

For Immediate Release November 27, 2007 or Further Information

No. of Pages: 1

For Further InformationBrianna LaBrecque / 518-442-5733

UALBANY VOLLEYBALL ADVANCES TO SECOND ROUND OF NCAA TOURNAMENT

University Park, Pa. – Amanda Cowdrey and Valerie Sourbeer finished with 11 kills apiece to lead UAlbany to a 3-0 sweep of Cleveland State in the first round of the NCAA Volleyball Tournament at Penn State's Rec Hall. UAlbany (24-9) controlled the match, taking the three games with scores of 30-20, 30-20 and 30-25. With the victory, the Great Danes become the third UAlbany team to win an NCAA Division I Tournament game, following the 2007 men's lacrosse and softball teams.

The Great Danes built up a quick 5-1 lead in game one as Cleveland State's Alexis Korovich recorded a hitting error off a Brooke Stanley serve. A service ace by Teresa Coppiellie followed by a Cowdrey kill gave UAlbany an 8-3 lead. Senior middle blocker Ashley Crenshaw tallied back-to-back kills in a four point swing for the Great Danes in the middle of the game, putting UAlbany up 20-10. The Vikings pulled within 25-18 late in the game, but a kill from Cowdrey and a Megan Mental service error for Cleveland State sealed the game one win for the Great Danes.

The Vikings jumped out to a 2-0 lead in the second game, but UAlbany scored four unanswered points to take control. Cleveland State pulled to within 6-5 on a kill by Jenni Ramminger, but UAlbany responded with three straight points to put some distance between the teams. Later in the game, Cowdrey and junior middle blocker Kamisha Kellam combined for a block, one of seven total blocks in the match for Kellam, to give the Great Danes a 23-15 advantage. After a kill by Beth Greulich pulled the Vikings within 26-20, UAlbany rattled off the final four points of the game, ending with a block assist credited to Crenshaw and sophomore Kate Eckhardt.

A solo block by Alexis Korovich on an attack by Crenshaw gave Cleveland State a 3-0 lead to start the deciding game. Sourbeer connected on a kill and the Vikings' Amy Benz had an attack error to tie the game at 3-3 in the early going. Greulich and Ramminger combined for a block to give Cleveland State a 5-3 advantage, but the Great Danes took advantage of an Eckhardt kill and three consecutive errors by the Vikings and took a 7-5 lead. UAlbany never looked back, steadily building a 22-16 lead on two straight service aces by Eckhardt. The Great Danes had match point at 29-24, but recorded a service error to extend the match. Cowdrey took an assist from Tawny Dahmes to slam home the final kill, and give UAlbany its first NCAA Tournament win as a Division I program.

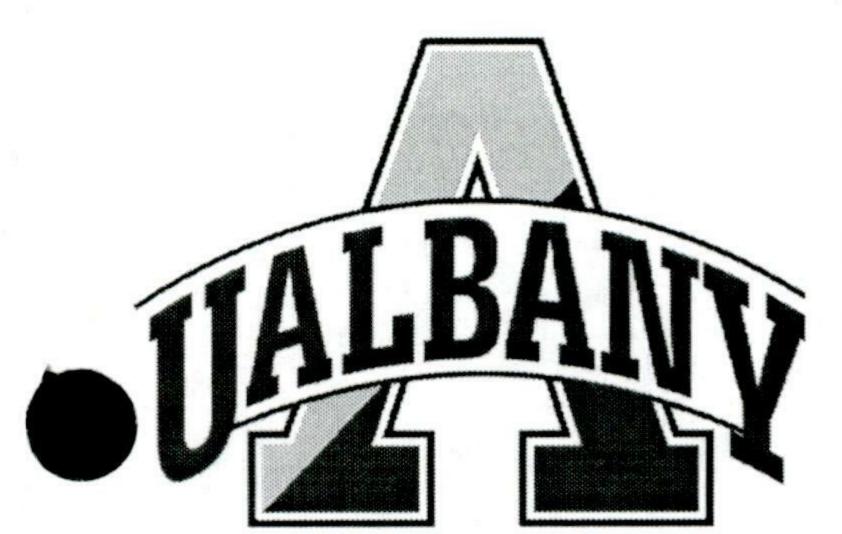
"We played our best match of the year tonight," said head coach Kelly Sheffield, who has lead the UAlbany program to three NCAA Tournament appearances in the past four seasons. "The team executed the same plan given to them and they came here and played with a lot of confidence and fight. We had great effort and execution from everyone."

Dahmes led the Great Danes defensively with 13 digs while Stanley finished with a match-high 33 assists to go along with six digs, two service aces and two block assists. Kellam added seven kills to match her seven total blocks while Crenshaw tallied six kills and four total blocks.

Greulich led Cleveland State with 10 kills while Korvich added nine kills and four digs. Jordan Bateman led the Vikings defensively with 14 digs and also recorded two service aces. Setter Mel Snyder had 29 assists for Cleveland State (23-9).

"I'm proud of the freshmen and the way they came out today," offered Crenshaw. "This was a bigger stage and a bigger match, but we stayed focused and were able to accomplish the goals we set in the preseason."

UAlbany, which becomes the first America East volleyball team to win an NCAA match since Hofstra in 1996, advances to the second round of the tournament and will face the winner of the Penn State/Siena match. The second-round match will take place on Saturday at 7 p.m.



For Immediate Release November 30, 2007 No. of Pages: 1

For Further Information Craig Lane / 518-442-3359

UALBANY MEN'S INDOOR TRACK & FIELD PICKED FIRST IN PRESEASON COACH'S POLL, WOMEN TABBED SECOND

Cambridge, Mass. – The University at Albany men's indoor track and field team has been selected to finish first, while the women's team was chosen to place second, according to the preseason poll of the head coaches conducted by the America East Conference.

The Great Danes were selected to win their third consecutive men's conference championship by receiving all eight first place votes (coaches were not permitted to vote for their own teams), totaling 64 points. New Hampshire, which earned one first place vote, and Boston U. tied for second in the voting with 52 points each. Binghamton came in fourth with 38 points and UMBC tallied 33 points to round out the top-five. Maine was tabbed sixth with 30 points, followed by Stony Brook (26), Vermont (21) and Hartford (8) to complete the nine-team poll.

In the women's poll, Boston U. was selected as the preseason choice to finish the season first and repeat last year's championship. The Terriers received six first place votes to garner 61 points. UAlbany was tabbed first on two ballots and received 56 points for second place, two points ahead of third place New Hampshire, who received the ninth and final first place vote. Binghamton was picked fourth with 37 points and Maine totaled 31 points to round out the top-five preseason picks. Vermont finished sixth with 29 points, followed by UMBC (26), Stony Brook (22) and Hartford (8).

The UAlbany men will be led this season by captains Renauld Buck, Drew Harrison, and Michael McCadney. The Great Danes won six events at last season's conference championship en route to their second consecutive championship and fourth in the past five years. UAlbany returns 2007 indoor champions David Parker (heptathlon), Pat Weider (200-meters and 4x400-meter relay), Jean Juste (55-meter hurdles), McCadney (triple jump), Freddie Wills (long jump), Andrew Overbaugh (4x400-meter relay), and Nick Lemp (4x400-meter relay).

The Great Danes' women's team will be led by captains Jenn Gurrant, Brenna Militello, and Ashley Vives. UAlbany was edged out by Boston U. at last season's conference meet, despite winning eight events. Junior Kamilah McShine (pentathlon and 55-meter hurdles) and senior Militello (high jump) return this year for UAlbany to defend their 2007 championships.

UAlbany opens its 2007-08 season on Saturday, Dec. 1 at Northeastern's Husky Winter Carnival at the Reggie Lewis Center. Women's events begin at 10 a.m., while the men start at 2 p.m.



For Immediate Release November 29, 2007 Further Information

No. of Pages: 1

For Further Information Craig Lane / 518-442-3359

WOMEN'S GOLF SIGNS TWO STUDENT-ATHLETES DURING EARLY PERIOD

Albany, N.Y. - University at Albany women's golf coach Richard Sauers announced on Thursday, Nov. 29 that two student-athletes have signed national letters of intent to play for the Great Danes. Annemarie Kissane from Albany, N.Y. (Albany H.S.) and Stephanie Klein from Thornhill, Ontario (Community Hebrew Academy of Toronto) each made her commitment during the early signing period.

