like so many other experiences, right about the time you figure out what you're supposed to be doing, its time to be done! But I step aside with pride and excitement in what we've accomplished, and as I consider our future leadership and directions.

We now have clear Policies and Procedures for all that is required of the Executive Committee (EC). I charge future EC's to memorize them and stick to them. No more excuses or head-scratching "what do we usually do?" types of questions. Its all there, as it is in the new Orientation Manual compiled during Jean's presidency and finalized in mine. Now new and prospective EC

members can be assured of their duties and responsibilities. We have a new committee - the Governance Committee - charged with recruitment and advocacy for Psychologists-of-Color in all levels of APA governance, including the Board of Directors, and even President. WE HAVE A NEW NAME!! *The Society for the Psychological Study of Culture, Ethnicity and Race*. These accomplishments were born from my presidential initiatives, and I couldn't be more proud of all those that helped make



*Phil Zimbardo, Doug McDonald, Rosie and Cher at APA, Honolulu*

them happen. They created some sleepless nights and gray hairs, but well worth it.

I will close with what I've learned, and there is so much gleaned from this journey. Foremost among these lessons is that being President is a big job, and you can't do it alone by any means. Being effective requires a certain skill-set, some of which I had, some of which I had to learn in a hurry. The ability to delegate is huge. *Trusting* that delegated tasks will be completed and well requires approaching good people, which is hard, even when asking people you know and love. I've said many times "You Find Out Who Your Friends Are" once elected D45 president – and I apparently have many and fine friends who are reliable, beautiful relatives. Patience is not only a "virtue" but a necessity. I don't do Patient well typically, but when the

goals are so important, you learn. Responsibility-taking is key - the old saying "Its may not be my *Fault*, but it is my *Responsibility*" is an important mantra.

Finally, I re-learned something I've long known – Division 45 is - and is all about - Family. Its about Elders, and the oral history and battles they won so we could stand proudly upon their shoulders. Its about Students, and the bright, compelling future they will create for us. Its about Vision, Respect, and Courage. It has been an honor and privilege serving as a leader of this proud clan. I wish health and love to you all and yours!

Mitakuye Oyasin, ("We are all Related")  
Doug

## PRESIDENT-ELECT

*William Cross, Ph.D., University of Denver*

### THEMES FOR 2014: GAY-LESBIAN EXPERIENCE AND THE MASS INCARCERATION OF ORDINARY PEOPLE OF COLOR

The late James Baldwin, celebrated author, essayist, and activist, was once asked by a white reporter the following question: "When you started out, you were black, impoverished and gay; you must have said to yourself, 'How disadvantaged can I get?' " To which Baldwin replied: "No, I thought I hit the Jackpot.



It was so outrageous you could not go any further (pause) . . . and *you had to find a way to use it. (Italics added).* Baldwin's response was in the tradition of Zora Neal Hurston, who believed that although outsiders imagined blacks [or gays], to be a "problem", blacks and gays themselves saw themselves as more *fully developed and interesting*. In a similar manner, a deficit perspective frequently frames research conducted on LGBT-queer populations by heterosexual observers. Div. 45 needs to crash through such assumptions by offering a platform for *Queer People of Color* to tell their own story.

The last four Div. 45 elections have resulted in the selection of four persons from racially/ethnically/culturally distinct backgrounds (Native American, Latino, African American, and Asian American). At the same time it cannot be overlooked that all four are male heterosexuals. Whatever the explanation, this trend that appears to privilege gender and sexual orientation, needs to be *disrupted*. Taking a step in that direction, one of the themes guiding the 2014 Convention Program will be: **Research and Scholarly Activities Highlighting the Lived Experience of LGBT-Queer People of Color.** It is important for us to challenge assumptions of patriarchy and heterosexism that may operate within our communities and organization(s). It is equally important to spotlight the ways in

which voices have been silenced within our communities. We are interested in creating a truly open, diverse, and pluralistic professional community in which everyone feels respected and can contribute to the dialogue. Recent scholarship has begun to examine the lived experiences of gay, lesbian, and bisexual people of color. However, this scholarship is often assigned to the margins. Division 45 can serve as a leader in psychology to move this discourse to center stage.

A second theme will address the hundreds of thousands of people of **color ensnared in the prison system.** Currently, people from outside and even *within* our own communities "explain" criminality through personal choice, psychopathology and defiance. Findings by such scholars as Troy Duster [*White Washing Race: the Myth of a Colorblind Society*] and Michelle Alexander [*The New Jim Crow: Mass Incarceration in the Age of a Colorblind Society*] point to the precipitous disappearance decent paying jobs and the society's attempt to control the behavior of redundant workers through hyper-surveillance and incarceration. As happened with white ethnic groups during the 1920s and 1930s, today's redundant workers, who are disproportionately Africa American, Native American, Puerto Rican and Mexican, have responded to their predicament by turning to opportunities found in the underground economy. In seeking a way to feed and clothe their families and friends, high-risk underground enterprises entangle not sociopaths but regular or "ordinary" folk. It is the responsibility of Div. 45 to help paint an accurate picture of the psychological characteristics of otherwise [normal] people of color, who in the face of protracted and limited employment opportunities, turn to high-risk marginal activities to sustain themselves and



their families. We need to help society understand the difference between “personal psychological choices” versus **predicament driven choices**.

The above two themes are the life work of scholars, activists as well as practitioners. Consequently, the conference will present a mix of scholarly papers and presen-

tations, reports on effective interventions and clinical programs, panels and symposiums narrated by folks who have lived the experiences. I ask the help of everyone in Div. 45 to get the word out by sharing this statement as well as the call for proposals that appears elsewhere in this newsletter.

## PSYCHOLOGY PRACTICE IN THE HEALTH CARE REFORM ERA: DEVELOPING AND THRIVING IN AN INTER-PROFESSIONAL PRACTICE.

*BARRY S. ANTON, Ph.D., ABPP  
Rainier Behavioral Health, Tacoma, WA.*

Multidisciplinary, interdisciplinary, transdisciplinary, multispecialty, integrated, interrelated, interprofessional, and collaborative. These terms suggest the concept of teams of health care providers working together offering comprehensive, quality, affordable health care. The idea is not new. “The concept of medicine as a single discipline concerned with only the restoration of individual health from the diseased state should be replaced by the concept

of ‘health professions’ working in concert to maintain and increase the health of society as well as the individual.” (Coggeshall, 1965; Mills, 1966).

APA’s recently published “Core competencies for Interprofessional collaborative practice.” (APA, 2009) defines “interprofessional” or “Interprofessionality” as, “The process by which professionals reflect on and develop ways of practicing that provides an integrated and cohesive answer to the needs of the client/family/population... [I]t involves continuous interaction and knowledge sharing between professionals, organized to solve or explore a variety of education and care issues all while seeking to optimize the patient’s participation. Interprofessionality requires a paradigm shift, since interprofessional practice has unique characteristics in terms of values, codes of conduct, and ways of working.”

### *What are barriers to interprofessionalism?*

Although the need for collaborative approaches to health care delivery is clear, barriers exist which hinder implementation. One of the biggest barriers to accessing behavioral health services is the critical shortage of treatment capacity. Currently, 55% of US counties have no practicing psychologists, psychiatrists or social workers. (NAMI, 2011). Another barrier can be legislative. A remnant of the 19th century, the Corporate Practice of Medicine Doctrine holds that physicians should make medical decisions autonomously. The logic was that if businesses owned by non-physicians controlled the delivery of health care, health care could be decided based on a profit motive, rather than the best interests of the patient. The Doctrine prohibited “lesser licensed” providers from controlling or directing health care. This limitation is particularly onerous in an era of technological advances including electronic health records, computerization and the need for capital to grow a business. Because states vary in the application, requirements and limitations of the doctrine, it is costly for providers wanting to practice interprofes-

### **PRESIDENTS’ ANNOUNCEMENT DIVISION 45 ENDORSES BARRY ANTON FOR APA PRESIDENT-ELECT**



*Barry Anton, Ph.D.,  
ABPP*

Members of the Division 45 Executive Committee (EC) met with APA president-elect candidates Dr. Barry Anton, Dr. Steven Reisner, and reviewed a letter and statement provided by Dr. Kurt Geisinger during the APA Convention in Honolulu in August. The meeting was run by Doug McDonald and Bill Parham, with five other EC members present. A series of questions were presented

to the candidates and answers processed by those present. Following the visit the EC voted to endorse Dr. Anton based on his admirable track record as an ally of Diversity in general and Division 45 specifically. Of particular note was Dr. Anton’s declaration to hold a “Integrated Care Summit” during his presidency, of which he envisions Diversity to play a pivotal role.

sionally to navigate this legal minefield. Violating the doctrine can put providers at risk of running afoul of licensing laws. Twenty-two states currently allow differently licensed health care providers to form corporate entities, while five jurisdictions have some flexibility to do so. The remainder of the states do not allow these entities (Nessman, 2011). Other barriers to interprofessional practice include: hierarchical attitudes, differential and declining reimbursement rates for similar services, lack of understanding of the advantages of interprofessional care, fear of change, risk aversion and the challenge of developing an entrepreneurial spirit.

These challenges, coupled with psychologists having little formal business training, hinder the transition to interprofessional mental health care delivery. While innovation and interprofessional groups are the cutting edge of mental health care delivery, according to an APA Practice Survey of Practitioners (2011) with over 2500 respondents, fewer than 12% reported working in a group practice, while 49% indicated they were solo practitioners. Those solo practitioners with established practices, or with niche practices, will likely continue to thrive as health care reform unfolds due to supply and demand and having an established referral base, while many other psychologists will move into groups with interprofessional practice opportunities. Early Career Psychologists will be challenged as they compete in a crowded and confusing marketplace.

*The Group Practice Turnkey Model: Rainier Behavioral Health, PLLC: A Thriving Model of Interprofessional Practice*

Rainier Behavioral Health, in Tacoma, Washington was established in 1985 as an interprofessional mental health clinic. We currently see approximately 18,000 patient visits yearly, with almost two thousand new cases each year. Initially configured as a partnership due to existing Corporate Practice of Medicine Doctrine laws preventing a psychologist and psychiatrist from incorporating, the partnership had extensive liability exposure. In 1995 the Washington State Psychological Association, in partnership with allied health providers, lobbied successfully to repeal the Corporate Practice of Medicine Doctrine.

Over the years, as the value of interprofessional care became acknowledged as an effective approach to mental health provision, the clinic evolved into its current complement of 17 therapists, including four physicians, a pediatric ARNP, eight psychologists and four social workers. Four of the psychologists are child and adolescent trained, and there is one neuropsychologist. The practice is incorporated as a Professional Limited Liability Company (PLLC).

*Organizational Structure of Rainier Behavioral Health*

There are eight full time and two part time support staff. Two full time support staff handle triage, insurance veri-

fication and authorization, and initial appointment scheduling. Front desk staff are responsible for patient check in, rescheduling, co-payment collection, phone calls, faxing, and file management. Billing support staff handle billing issues and insurance submission, while the part time bookkeeper manages accounts payable, payroll, tax filing, and benefit management. Therapist and support staff benefits include: health insurance, a flex benefit plan, retirement plan access, life, disability and accidental death and dismemberment insurance, optional dental and vision coverage, and vacation and sick leave. Prescription refills, supplies, equipment maintenance contracts, repairs and support staff management are handled by the office manager.

