

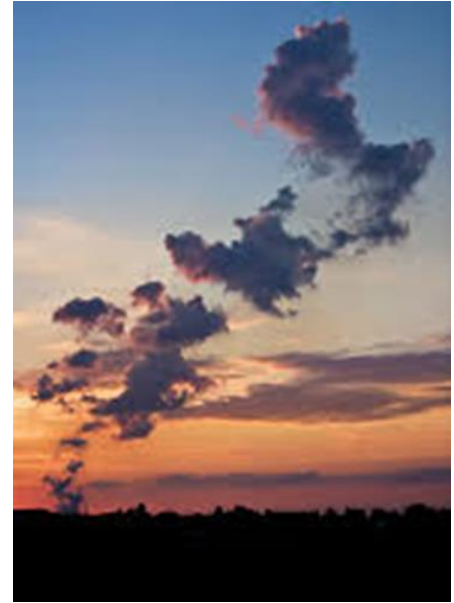


## SIP SMOKE SIGNALS

### Society of Indian Psychologist - May Update

#### NEWS and KUDOs:

1. Congratulations to [Brooke Sullateskee-Rincon](#) who obtained her MS in Clinical Mental Health Counseling at [Western Washington University](#) this year! She interned at Lummi Nation Behavioral Health.
2. Hearty Congratulations to [Erica Ficklin](#), [Devon Isaacs](#), and [Sallie Mack](#). ALL three of these young women earned their Masters degrees at [Utah State University](#).
3. Welcoming [Chesleigh Keene](#) who will assist with [SIP](#) archival work.
4. Announcing [Charlotte McCloskey](#) as our new SIP Fellow for the 2020-21 cohort of the Leadership Development Institute (LDI) of the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests ([CNPAAEMI](#)) with APA.
5. Thank you to [Art Blume](#), Past SIP President, for his Warrior Path Work at Division 45 of APA. He keeps Native initiatives at the forefront!



#### Special Thank you and Acknowledgement

1. A (Niawen:kowa) great big THANK YOU to [Denise Newman](#) and her wonderful team for shepherding the SIP mentoring program into a new and exciting format. She has grown the program into a vital, educational and FUN group!
2. Many thanks to [Wendy Peters](#) for all her hard work creating the new SIP webpages located at <http://www.aiansip.org/> They are beautiful!!!

#### SIP CIRCLE OF SUPPORT

Don't forget our [SIP Circle of Support](#) on Fridays @ 2 PST/ 3 MST/ 4CST/ 5 EST. Remember for safety reasons the ZOOM link will be sent out on Friday and we don't share the link outside of SIP members.

 **Note from the President** 

The following story I posted on Kyle Hill's Facebook group "Indigenous Traditional Story Library." It reminds me of the novel "The Red Tent." The red tent was symbolic of empowerment. It is not an unfamiliar concept among many of our tribal nations. The novel's focus was on females yet it has broader application. It represents through strength and independence we are in control of ourselves. How do we choose to respond to unpredictable circumstances?

Enjoy the story and don't hesitate to partake in many of the free web-based coping presentations and strategies for psychologists.

Miigwetch,  
Iva

Grandma, how can I live this quarantine?

"My daughter, quarantine is a special, mysterious and sacred period. In my days, newborn children could only leave the house for the first time after their 40th day of life. It is a period of waiting and preparing for a new life. It is the period that produces a great change."

And how do you prepare for this change?

"With simple, genuine and loving actions. Every morning comb your long hair with dedication and untie all the knots, even the most hidden ones that you have always neglected. It is time to put all the knots in the comb. Then dedicate yourself to untangling even your beloved ones skeins. With patience and you will try to find the end of the skein, the exact starting point of the thread. Already with these simple but powerful actions you will create order outside and inside of you. Undoing physical knots with your hands you will begin to touch your internal knots."

And after undoing the knots, what can I do, grandma?

'Remove all parts of you that are no longer fertile. In many funeral rites of ancient peoples it is believed that the deceased leaves the body entirely on the 40th day after his death. In these 40 days, my daughter, cut your hair, eliminate clothes that you have not worn for a long time or that you no longer want use, open the windows of your home well to let the stale air out, cultivate new thoughts by abandoning the old, dedicated to creating new habits, new customs, new traditions."

Grandmother, I'm afraid that after this isolation nothing will change. Man quickly forgets...

"How others will react to this quarantine is none of your business. Make a commitment to change and not forget. Make sure this storm shakes you up so much that it completely revolutionizes your life."

—Elena Bernabé, Indigenous Peoples Cultures. April, 2020

 **Hello from the President- Elect** 

As you may know, the COVID-19 pandemic has led the SIP Executive Committee (EC) to prepare for a virtual online convention for this coming June (organized as usual by our colleagues at Utah State University). This shift has implications for our SIP election as well. Our election typically involves in-person voting during the SIP business meeting at convention each year. This year, SIP is scheduled to elect a **Secretary, Treasurer, and Student Representative** (if you are willing to serve in any of these capacities, please email Gayle Morse by May 20 at [morseg@sage.edu](mailto:morseg@sage.edu)).