Kissane, a five-year member of the golf team at Albany High and 2007 team MVP, was the recipient of the Northeastern New York PGA Junior Girls Player of the Year award after leading the points list in 2007 and winning the Tour Championship at the Saratoga National Golf Club. In 2006, Kissane placed third at the Srixon Qualifier to qualify to play in the Fidelity Investments Junior Classic, in which she finished in a tie for 13th. She also placed 14th at the Nike Golf Junior at Toftrees conducted by the American Junior Golf Association on June 26-29, 2006. At the 44th Junior Girls Amateur Championship at Drumlins Golf Club in August 2006, Kissane placed second after losing in the finals 2&1. In 2007, Kissane placed 17th at the AJGA's Fidelity Investments Junior Classic and finished third at the 45th Junior Girls Amateur Championship.

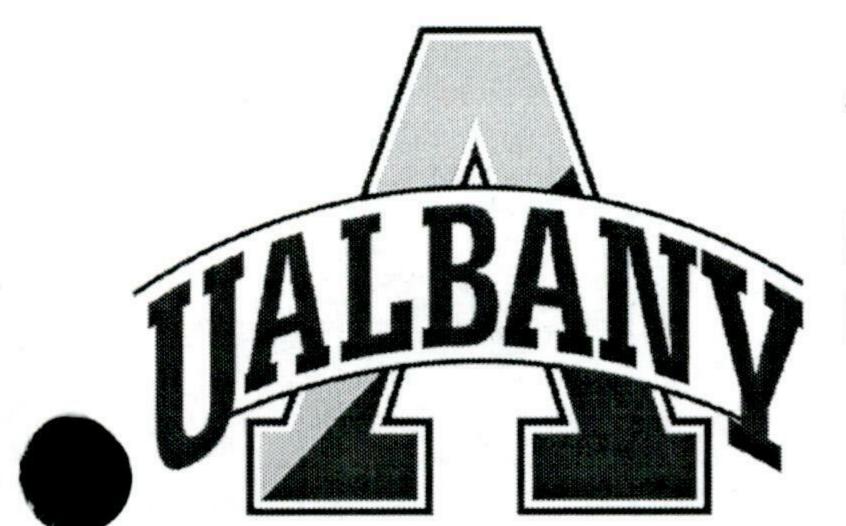
Klein, who had a 92.89 scoring average, finished in the top-5 in all four Canadian Junior Gold Association tournaments she played in 2006. In her first CJGA tournament, Klein placed first at the Orion Securities Junior Classic May 20-21, winning by 10 strokes. She followed that up with a second place finish at the Saab International Juniors Qualifier June 29-30. In her third CJGA tournament, Klein had a three-round score of 269 to place fifth. She capped her 2006 CJGA season with by placing third in the girl's division at the Nike Golf Jr. Series at Angus Glen Golf Club with a two-round total of 181. In 2007, she shot an 81 at the Elks Country Club in Columbus, Neb. in U.S. Girls' Junior Sectional Qualifying play and competed in the Royale National Junior Girls' Championship with a three-round score of 244.

2008-09 University at Albany Women's Golf Signings

Name Hometown (High School)

Stephanie Klein Thornhill, Ontario (Community Hebrew Academy of Toronto)

Annemarie Kissane Albany, N.Y. (Albany H.S.)



For Immediate Release November 28, 2007 For Further Information Brianna LaBrecque / 518-605-5026

No. of Pages: 1

UALBANY WOMEN'S BASKETBALL DROPS A 64-48 DECISION TO SACRED HEART

Fairfield, Conn. – Forward Stephanie Ryan scored 15 points, including seven straight in the second half, to lead Sacred Heart to a 64-48 win over UAlbany in non-conference women's basketball action at the William H. Pitt Center on Wednesday evening. The Pioneers improved to 2-3 overall while the Great Danes dropped to 1-6.

Sacred Heart used a 20-9 run over the final 8:32, scoring the final eight points from the free throw line. Khalia Cain, Maggie Cosgrove and Alisa Apo all hit two from the stripe in the final minute of play to help seal the win for the Pioneers.

UAlbany came out firing to start the second half, and cut the lead to 29-25 before allowing Sacred Heart to score. After Kaitlin Sowinski dropped a jumper in the lane for the Pioneers, Britney McGee hit a 3-pointer and Janea Aiken scored from the right key to cut the lead to 33-30 with 15:46 left to play. Sowinski, who finished with a game-high 16 points, scored five straight over the next two minutes of play and Sacred Heart never looked back.

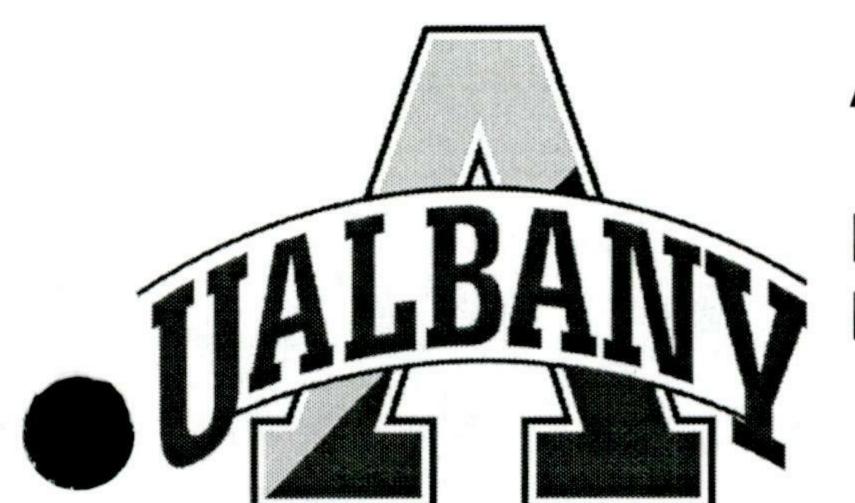
"Six of our first seven games were on the road and I think that playing on the road this much has hurt us with our youth," said UAlbany head coach Trina Patterson, whose team has dropped four consecutive contests. "We need to get back home to our gym, work hard, get some of our confidence back and start making better decisions."

Kristin Higy scored the first four points of the game, as the Great Danes held Sacred Heart scoreless through the first five minutes of play. The Pioneers broke their drought as Cosgrove hit a 3-pointer from the left side of the arc coming out of a media timeout at 14:47. After UAlbany doubled up the opponents score by taking a 10-5 lead on back-to-back baskets by TaNika Thrower, Cosgrove knocked down her second trey of the night to cut the Pioneers' deficit to 10-8 with 12:02 left to play.

After tying the game at 10-10 with 10:06 left to play, Sacred Heart embarked on a 14-4 run to take a 24-14 lead with 4:48 remaining in the first half. UAlbany cut the lead to six as Janea Aiken was fouled while sinking a 3-pointer. Aiken made the ensuing free throw and came back on the next Great Danes' possession with a jumpshot to pull within 24-20 with just over two minutes left to play.

Sacred Heart's Lisa Moray hit her third 3-pointer of the night at 1:37 to put the Pioneers back on top by seven, 27-20. Higy, who finished with nine points for the Great Danes, scored two of her six first-half points at 1:12, but Alisa Apo closed out the scoring for the half with a jump shot from the right key to set the halftime score at 29-22.

Aiken led the Great Danes with 15 points, while McGee added seven. Moray finished with 12 points for Sacred Heart, all from three-point range. Sowinski recorded a team-high eight rebounds and had four blocks and four assists on the night.



