

## SIP SMOKE SIGNALS Society of Indian Psychologist August 2020 Update

She:kon Relatives,

We have had a very busy year and our friends and relatives have worked very hard. Many of our members have been recognized for their hard work. It reminds me we are all survivors. Please let's keep up the hard work and not give up! Please don't forget to send me stories or updates you would like me to share (morseg@sage.edu). Also, send me your friend's successes as well. I offer this newsletter to remind us that *together we are strong*! Skennen (Peace), Skawen:nio

#### **NEWS and KUDOs:**

- 1. We are happy to announce that in June, 2020, Drs. Royleen Ross and B J Boyd were elected to continue on as SIP Secretary and Treasurer.
- 2. The new SIP student representative is **Kristen Pyke** and we are delighted she will be working with us all!
- 3. **Dr. Kimberly Miller** is celebrating her first year as the Inaugural President of the National Sheriffs' Association new Psychological Services Board.

# What's been going on this year?!!

## **Awards and Accolades**

- 1. New graduates: We are always happy to have our graduates join the ranks!
  - \* Let's give a happy thanks for Jill Fish who graduates from the University of Minnesota after she completes her internship at Hennepin County Medical Center.
  - \* Also let's send blessings to Christina Cruz for graduating with a PsyD in Clinical Psychology from John F. Kennedy University with certificate in Health Psychology.

### 2. Awards: Wonderful acknowledgement of our brothers and sisters!

- A. APA Division 35 Society of Psychology of Women
   Dr. Jacqueline S. Gray was awarded Fellow Status with Div. 35
- B. <u>Division 35, Section 6- Alaska Native/American Indian/Indigenous Women</u> under the leadership of **Dr. Melinda Garcia** presented three awards this year:
  - a. Sweet Grass Award Senior Psychologist Dr. Gayle Skawen:nio Morse
  - b. Sage Award- Early/Mid-Career- Dr. Joanna Shadlow
  - c. Cedar Award Student Award Melissa Wheeler



- C. <u>Division 45 Society for the Scientific Study of Ethnic Minority Issues</u> under the leadership of Dr. Art Blume presented many awards this year:
  - I. Emerging Professionals Contributions to Service Dr. Julii Green
  - II. Toy Caldwell-Colbert Student Contributions to Service Devon Isaacs
  - III. Trimble-Horvat-Distinguished Professional in Native/Indigenous Psychology Dr. Joseph Gone
- IV. Trimble-Horvat Outstanding Student in Native/Indigenous Psychology Melissa Wheeler
- 3. Elder Honors: Our Elders Dr. Carolyn Barcus and Dr. Joseph E. Trimble were both awarded our Inaugural Lifetime Memberships to SIP. We are so honored that even in retirement, when they should be resting, thinking and reminiscing, they continue to mentor us and they care deeply about ALL of us and our wellbeing!
- 4. <u>Gift of the Earth Friends Blanket</u> was awarded to <u>Dr. Janet Thomas</u> for her kind, quiet, work done only to support our efforts. She is truly a genuine human being!

#### 5. SIP Scholarships

- President Greywolf's Inagural Ma'iingan Scholarship was awarded to Micah L.
   Prairie Chicken (Okinyan Hiyaya) for Academic Excellence in Psychology.
- II. Steve Fund Scholarship for Mental Health Research was awarded to Michael Azarani.

#### INFO AND INVITES:

- 1. If you know anyone who would like to be a member of SIP or someone you would like to nominate to be a member please contact Marsha Tafoya so they can send an invitation.
- 2. If you are interested in volunteering for anything in SIP please let Gayle Morse know. We have much work to do and need your support for old and new committee. Also, if you have any special interests please let me know!!!
- 3. Would love to hear from you with stories for our *Lessons from our Ancestors* corner. It is critical that we carry our stories forward. Email your stories to: morseg@sage.edu

Please note that our Excecutive (EC) meetings are on the Third Friday of the month at 4pm EST (3CT, 2MT, 1PT & noon AlaskaT)

➤ If there is anything you need to bring to the EC <u>please send to Iva GreyWolf</u>

<u>by the SECOND Friday of the month</u> so there is time to incorporate it in a very packed schedule.

If you would like to schedule a ZOOM connection, please contact Gayle Morse.

## <<<<Introducing our New Student Representative>>>>



She:kon, my name is Kristen Pyke and I am Mohawk from Akwesasne. I am currently a sixth-year graduate student in the clinical psychology program at The University of Montana. I would like to say thank you for providing me with this opportunity to serve the SIP community through my position as a SIP Student Representative. After receiving support and mentorship from the members of SIP throughout my graduate career, I am excited to use this opportunity to serve the community that has always encouraged me. Thank you for your support!

## ~~~~An Exciting Student Announcement~~~~

## **Attention Students!!**

Erica and Kristen will be hosting a student Circle of Support, which is open to both undergraduate and graduate students, so we can support each other during this difficult time. We think this will be a good way for us to get to know each other and connect as SIP students. We are open to talking about any topic you may want to discuss. For example, applying to graduate school, starting your program, COVID impacts on your program, applying to internships, and any other concerns you may have regarding your journey in psychology. We welcome all students to our Circle of Support! We will be meeting every other week for an hour starting Thursday, September 10th at 7 pm EST, 6 pm CT, 5 pm MT, 4 pm PT. Hope to see you soon!