Employees are W-2 employees. The practice pays malpractice, a yearly continuing education allowance, Social Security, Medicare, unemployment and other mandated taxes, furniture, office supplies, Internet and telephone access, utilities, and maintenance. Our philosophy is that Rainier Associates hires well trained, quality therapists who can work as a team in providing excellent mental health care in an interprofessional environment. Our motto is: "Quality is Economy." Each therapist who joins the group automatically qualifies as a member of the insurance panels we contract with, as we have clinic status. Early career psychologists have an advantage in this regard as panels that might exclude them because of inexperience, or panel closure, include them as part of our group. Therapists are paid a percentage of what they collect, with more revenue yielding a higher percentage. There are no set working hours, no set vacation periods, no micromanaging of time on site. While we hope that productivity will be high, and that therapists will work full time (defined as 20-25 weekly billable patient hours), we understand that life happens, and that productivity varies over the course of a therapist's career. Because we are a large group, when a therapist is out, we cover for each other, maintain referral, scheduling, billing, and continuity of care. Insurance companies only have to deal with one tax ID number, one point person for credentialing, and one payment to the group. Insurance companies are businesses too, and efficiencies of scale matter.

Group practices can provide a valuable and viable model for interprofessional practice. This article briefly describes Rainier Behavioral Health's turnkey model as an example. Rainier Behavioral Health doesn't have rigid controls on productivity, a competitive work environment, or the lowest overhead costs. What Rainier Behavioral Health offers, however, is a collegial interprofessional mental health clinic model that maximizes the therapists' skills and training, while benefitting from its larger scale in both insurance collections and the value of support staff.

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## PSYCHOLOGY PRACTICE (Continued)

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*Dr. Barry Anton is in independent group practice in Tacoma, Washington. He is board certified in clinical child and adolescent psychology. He served three terms on the APA Board of Directors, and is candidate for APA president-elect. For information about his candidacy, see his campaign website at: [www.BarryAnton.com](http://www.BarryAnton.com)*

### COUNCIL OF PAST PRESIDENTS

*Joseph Trimble, Ph.D.*

*Western Washington University, Bellingham*

### NEW COURSE SYLLABI AND TEACHING RESOURCE FOR DIVISION 45'S WEB SITE

Dear Members, within the coming year Division 45 will be actively soliciting content for its forthcoming web page devoted to the teaching of the field represented by the field; e.g., cross-cultural psychology, cultural psychology, ethnic minority psychology, multicultural psychology, etc. We plan to catalog syllabi, activities, demonstrations, videos, PowerPoint presentations, and related resources to help instructors develop and improve course offerings. The materials will be targeted towards undergraduate and graduate course in the field as well as integrating the field's content into other psychology courses and programs. Once the portion of our web site is fully developed and ready to ready submission and announcement will be sent out to our listserve. The members of the ad hoc committee on teaching resources are Joseph E. Trimble, Chair pro tem, Alyson Burns-Glover, Elaine Jones, Jeffrey Mio, and Rebecca Toporek.

## FROM THE EDITOR

*Alyson Burns-Glover, Ph.D.,  
Pacific University, Oregon*

### A'OHE PAU KA 'IKE I KA HALAU HO'OKAHI



*A'ohe pau ka 'ike i ka halau ho'okahi.* Not all knowledge is learned in one school. This Hawaiian 'ōlelo no' eua [proverb] was echoing in my mind during my return to the islands for APA's Convention. Holding our meetings at the "gathering place" island of O'ahu allowed all of us to learn new ways of knowing, being, and listening.

The weather let us know that we had to be patient and wait for the islands to welcome and protect us. Hurricane Flossie may have rattled some windows, but it did not dampen any spirits. As we learned at the **Native Hawaiian Cultural Gathering** sponsored by Divisions 35, 45, and 17 (see Wendy Peters' column), the power of the storm also brings the beauty of the *ānuenuē* [rainbow]. Division 45 presented or co-sponsored several important events our correspondents discuss in this issue. They ranged from the inspiring **A Visit With Native Hawaiian Psychologists** to the gut wrenching **James Jones Conversation Hour**.

We once again can report on the success of our **Links and Shoulders** event (see Member-At-Large, Elaine Jones' column) as well as our new Graduate Student Travel Award winners. Each has written about their experience of the convention and how much they learned. Graduate Representative, Ms. Jasmin Llamas, provides us with her own report from the inside—the news is good. We are building a "pipeline" and the ideas are flowing! It is important to note how enthusiastic our graduate students are about participating in our programs and conventions. Read our travel award winners' reflections in their columns. The importance of providing them with financial and intellectual support cannot be understated. If we build it, they will come.

Our **Members-At-Large** direct our eyes to important new research in areas of Immigration (see Consuelo Arbona's column). In his column, Joe Gone notes APA's inauguration of a new *Society of Qualitative Inquiry in Psychology*. SQIP affords many new opportunities to embrace other ways of knowing and ways of telling what we know. Shamin Ladhani reminds of the work being done in *the Asian American Psychological Association [AAPA]*.

Dr. Barry Anton's guest article *Psychology Practice in the Health Care Reform Era: Developing and thriving in an inter-*



*professional practice* is another example of a new framework.

In this issue we say goodbye to Doug McDonald, our past president, and we say hello to an exciting new opportunity to create an online webpage for teaching diversity. Joe Trimble tells us all about this new vision of learning and sharing in his column. Also new is our proposed name change to “The Society for the Psychological Study of Culture, Ethnicity, and Race.” Luis discusses this in his column. Doug and others did a tremendous amount of work to bring forward this new vision with the advice and consent of our members. Once again, Doug leads us on our path to being better listeners.

Our President-Elect, Dr. Cross, provides us with his presidential themes, and *disruption* is one of them. Disruption of heteronormative assumptions and discourse. Disruptions of our current prison-industrial complex, and disruptions of systems of inequality and poverty that presume deficits and deviance as primary explanatory variables.

Our journal editor, Michael Zarate, reports that CDEMP is now officially a “high impact journal” and there is quite a bit of good news to share.

Finally, I want our readers to note just how many exciting opportunities are coming our way—promotions for no fewer than four conferences (ISPRC Diversity Challenge, Division 45 Biennial, APA 2014, and National Multicultural Summit 2015) are featured in our newsletter. We are building it and new people are arriving all the time—check out **Gigi Awad’s Membership Report**.

As I read the words of my colleagues and the graduate students, their hopes, concerns, desires for a more just world, a more perfect union, I reflect back on the history of the Hawaiian people who were such warm hosts to us at APA and another phrase: *Pūpūkahiki I Holomua*, unite to move forward. The powerful symbol of the paddlers in a canoe, uniting in their efforts to move towards the shore.

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## APA COVENTION EVENTS: JAMES JONES CONVERSATION HOUR

*Luis Vázquez, Ph.D.*

A very important phenomenon to our well-being in a society is our sense of belonging and having a sense of community. According to McMillan and Chavis, (1986) a sense of community incorporates four components: membership, influence, integration and fulfillment of needs, and shared emotional connection. Membership is a sense of personal relatedness, being part of others with valued interactions. Influence is described as feeling that a person matters in the group and that the group matters to its

members. As part of belonging, members should feel a sense that their needs will be met by the group to create a sense of belonging. A shared emotional connection is the belief that individuals have a common history and experience.

These four components were definitely present in the **James Jones Conversation Hour**. It was evident that those who showed up to share their feelings and express their ideas had hopes to share these with the group to be sent to APA, as well as what each individual could contribute from their own communities regarding the prevention of systemic bias, discrimination and racism, in order to prevent violence against children and adults of color. All of us took care to listen to each other with respect and empathy, as some of us shared how the Trayvon Martin tragedy impacted our livelihood, whether it was through expression of anger, frustration and sadness, describing behaviors that would protect our children of color, and letting each other know that we all mattered to each other. The responsibility for change belonged to all of us regardless of color. The meeting was a beginning in a journey of exploration on how we could present some of our concerns and needs through APA and each other. The tragic event of Trayvon Martin reminded us of an all too similar history of violence and the experiences of fear that one of our children of color may face in a society that perpetuates systemic bias, prejudices and racism based on color.

Throughout the meeting, there were tears of frustration and sadness, expressions of fear for our children, and anger for such a de-humanizing experience of tragedy for another child of color. When looking around the room, you could feel a sense of hope among each other. There was also a sense of faith that all of us in that room truly wanted to change the world and make it a place without racism, bias and fear for our children of color. The meeting came to an end after approximately 1 hour. There was a feeling that there was so much more that we wanted to share with each other, but time constraints did not permit for a longer discussion. The sharing of our experiences and ideas led to some initiatives to present to APA and our membership that were submitted to the various boards.

I want to thank all of you that attended the James Jones Conversation hour and had the courage to share with each other. I felt honored and humbled that you all allowed me to serve as a facilitator among such leaders that were present at the meeting. I believe that we shared some good ideas that need to be acted upon. There were many of us willing to volunteer our time to such efforts. I will follow up with the committees and boards to see how our ideas were received and be acted upon.

Thank you,  
Luis

## APA CONVENTION EVENTS: VISIT WITH NATIVE HAWAIIAN PSYCHOLOGISTS

*Joseph Trimble, Ph.D.*

*Alyson Burns-Glover, Ph.D.*

Division 45 was honored to host a “talk story” session with Drs. Keawe’aimoku Kaholokula and Kamana’opono Crabbe. The event was arranged by Dr. Joseph Trimble and Dr. Alyson Burns-Glover to promote Division 45 members’ knowledge about Native Hawaiian psychologists, their research, and their approaches to the needs of the Native Hawaiian community.

**Dr. Crabbe** was named Chief Executive Officer at the Office of Hawaiian Affairs in 2012 and has a distinguished career as a clinical psychologist working in the Hawaiian community. His research on Native Hawaiian conceptions of grief and depression is essential to understanding indigenous expressions of emotions and their links to physical well-being. He spoke about the importance of understanding Hawaiian language and sayings (‘ōlelo) clients use to describe their emotions. He discussed the importance balancing the need for evidence-based practice with culturally informed treatment approaches.

**Dr. Kaholokula** is an Associate Professor and Chair of Native Hawaiian Health, Deputy Director for the Center of Native and Pacific Health Disparities Research and Co-Director for the PILI ‘Ohana Community-Academic Partnership. He recently published “Association between Perceived Racism and Physiological Stress Indices in Native Hawaiians” in the *Journal of Behavioral Medicine*. 35(1): 27–37, 2012. . doi:10.1007/s10865-011-9330-z. He discussed his research but also his personal story of the role taking a Hawaiian language class in community college played in his eventual decision to earn a doctorate.

The Division 45 Hospitality suite was filled with graduate students, researchers, and American Indian psychologists (Dr. Teresa LaFramboise and Dr. Trimble) interested in the important work being done with the Native Hawaiian community of Hawai‘i.

Chelsea Y. Wong, a Native Hawaiian graduate student pursuing her PsyD. wrote: “The conversation hour with Keawe’aimoku Kaholokula, PhD and Kamana’opono Crabbe, PhD, was much needed at the APA conference. It was refreshing to hear first hand experiences from two distinguished Native Hawaiian psychologists, who are actively involved with the Native Hawaiian community... As a group, we listened and thoroughly discussed the obstacles, hardships, and consequences that Native Hawaiians and Indigenous communities endure, due to colonization and militarization. Dr. Kaholokula and Dr. Crabbe addressed Native Hawaiian health disparities and

mental health concerns by offering strategies to improve care and access to services through culturally appropriate means unique to Hawai‘i. I greatly appreciated this lively discussion and individuals who attended, due to the authenticity and realistic examination of Hawai‘i and Native Hawaiian concerns that are often overlooked and forgotten by researchers. Additionally, it was fitting that the session ended with a Native Hawaiian chant performed by Dr. Crabbe and Dr. Kaholokula. At the end, you could feel the *mana* within the room.”

Many of the attendees appreciated the chance to exchange stories and ideas in an informal setting. They suggested that these types of talks be offered at more APA conferences. “I really enjoyed the talk story and meeting everyone. I wish more talks were like this one and as relaxing” Dr. Kaholokula said.