For Immediate Release November 27, 2007 For Further Information Brian DePasquale / 518-442-3072

No. of Pages: 1

UALBANY PLACES FOURTEEN PLAYERS ON NEC ALL-CONFERENCE FOOTBALL TEAM Bob Ford Named Northeast Conference Coach of the Year

Albany, N.Y. – University at Albany's **Michael Dungey** and **Sam Pagano** (Colonie Central) lead a group of fourteen players who have been named to the 2007 All-Northeast Conference Football Team. The Great Danes, who equaled the 2002 squad's total for the highest number of all-conference selections, placed five players on the first team and nine on the second team. **Bob Ford** was chosen the NEC Coach of the Year after leading the program to its first league championship in four years.

Dungey, a senior defensive lineman, and Pagano, a senior offensive guard, are on the all-conference unit for their third consecutive season. Dungey (6-2, 275) totaled 39 tackles and was among the team leaders in hits for a loss (10.0) and sacks (5.5). He is a member of the first team for the second year in a row. Pagano (6-3, 290) paved the way for a unit that is ranked 16th in rushing among the NCAA Division I Football Championship Subdivision (FCS) leaders at 216.4 yards per game. After being voted to the second team the last two years, Pagano moved up to the All-NEC first team this season.

Defensive tackle **Tom Pandolf**, safety **Dave Nicomini** and offensive tackle **Raphael Nguti** joined Dungey and Pagano on the first team. Pandolf accounted for 34 tackles, 6.5 hits for a loss and 3.0 sacks, while Nicomini recorded 50-plus tackles for the third straight year with 59. UAlbany's defense is ranked nationally in points allowed (12th), rushing yards (14th) and total defense (23rd). Nguti, a 6-foot-6, 330-pound right tackle, helped the offense run for a season-high 341 yards in the NEC championship game against Central Connecticut State.

Colin Disch, a senior inside linebacker, becomes the third Great Dane to earn all-conference recognition in four consecutive seasons as a second-team pick. He joins former UAlbany standouts Geir Gudmundsen (2001-04) and Samson Brown (1999-02) in that category. Disch, who missed most of two games with a knee injury, led the team in tackles (61). He is the program's all-time leader with 407.

Placekicker **Jason Fralicker** makes his second straight appearance on the All-NEC second team. Fralicker broke his own single-season record with 15 field goals and leads the Great Danes in scoring with 81 points, the fourth-best mark in school history. **David McCarty** (LaSalle Institute) received second-team honors after rushing for 1,369 yards and 11 touchdowns. McCarty, a sophomore tailback, is 12th among the NCAA rushing leaders at 124.5 yards per game. He ran for 100 or more yards against seven opponents, including a career-high 247 in the regular-season finale.

Four defensive players earned all-league recognition for the first time as second-team selections. Defensive end **Mark Sheehan** (Catholic Central) had 31 tackles and led the team with 7.5 sacks, while defensive end **Jon Volpe** added 33 tackles and sacked the quarterback 4.5 times. Outside linebacker **Trevor DuPont** (31 tackles, 2 interceptions) and safety **Dave West** (49 tackles, 2 interceptions) were part of a group that ranked sixth nationally in turnover margin (+1.45 pg). Center **Kevin Richards** (Shenendehowa) and left tackle **Justin Tougas** (Glens Falls) blocked for an offense that averaged 29.1 points and 371.9 total yards.

Ford was named the NEC's top coach for the second time in his career after previously winning the award in 2002. He guided the Great Danes to their third conference championship, including an 8-3 overall record and a 6-0 league mark. UAlbany became just the fifth team in NEC history to go undefeated in conference play. Ford, who is second among active Division I FCS coaches with 225 career victories, also led his team to its first postseason appearance in five years.

UAlbany and Dayton, the Pioneer Football League co-champion, will meet in the second annual Gridiron Classic on Saturday, Dec. 1. Kickoff is 1:00 p.m. at UD's Welcome Stadium. The Flyers, who have a 10-1 record, are No. 24 in the current FCS Coaches' Poll.



For Immediate Release November 26, 2007 For Further Information

Brian DePasquale / 518-442-3072

No. of Pages: 2

BASKETBALL'S JOSH MARTIN NAMED AMERICA EAST CONFERENCE ROOKIE OF THE WEEK

Cambridge, Mass. – University at Albany's Josh Martin has been selected as the America East Conference Rookie of the Week in men's basketball, as announced by the conference office on Monday, Nov. 26. Martin was a key figure in a pair of non-league wins against Lehigh and Sacred Heart.

Martin, a freshman guard from Philadelphia, Pa., averaged 10.0 points, 5.5 rebounds and 3.0 assists in two games off the bench. He scored a career-high 10 points and grabbed six rebounds against Lehigh, a 78-66 triumph on Nov. 20, plus canned 3-of-4 from the three-point arc. Martin added 10 points, five rebounds and four assists in 29 minutes in a 75-57 win against Sacred Heart.

UAlbany (4-1) extended its winning streak to four in a row following last Sunday's victory over Sacred Heart. The Great Danes, who have won 19 of their last 21 games at SEFCU Arena, are off to the program's best start since the 1996-97 campaign.

FORMER UALBANY GOALIE BOUNA COUNDAL WILL PLAY FOR SENEGAL NATIONAL TEAM

Albany, N.Y. - Former University at Albany goalkeeper Bouna Coundoul has been selected to play as a member of the Senegal national team's roster for the African Cup of Nations in Ghana. Coundoul, a 2005 UAlbany graduate who is currently playing with the Colorado Rapids of the MLS, was a member of the Senegal team for two recent matches in Paris, France and made his international debut with 45 minutes of action in a 3-2 victory against Mali on Nov. 17.

Coundoul, a two-time America East Conference Goalkeeper of the Year, was an All-America East selection in each of his final three seasons at UAlbany. As a senior, he was ranked third among the NCAA Division I leaders in goals against average at 0.54 and posted a .901 save percentage with 11 shutouts to lead the Great Danes to their first-ever America East regular-season title. In his first full season as a starter with the Rapids, Coundoul started all 30 games and finished third in the MLS with a 1.08 goals against average and registered nine shutouts in leading the Rapids to a 9-12-8 record.

Senegal is currently ranked No. 38 in the world among national teams by FIFA and will start play in the African Cup of Nations Tournament on Jan. 20. Senegal will square off against Angola, South Africa and Tunisia in group play. Coundoul, who was named to the Senegal squad after his play in training and against Mali, will be vying for Senegal's No. 2 goalkeeper spot behind Tony Sylva.

For Immediate Release November 25, 2007

No. of Pages: 1

For Further Information Brianna LaBrecque / 518-442-5733

UALBANY VOLLEYBALL TO FACE CLEVELAND STATE IN NCAA REGIONAL TOURNAMENT

Albany, N.Y. – The UAlbany volleyball team will travel to University Park, Pa. to face Cleveland State in the first round of the NCAA Tournament. The Great Danes, who captured the America East Conference championship, drew the University Park Regional, hosted by Penn State on Nov. 30-Dec. 1. The Nittany Lions, the current No. 1 team in the nation, will face Siena in the first round.

UAlbany will take on a Cleveland State team that finished 23-8 overall en route to its first-ever Horizon League Championship title. The Vikings are led by freshman middle blocker Amy Benz, who averaged 2.38 kills and 1.51 blocks per game on her way to being named the league's newcomer of the year and also earned most valuable player accolades in the Horizon League Tournament. The Vikings, who defeated Valparaiso, 3-1, in the championship game, are also led by sophomore outside hitter Beth Grulich, an all-conference honoree who averaged 3.10 kills per game. Senior setter Mel Snyder also earned all-league recognition after averaging 12.00 assists and 2.14 digs per game.

UAlbany (23-9) won its second consecutive America East Conference title and third in four years, defeating Stony Brook, 3-1, on the Seawolves' home court. The Great Danes are led by freshman outside hitter Amanda Cowdrey, who averaged 3.51 kills and 3.41 digs per game en route to being named the A-East rookie of the year. First-team all-conference middle blocker Kamisha Kellam, who tallied 3.30 kills and 1.06 blocks per game, and senior middle blocker Ashley Crenshaw, who averaged 3.24 kills and boasted a .337 hitting percentage on her way to an all-conference second team nod, also paced the Great Danes. Setter Brooke Stanley (10.75 apg) and libero Tawny Dahmes (4.26 dpg) earned all-rookie team honors.