## \*\*\*\*\* An Exciting Special Edition Announcement! \*\*\*\*\*

# Journal of Indigenous Research



Full Circle: Returning Native Research to the People

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### SIP Anti-Racism Initiative - Special Edition of the Journal of Indigenous Research

Surviving, Thriving, and Decolonizing: Black and Indigenous Psychosocial Experiences in the Americas

The intent of this special edition is to elucidate shared, similar, and disparate experiences among the Black and Indigenous peoples of the Americas. The editors aspire to identify and promote opportunities for Black and Indigenous persons (both lay and professional) to collaborate on surviving and thriving amid environments impacted by colonization and systemic racism.

## Submission parameters:

- 1) All contributions should discuss psychosocial experiences/phenomena among Black AND Indigenous people. This may be done collectively, comparatively, in terms of intersectionality, or in any other manner that addresses both groups
- 2) All contributions should discuss Black and Indigenous people from North, Central, or South America (to include Hawaii, US Territories/Commonwealths, and the Carribean)
- 3) Research articles are preferred. Systematic reviews and meta-analyses will also be considered.
- 4) Submissions related to the following topics are of specific interest for inclusion: Systemic racism
  - Colonization
  - Slavery
  - Internalized racism and colorism
  - Health disparities
  - Culturally-appropriate interventions
  - Culturally-appropriate research
  - Culturally-appropriate prevention
  - Criminal justice
  - Intergenerational trauma
  - Interpersonal Violence
  - Microaggressions
  - Black and Indigenous approaches to personal, family, and community wellness
  - Social justice
  - Educational disparities
  - Religion and spirituality
- 5) Submissions on other topics can be considered as well, as long as they fit criteria 1-3.

Submit articles consistent with the *Journal of Indigenous Research* policies by March 1st, 2021 to JIRSpecialEdition@gmail.com.

Amileah R. Davis, Ph.D., ABPP

PLEASE SHARE THIS CALL WIDELY

#### Note from the President

During this past year I've heard a lot of talk that it got me riled up and so I just have a few things to say to our group.

I do not care if you are enrolled or not enrolled.

I do not care if you're South American Indian or north American Indian or a Central American Indian.

I do not care if you are Native Hawaiian or Canadian Native or Alaskan Native.

I do not care if you're Republican or Democrat or Independent or have no political affiliation.

I do not care if your traditional or nontraditional.

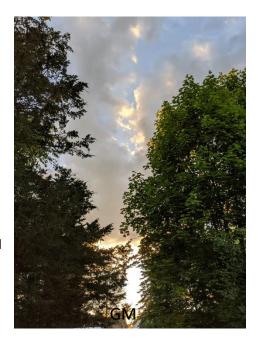
I do not care if you speak your Native language or don't speak your native language.

I do not care if you're in urban Indian or a reservation Indian.

I do not care if you're a Black Indian or a Mexican Indian and Asian Indian or any other mixed Indian.

I do not care if you're full blood or half breed or have newly discovered Indian ancestry.

I do not care if you take part in traditional ceremonies or if you're a Christian or if you both take part in both ways.



I do not care if you're light complected Indian or dark complected Indian.

I do not care if you are straight or two spirit.

I do not care if you're a Boujee Indian or an Indian that drives an Indian car.

I do not care if you are a BIA or and IHS Indian or an unemployed Indian.

I do not care if you're the tribal chairman's relative.

I do not care if you're in recovery or still using.

I do not care if you've been in jail, never been in jail or avoided being caught.

I do not care if you're a beader, a carver, a dancer, a drummer or a singer.

I do not care if you're a powwow dancer or a snag or just go to pow-wows to get fry bread or beads.

I do not care if you've been adopted out or raised by your grandma or other parents.

You know what I do care about I care about you.

I care about your spirit.

Do not divide us.

Do not participate in colonizing us.

Love us, work for us, pray for us because we need each other.

All my relations.

Iva

#### LESSONS FROM OUR ANCESTORS

The following story was posted on Kyle Hill's Facebook group "Indigenous Traditional Story Library." It reminded me of the novel "The Red Tent." The red tent was symbolic of empowerment. It is not an unfamiliar concept among many of our tribal nations. The novel's focus was on females, yet it has broader application. It represents through strength and independence we are in control ourselves. How do we choose to respond to unpredictable circumstances?

Miigwetch,

Iva

Grandma, how can I live this quarantine?

"My daughter, quarantine is a special, mysterious and sacred period. In my days, newborn children could only leave the house for the first time after their 40th day of life. It is a period of waiting and preparing for a new life. It is the period that produces a great change."

And how do you prepare for this change?

"With simple, genuine and loving actions. Every morning comb your long hair with dedication and untie all the knots, even the most hidden ones that you have always neglected. It is time to put all the knots in the comb. Then dedicate yourself to untangling even your beloved ones skeins. With patience and you will try to find the end of the skein, the exact starting point of the thread. Already with these simple but powerful actions you will create order outside and inside of you. Undoing physical knots with your hands you will begin to touch your internal knots."

And after undoing the knots, what can I do, grandma?

Remove all parts of you that are no longer fertile. In many funeral rites of ancient peoples it is believed that the deceased leaves the body entirely on the 40th day after his death. In these 40 days, my daughter, cut your hair, eliminate clothes that you have not worn for a long time or that you no longer want use, open the windows of your home well to let the stale air out, cultivate new thoughts by abandoning the old, dedicated to creating new habits, new customs, new traditions."

Grandmother, I'm afraid that after this isolation nothing will change. Man quickly forgets...

"How others will react to this quarantine is none of your business. Make a commitment to change and not forget. Make sure this storm shakes you up so much that it completely revolutionizes your life."

—Elena Bernabé, Indigenous Peoples Cultures. April, 2020