For more information about their research and work for the Native Hawaiian community, see [http://www3.jabsom.hawaii.edu/native/profiles/kaholokula\\_profile.htm](http://www3.jabsom.hawaii.edu/native/profiles/kaholokula_profile.htm)

<http://www.oha.org/bio-page/dr-kamanaopono-crabbe>



*Division 45 Graduate Students Listen to Dr. Kamano’opono Crabbe*



*Dr. Keawe Kaholokua and Chelsea Y. Wong, Psy D. candidate, Pacific University, Oregon.*



## APA CONVENTION EVENTS: CELEBRATING HAWAIIAN CULTURE A TESTAMENT TO RESILIENCY AND RAINBOWS

Wendy Peters, Ph.D.

University of North Dakota School of Medicine and Health Sciences

Since the days when foreigners first arrived on her beautiful shores, Hawaii has been a multicultural community and home to many different ethnic populations. For the once vigorous and physically robust Native (Indigenous) Hawaiians, however, the arrival of foreigners marked a dramatic shift in their well-being, economic prosperity, and social status as sovereign citizens. Thankfully, changing times have finally begun to reveal the latent strengths inherent in Hawaiian culture and values, and those who are advocates of the Native community have taken up the task of healing the Hawaiian people by helping to revitalize their homelands and working to re-traditionalize their culture. These important endeavors, however, are all too often eclipsed by media stereotypes, tourism propaganda, or simple misinformation.

Aiming to highlight authentic Hawaiian culture from a strengths based perspective, with an intent to inform and celebrate all that is admirable about it, **Dr. Wendy Peters**, who is Native Hawaiian and the president of Section 6: Indigenous Women (Division 35), led a small, dedicated committee of volunteers from Divisions 35, 45, and 17 to accomplish just that by hosting an educational enrichment event celebrating the Hawaiian culture. Members of the committee were **Dr. Susana Ming-Lowe** (Div. 35, Sec. 5), **Dr. Julii Green** (Div. 35, Sec. 1), **Vanessa Li** (Div. 45, Adelphi University), Division 17 Leadership Development Institute Fellows **Phillip Keck** (Ball State University) and **Anita Mihecoby** (AI Numunu Comanche, New Mexico State University), and **Monique Macalinao** (Event Planner).

Overcoming innumerable challenges, with team members spanning the country and working across an ocean with no capital to speak of, the plans eventually fell into place and 250 tickets were sold after only 2 weeks of promotion. To the team's surprise, they were subsequently besieged with email requests to make more tickets available. Despite the monetary and logistical considerations that weighed heavily upon them to accomplish that, the Hawaiian spirit of resilience prevailed and the end result was that over 500 guests were able to attend the festivities.

The challenges, however, did not stop once the tickets were sold out. Just days before the APA convention, the threat of a hurricane wreaked havoc with travel schedules or worse, cancelled them entirely and the volunteer helpers for the luau were no exception. Making matters even more hectic, a traffic accident caused the venue to be

without power on the day of the event. Nonetheless, even in the unusually oppressive heat of the stormy weather front, everyone involved pulled together to stage this unprecedented APA event.

In addition to a number of Dr. Peters' own family members, the student volunteers who were actually able to get to Hawaii, along with a few others who pitched in at the last minute saved the day by helping with all the tasks necessary to host 10 busloads of attendees. Many thanks go out to **Dr. Laura Straughn** (Georgia State U.), **Melissa Wheeler**, **Monica Slinky**, **Royleen Ross** (U of North Dakota), **Kayi Hui**, **Minji Yang** (U of Maryland), **Holis Tsoi**, **Joe Nee** (CSPP, Alliant International U, Los Angeles), **Wells Ling** (St. Louis U), **Mrs. Anne Scott** (Dr. Julii Green's mom), and **Arielle Smith**. The preceding list of helpers is by no means exhaustive, as many others also rolled up their sleeves to lend a hand wherever one was needed. Likewise, thanks are owed to a number of organizational sponsors whose generosity made the event possible: **Division 35 Society for the Psychology of**



*Patiently awaiting the power generators*



*A view of Kualoa Ranch from the Ranch House patio where the lu'au was held – a sacred place overlooking the ocean*

## CELEBRATING HAWAIIAN CULTURE (Continued)



L to R: M. Duarte, A. Austin, B. Kaapeha-Tanner, K Crabb



Dr. Kamana`opono Crabbe

Women, the Society of Indian Psychologists, Women's Caucus of Council, Argosy University Hawaii, Ball State University, Ethnic Minority Issues Caucus of Council, Division 17 Society of Counseling Psychology, Division 52 International Psychology, and the Hawaii Psychological Association. After expenses, the sponsorship and other proceeds raised were donated to benefit worthy Native Hawaiian serving community organizations that included Halau Ku Mana Charter School, I Ola Lāhui Rural Hawai'i Behavioral Health, and Kako'o O'iwi (a community participatory project for sustainable culture).

Featuring eminent Native Hawaiians who cordially spoke about their specific endeavors, the event was conducted according to traditional Hawaiian protocols and values. It was an evening packed with culturally enriching education and art forms. First to address the group was **Mahina Paishon Duarte**, the Principal of Halau Ku Mana, a charter school focused on retraditionalization with a curriculum steeped in Hawaiian culture and courses such as aquaculture, sustainable agriculture, and ocean voyaging. **Bonnie Kahape'a-Tanner**, also affiliated with Halau Ku Mana, is a teacher of Polynesian canoeing and celestial navigation. Mentoring the Native youth, her



Halau o ke 'A'ali'i Ku Makani performing a contemporary hula number.



2013 Na Hoku Hanohano Award Winners - Na Hoa

work is helping to re-affirm their connection to the land and ocean, as well as instilling in them a sense of caring for Hawaiian traditions. Dr. Aukahi Austin, Executive Director of I Ola Lāhui Rural Hawai'i Behavioral Health, and APA member, was also present to impart her knowledge. Dr. Austin's organization provides culturally-minded, evidence-based behavioral health care that is responsive to the needs of medically underserved and predominantly Native Hawaiian rural communities. Last to address the attendees was the keynote speaker and CEO for the Office of Hawaiian Affairs, **Dr. Kamana'opono Crabbe**. Also a member of APA, Dr. Crabbe shared some of his experience with traditional healing practices that are being incorporated to help Native men. After the presentations, a traditional luau dinner buffet was served and guests were entertained by the 2013 Na Hoku Hanohano (Rising Stars) Award Winning band, **Na Hoa**. Under the direction of Kumu Hula **Manu Boyd**, and a fitting conclusion to a wonderful day's celebration of culture, **Halau o ke 'A'ali'i Ku Makani** at last took center stage dancing the hula under the moonlit Hawaiian night (because the spotlight was broken too – LOL).

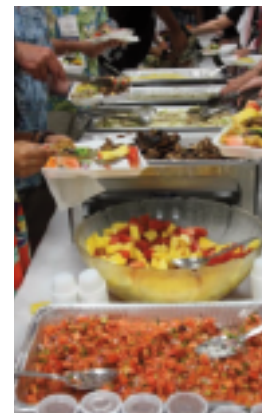
Yes folks, it was a challenging day that exacted patience, understanding, and resiliency from all concerned, but in the end everyone went home feeling it all was worth it! On that day, a Hawaiian rainbow did indeed shine through the stormy weather showcasing Hawaii's legacy in the wisdom of her progeny. Best of all, it was those who came to learn, share, and enjoy the event that were



Halau o ke 'A'ali'i Ku Makani performing hula kahiko (ancient style hula)



Dr. Peters with a multi-cultural rainbow of helpers



Traditional Hawaiian Food



the most beautiful rainbow of diversity to be seen at this year's APA convention. With attendees representing almost every APA organization and coming from all corners of the globe, it was a multi-cultural gathering exemplary of diversity itself. The evening was undoubtedly a testament best described by the Hawaii state motto . . . "Ua Mau ke Ea o ka Aina i Ka Pono," – *The life of the land is perpetuated in righteousness.*

For more information or questions about the event contact Dr. Wendy Peters at wpetersphd@gmail.com.

## TREASURER'S REPORT

*John Gonzalez, Ph.D.  
Bemidji State University*

*Aaniin Division 45 Niijiwag!* (Hello Division 45 Friends!)



### Introduction and Background

I respectfully submit the treasurer's report for the Fall 2013 FOCUS. In this edition of FOCUS I will report on the financial status of the division for 2013, up to Convention in Hawaii (does not including *all* expenses incurred at APA Convention), as well as projections for 2014.

### Overall Status Year-to-Date (8/5/2013)

Readers are reminded that our actual accounting is provided by APA Divisional Accounting Services- who provides quarterly balance sheets and reports to the treasurer. The information and data reported here is taken from the July 2011 report as well as my own records. What follows is a year-to-date accounting of our major revenue and expense budget categories.

#### REVENUES:

Our total revenue as of mid 2013 is \$122,967. Major revenue categories include membership dues (\$40,121), Royalties (\$68,806).

#### EXPENSES

Our total expenses as of mid 2013 (which includes *some* APA convention expenses) are \$71,607. Major expense categories include EC Meetings (\$16,941), Convention events/activities for membership (\$21,000), Donations (\$15,500).

Our net revenue as of 8/5/2013 is \$51,360. It is projected this figure will be similar once all 2013 revenues and expense are accounted for. As can be seen from above, our membership and journal (CDEMP) constitute significant portions of our finances.

### Future Projections

A 2014 budget was submitted and approved at the APA Convention EC Meeting. Below are the projected revenues and expenses.

\$100,000 Revenue

\$87,000 Expenses

This is the operating budget and does not include revenue that may be generated from the Division 45 budget.

In the spring issue of FOCUS I will provide a final accounting of 2013 expenses and revenues. In the meantime, please feel free to contact me with any questions.

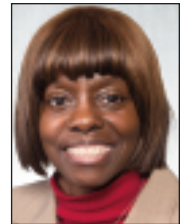
*Miigwech* (Thank you)

John Gonzalez, Ph.D.

## MEMBER-AT-LARGE DIVERSITY SLATE

*Elaine F. Jones, Ph. D.  
Arcadia University, Pennsylvania*

At the 2013 Convention of the American Psychological Association, Hilton Hawaiian Village Hotel, Honolulu, Division 45 sponsored "**Links and Shoulders Mentoring Social Hour**", our "speed mentoring" psychology graduate student program. Links and Shoulders is an important Division 45 program at APA Convention and provides an excellent opportunity for students of color and the next group of future psychologists to meet with mentors in a safe, supportive, and encouraging setting. A stellar group from the Division 45 community volunteered to participate as mentors and on the afternoon of Thursday, August 1<sup>st</sup>, 13 mentors and an excited and diverse group of 30-35 psychology graduate students linked to discuss various topics and enjoy tasty refreshments. Mentors sat at tables where they discussed a topic and students had limited time sessions at tables to informally discuss topics and issues of their interest. Examples of topics that were discussed included navigating bias and prejudice in graduate school, internship interviewing, pursuing careers in academia, research and teaching, and success at one's first job. Conversations were informative and fun, graduate students had varied interests and discussed important issues with mentors, and the coming together of mentors and mentees made for an enjoyable and successful event as you can see from these photos. In fact, conversations continued well beyond the official end time of the event and as such, we look forward to sponsoring Links and Shoulders next



## MEMBERSHIP

To change incorrect information on your newsletter mailing label, please contact:  
Dr. Germaine Awad  
gawad@austin.utexas.edu



## MEMBER-AT-LARGE DIVERSITY SLATE

(Continued)

year and hope to see you there.

I hope all of the graduate students who participated took away useful information for their current and future endeavors and will stay connected with potential role models and mentors they met. I thank the following mentors for lending their talents and volunteering their time

to meet with the graduate students: Drs. Asuncion Miteria Austria, Rosie Phillips Bingham, Art Blume, Michael Goh, Gordon Hall, Norweeta G. Milburn, Jeffery Scott Mio, John Moritsugu, Thomas Parham, Melanie Domenech Rodriguez, Melba Vasquez, Elizabeth Vera, and LaPearl Logan Winfrey. Much gratitude to Dr. Donald Bersoff, APA President, for his financial support of Links and Shoulders. Finally, thank you Dr. Jeffrey Ring for “showing me the ropes”.