"I thought we'd play Penn State but it was exciting to see that it was Cleveland State," offered Crenshaw. "They are a team that is a better match for us right out of the gate. We don't know a lot about them, but we will. We have a lot of work ahead of us this week."

Top-ranked Penn State (28-2) won its last 20 matches to go a perfect 20-0 in Big Ten Conference play on the way to a fifth straight conference title. The Nittany Lions, who were never ranked below No. 3 all season, are undefeated at home and have been ranked No. 1 in the country since Oct. 29. Penn State, which has won 11 Big Ten titles since 1991, reached the NCAA Regional Final last season.

Siena (24-7) won its third straight Metro Atlantic Athletic Conference title after going 17-1 in league play. MAAC offensive player of the year Burgandy McCurty finished the season ranked fifth nationally with a .436 hitting percentage. The Saints are making their third consecutive NCAA appearance after falling to Minnesota last season in a regional hosted by UAlbany, and losing to eventual National Champion Washington in 2005.

UAlbany and Cleveland State will face off at 5 p.m. on Friday, Nov. 30, while Penn State will face Siena at 7:30 p.m. The second-round match will take place on Saturday, Nov. 1 at 7:30 p.m., at Rec Hall, the Nittany Lions' home facility, which seats 5,812.

"We came together the last part of the season," said head coach Kelly Sheffield, whose team won more than 20 matches for the fourth time in his seven-year tenure. "We are a young team and we didn't really expect to be here. But we are still having fun, which is a big part. There's no question we are playing a team that had a great season. It's going to take our best volleyball match of the year to win."
-agate-

2007 NCAA Division I Women's Volleyball Championship First/Second Rounds

Friday, Nov. 30 – First Round

Cleveland State vs. UAlbany, 5:00 p.m.

Penn State vs. Siena, 7:30 p.m.

Saturday, Dec. 1 – Second Round

Match 1 Winner vs. Match 2 Winner, 7:30 p.m.



For Immediate Release November 25, 2007 or Further Information

No. of Pages: 1

For Further InformationBrian DePasquale / 518-442-3072

UALBANY WINS FOURTH STRAIGHT IN 75-57 VICTORY OVER SACRED HEART AT SEFCU ARENA

Albany, N.Y. – Brian Lillis and Brian Connelly each scored 12 points as UAlbany rallied in the second half for a 75-57 victory over Sacred Heart on Sunday afternoon at SEFCU Arena. The Great Danes, who have won four in a row, are off to their best start with a 4-1 record since the 1996-97 campaign.

Sacred Heart (0-6) led 44-42 after Corey Hassan made a pair of free throws with 12:18 remaining. UAlbany responded with 12 of the game's next 13 points to go ahead for good. Tim Ambrose ignited that stretch with five of his nine points. Ambrose converted a driving right-hander and then made a three-point play when he was fouled on a spinning turnaround from left of the lane. Connelly later followed with a 6-foot jumper in the lane. Jerel Hastings and Jon lati each sank two fouls shots for a 54-45 advantage.

UAlbany's Brett Gifford would push his team's lead to double figures by scoring off an offensive rebound with 3:37 to play. The Great Danes, who made 26 of 34 from the free throw line, padded their margin by netting 13 of their final 17 points from the charity stripe.

"We played a good ten minutes of basketball," said UAlbany coach Will Brown, whose team had lost the previous two years to Sacred Heart, the Northeast Conference preseason favorite. "We had a couple of bad practices coming into the game and it showed. We did a decent job defensively in the second half and got the balance (offensively) we were looking for."

The first half produced 17 lead changes and two ties. UAlbany ran off seven straight points en route to a 27-20 cushion. Hastings buried an 18-foot jumper and canned a three-point field goal from the left corner to put his team in front. Freshman guard Josh Martin, who had 10 points, five rebounds and four assists off the bench, connected on a drive to give the Great Danes their biggest lead of the period.

The Pioneers regrouped to take a 32-31 margin to the intermission. Ryan Litke, who had 10 points, drilled a three-pointer from the right wing off a handoff from Chauncey Hardy for a 29-28 lead. UAlbany's Martin answered with a 3-point field goal from the top of key, before Litke rifled in a 22-footer from the left side with 21 seconds left before the break.

"We didn't play well defensively in the first half," offered Connelly, who made 6-of-10 from the floor in reaching double figures for the second time this season. "We lost our assignments and there was no communication. Coach (Brown) had some strong words for us at halftime."

Drew Shubik had 12 points for the Pioneers, who were held to 28-percent shooting in the second half on 7-of-25 attempts. Brice Brooks and Hassan added nine points apiece. Hastings finished with a career-high nine points and five rebounds for the Great Danes, who have won 19 of their last 21 at home.

"They took away passing lanes and were disrupted with their pressure," explained Hastings, whose team shot 50 percent from the field in the final period. "We finally got ourselves together by playing good defense."

For Immediate Release November 24, 2007 For Further Information April Raynovich / 518-442-4511

No. of Pages: 2

UALBANY VOLLEYBALL TOPS LONG ISLAND, 3-1, AT VCU THANKSGIVING INVITATIONAL

Richmond, Va. – Freshman Brooke Stanley recorded 50 assists, 16 digs and four total blocks to lead UAlbany to a 3-1 win over Long Island University at the VCU/Third Degree Sportswear Thanksgiving Volleyball Invitational at Alltel Pavilion on Saturday, Nov. 24. The Great Danes won both tournament games, after defeating the host Rams in the opening round on Friday, to conclude their regular season.

UAlbany (23-9) took the first game by a 30-27 edge, but fell in game two, 30-18. The Great Danes rebounded to take the third game by a 30-22 score behind a .385 hitting percentage and clinched the victory on an assisted block by senior Ashley Crenshaw and sophomore Kate Eckhardt off a Martina Wagner attack to earn game four by a 32-30 score.

Freshman Amanda Cowdrey led the UAlbany attack, recording a team-high 19 kills and adding 19 digs. Eckhardt finished with a double-double of the kill-dig variety for the Great Danes, with 11 kills and 13 digs. Junior Kamisha Kellam added 13 kills and six total blocks, while Crenshaw had 13 kills and two blocks. Freshman Teresa Coppiellie had 15 digs and freshman libero Tawny Dahmes had 12 digs.

The Blackbirds were led by Shelby Heggie, who had a match-high 22 kills and added eight digs and two total blocks. Wagner finished with a 17-kill, 15-dig double-double, while Svetlana Simic had a match-high 21 digs.

The Great Danes, winners of eight of their last nine matches, will continue on to NCAA tournament play. UAlbany earned an automatic berth after winning its third America East Conference Championship in the last four years. Long Island (22-13) stamped its ticket to the NCAAs after winning the Northeast Conference title last weekend.

UAlbany and LIU will learn of their seed and opponent during the NCAA Division I Selection Show on Sunday at 8:00 p.m. The Great Danes will gather in the SEFCU Hall of Fame Room to watch the bracket's unveiling on ESPNU.

-agate-

VCU/Third Degree Sportswear Thanksgiving Classic

UAlbany (23-9) def. Long Island (22-13), 3-1 (30-27, 18-30, 30-22, 32-30).

YOUNGSTOWN STATE EDGES UALBANY, 54-52, IN LIU TURKEY CLASSIC THIRD-PLACE GAME

Brooklyn, N.Y. – Heather Karner scored 17 points to lead Youngstown State to a 54-52 win over UAlbany in third-place game at the Courtyard by Marriott LaGuardia Turkey Classic on Saturday, Nov. 24 at Long Island University's Wellness Center.

Youngstown State (1-3) built a 49-41 lead with 3:19 to play with four consecutive foul shots and layup by Pendleton, who finished with 13 points and 10 rebounds. The Penguins still led by eight with just over two minutes to play, when the Great Danes responded. Gia Sanders converted an offensive rebound followed with a steal that resulted in a TaNika Thrower basket to cut the deficit to 51-48 with 1:51 on the clock.