Our shift to a virtual convention complicates our tradition of in-person voting at convention; however, it also provides an opportunity for SIP to **shift its election process to an online format** that will afford more SIP members with the opportunity to participate. This shift is also consistent with our current Society bylaws. The major challenge to sponsoring SIP's online election is not technological, but rather informational.

As you are aware, SIP is an all-volunteer Society that completely depends on the participation of its members to thrive. Many of you have contributed in heroic ways over the years, but there remains much more work than there are volunteers. One limitation has been our ability to maintain a complete and accurate roster of dues-paying SIP members in "real time." And yet, our upcoming election depends on this information so we can ensure that all current SIP members receive an online ballot in time to vote by the June 29 deadline (additional election details will follow in May).

SIP membership is effective for a given calendar year (Jan. 1 through Dec. 31). We recently updated our SIP membership records based on the best information available to us (these records date back to 2018 only). If you paid your annual dues through the SIP website/PayPal link for 2020, then we are likely to have recorded your current membership status. But if you paid in other ways (e.g., mailing a personal check, purchasing a lifetime membership), then we may not have your current information. You can check on your membership status by emailing our SIP membership chair, Dr. Marsha Tafoya ([marsha.tafoya@gmail.com](mailto:marsha.tafoya@gmail.com)).

**The SIP EC decided that only members whose SIP dues have been paid for 2020 will be eligible to vote in this election.** If you are interested in voting in this election, then **please ensure that your dues for 2020 are paid by May 31.** Please note that the preferred way to pay your SIP dues is through our website/PayPal link here: <http://www.aiansip.org/membership.html>. (The SIP membership website also includes options for retiree memberships, special circumstances, and financial hardships.)

Thank you for your ongoing support for SIP! We apologize in advance for any hassles and snafus that will likely arise during the next two months, but these may be inevitable as we shift to an online election format.



We are excited about the upcoming elections. We have the elections for Treasurer, Secretary, and Student Representative.

If you are interested, kindly submit a short statement (no more than 250 words) that indicates your interest, your tribal affiliation, and willingness to serve.

Please send your statement to me, Gayle Morse at [morseg@sage.edu](mailto:morseg@sage.edu) .

Please send your willingness to serve by May 12, 2020 at midnight.

### **Position Duties:**

#### **Student Representatives**

The student rep position will be for a two-year term. The student representative will work with a student rep team. We have elected two student reps in the past when we were able to include an undergraduate student. Student reps are asked to participate in monthly executive committee meetings, as well as regular planning meetings with each other (bimonthly?).

#### **Student Representative Duties:**

- 1.Coordinate student rep interactions and planning regular student rep meetings
- 2.Attend EC meetings as student rep
- 3.Undertake student outreach and advocacy projects
- 4.Attend SIP convention and host convention events as needed
- 5.Serve as student presence at APA (e.g. SIP student hour provided by APA Division 45)
6. Be a student voice in SIP listserv
7. Build community and model service
8. Increase visibility of SIP via social media
9. Promote and market of EC approved SIP events
- 10.Advocate for building student chapters

#### **Treasurer**

The Treasurer position will be for a two year term and the treasurer will meet with the Executive Committee at least 2 times per month.

#### **Treasurer Duties:**

- 1.Budget balancing
2. Quarterly reports
3. Attend EC Meetings & Convention
4. Balance checking account
5. Maintain Bank CDs
6. Maintain Banking relationship
7. Maintain incoming funds and paying bills
8. Stay connected with Membership committee regarding dues paying members.

#### **Secretary**

The Secretary position will be for a two-year term will meet with the Executive Committee and Trio at least weekly.

1. Attend EC and Trio meetings, and Convention.
2. Writing and maintaining meeting minutes
3. Archive and maintain past business meeting minutes
4. Schedule all EC meetings using virtual technology (Zoom).
5. Send Election call and Compile Election nominations.

 INVITATIONS AND NOTICES 

1. If you are interested in volunteering for anything in SIP please let Gayle Morse know at [morseg@sage.edu](mailto:morseg@sage.edu). We need help with the newsletter, and nearly any committee. So if you have any special interests please let me know!!!
2. Please note that our **Excecutive (EC) meetings** are on the **Third Friday of the month at 4pm EST (3CT, 2MT, 1PT & noon AlaskaT)**  
If there is anything you need **to bring to the EC** please **send to Iva GreyWolf** by the **SECOND Friday** of the month so there is time to incorporate it in a very packed schedule.  
If you would like to have the ZOOM connection please contact Gayle Morse.