## APA EVENTS: LINKS AND SHOULDERS PHOTO GALLERY



*Mentors Dr. Vazquez and Dr. Bingham speak with attendees.*



*Students Meet With Dr. Parham*



*Dr. John Moritsugu “linking” with early career psychologists.*



*Information Exchange and Support Themes of Links and Shoulders*

## CO-HISTORIANS' REPORT

*Felicisma C. Serafica and Bertha Holliday*

### DIVISION 45 INVOLVEMENT WITH APA AND BEYOND: 2011-2012

The Division 45 accomplishment that is most obvious to its members, the psychological profession, and the general public is its programming during the annual American Psychological Association (APA) Convention. The Executive Committee and various committees work very hard all year long to design a convention program that highlights the research of its members, addresses salient contemporary issues through conversation hours and workshops, provides mentoring, networking, and other career opportunities for its members, particularly students and early career psychologists, and last but not least, sponsors enjoyable social events. Next to its convention program, Division 45 is best known for its journal, *Cultural Diversity and Ethnic Minority Psychology*. But Division 45 does so much more, including engaging with APA and the world beyond as it attempts to accomplish its strategic goals, notably Strategic Goals 2 and 4. Strategic Goal 2 is that the division will serve as a moral compass with regard to diversity through an active, engaged relationship with APA while Goal 4 is that the division will promote the elimination of racism and injustice in society through research, education, practice, policy and advocacy. The aim in this report is to record for historical purposes the Division's engagement with APA and the world beyond in 2011 and 2012. It is based solely on those interactions wherein an invitation was formally extended and/or the division took a formal action or position.

*APA and Division 45:* Cooperation and collaboration are among the cultural hallmarks of collective societies and these core values have been adopted by Division 45. They are reflected in Division 45 collaboration with other APA divisions on matters of common interest. The division's long-standing collaboration with Division 35 in organizing a dance during the annual APA convention continued in 2011 and 2012. In 2011, it worked with Divisions 17, 35, and 44 to hold the National Multicultural Conference and Summit, another long-standing collaboration. In addition, it received and responded to invitations from other divisions. Among these were an invitation from Division 2 to collaborate on a joint membership plan. The Section on Child Maltreatment of the Society for Child and Family Policy and Practice (Division 37) also invited the Division to join its Interdivisional Task Force on Promoting Positive Parenting within the Context of Family Homelessness. Last, there was an invitation from the Society for Humanistic Psychology (APA Division 32) to join them and other divisions in calling for an independent review of the controversial portions of the proposed DSM-5. The Division 45 Executive Committee voted in support of signing this petition and President Jean Lau

Chin did so on their behalf. In doing so, she noted that the support reflected the Division's concerns that the development of DSM-5 thus far may result in misdiagnosis and overmedication of vulnerable populations, particularly children and the elderly. Division 45, she said, also sought to have the American Psychiatric Association open up the development of DSM-5 to an independent review which would ensure that the perspectives are inclusive of all who might eventually use the DSM-5.

In 2011, Division 45 also engaged with APA through its involvement with the APA Task Force on Immigration. President Jean Lau Chin appointed Member Manuel Casas to serve as the division's liaison with the Task Force. Subsequently, she asked him to review the report of this Task Force and, presumably, provide input for the division's response to the report. The division also interacted with APA over another matter, the exclusion of Asian Americans from the definition of underrepresented minorities in the National Research Council diversity rankings of doctoral programs. This interaction will be discussed further in the next section. Finally, in 2012, an e-mail message addressed to Officers of the Society for the Psychological Study of Ethnic Minorities (Division 45) was received from the Coalition for n Ethical Psychology. It asked Division 45 to consider endorsing the petition calling for an annulment of the APA'S 2005 PENS Report. *Beyond APA:* In 2011 and 2012, the Division also engaged with the world outside of APA. Sometimes, it did so through APA and sometimes not. In 2011, it expressed support for a letter from Gwendolyn P. Keita, Director of APA's Public Interest Directorate and APA Chief Executive Officer Norman B. Anderson to Charlotte Kuh, PhD, Deputy Director for Policy and Global Affairs and Director of the Assessment of Research Doctorate Programs at The National Academies regarding the exclusion of Asian Americans from the National Research Council (NRC) diversity ranking of doctoral programs. Independently, it also signed on in support of a letter being sent by then Asian American Psychological Association (AAPA) Gordon Nagayama Hall to the NRC on this same issue. Acting in concert with APA in dealing with an outside entity to address an issue that has relevance for ethnic minorities was also evidenced by the division's joining APA Division 32 (Society for Humanistic Psychology) and other divisions in calling for an independent review of DSM 5. Independent actions taken in regard to events occurring outside of APA included 2011 President Jean Lau Chin's disseminating an e-mail message describing efforts of the Japanese American Citizens League (JACL) to meet the physical



## CO-HISTORIANS' REPORT

(Continued)

and mental health needs of the recent tsunami and earthquake in Japan. In doing so, she also encouraged members to respond to the call for mental health resources. In 2011, Division 45 and the APA Office of Ethnic Minority Affairs had expressed concern over the evidence of racial disparities in NIH awards reported in the August 2011 issue of *Science*. So, after Division 45 member Alfee Breland-Noble brought a Request for Information (RFI) to the attention of the Executive Council in 2012, Division 45 President Justin McDougall directed the Science Committee to formulate a response to this Request for Information into the Deliberations of the Advisory Committee to the NIH Working Group in Diversity in the Biomedical Research Workforce. Led by Division 45 Science Chairperson Jennifer Manly, a long and detailed response was formulated and sent to the NIH Working Group. It was signed by Jennifer Manly, Division 45 members who contributed to the response, and by all members of the Division 45 Executive Committee. Last, there was a great deal of sorrow expressed over the tragic death of Trayvon Martin and also a lot of discussion but no other action was taken regarding this matter, at least not in 2012.

### Concluding Comments

Clearly, besides Divisions 17, 35, and 44, there are other APA divisions who perceive Division 45 as one whose values, goals, and interests are congruent with their own and with whom they can collaborate to achieve mutual objectives. In addition to giving Division 45 opportunities to achieve its goals, these invitations also represent environmental affordances that enable Division 45 officers and members to become better acquainted with their peers from other divisions, exchange ideas, learn from each other, and develop an appreciation for what each division has to offer. Interestingly, invitations were extended to Division 45 but the Division did not extend any during these past two years. It is hoped that in the coming years, the Division will initiate projects to which it might invite other divisions in addition to its traditional collaborators, especially to those whose members are developing a growing body of basic and applied research on ethnicity and culture, such as Divisions 7 (Developmental Psychology), 15 (Educational Psychology), 16 (School Psychology), 20 (Adult Development and Aging), 27 (Community Psychology), 52 (International Psychology), 53 (Clinical Child & Adolescent Psychology), and 54 (Pediatric Psychology).

The interactions with APA and the outside world suggest that the Division has been and remains alert to what is going within and outside of APA that has relevance for its mission. It has been quick to respond, particularly on

matters regarding research and clinical practice. Such vigilance is to be commended. In the future, it would be interesting to know what influence, if any, the Division's actions have had.

The future student of history seeking to learn more about how Division 45 engaged with APA and the world beyond over the years will be challenged by the difficulty of tracking such interactions. At present, there appears to be no central source. Evidence of such interactions has to be gleaned from a variety of sources including officers' correspondence, minutes of meetings, the newsletter, e-mail messages on the Div45EC Listserv, etc. To further complicate matters, invitations are not always directed to the President nor to the Div45 Executive Committee but may be extended to individuals who then pass it on. Similarly, the division's responses to the invitations are not always readily available. It would be helpful if the Executive Committee would develop a policy that would facilitate recording of invitations and replies to them, as well as of other actions taken when engaging with APA and other entities. The future student of history might also wonder about the criteria and/or at least the guiding principle that the Division uses in deciding which invitations to accept or reject, and if a formal response to an event or issue is warranted. Making this criteria explicit would be helpful to future students of its history. BE MINDFUL OF POSTERITY!

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## FINANCE COMMITTEE REPORT

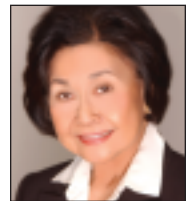
*Asuncion Miteria Austria, Ph.D.*

The Finance Committee received the following budget proposals.

Request by Dr. Lisa Rey Thomas for standing budget line item for the CNPAAEMI Leadership Development Institute (LDI).

**Budget request: \$1,000.00**

**Status: Approved for \$1,000.00.** Final Approval by EC, July 31, 2013.



Request by Dr. Jessica Henderson Daniel for donation to the National Multicultural Conference (NMCS) Fund.

**Budget request: \$10,000.00**

**Status: Approved for \$10,000.** Final Approval by EC, July 31, 2013.

Request by Dr. Joe Gone on behalf of Drs. Fred Leong and Nicole Buchanan, Co-chairs of the 2013 Michigan State University for funding to help defray the airfare and lodging of the 10 symposium presenters in the 2013 Michigan State University on "Multicultural Psychology: Clinical Psychology of Ethnic Minorities."



**Budget Request: \$7,000.00.**

**Status: Approved for \$5,000.00** contingent on acknowledging D45 as Co-Sponsor of the Symposium. Final approval by EC, July 31, 2013.

Request by Jasmin Llamas for Campus Representative Programming Sponsorship.

Budget Request: \$5,000.00 for the Division 45 Student APA Convention Travel Award. The proposal aims to support five students to attend the Annual APA Convention; \$500.00 for Campus Representative Programming Operating Expenses, and \$120.00 for three webinars.

**Total Budget Request: \$5,620.00.**

**Status: Approved for \$5,620.00.** Final approval by EC, July 31, 2013.

## APA GOVERNANCE COMMITTEE

*Asuncion Miteria Austria, Ph.D.*

The Division 45 Governance Committee was established by President Doug MacDonald. The Committee's task is to help our members get nominated and elected to the APA Boards and Committees.

The Committee's tasks were the following:

We obtained a list of all the 2013 Board and Committee openings.

We sent out the following call, "**Experience APA: How to Get Involved in APA.**" The Governance Committee of Division 45 Committee is seeking nominations for APA Boards and Committees. The Committee plans to increase our Divisional voice by helping our members get nominated and elected to the APA Boards and Committees. Do feel free to nominate yourself or someone else to serve as a member of APA Boards and Committees. We asked members to rank in order of preference if interested in more than one board or committee."

The Call was sent to Division 45 EC listserv, Division 45 General Announcement Listserv and Psych-of-Color Listserv.

The following responded to our call and the Boards and Committees preferred:

**Jyotsna Vaid, PhD, CIRP**

**Celeste M. Malone, PhD, MS, BEA** (First choice), Membership Board (second choice, Early Career slate)

**Walter Hillbrant, PhD, CSFC**

**Sandra Mattar, PsyD,** Board for the Advancement of

Psychology in the Public Interest (Latino slate)

**Stephen M. Quintana, Ph.D.** BAPPI, Latina slate (Frist choice), Publications and Communications Board (second choice), BEA (third choice)

**Debra M. Kawahara, Ph.D.** Board of Educational Affairs (first choice), Commission for the Recognition of Specialties and Proficiencies in Professional Psychology (second choice)

**Frances E. Boulon-Diaz, PhD,** Ethics- Slate 2: Expertise in Testing and Assessment/Neuropsychology (first choice), Committee on International Relations in Psychology (second choice)

**Justin Douglas McDonald, PhD,** Policy and Planning Board

We requested our Council Representatives for their help to encourage their colleagues on Council for support to get our Division members elected to the various boards and committees.

We collaborated with Division 35 for endorsement of nominees to maximize our success in our members elections.