UAlbany's Kristin Higy made a pair of free throws that closed the gap to 54-52 with 36 seconds to play. The Penguins then worked the shot clock, before Kelsey Gurganus failed to convert on a drive into the lane with eight seconds left. Higy grabbed the defensive board and UAlbany called timeout to set up an in-bounds play. But Sherri Mikus' pass was tipped by a YSU defender and Thrower, who corralled the loose ball, was forced to launch a 25-footer that missed the mark at the buzzer.

"We are right in these games," said Great Danes head coach Trina Patterson, whose team dropped a 61-54 decision to Holy Cross in Friday's first round game. "They are heartbreakers, but we are in there every time and it's just a matter of time before we break through."

Charity Iromuanya made two free throws to open the second half to give UAlbany a 29-22 margin, but YSU would cut the lead to three with 16:40 to play on a Jessica Schloemp jumper. UAlbany's Mikus and YSU's Nikita LaFleur exchanged a pair of jumpers to give the Great Danes a 35-31 edge with 13:04 to play.

Thrower added her fourth layup of the game to give UAlbany a 37-31 lead that they would watch dissipate over the next two minutes. Karner hit back-to-back three-pointers to knot the score at 37-all with 9:56 left. Britney McGee hit a layup to put the Great Danes up 39-37, but the Penguins made four consecutive free throws and Pendleton knocked down a jumper to give YSU a 43-39 advantage.

UAlbany took a 4-0 lead in the early minutes of the first half on a pair of made jumpers by Higy and Thrower, but YSU responded with a made trey by Karner. The two teams exchanged buckets over the next eight minutes and were all knotted at 12 apiece with 8:37 to play. Iromuanya, who had eight points off the bench, hit a pair of free throws and then a jumper to spark a 13-2 run over the next five minutes to give the Great Danes a 25-14 advantage.

UAlbany was held without a basket over the next two minutes, while the Penguins went on a 7-0 run of its own that ended with a Karner 3-point basket that cut the deficit to 25-21. Iromuanya sunk two more free-throws with 1:02 to play in the first half to extend the Great Dane lead, but Ashley Pendleton hit the back-side of a pair of free throws for the Penguins to give UAlbany a 27-22 lead heading into the intermission.

Thrower and Higy each scored 10 points for the Great Danes, who fall to 1-5 on the season. Higy, Mikus and Sanders each had a team-high six rebounds. UAlbany shot 31 percent from the field on 18-of-58 from the field.

For Immediate Release November 23, 2007 No. of Pages: 2

For Further Information April Raynovich / 518-442-4511

UALBANY VOLLEYBALL DEFEATS VIRGINIA COMMONWEALTH 3-1

Richmond, Va. – Freshman Teresa Coppiellie recorded 12 digs and 12 kills to pace UAlbany volleyball to a 3-1 win over Virginia Commonwealth at the VCU/Third Degree Sportswear Thanksgiving Invitational at Alltel Pavilion on Friday night.

The Great Danes took the first game rather handily, defeating the Rams by a score of 30-19. Junior Kamisha Kellam and freshman Amanda Cowdrey led the attack with four kills apiece, as the team hit .400 compared to VCU's .125 hitting percentage. Game two belonged to the Rams, as they edged the Great Danes 30-28 to even the score at 1-1 heading into the third game.

UAlbany would win the third game by a decisive 30-19 score behind Coppiellie's five kills and went on to earn the victory by winning the fourth game 33-31.

Kellam finished with a team-high 15 kills and added five total blocks, while Cowdrey scored her 21st double-double of the season with 10 kills and 12 digs. Freshman Brooke Stanley had a match-high 49 assists and five blocks, while classmate Tawny Dahmes had a match-high 14 digs. Senior Ashley Crenshaw had eight kills and six total blocks.

VCU (11-20) was led by Ariel Newman with 19 kills and 12 digs and Elisa Kuehnel, who had 18 kills, five digs and four total blocks.

The Great Danes, winners of seven of their last eight, play Long Island tomorrow morning at 10 a.m. to conclude their regular season and continue preparation for the NCAA tournament. UAlbany (22-9) will learn of its seed and opponent during the NCAA selection show on ESPNU on Sunday evening at 8 p.m.

-agate-

UAlbany (22-9) def. Virginia Commonwealth (11-20), 3-1 (30-19, 28-30, 30-19, 33-31).



For Immediate Release November 23, 2007 No. of Pages: 2

For Further Information Brian DePasquale / 518-442-4511

HOLY CROSS RALLIES PAST UALBANY, 61-54, IN LIU TURKEY CLASSIC FIRST ROUND

Brooklyn, N.Y. – Briana McFadden scored 17 of her career-high 28 points in the second half in leading Holy Cross to a 61-54 victory over UAlbany in the opening round of the Courtyard by Marriott LaGuardia Turkey Classic on Friday afternoon at the Wellness Center.

Holy Cross (3-2) advanced to meet Long Island in Saturday's championship. UAlbany (1-4) will take on Youngstown State, who dropped a 68-54 decision to the host school, in the third-place game at 2:00 p.m.

The Crusaders, who trailed by seven at the intermission, cut that deficit to 35-33 when McFadden canned a pair of free throws. UAlbany responded with seven of the game's next 10 points. Gia Sanders netted an offensive rebound and then hit a layup after her steal to begin that stretch. Britney McGee drilled a three-point field goal following another Sanders' steal for a 42-34 cushion.

UAlbany still led 46-42 after a long-range jumper by Kristin Higy, who had 12 points, six rebounds and four steals. But McFadden, who made 9-of-13 from the floor, erased that lead with a layup off a full-court pass and a three-pointer from the right corner.

TaNika Thrower, who had 11 points and six rebounds in 30 minutes as a starter, put the Great Danes back in front with a steal and layup. Higy sank two foul shots for a 50-47 lead with 5:52 remaining. However, Holy Cross went ahead for good with seven unanswered. Bethany O'Dell, who totaled 16 points and six boards, nailed a 3-pointer off an in-bounds play, before Alyssa May, a 6-foot freshman, hit a jumper. O'Dell completed the decisive run by finishing off a high-low pass from teammate Kathy Gruzynski.

The Great Danes still trailed 57-54 in the closing moments, but had two opportunities to tie. Higy, a 6'1" senior, misfired on a three-point attempt with 29 seconds remaining. UAlbany then called a timeout it didn't have when trying to in-bounds with 12.8 seconds on the clock which resulted in a technical foul. The Crusaders, who won last year's Patriot League championship, made their final four points from the foul line.

"We forced turnovers, but we get too excited when we get steals," explained UAlbany coach Trina Patterson, whose team was coming off road loss against La Salle on Monday. "We have to play with more composure on offense. Once we get there, we will be very dangerous. Our youth showed today - we made some rookie errors. A credit to Holy Cross, they hit some big shots when they needed them."

Tiffanie Johnson added nine points for the Great Danes, who shot 32 percent from the field and committed 23 turnovers. The Crusaders, who had 30 ball-handling miscues, offset that figure by shooting 52.2 percent in the final period on 12-of-23 attempts.

"This was a character win, said Holy Cross coach Bill Gibbons, who has guided the program to 11 league titles over the last 17 seasons. "We pulled out a 2-2-1 press and that helped get the tempo our way. We weren't playing well, but we found a way. It's better to learn from a win."

Official Basketball Box Score

Official Basketball Box Score
Albany vs Holy Cross
11/23/07 4:00 p.m. at Brooklyn, N.Y. (Wellness Center)

```
VISITORS: Albany 1-4
                                              REBOUNDS
                         TOT-FG 3-PT
                         FG-FGA FG-FGA FT-FTA OF DE TOT PF TP
## Player Name
30 Johnson, Tiffanie... f 3-9
                                                                           20
                                 3-8
                                      0 - 0
31 Higy, Kristin.... f 4-11
                                      0 - 0
44 Sterling, Joy.... f 1-3
01 Ford, Amira..... g 1-2
05 Thrower, Tanika.... g 5-15
                                 1 - 2
02 McGee, Britney....
                          2-4
                                        1-1
                                        2 - 2
                                                                           25
                          2-12
                                 1 - 4
10 Aiken, Janea.....
                                 0 - 0
                                        0 - 0
15 Mikus, Sherri.....
                          0 - 1
23 Iromuanya, Charity..
                                 0 - 0
                                        0 - 0
                          0 - 0
                                 0 - 1
                          2-5
                                        0 - 0
24 Sanders, Gia.....
                                 0 - 0
                                        0 - 0
                          0 - 0
55 Peterson, Kirsten...
  TEAM.........
                         20-62
                                              13 25 38
                                                       16
                                                           54
                                                               9 23
                                                                     4 18 200
                                        6-7
                                 8-25
  Totals........
                                           9-30 30.0%
                                                                     DEADB
TOTAL FG% 1st Half: 11-32 34.4%
                                                        Game: 32.3%
                                 2nd Half:
                                                        Game: 32.0%
                                           3-9 33.3%
                                                                      REBS
3-Pt. FG% 1st Half:
                   5-16 31.3%
                                 2nd Half:
                                                        Game: 85.7%
                    3-3 100 %
                                 2nd Half:
                                           3-4 75.0%
F Throw % 1st Half:
HOME TEAM: Holy Cross 3-2
                                              REBOUNDS
                         TOT-FG
                                 3-PT
                         FG-FGA FG-FGA FT-FTA
## Player Name
                                             \mathsf{OF}
                                                DE TOT
                                        0 - 2
13 Ashley McLaughlin... f 2-3
                                 0 - 0
                                                                           38
                                        1 - 2
05 Laura Aloisi..... g
                                 1 - 4
                                                                           23
                                 0 - 0
                                        1-3
10 Alyssa May.... g
                          2-3
                                                           28
                                 6-7
                                        4-6
                          9-13
14 Briana McFadden.... g
                                                           16
                                        3-5
                          5-15
                                 3-9
44 Bethany O'Dell.... g
                                                                           10
03 Christy Cushnie....
                          1 - 2
                                 0 - 1
                                        0 - 0
                                        0 - 0
                                 0 - 1
                          0 - 1
11 Tayana Carper.....
                                        0 - 0
                          0 - 1
                                 0 - 1
20 Jessica Merrihue...
                                 0 - 0
                                        0 - 0
30 Elizabeth Campbell..
                          0 - 1
                                                                           20
                                        0 - 0
42 Kathy Gruzynski....
                                 0 - 0
                          1 - 4
                                               3 6
   TEAM.........
                                        9-18
                                               9 31 40
                                                       12
                                                           61 14 30
                         21-51
                                10-23
   Totals........
                                                        Game: 41.2%
                                                                     DEADB
                                 2nd Half: 12-23 52.2%
                    9-28 32.1%
TOTAL FG% 1st Half:
                                                        Game: 43.5%
                                 2nd Half: 5-11 45.5%
                                                                      REBS
3-Pt. FG% 1st Half:
                    5-12 41.7%
                                                        Game: 50.0%
                                            9-16 56.3%
                                 2nd Half:
                    0 - 2
                          0.0%
F Throw % 1st Half:
Officials: Gary Schimel, Joseph Cronin, James Spingler
Technical fouls: Albany-TEAM. Holy Cross-None.
Attendance: 202
Score by Periods
                                        Total
                               1st 2nd
Holy Cross..... 23 38 - 61
```

Points in the paint-ALBANY 20, HC 16. Points off turnovers-ALBANY 19, HC 24. 2nd chance points-ALBANY 9, HC 9. Fast break points-ALBANY 4, HC 2. Bench points-ALBANY 17, HC 4. Score tied-4 times. Lead changed-8 times. Last FG-ALBANY 2nd-01:19, HC 2nd-01:27. Largest lead-ALBANY by 8 2nd-19:11, HC by 7 2nd-00:02.



For Further Information Brian DePasquale / 518-442-4511

No. of Pages: 2

For Immediate Release November 20, 2007

UALBANY RECORDS THIRD STRAIGHT WIN IN 78-66 VICTORY OVER LEHIGH

Albany, N.Y. – Brian Lillis scored 16 points and Brent Wilson added 15 in leading UAlbany to its third consecutive win in a 78-66 victory over Lehigh on Tuesday evening at SEFCU Arena. The Great Danes are off to their best since 1996-97 with a 3-1 record.

UAlbany used a string of 14 straight points to break things open early. Freshman guard Josh Martin, who had 10 points off the bench, and Wilson canned back-to-back three-point field goals to ignite that run. Lillis fed Jerel Hastings on a fastbreak layup, before connecting on a right-hander in the lane off his own steal. The Great Danes, who made nine of the first 12 shots, expanded their lead to 24-7 when Hastings hit a jumper from left of the lane.

The Great Danes, who have won 18 of their last 20 home games, cruised to a 46-22 halftime advantage. Wilson, a 6-foot-8 senior who made 5-of-6 from three-point territory, buried a pair of longrange jumpers from the top of the arc to end the period. UAlbany shot 57 percent, including 8-of-11 from beyond the line, before the break.

Lehigh (2-2) closed within 15 points twice in the second half, as Zahir Carrington had 11 of his 14 points in the stanza. Marquis Hall, the team's leading scorer who has held to five points, drilled a 3-pointer from the left wing that beat the shot clock and closed the gap to 56-41 with 13:20 remaining.

Lillis, a 6'5" senior, then went to work by scoring seven of his team's next 10 points. Lillis, who made 7-of-9 from the field, sank two consecutive jumpers in the area of the foul line. He later converted a conventional three-point play when he was fouled on another high-arcing shot from the circle that gave his team a 66-46 margin with 8:36 to play.

"I didn't like our energy at the start," said UAlbany coach Will Brown, who subbed out his entire starting five less than three minutes into the game. "I am demanding and I expect a lot. We have five guys who are eager to get in there and it sends a message that we can't start like that. It's nice to see a lot of guys contributing."

Freshman Al Turley added 10 points and seven rebounds for the Great Danes, who made 50.9 percent from the field on 28-of-55 shooting. Lehigh's Bryan White, a 6'6" senior, scored 12 points. The Mountain Hawks were coming off back-to-back victories against St. Peter's and St. Francis, Pa.

"We realize what kind of personnel we have," offered Wilson, who added three rebounds and two steals. "This is a good group where no one cares about their stats. They (younger players) have taken grasp of what we are doing and putting it together."

For Immediate Release November 20, 2007 For Further Information Craig Lane / 518-442-3359

No. of Pages: 1

BASEBALL SIGNS FOUR STUDENT-ATHLETES DURING EARLY PERIOD

Albany, N.Y. -- University at Albany baseball coach Jon Mueller announced on Tuesday, Nov. 20 that four student-athletes have signed national letters of intent to play for the Great Danes. Nate Novak, a 6-foot-3, 235-pound right-handed pitcher from Hudson, N.Y. (Hudson H.S.), Justin Shannon, a 5-foot-10, 225-pound right-handed pitcher from Rensselaer, N.Y. (Columbia H.S.), Zach Kraham, a 6-foot-5, 205-pound right-handed pitcher from Ghent, N.Y. (Chatham H.S.), and Ralph Keppler, a 6-foot-2, 205-pound catcher from Rockville Centre, N.Y. (Oceanside H.S.), each made his commitment during the early signing period.

"This is the most talented group we have ever signed early," said Mueller, who led the Great Danes to their first-ever America East Conference Championship in 2007. "All three pitchers will pitch right away. At some point in their careers I could see all of them playing after college. The quality of this class is a result of our regional trip last year."

Novak, who will enroll at UAlbany in January 2008 after two seasons at Hudson Valley Community College, was named to the 2006 NJCAA First Team All-America squad as a freshman. In 2007, he posted an 8-1 record and a 3.00 earned run average, while striking out 82 in 57 innings of work in leading the Vikings to the Mountain Valley Conference championship and the NJCAA Region III Final Four. Novak, the HVCC program's all-time leader in wins with 16, was chosen the MVC's Player of the Year and First Team All-Region III as a sophomore.