### Division 45 Listserv

Are you an active and current member not on the Division 45 listserv? You can go to the Division 45 webpage <http://www.apa.org/divisions/div45/>, to learn more about our vibrant and engaging organization.

On our webpage under the membership section (look at the right hand panel about halfway down) there is a link called "listserv."

You can join here or if you are a member, all you have to do is to follow the easy steps below.

#### To join the List:

Write to [LISTSERV@LISTS.APA.ORG](mailto:LISTSERV@LISTS.APA.ORG) and, in the text of your message (not the subject line), write: SUBSCRIBE DIV45

#### To Leave the List:

Write to [LISTSERV@LISTS.APA.ORG](mailto:LISTSERV@LISTS.APA.ORG) and, in the text of your message (not the subject line), write: SIGNOFF DIV 45

#### For More Information:

Write to [LISTSERV@LISTS.APA.ORG](mailto:LISTSERV@LISTS.APA.ORG) and, in the text of your message (not the subject line), write: "HELP" or "INFO" (without the quotes). HELP will give you a short help message and INFO a list of the documents you can order.

Please note that, members have to sign up for the listserv. The Division doesn't automatically add people when they become members.

Division 45 utilizes APA division services for trouble-shooting problems like getting on the general listserv and address changes. Members should send change of address information and problems enlisting on the listserv to Keith Cooke in APA division services via email at [kcooke@apa.org](mailto:kcooke@apa.org).

## CDEMP EDITOR'S REPORT

*Michael A. Zárate*  
*University of Texas, El Paso*

Dear colleagues. As always, there is a lot going on at Cultural Diversity and Ethnic Minority Psychology (CDEMP) and outlined below are news items regarding CDEMP.



### **Editorial news.**

CDEMP continues to do well. One of the primary things to report is that CDEMP continues to grow. In 2012, CDEMP received 311 new manuscripts. We are on that same pace for 2013. When I took over as incoming editor in 2009, our hope was to receive 200 new manuscripts. Luckily, we have a great team at CDEMP to handle those manuscripts. Our editorial board is simply fabulous, and that includes both associate editors and consulting editors.

That is also a lot of reviewing. Some manuscripts (maybe 40 to 50) get returned quickly. Some are past our word limits, some are outside our focus, and some are not up to our standards. Most papers, however, go through the review process and require 2 or 3 reviews. Thus, if 250 papers get reviewed, and they have an average of 2.5 reviews, that means we need 625 reviews per year. The editorial team can handle only so much. There are 33 consulting editors, who are asked to do about 6 reviews per year. Some do more. That means we need at least 400 ad-hoc reviews per year. Thus, please think twice before refusing to review a manuscript. All of us are busy, especially at the beginning and end of the academic year or when grant applications are due, but many hands lighten the load. For me at least, finding reviewers is the most time consuming part of the process. Do we have consulting editors with the related expertise? Do I know of colleagues in that domain? Can I even find relevant researchers who are not on the board? One frustrating event is when people agree to review, and then fail to do so. We waited for a month for a review, reminded them, etc., and then they simply stop responding. We then have to find new reviewers, and now, instead of a 6 to 8 week review window, we are looking at a 10 to 14 week review window. Most authors understand the process. Sometimes, however, the authors are students on the job market and they feel that that one paper will make or break their career. Late decisions might actually hurt their chances, so please try to get to them. I would also prefer a late review than a situation where I have to start all over. I love CDEMP and I think we have generally very constructive reviews, and I encourage you to be part of a constructive review team.

### **How to do a review?**

I may try to expound on this next time. I do fear, however, that people make this process harder than it needs to be. My goal is to sit down once with a paper, read the manuscript, read the reviews, and then write the letter – all in one sitting. I rarely mull over or sleep on it to think about it. I don't have that kind of time, and I doubt you do either. I encourage reviewers to also sit, read a manuscript, and write the review in one sitting. As editor, I am looking for certain types of information. Does the introduction develop a clear and testable hypothesis or set of hypotheses? Does this manuscript make a new contribution? Are the methods sound? Do the results make a compelling contribution? Does the discussion section match the results? For many of those judgments, I can probably do that on my own. I don't always know a specific literature, however, so I need reviewers to tell me if this makes a unique contribution to that area. Sometimes, I simply have to trust the authors when they say that their particular measure is well respected. I trust the reviewers to tell me otherwise. Some issues and details are important. Reviewers often find odd discrepancies in the statistics (wrong degrees of freedom, or simply wrong statistics). Those issues are often important and I appreciate that attention. I am less concerned, however, about a typo on page 4. That should not influence the editorial decision – unless there are so many it reflects poor scholarship. An important but missing citation is not reason to reject a paper, so please try to avoid letting that influence the tone of your review. I do, however, encourage you to be consistent in scoring a manuscript when you complete your review. For example, if a manuscript has a weak conceptual frame and weak methods, it is more likely a "rejection" than a "revise and resubmit." A question to consider is: Can this manuscript make a meaningful contribution?

Overall, however, most of our reviews are very constructive. People care greatly, both about how our science is represented in the outside world, and about our own journal. CDEMP is a DIV 45 journal, and it will succeed best when all of our members contribute – both as authors and as reviewers.

### **More news on the journal.**

Keep the papers coming. CDEMP has become a high impact journal. Our impact factor is at 1.6. Google scholar (use the metrics tab) has a series of journal metrics that I encourage you to review. CDEMP is on par with journals such as "Social Cognition", British Journal of Social Psychology, Cross Cultural Psychology, and Journal of Clinical Psychology. Our average review time is about 50 days, and we have about a 2 issue publication lag. Of course those metrics reflect the continued excellence via past editorial teams and the continued efforts of this team. I fully expect that the new editor will take CDEMP to even greater heights.

**Special issues.**

CDEMP has published a few special issues recently. Tiffany Yip was guest editor of a MUSIC special issue proposed by Rich Lee and Seth Schwartz. First, of note, Tiffany did such a great job moving that special issue along that I asked her to join this team permanently. She has been a great addition to the team. Her inclusion continues our tradition of finding great scholars who can fill particular niches. She has tremendous scale development skills, and one of our foci has been in formal scale development processes. Regarding the special issue, it is quite unique in that all the papers draw from one organized data set that was collected throughout the country. I see it as a model for collaboration and data sharing.

Nadine Nakamura, Pratyusha Tummala-Narra, and I finished up a special issue on immigration. The three of us first collaborated on the APA Presidential task force on immigration, organized by Melba Vasquez. First, it was a joy working with those two, and second, during that process, we realized that the literature was truly weak on multiple issues. Thus, we organized a special call for papers. I thought it was a real success and we are already getting media attention for that. I still believe that the best way to advocate is to develop clean data regarding partic-

ular topics. We had a tremendous number of great manuscripts, and I think we have a great collection of papers.

Finally, we hope to publish a special issue on diversity in the workplace. I am excited about that idea. My goal as editor was for CDEMP to reflect every issue important to ethnic groups. I think the workplace is one of the most important areas. Victoria Plaut, Kecia Thomas and Mikki Hebl are almost done with the special issue. I hope that it will have a lasting impact on the field.

In summary, things are going well with the journal. Our submissions continue to astound me. We have some great papers coming out. I am constantly surprised by our great reviews as well. I believe honestly that CDEMP reviewers are just as critical as other reviewers, but they are also far more constructive.

In summary, CDEMP is dynamic as always. The team is changing, but the core areas and goals are the same, though as I have stated, we also want the journal to expand in scope. Thus, if you have research that addresses aspects of minority life, send in your paper.

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## COUNCIL OF REPRESENTATIVES REPORT

*Division 45 Representatives: Bill Parham and Jean Lau Chau (Elect)*

**Editor's note: To appraise our members of the activities of the COR, we provide this report from the *Monitor***

### APA'S COUNCIL TAKES HISTORIC ACTION

*The council adopts measures to promote quality in psychology education and to make APA governance more effective.*

*By Rhea K. Farberman  
Monitor executive editor*

At its meeting during APA's Annual Convention July 31-Aug. 4, the Council of Representatives took historic action in two areas: adopting measures to promote quality in multiple levels of psychology education and revising certain elements of APA governance to make it more effective.

#### **Good Governance Project**

Following a three year period of assessment, research and engagement with members, the council voted to approve most of the changes recommended by the association's Good Governance Project. The project was formed to increase the alignment of the association's governance with APA's strategic plan, to enhance nimbleness of governance and to increase member engagement.

The changes endorsed by council will focus its time and expertise on the mission-focused issues that confront the

discipline, according to GGP project leaders.

"What's exciting about these changes is the way in which they will allow council to devote more, if not all of its time, to issues that members are most concerned about, such as research funding, psychology's role in integrated health care and the future of psychology education," said APA President Donald N. Bersoff, PhD, JD. "In essence, these changes will allow council to be more proactive about the issues and opportunities emerging within the discipline and what APA should do to address those issues," Bersoff said.

The changes endorsed by the council call for:

- Enhancing the use of technology to expand communication among governance members and between governance and the general membership. Developing a program that would create a new pipeline for leadership in APA governance.
- Creating a triage system that would enable governance to work efficiently and nimbly on new issues, without duplicative efforts.
- Expanding the council's scope to focus on directing and informing major policy issues and ensuring policy is aligned with APA's mission and strategic plan.
- Delegating responsibility for budget and internal policy matters to APA's Board of Directors for a three-year trial period.



• Changing the composition of APA's Board of Directors to be more representative of APA's membership. The board would include six members-at-large elected by and drawn from the membership, with the candidates selected based on a needs assessment following an open nominations process.

Council also voted that a substantive change in its structure is needed to improve the body's effectiveness and asked that an implementation work group be appointed to further develop two proposed change models in addition to other implementation issues.

One model calls for modifying the current constituent-based model by providing one unit/one vote for each division and state, provincial, territorial psychological association (SPTAs) and adding seats for other perspective groups/affiliated organizations; the other model would include some elements from the first model, including one unit/one vote for divisions and SPTAs, and may add disciplinary/mission based seats (e.g., education, science, public interest practice and health) and diversity representatives (such as ethnic-minority psychological associations, early career psychologists, members of the American Association of Graduate Students).

Both models would result in a smaller Council. Currently, the council has 162 members from divisions and SPTAs, plus members of the Board of Directors. It is anticipated that the new structure would include 134 to 140 members, not including the Board of Directors. The working group, which will be appointed by the APA president, is charged

with developing an implementation plan for each of the motions approved by the council, in addition to further developing the two proposals to change the council's structure. The working group will begin to share its recommendations with council at its February meeting.

Any changes to the Board of Directors or Council's structure must be approved by the membership through a bylaws amendment. The bylaw ballot is expected to be sent to members for a vote next year, once the council has given any approval for structural changes. The other changes approved by the council do not require a bylaws change.

### Quality in Psychology Education

In the realm of education, the council adopted three measures to strengthen psychology teaching and training across the continuum of psychology education. At the undergraduate level, council adopted revised guidelines for the psychology major, updating *those APA adopted* in 2006. The new guidelines build on the success of the original set, but now include new teaching tools as well as student learning and benchmarking measures.

At the graduate level, the council adopted a resolution on accreditation for programs that prepare psychologists to provide health services. The APA policy now states that to practice as an independent health service psychologist, candidates must graduate from an APA/Canadian Psychological Association accredited doctoral program and internship or programs accredited by an accrediting body that is recognized by the U.S. Secretary of Education for the accreditation of education and training programs that prepare students for entry into professional practice. The resolution gives unaccredited graduate programs five years to become accredited and seven years for internship programs to gain accreditation. (This policy will not impact students currently in the pipeline and allows for grandparenting of those graduates from unaccredited programs who are now licensed providers.)

"Accreditation is the process by which health professions ensure quality in education and training for students and the public," said Cynthia Belar, PhD, APA executive director of education. "This requirement puts psychology on the same plane as other health provider professions and adds to psychology's credibility within the health-care marketplace."