Shannon, who is currently attending Hudson Valley C.C., posted a 4-3 record and two complete games in 12 appearances in his first season with the Vikings. As a member of a pitching staff that led Hudson Valley to the 2007 Mountain Valley Conference Championship, Shannon compiled a 7.20 ERA in 30.0 innings of work, with 34 strikeouts while issuing just 17 walks. The Vikings, who finished with a 26-16 record, advanced to the Region III Final Four for the 10th time in the last 11 years. Shannon was also a member of the Melvin Roads American Legion team that won the New York State Championship and advanced to the Mid-Atlantic Regional.

Kraham went 7-0 with three saves and a 1.27 earned run average in 12 appearances on the mound for Chatham as a junior. In 55.1 innings, the right-hander struck out 80 batters while yielding just 32 walks and 39 hits. Kraham, who recorded six complete games and two shutouts in his eight starts, pitched a no-hitter against Taconic Hills and registered 10 strikeouts. In the batter's box, Kraham hit .379 with four home runs, 23 RBI and 25 runs scored. He also had a stellar scholastic football career as a guarterback.

Keppler hit .429 with two home runs and 16 RBI while leading Oceanside High to the Nassau County Class AA playoffs. Keppler scored 11 runs and registered a .472 on-base percentage and a .643 slugging percentage for the 10-9 Sailors.

UAlbany made its first NCAA Tournament appearance after winning the America East championship last season. The Great Danes played Arkansas and Creighton in the Fayetteville Regional in June.

2008-09 University at Albany Baseball Signings Name Pos. Ht. Wt. Hometown (High School)

Nate Novak RHP 6-3 235 Hudson, N.Y. (Hudson / Hudson Valley C.C.)
Justin Shannon RHP 5-10 225 Rensselaer, N.Y. (Columbia / Hudson Valley C.C.)
Zach Kraham RHP 6-5 205 Ghent, N.Y. (Chatham)
Ralph Keppler C 6-2 205 Rockville Centre, N.Y. (Oceanside)

PAGE 2 of 2

UALBANY'S MICHELLE SIMPSON NAMED A LONGSTRETH/NFHCA DIVISION I ALL-AMERICAN

Albany, N.Y. – University at Albany's Michelle Simpson was named a 2007 Longstreth/NFHCA Division I All-American, as announced on Tuesday. A second team honoree, Simpson becomes the fourth player in the to be named a NFHCA All-American in the program's Division I history.

Simpson, who was also named to the NFHCA All-Northeast Regional Team, earned America East Conference First Team honors for the second straight year after finishing with 13 goals and eight assists for 34 total points as a senior. Vandenberg was named to the all-conference first team and all-rookie squad after finishing the season ranked first in the conference and seventh in the nation with 13 assists.

UAlbany finished the season at 15-5 overall after falling to conference champion Boston U. in the America East Championship on Nov. 4.



For Immediate Release November 19, 2007 For Further Information April Raynovich / 518-442-4511

No. of Pages: 1

UALBANY DROPS 70-59 DECISION TO LA SALLE

Philadelphia, Pa. – Senior forward Carlene Hightower scored a game-high 22 points, including her 1,000th career point to lead La Salle to a 70-59 victory over UAlbany in non-conference women's basketball action at Tom Gola Arena on Monday evening.

La Salle jumped out to an early 10-2 lead just two minutes into the game on 3-pointers by Hightower and Jamie Walsh. The Explorers continued to increase their lead, building up a 12-4 advantage with 16:38 left to play. La Salle received back-to-back treys from Walsh and Tara Lapetina to move ahead 18-6 with 14:32 on the clock.

UAlbany was held without a basket for three minutes, breaking the scoring drought on a lay-in by Britney McGee at 9:40 to cut the deficit to 23-11. The Great Danes proceeded to climb back into the game, outscoring the Explorers 11-1 to pull within 24-22 with 6:48 left to play. Joy Sterling and Gia Sanders hit consecutive baskets before TaNika Thrower recorded a steal and passed off to Janea Aiken to put the Great Danes within two.

The teams exchanged baskets to end the half, and a running jumper by Margaret Elderton as time expired set the 30-33 margin as the teams hit the locker rooms.

Both teams hit 3-pointers to start the second half, but La Salle embarked on a 9-0 run to get up by a score of 45-39 with 13:37 left to play. After Sanders dropped a 3-point basket from the top of the arc at 10:21 to pull within 49-46, the Explorers hit back-to-back shots from 3-point range to get ahead, 55-46 with just over nine minutes to play.

La Salle (2-2) held UAlbany without a point for over six minutes, while scoring 10, before Thrower hit a fadeaway jumper in the lane to put the score at 62-48 with 3:58 left in the game. The Great Danes continued to hit jump shots to pull within 10 points, 64-54, with 2:20 on the clock. However, the Explorers scored their last 12 points over the final 4:45 from the free throw stripe, with three each coming from Hightower and Elderton, to set the final deficit.

"We need to be more consistant on the road," said head coach Trina Patterson following the loss. "We are very young, so we're going to keep getting better, but we need to learn that consistancy and how to deal with hostile situations."

Aiken led the Great Danes offense, scoring 14 points, while Thrower added 13 on 6-of-10 shooting from the floor. Thrower also recorded five rebounds, two assists and two steals for the Great Danes. Sanders finished with a team-high six boards to go along with five points and three blocks.

Hightower finished with a double-double for the Explorers, grabbing a game-high 11 rebounds, and added five assists, one steal and one block. Walsh netted 14 points for La Salle, while Elderton added nine.

UAlbany (1-3) returns to action on Friday, Nov. 23, as they face Holy Cross at the LIU Turkey Classic at 4 p.m.

--agate



For Immediate Release November 19, 2007 or Further Information

No. of Pages: 1

For Further Information Brian DePasquale / 518-442-3072

FOOTBALL'S DAVID McCARTY CHOSEN NORTHEAST CONFERENCE PLAYER OF THE WEEK

Somerset, N.J. – University at Albany's David McCarty (LaSalle Institute) has been named the Northeast Conference Offensive Player of the Week in football following his performance in last Saturday's 49-14 victory over Central Connecticut State. McCarty received the award for the third straight week and fourth time this season.

McCarty, a sophomore tailback from Gansevoort, N.Y., rushed for a career-high 247 yards and two touchdowns in leading his team to its first Northeast Conference championship in four years. He scored on a 47-yard run in the third quarter and reached the end zone on a 52-yard scamper early in the final period. McCarty piled up the second-highest single-game rushing total in the program's history. Tom DeBlois holds the all-time mark with 286 yards against Springfield in 1975.

McCarty reached the 100-yard mark for the fifth consecutive game and seventh time this season. He has the third-best single-season total in school annals with 1,369 yards and 11 touchdowns. McCarty is tied for 11th among the NCAA Division I FCS rushing leaders at 124.5 yards per game.

UALBANY FOOTBALL REMAINS THIRD IN MID-MAJOR POLLS HEADING INTO THE POSTSEASON

Albany, N.Y. – Following a 49-14 victory over Central Connecticut State last Saturday, UAlbany remains third in both The Sports Network and Football Gazette mid-major rankings. The Great Danes, who are receiving votes in all three national top-25 polls, captured their first Northeast Conference championship in four years by becoming the fifth team in league history to go undefeated in conference play.

The Great Danes, who also won NEC titles in 2002 and 2003, will represent the conference in the Gridiron Classic on Saturday, Dec. 1. Dayton, the Pioneer Football League co-champion, will host the bowl game. The Flyers are ranked No. 1 in both mid-major polls with a 10-1 record.

UAlbany (8-3, NEC 6-0) finished the regular season with seven wins in a row, the longest streak since 1998. The Great Danes are making their first postseason appearance since 2002 when they played in the ECAC Classic against Duquesne.

-agate-

The Sports Network Division I FCS Top-10 Mid-Major Poll

1. Dayton (10-1), 2. San Diego (9-2), 3. Albany (8-3), 4. Morehead State (7-4), 5. Iona (7-4), 6. Drake (6-5), 7. Wagner (7-4), 8. Duquesne (6-4), 9. Davidson (6-4), 10. Central Connecticut State (6-5).