At the professional development and continuing education level, the council adopted a resolution that details and codifies quality standards, including a call for evidence based continuing-education methods and program content.

### Psychologists' work in national security settings

Also during the meeting, the council adopted a resolution that reconciles APA's policies against torture and other forms of cruel, inhuman or degrading treatment or pun-

## Advertising Policy

All articles and advertisements are subject to review and approval by the editor. Submissions must be relevant to Division 45 interests.

The following rates apply to announcements for job openings and publisher's new releases based on a three-column per page format:

3 inches	\$50
1/2 column (5")	\$75
1 column (9")	\$140
1/2 page	\$200
1 page	\$400

Deadline for Spring Issue (May): February 15  
Deadline for Winter Issue (Dec.): September 1

Contact:

**Newsletter Editor**

Alyson Burns-Glover, Ph.D.

Email: [doctorboo@pacificu.edu](mailto:doctorboo@pacificu.edu)

ishment and those related to psychologists' work in national security settings.

The new APA resolution does not create new policy but makes existing policy in the area more internally consistent and comprehensive. This reconciled policy rescinds of report of the APA Presidential Task Force on Psychological Ethics and National Security (PENS) and retains the Association's 2006 policy concerning torture and the 2008 member petition on psychologists' work in national security settings.

"APA's policies in this area and the reconciled policy document are all grounded in the principle that torture is always a violation of human rights and a violation of the APA Ethics Code," said Kathleen Dockett, EdD, one of five members of the member-initiated task force that created the consolidated document.

#### **In other action, the council:**

- Recognized sleep psychology and police and public safety psychology as specialties in professional psychology.
- Approved continuing recognition of counseling psychology and school psychology as specialties in professional psychology.
- Recognition of biofeedback: applied psychophysiology as a proficiency in professional psychology was extended

for a period of one year.

- Recognition of clinical psychology as a specialty in professional psychology was extended for a one-year period.
- Adopted guidelines for the practice of telepsychology.
- Adopted revised standards for educational and psychological testing.
- Adopted guidelines for psychological practice with older adults.
- Adopted a resolution on Counseling in HIV testing programs.
- Approved a 2014 budget plan including a spring revenue estimate of \$111 million as outlined to serve as the revenue framework for the development of the 2014 Budget.
- Elected 146 APA members to fellow status.

Also during the meeting, the Raymond D. Fowler Award for Outstanding Contributions to APA was awarded to Diane Halpern, PhD. Halpern, a former APA president, has served on numerous APA governance groups. She is nationally recognized educator and scientist conducting research in such areas as sex differences in cognitive ability, gender issues in the workplace, and critical thinking. The Fowler award is given annually to recognize a member who has had a significant and enduring impact on APA and its mission.

## GRADUATE STUDENT REPRESENTATIVE COLUMN

*Jasmin Llamas, M.A.  
University of California, Santa Barbara*

APA was a smashing success for students. The Division 45 Hospitality was buzzing throughout convention. I would like to take moment for a special thank all our hospitality suite volunteers (Henry Wynne, Chris Decou, Christine Schock, and Amoneeta Beckstein) who kept the suite running. We had a wonderful student social at the suite with over 40 students in attendance. The food was amazing (students who came you know what I am talking about!). During the social we had an opportunity to talk to students about the many potential leadership positions available for students within Division 45. We also had the chance to congratulate our Student Travel Award Winners who were given \$500 to help with Convention costs. A big congratulations to our winners: Elizabeth Trent, Allyson Regis, Maria Espinola, and Bridget Richardson. Be on the look out because next year we will be giving away \$1000 travel awards to five lucky students for APA in DC.



APA was a productive and fun time for the students of Division 45. This new school year brings lots of changes with many of our Student Committee leaders rotating off and many new leadership opportunities opening for students. A big thank you to Kyle Hill, Sasheen Hazel, Salya Namazi, Darren Bernal, and Gregory Mauntel for all your work on the student committee. The Student Committee is excited for what the next year will bring and ready for new leaders to bring their ideas and enthusiasm to the group. If you are interested in getting involved feel free to contact me for information (jasminllamas@gmail.com).



*Henry Wynne, Jasmin Llamas, and Christine Schock (Hospitality Suite volunteers)*

*Editor's Note: We are proud to announce the students whose stellar applications and record of service and scholarship earned them awards to attend the APA Convention in Honolulu. A committee of Division 45 members (including the Graduate Student Representative) rated applications using standardized criteria of strength of recommendation, record of service, record of scholarship, and record of commitment to diversity.*

*As part of the award each awardee was required to attend events and then write a reflection about her/his experience of the convention. Here are our awardees and their words.*

## STUDENT TRAVEL AWARD RECIPIENTS

MARIA ESPINOLA, M.A.

*Predoctoral Psychology Intern*

*Center for Multicultural Training in Psychology  
Boston University School of Medicine, MA.*

This year, I was honored to receive one of Division 45 Travel Awards. Thanks to Division 45's support, I had the privilege to participate in the 121<sup>st</sup> American Psychological Association Annual Convention in Honolulu, Hawaii. Participating in the convention gave me the opportunity to advocate for the well being of ethnic minorities and to further my professional development as a future multicultural psychologist. During the convention, I spoke at the symposium "International Violence: Evidence Informed Practice and Practice Informed Policy" and attended a number of diverse and enlightening presentations, workshops, and events sponsored by Division 45.

As someone born in Latin America, I particularly enjoyed having the opportunity to attend the roundtable "Psychology Without Borders: International Teaching, Research, and Service" where attendees were able to learn how to collaborate effectively and ethically with psychologists from all over the world. It was especially beneficial for students like me to hear presenters provide valuable resources and share the experiences they acquired while conducting international work.

As an advocate for gender and culture sensitive treatment of trauma survivors, I felt fortunate to attend the session "Hawaiian, Alaskan, and Native American Women's Voices: Preserving Culture Following Trauma." It was empowering to hear the presenters' dedication to promote the competent treatment of these severely underserved populations.

As a female student, it is always very encouraging to hear successful women in the field speak about their career achievements. Thus, I felt particularly inspired when listening to Dr. Beth N. Rom-Rymer during the symposium "Women in Leadership Across the Cultural Spectrum."

Dr. Rom-Rymer offered a presentation entitled "Organizing for Cultural Change: Effective Leadership Within the Context of a Professional Association" during which she spoke about her work as president of the Illinois Psychological Association and about her impressive efforts to address the shortage of professionals who are trained to prescribe psychotropic medications.

Overall, attending the 121st American Psychological Association Annual Convention allowed me to further my training in international collaboration, leadership, and multicultural approaches to therapy. I feel fortunate to have had the opportunity to participate in the conference and hope to use what I have learned to further my work for social justice and to continue to advocate for the development of public policies that promote the well being of historically underserved and disenfranchised populations.

ALLYSON REGIS

*Fordham University, NY.*

*3rd Year PhD, Counseling Psychology*

The 121st annual APA convention was held in Honolulu, Hawai'i from July 31-August 4, 2013. Attending this convention presented me with the opportunity to meet peers with similar research interests, receive guidance from renowned and experienced mentors within the field, and become aware of cutting edge research. APA's Division 45 offered a variety of programming which highlighted unique issues faced by ethnic minorities. I was able to go to many social hours, poster sessions, and symposiums – a few of which I will highlight below.



Two of the first events I attended were social hours. The first was a Student Social Hour where students met in the division's hospitality suite for food, fun, and networking. We were able to spend time looking out into the beautiful ocean while having discussions ranging from very professional conversations about topics such as our future goals and research interests to more personal talks about our experiences in graduate school and our own reasons for getting involved in the field.

The second event—which incidentally was one of the events I enjoyed the most—was the "Links and Shoulders" mentoring social hour. Prominent ethnic minority researchers sat at large round tables while students rotated to meet different mentors every few minutes. During their allotted time, mentors had assigned topics to discuss with students such as how to deal with racism within professional settings; however, mentors were also very open to answering candid questions about



their own experiences. I hadn't attended an event like this before and was not sure what to expect when meeting some of the actual researchers I've cited for years in my research papers! For me, this event's informal and relaxed environment ultimately provided the atmosphere for "real talk."

I seldom have the chance to speak to other psychology students/professionals outside of my program so these events were opportunities to leave my comfort zone while making new connections with students who are going through some similar experiences and professionals that have "been there and done that."

I am interested in researching racial microaggressions and I was pleasantly surprised to see more programming surrounding this topic than ever before. In particular, I attended many Division 45 poster sessions and the symposium: "*Microaggressions Really Do Hurt – Links between Microaggression and Health Outcomes.*" Many of these presentations explored the health effects of microaggressions in groups such as American Indians and college students of color.

It was great to see people taking more notice of this topic and discussing the process and outcome of persistent microaggressions more openly. Some of the research presented is in press so I look forward to reading more about these findings in the future. While I am only able to scratch the surface in writing about my experience at the convention, I would definitely say that all of the Division 45 events I attended inspired me on both a personal and professional level.

Therefore, I definitely encourage individuals interested in ethnic minority issues to look into programming from APA including Division 45, the Office of Ethnic Minority Affairs (OEMA), and the Commission on Ethnic Minority Recruitment, Retention, and Training in Psychology Task Force (CEMRRAT2). Hope to see you all at next year's convention in Washington, D.C!

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*BRIDGET RICHARDSON*  
*University of Michigan, Ann Arbor, MI*  
*Ph.D, Psychology, Expected 2015*

My first time attending and presenting at the 2013 American Psychological Convention was a great experience! Not only was I able to network and meet some of psychology's scholarly pioneers, I heard some great presentations, got some good feedback on my own research, and enjoyed it all under Hawaii's sun!



I first attended some professional development workshops at the convention on Thursday August 1st. These presentations gave practical advice to graduate students and early career psychologists around the topics of different job opportunities—in and outside of academia and securing funding for research through a variety of grants.

On Friday August 2nd, I attended a symposium entitled "Disasters and Youth: Family, School, and Community Factors." The three presenters in this symposium discussed natural disaster occurrences such as hurricanes and wildfires, how families were affected—focusing on children, and how families were able to cope with these stressful events.

The most interesting aspect of this research to me was discussing the protective factors that people have to help them when they are facing challenging and difficult times. Protective factors such as family support, religion, being prepared, all led to resilience and pro-social behaviors.

On Friday I also attended a symposium entitled 'Seeking an Authentic Asian American Feminist Identity.' This discussion allowed a platform for Asian women to discuss stereotypes affecting Asian American women. The scholars on the panel gave advice for overcoming racism and discrimination as a graduate student and as a professional in academia.

The most impactful presentation I attended was given by Dr. Michelle Fine. She gave a distinguished lecture with Dr. William Cross as the discussant. This was a truly touching presentation that I wish I could have recorded. She gave accounts of her past work of community participatory research projects designed to see the impacts of giving prisoners college courses to take. The passion with which she spoke seemed to touch everyone in the room. It opened my mind to think about the ways people in prisons are oppressed by inhumane practices going on today. It was wonderful to hear how from research she was able to see lives and families completely transformed through the initiative of education within prison systems.

Finally, I ended the conference on Sunday giving my poster presentation. I presented a poster entitled "Racial Identity among African American Adolescents and its Associations with Academic Achievement." It was nice having informal discussions about Black identity, why it is important, and how it relates to educational outcomes of youth. One piece of advice that I received was that we may need to do some qualitative work around how adolescents today conceptualize and understand race as a component of their identity.

Overall, the APA convention was an excellent experience that I will never forget. It was nice to see such a diversity and array of research all in one place.

*ELIZABETH (BUFFY) TRENT, M.A.*  
*Pacific University School of Professional*  
*Psychology, Oregon*  
*Clinical Psychology Doctoral Candidate*  
*Latino Bilingual Track Member*

I am very grateful to have been awarded the Division 45 Student Travel Award to attend this year's Annual Convention of the American Psychological Association (APA). This was my first opportunity to attend an APA convention. While at the convention, I was overwhelmed by the available sessions, events, symposiums, social hours, and other activities: The possibilities for further education and networking with professionals in our field appeared endless. After having attended a plethora of the activities listed above, I can wholeheartedly say that the events hosted by Division 45 were among my favorite.



Reflecting back on my experience at the convention, I feel a number of factors contributed to my enjoyment of the

Division 45 events and sessions. At the top of this list, as is stated in the purpose of Division 45, was the overall emphasis on research on ethnic minority concerns. At one poster session hosted by Division 45, I was struck by the number and quality of both quantitative and qualitative research being conducted across the country emphasizing ethnic minority issues. It was refreshing and empowering to meet other psychologists with similar values, interests, and passions. Additionally, witnessing the dissemination of this research at the convention instilled in me sense pride in Division 45 for fostering the advancement of these important research topics.

Above all, the factor that I feel most set the Division 45 events apart from the others at the convention, was the people: the Division 45 members. I noticed a strong sense of community and family within the division. At the convention, I felt immediately welcomed into the Division 45 family. Attending the Division 45 events made me proud to be a student member and even more grateful for the support the division gave me to attend this year's convention. I will never forget this warm and welcoming experience.

## MEMBERSHIP REPORT

*Germaine (Gigi) Awad, Ph.D.*  
*The University of Texas at Austin*

As membership chair, I have continued to respond to potential members who have questions about DIV. 45 membership and forward questions to appropriate members. I also monitor membership trends by examining reports produced by membership services. I have recently updated the membership brochure to include an open-ended ethnicity question and a racial/ethnic category to represent Arab/Middle Eastern Americans. In addition, I am currently working with Dr. Joseph Trimble to develop a new Division 45 membership survey.



We are on track to surpass membership numbers from last year at this time (i.e., at convention). There were a total of 1031 paying Division 45 members for 2012 and we are currently at 1016. I expect that this number will increase by the end of 2013. We will receive final numbers for 2013 in 2014.

Overall, our membership numbers are rebounding compared to previous years. Be sure to renew your Division 45 membership to continue receiving the FOCUS newsletter, CDEMP journal, and to remain on the Division 45 Listserve. If you have any questions or would like to join the Division 45 Membership Committee, please contact me at gawad@austin.utexas.edu.

## MEMBER-AT-LARGE: AMERICAN INDIAN SLATE

*Joseph Gone, Ph.D.*  
*University of Michigan, Ann Arbor*

Greetings, colleagues. I type in the wake of a wonderfully refreshing APA convention in Hawaii! By now, the sensation of the tropical breezes has all but faded away, but some of the highlights of this year's convention remain worthy of note. I recognized perhaps twenty indigenous psychologists and graduate students in attendance this round, and our paths crossed frequently at various sessions and gatherings. As you know, Division 45 has long served as a central hub for the interests and activities of indigenous psychologists. Such was evident again this year both in our formal programming (such as a symposium on Indigenous Resiliency chaired by Dr. Gyda Swaney and featuring her students from the University of Montana), as well as our informal programming (such as a "Visit with Native Hawaiian Psychologists" in our hospitality suite that was organized by Drs. Joseph Trimble and Alyson Burns-Glover).



Beyond Division 45 events, however, it is interesting to acknowledge a couple other sites of indigenous psychology within APA. For example, Division 35 now includes a section on Indigenous women, and these folks hosted a gathering of immense power and beauty: a lū'au grounded in the traditions of Native Hawaiian people! Sponsored by Native Hawaiian psychologist Dr. Wendy

Peters (and with support from several other indigenous and non-indigenous women colleagues), the luau was a smashing success, transporting, educating, feeding, and entertaining several hundred APA guests in a setting much more proximal to where Native Hawaiians actually live in comparison to the conference setting of Waikiki beach! In addition, Division 18 sponsors a section on Psychologists in Indian Country.

Despite some prior setbacks in leadership and organization, this group is poised to address the distinctive concerns of psychologists in public service (such as the Indian Health Service) who deliver treatment in Native communities. Finally, I was especially inspired by the inauguration this year of a new section of Division 5 dedicated to qualitative research in the discipline. Although not specifically addressed to indigenous issues per se, it would appear that this new Society for Qualitative Inquiry in Psychology engages in forms of knowledge production that remain of great interest to indigenous psychologists who continue to grapple with the colonizing facets of much academic inquiry-as-usual.

If you are interested in learning more about how to become involved in SQIP, feel free to contact me and I can point you in the right direction. In closing, I want to remind you that the biennial Division 45 research conference has been scheduled for June 19-21, 2014, at the University of Oregon. Keep an eye out for the Call for Proposals that should appear shortly after the New Year, as we'll definitely want indigenous psychology to "represent" this time!

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## MEMBER-AT-LARGE: ASIAN AMERICAN SLATE

*Shamin Ladhani, Psy D.*

*Wheaton Franciscan Healthcare-All Saints*

Are you familiar with the Asian American Psychological Association or AAPA? For some division 45 members, I know this is familiar territory but I have found that several of our newer members may not know about this "sister" organization that is the home for Asian American psychologists and for those interested in Asian American psychology. AAPA has several Division 45 members involved and hold an annual conference one day prior to the annual APA conference in the same city. This is a wonderful opportunity to meet colleagues with similar interests and backgrounds in a smaller intimate setting.



The annual convention culminates with the banquet which is always an amazing feast and entertainment venue. For more information on becoming a member or to get involved please go to their newly launched website

at:www.aapaonline.org. AAPA offers several chances for networking with regional groups and smaller divisions of the organization which include DoSAA (Division on South Asian Americans), DoS (Division on Students), DoW (Division on Women), and DoFA (Division on Filipino Americans).

I spoke with members of the Executive Committee to learn about recent activities within AAPA. Outgoing President of AAPA, Richard Lee, Ph.D. shared that they have developed four fact sheets on issues impacting Asian Americans which includes one on bullying, suicide, international students and first generation college students. Incoming, President Sumie Okazaki, Ph.D. shared that a division on LGBT issues has formed. During her presidency she and Vice-President, Kevin Nadal, Ph.D. are "committed to increasing visibility of marginalized members of AAPA communities." They also plan to build connection with other ethnic minority psychological associations and public advocacy organizations to increase the connection between practice, research and public policy. AAPA is a member of the newly formed Alliance of National Psychological Associations for Racial & Ethnic Equity which will be working together on collaborative goals in ethnic minority populations. AAPA offers opportunities to connect with other Asian American psychologists and get involved in influencing the field of Asian American psychology. Please consider getting involved.

Our Virtual Happy Hour series continues! Hopefully you were able to join us with CDEMP Editor Michael Zarate who provided many division 45 members with guidance regarding the submission process for the journal. A archived recording of this event can be found on our website. Please join us in late September when Jessica Henderson-Daniel will speak with members on mentoring. If you have a division 45 member you would like to hear speak, a topic you are interested in or perhaps a talk you think Division 45 members would enjoy, please contact me with your ideas.

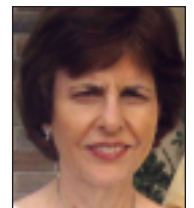
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## MEMBER-AT-LARGE: LATINO/A SLATE

*Consuelo Arbona, Ph.D.*

*University of Houston, Houston, TX*

Hope everything is going well as we navigate the Fall of 2013. Since my last column, I have joined the editorial board of the new APA Journal of Latina/o Psychology (JLP) as associate editor. Moving from member of the editorial board to serve as an associate editor of the journal has given me a new perspective regarding the importance of committed reviewers in academic publishing. If you have expertise in Latina/o issues in psychology and are interested in participating in shaping this new journal, please visit the JLP website to





obtain more information about how to join our efforts as a member of the editorial board or as an ad hoc reviewer. (<http://www.nlpa.ws/journal-of-latinoa-psychology>). We need you!

I want to call your attention to the third issue of the *Journal of Latina Psychology* which includes, as the lead article, the executive summary of the report titled *Crossroads: The Psychology of Immigration in the New Century*, that was produced by the APA Presidential Task Force on Immigration commissioned by Dr. Melba Vazquez, the first Latina president of APA. This report seems timely given the rapid growth of the immigrant population in the U.S. and the recent controversies in Washington regarding immigration reform. Recent figures indicate that there are approximately 40 million immigrants in the US and that during the last three decades over 50% of immigrants have come from Latin American countries. The Task Force report is rich in current and evidenced-based information about the mental and behavioral health needs of immigrants and the effects that acculturation, discrimination and immigration policy has had on individuals, families and society. The report provides a comprehensive discussion of motivators for

immigration, acceptance of immigrants in the receiving contexts, and the role that acculturation, cultural identity, and civic engagement play in immigrants' adaptation. Other topics covered include, immigrant populations facing unique challenges (e.g. refugees, women, undocumented individuals), life-span considerations, cultural and language factors in assessment and specific issues related to immigrants in educational and clinical settings. The report ends with a succinct series of recommendations for culturally and developmentally informed services and interventions, research, education and training, and collaboration and advocacy relevant to immigrant groups. The second article in the JLP third issue provides a commentary of the Task's Force report by Ruiz, Gallardo and Delgado-Romero that focuses on aspects of the report that are particularly relevant to Latina/o communities and identifies issues that may need further attention. You may visit the following website to obtain a copy of the complete report <http://www.apa.org/topics/immigration/immigration-report.pdf>

In sum, the Task Force report provides a rich resource for all of us interested in the well-being of immigrant populations in the U.S.

## PROGRAM CHAIR CALL FOR PROPOSALS: APA 2014

*Dr. Helen Neville*

### Call for 122nd Annual Convention of the American Psychological Association Proposals

Please consider submitting a proposal to present at the 2014 Division 45 APA convention programming. The APA Annual Convention will be held in **Washington, DC from August 7-10, 2014**. The **deadline for submissions is Monday, December 2, 2013**. Please note that you do not have to be a member of Division 45 to submit a proposal. We encourage you to submit your proposal prior to the deadline to avoid any potential technical difficulties that sometimes happens when a large number of individuals are trying to access the same website tool.

We especially welcome symposium and poster proposals on one of President William E. Cross's Presidential Themes: (a) Lived Experiences of LGBT-Queer People of Color and (b) Mass Incarceration of Ordinary People of Color. More information about the themes is outlined in Dr. Cross's Newsletter article.

For more information about the general submission process, please check out the APA Call for Convention Proposal website: <http://www.apa.org/convention/proposals.aspx>

Address any questions about the Division 45 APA Convention programming or the submission process to either Helen Neville (Program Chair) or Danice Brown (Program Co-Chair), both can be reached at [Division45.2014@gmail.com](mailto:Division45.2014@gmail.com).

122nd Annual Convention of the American Psychological Association  
CALL for CONVENTION PROPOSALS

Washington  
DC  
August 7-10, 2014

All Proposals Must Be Submitted via the APA Website  
<http://www.apa.org/convention/proposals.aspx>

**DEADLINES**

- NEW Collaborative Program Proposals  
Friday, November 1, 2013
- APA Continuing Education Workshop Proposals  
Monday, November 11, 2013
- APA Film Festival Proposals  
Monday, December 2, 2013
- Division Proposals  
Monday, December 2, 2013

A Supplement to the Newsletter in Psychology

## NMCS CONFERENCE: January 15-16, 2015

Michi Fu, Psy D.

Welcome to the 2015 National Multicultural Conference and Summit: **PSYCHOLOGY WITHOUT BORDERS!** An **EXCITING** and **INNOVATIVE** Summit rooted in the values of our founders. As multicultural psychologists, we embrace **DIVERSITY** and reflect on the **INTERSECTIONS** of **OPPRESSION** and **PRIVILEGE**. NMCS 2015 welcomes **EDUCATORS, POLICYMAKERS, RESEARCHERS, and CLINICIANS** to reflect on what we have accomplished and consider where we need to go. In the spirit of Sankofa, **WE WILL LOOK BACK TO MOVE FORWARD.**

The Summit will provide a **WELCOMING** space to explore the question, "relative to science, service, training and policy, what has the multicultural psychology movement not yet accomplished?" Programming, including keynotes and "**DIFFICULT DIALOGUES**", is designed to provide a **SAFE SPACE** to explore this question and seek answers.

Join us in 2015 to **REFLECT WITHIN AND REACH OUT**, to remove the borders that limit us and celebrate **PSYCHOLOGY WITHOUT BORDERS!**

About the NMCS: The National Multicultural Conference

and Summit convene scientists, practitioners, scholars, and students, in psychology and related fields to inform and inspire multicultural theory, research, and practice. Multiculturalism is envisioned as inclusive of experiences related to age, disability, ethnicity, gender, gender identity and expression, indigenous heritage, national origin, race, religion, sexual **orientation, social class and socio-economic status, and other social identities.** The NMCS occurs every other year and will occur again in 2015.

### Host Organizations:

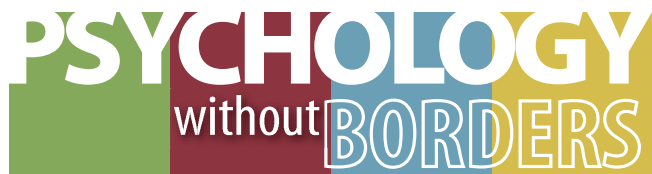
- APA Division 17: Society of Counseling Psychology
- APA Division 35: Society for the Psychology of Women
- APA Division 44: Society for the Psychological Study of LGBT Issues
- APA Division 45: Society for the Psychological Study of Ethnic Minority Issues

For more information, go to

[www.multiculturalsummit.org](http://www.multiculturalsummit.org)

<<http://www.facebook.com/1.php?u=http%3A%2F%2Fwww.multiculturalsummit.org&h=WAE7NB-i&s=1>> or

email [nmcs@apa.org](mailto:nmcs@apa.org)<<mailto:nmcs@apa.org>>



*Reflecting Within, Reaching Out*

National Multicultural  
Conference and Summit

January 15-16  
2015

Atlanta  
Georgia

[www.multiculturalsummit.org](http://www.multiculturalsummit.org)  
[nmcs@apa.org](mailto:nmcs@apa.org)

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## TESTIMONIALS

NMCS provides some of the best psychological evidence-based updates about diverse groups. I experience enhanced intellectual, emotional and social connection with many colleagues with whom I share values. I look forward to the next one! ■ MELBA VASQUEZ, PHD, ABPP



At the Summit, I connect with all my colleagues who are fighting for social justice. The work many of us do gives us battle fatigue, but after attending NMCS, I come back to my life as an academic recharged and ready to fight the good fight. ■ MUNINDER KAUR AHLUWALIA, PHD

As a queer person of color, NMCS is where I connect and re-connect with my community! I get inspired and nourished for the next steps on my social justice journey. Can't wait for NMCS 2015 and am thankful to the organizers and founders for making this space happen! ■ ANNELESE SINGH, PHD



The NMCS is a must-attend for professionals interested in multicultural issues. Not only are important issues presented and discussed, but we get to honor those who have come before us in this area. ■ JEFFERY SCOTT MIO, PHD

Every other year, psychologists gather to grapple with the challenges and embrace the opportunities offered by attending to multiple aspects of diversity. NMCS is a unique experience that should not be missed. ■ TANIA ISRAEL, PHD



NMCS is my favorite conference! Unlike any other conference, NMCS creates a kaleidoscope of perspectives, integrating research, brainstorming, and cultural learning. It is a vibrant experience that is vital to my development of cultural competence! ■ SHANNON CASEY, PHD

### 2015 NMCS Coordinating Committee

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[www.multiculturalsummit.org](http://www.multiculturalsummit.org)



[nmcs@apa.org](mailto:nmcs@apa.org)

## CONFERENCE ANNOUNCEMENT

You are invited to attend the **13th Annual Diversity Challenge: Intersections of Race and Culture and Health and Mental Health**, a conference sponsored by the Institute for the Study and Promotion of Race and Culture at Boston College.

The Institute was founded in 2000 at Boston College by Dr. Janet E. Helms to promote the assets and address the societal conflicts associated with race and culture in theory and research, mental health practice, education, business, and society generally. The Institute solicits, designs, and distributes effective interventions with a proactive, practical focus. Each year the Institute addresses a racial or cultural issue that could benefit from a pragmatic, scholarly, and/or grassroots focus through the Diversity Challenge conference. The theme of Diversity Challenge 2013 is: Intersections of Race and Culture and Health and Mental Health.

Health and mental health practitioners, educators, and policy-makers have begun to recognize the effects of life experiences on individuals' health and mental health



across the lifespan. Consequently, it is unlikely that one can create effective interventions without understanding how life experiences influence health and physical health outcomes. The link between health and mental health is particularly problematic for people of Color and related immigrant groups because very little evidence is available concerning how life experiences, such as discrimination and socioeconomic status, are related to health and mental health. On the other hand, very little evidence is available concerning what life experiences do or do not give White people health advantages over their counterparts of Color and non-dominant cultural origins. Evidence pertains not only to research, but also to interventions that practitioners, educators, and policy-makers have used to treat racial-cultural dynamics that affect health and mental health.

This year's Diversity Challenge, **Intersections of Race and Culture and Health and Mental Health**, focuses on some of the complex health, mental health, and educational issues that might be improved or alleviated with more explicit consideration of race and culture in health and mental health research, practice, and policy across diverse settings.

## KUDOS TO MEMBERS

**IRENE J.K. PARK** was recently awarded an R21 grant from the National Institute of Mental Health. Her project is entitled: *"Discrimination and Mental Health in Latino Families: Mediators and Moderators."* Dr. Park is currently an Assistant Research Professor Part-Time, of Clinical Psychology at the Indiana University School of Medicine-South Bend.



Irene Park, Ph.D.

**MONICA ULIBARRI** was awarded an Academic-Community Partnership Pilot Grant from UC San Diego Health Sciences, Clinical and Translational Research Institute. Title: Assessment of Risk Factors for Commercial Sexual Exploitation of High Risk Adolescent Girls in San Diego County. Period: 4/01/2013 – 3/31/2014. She also received the APA Minority Fellowship Program Early Career Award for distinguished contributions to the field of racial and ethnic minority psychology through research at the 2013 APA Annual Convention in Honolulu, HI.

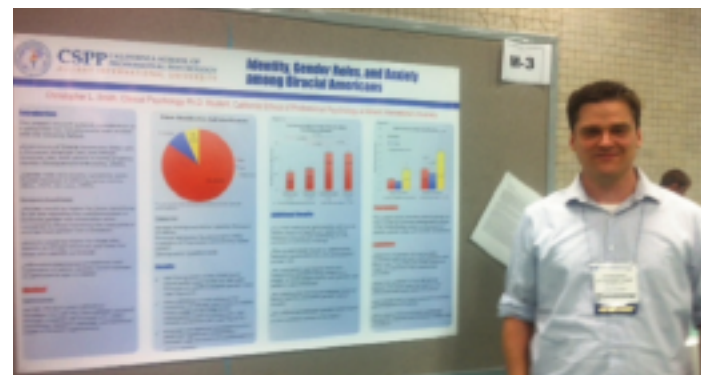


Monica Ulibarri, Ph.D.

Ulibarri M.D., Hiller, S.P., Lozada, R., Rangel, G.M.,

Stockman, J.K., Silverman, J.G., Ojeda, V.D. (2013). Prevalence and characteristics of abuse experiences and depression symptoms among injection drug-using female sex workers in Mexico. *Journal of Environmental and Public Health*, 2013, 11. doi: 10.1155/2013/631479.

<http://www.hindawi.com/journals/jep/2013/631479/>



**CHRISTOPHER L. SMITH** presented his poster entitled, "Identity, Gender Roles, and Anxiety among Biracial Americans" at the Division 45 poster session on Thursday, August 1, 2013 at the APA convention. Christopher is a doctoral candidate in the clinical psychology Ph.D. program at Alliant International University in San Francisco.





## The Third Biennial APA Division 45 Research Conference

June 19–21, 2014 • University of Oregon • Ford Alumni Center

 American Psychological Association



### The third biennial Division 45 Research Conference will be held June 19–21, 2014 at the University of Oregon.

The goals of the conference are: (1) to present state-of-the-art research related to the psychological aspects of individuals from all ethnic minority groups within the United States; (2) to promote the professional development of ethnic minority researchers (students and professionals); and (3) to stimulate greater networking and collaboration among researchers studying ethnic minority issues across various fields of psychology. This is the only conference specifically devoted to research relevant to Division 45, the Society for the Psychological Study of Ethnic Minority Issues.

The conference co-chairs are **Dr. Gordon Nagayama Hall** and **Dr. Robert Sellers**. The conference will feature outstanding plenary speakers and symposia, as well as preconference workshops for professional development.

The University of Oregon is a mid-sized, tree-lined campus in Eugene, two hours south of Portland. Eugene is quite pleasant in late June, with average temperatures in the mid-70s. The city is known for its outdoor activities, and its proximity to the Oregon coast, the Cascade Mountains, wineries, and breweries. Eugene has a vibrant Saturday Market that sells farm fresh produce, local foods, and handcrafted goods. Six airlines service the Eugene Airport with direct flights from several major hubs in the west.

**The Call for Proposals** will be sent in early 2014. Mark June 19-21, 2014 on your calendar for the Division 45 Research Conference at the University of Oregon! Visit our website at <http://center.uoregon.edu/APA/Div45/2014>

Confirmed speakers for plenary sessions include:

#### **Race, Ethnicity and Schooling: From the Cradle to College**

**Margaret Beale Spencer**, University of Chicago

**Tiffany Yip**, Fordham University

**Charles Martinez**, University of Oregon

**Sandra Graham**, UCLA

#### **Ethnic/Racial Identity**

**William Cross**, University of Denver

**Adriana Umaña-Taylor**, Arizona State University

**Moin Syed**, University of Minnesota

**Stephanie Fryberg**, University of Arizona

**Richard Lee**, University of Minnesota

## 2013-2014 DIVISION 45 EXECUTIVE COMMITTEE

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SOCIETY FOR THE PSYCHOLOGICAL STUDY OF ETHNIC MINORITY ISSUES  
MEMBERSHIP APPLICATION

In order to assess the interests and needs of new members, we ask you to please print your answers to the following questions:

- 1 Name: \_\_\_\_\_ Date: \_\_\_\_\_
- 2 Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Tel: (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_
- 3 Highest Degree: \_\_\_\_\_ Date Awarded: \_\_\_\_\_ Awarding Institution: \_\_\_\_\_
- 4 Currently an APA Member?  Yes;  No      If Yes, Membership Number: \_\_\_\_\_  
If Yes, Which Member Level?  Member;  Fellow;  Associate;  Student Affiliate; or  Professional Affiliate
- 5 Current Professional Activities (Check all that apply):  
 Teaching;  Research;  Clinical;  Administration;  Other (Specify) \_\_\_\_\_
- 6 Self Identification (Check all that apply):  African American/Black;  American Indian;  Euro-American;  
 Asian/Pacific Islander;  Latino/Hispanic;  Other (Please specify) \_\_\_\_\_
- 7 What are the two most important issues you would like to see the Division address?  
a) \_\_\_\_\_ b) \_\_\_\_\_
- 8 In what member capacity would you like to serve Division 45?  
 Task Force;  Committee;  Elected Office;  Other (Specify) \_\_\_\_\_

Division 45 Membership Status and Dues:  Member (\$57.00);  Professional Affiliate (\$57.00);  Student Affiliate (\$25.00)

To join, please complete the application form, detach and send it with a check to:

Division 45 Administrative Office, APA Division Services, 750 First Street, NE, Washington, DC 20002-4242