Football Gazette Division I FCS Mid-Major Poll

1. Dayton, 2. San Diego, 3. Albany, 4. Morehead State, 5. Davidson, 6. Drake, 7. Monmouth, 8. Wagner, 9. Duquesne, 10. Iona.



For Immediate Release November 18, 2007 No. of Pages: 1

For Further Information April Raynovich / 518-442-4511

UALBANY CAPTURES SECOND CONSECUTIVE AMERICA EAST CONFERENCE VOLLEYBALL TITLE

Stony Brook, N.Y. – Freshman setter Brooke Stanley received the most outstanding player award in leading the UAlbany to a 3-1 victory over Stony Brook to claim the Great Danes' third America East Conference volleyball championship in the last four years. UAlbany (21-9) clinched an automatic berth to the NCAA tournament and will learn of its first-round opponent during the NCAA selection show to be aired on Sunday, Nov. 25 at 8 p.m. on ESPNU.

The Great Danes, who entered the match as the third seed, took the first two games from top-seeded Stony Brook (19-1) by scores of 30-23 and 30-24. Kamisha Kellam, a junior middle blocker, had 12 kills and hit .611 in the first two games. Stony Brook would go on to force a fourth game, edging UAlbany by a 30-27 margin, but were unable to hold off the Great Dane offense in the final set, falling 30-27. The loss snapped the Seawolves' 12-match win streak.

"All weekend we got contributions from everyone," said head coach Kelly Sheffield after the win. "The young players kept their composure and did what they needed to do, and we got great leadership from our veterans. What a great weekend it was for the entire athletic department."

Kellam led a group of four Great Danes to record double-digit kills, finishing with a team-high 18 to go with seven digs and four total blocks and was named to the all-championship team for the second consecutive season. Ashley Crenshaw had 11 kills and a match-high seven total blocks and was also selected to the all-tournament squad, while Valerie Sourbeer added 10 kills to accompany Amanda Cowdrey's 16. Cowdrey, a freshman, also had 16 digs for her 20th double-double of the season. Tawny Dahmes led the match in digs for UAlbany, tallying 24.

"Everyone thought that because we were so young, we wouldn't get this far," said Stanley. "No one was expecting us to win, so it feels great to prove them all wrong. We can only get better from here."

Stony Brook was led by Morgan Sweany, who posted a double-double of the kill-dig variety, recording 12 kills and 13 digs. Jackie Ahlers, the conference player of the year, totaled a match-high 27 kills for the Seawolves, and Kaitlyn Deutsch had a team-high 53 assists. Noelle Bay (22), Jeanette Gibbs (11) and Nazli Dikecligil (10) each had double-figure digs.

The Great Danes will play two additional regular-season games this week in preparation for the NCAA tournament. UAlbany will take part in the Virginia Commonwealth University Thanksgiving Tournament Nov. 23-24, playing the host school on Friday at 7 p.m. and finishing up with Long Island on Saturday at 10 a.m.

Paw Prints

- ...UAlbany won its third conference championship in the last four years (2004, 2006, 2007) ...
- ...The Great Danes won the 2004 and 2006 titles in five games, with the 2007 crown coming in a four-game match ...
- ...UAlbany defeated New Hampshire in the conference semifinal, 3-1, after falling to the Wildcats in both regular-season meetings ...
- ...The Great Danes won the conference championship for the first time on the road ... UAlbany had won the crown on its home court the previous two times ...
- ...The UAlbany athletic program captured its 27th conference championship since the Division I ranks in 1999-2000 ...
- ... Volleyball is the 13th team to make an NCAA Division I Tournament appearance ...
- ... UAlbany volleyball has won 20-plus matches in four of the last five seasons ...
- ... Kamisha Kellam was named to the all-championship team for the second straight season ...
- ... The Great Danes will learn of their seed and opponent on Sunday, Nov. 25 at 8 p.m. during the NCAA selection showed that will be aired on ESPNU ...

2007 America East Volleyball All-Championship Team

Brooke Stanley, UAlbany – Most Outstanding Player Kamisha Kellam, UAlbany Ashley Crenshaw, UAlbany Morgan Sweany, Stony Brook Jackie Ahlers, Stony Brook Toni Barnas, New Hampshire Kathleen Schauer, Binghamton



For Immediate Release November 17, 2007 For Further Information April Raynovich / 518-442-4511

No. of Pages: 2

UALBANY VOLLEYBALL DEFEATS UNH, 3-1, TO ADVANCE TO AMERICA EAST CONFERENCE FINAL

Stony Brook, N.Y. – Amanda Cowdrey posted her 19th double-double of the season to lead UAlbany to a 3-1 victory over New Hampshire in the America East Conference Volleyball Championship semifinal at Stony Brook Arena on Saturday, Nov. 17. Cowdrey had a game-high 16 kills and added 16 digs to give the Great Danes a shot at defending their conference title Sunday afternoon against host Stony Brook at 1 p.m.

UAlbany took the first game rather handily, winning by a 30-20 margin. The Great Danes then took a 2-0 lead when they edged out the Wildcats in game two by a 32-30 score, but New Hampshire forced a fourth set, by taking the third game, 30-22. UAlbany ended the match in the fourth game, winning 30-17.

Kamisha Kellam posted double-digit kills for the Great Danes, recording 10 to accompany four digs and three total blocks. Setter Brooke Stanley had a game-high 41 assists and added 13 digs and four service aces. Tawny Dahmes led the team defensively with 20 digs, and joined Cowdrey, Stanley, Kate Eckhardt (17) and Teresa Coppiellie (13) on the five-player list of Great Danes to tally double-digit digs. Ashley Crenshaw had a match-high five total blocks.

New Hampshire, who had defeated UAlbany in both regular-season meetings, was led by Kirsten Bates and Toni Barnas who each recorded double-doubles of the kill-dig variety. Bates recorded 15 kills and 17 digs, while Barnas scored 12 kills and added 11 digs. Alyse Lahti led the Wildcat defense with 28 digs and Sara Heldman had a team-high 23 assists.

The Great Danes split their regular-season matches with Stony Brook, earning a 3-2 win over the Seawolves Sept. 29 at University Gymnasium and falling by the same 3-2 score on Oct. 26 at Stony Brook Arena. UAlbany is looking for its third America East Conference championship, while Stony Brook is in search of its first-ever league title.

-agate-

UAlbany (20-9, AE 8-4) def. New Hampshire (19-9, AE 8-4), 3-1 (30-20, 32-30, 22-30, 30-17).

RICARDO ESTREMERA WINS IC4A UNIVERSITY CHAMPIONSHIP, LAURA CUMMINGS PLACES SEVENTH IN ECAC RACE

Bronx, N.Y. – UAlbany's Ricardo Estremera won the IC4A University Division Championship to lead the Great Danes to an 11th place finish at the 99th IC4A Cross Country Championships on Saturday, Nov. 17 at Van Cortland Park in Bronx, N.Y. Junior Laura Cummings placed seventh in the University Division to lead the women's team to a ninth place finish in the 23rd ECAC Cross Country Championships.

Estremera, the second Great Dane harrier in the last four years to win the championship, covered the five mile course in a time of 25:35 to win the race by 10 seconds, to receive his third All-East honor. Junior Brian Yurkewecz placed 16th for the Great Danes in a time of 26:39. Sophomore John Moore finished 67th in 27:37, senior Chris Jimenez placed 95th in 28:20, and freshman David Rothman crossed the finish line in 28:24 to place 99th to round out the top-5 runners for UAlbany. America East champion New Hampshire won the men's team competition with a total score of 62.

In the women's race, Cummings completed the 5K run in 18:42 to receive All-East recognition. Freshman Kristine Mun placed 30th in 19:27 for UAlbany. Senior Jessica Chichester placed 43rd in 19:46, senior Danielle Trimpop finished in 20:50 for 99th place, and junior Tashia Alexander crossed the finish line in 21:01 to come in 108th to round out the top-5 harriers for the Great Danes. The women's team competition was won by New Hampshire with a final total of 68. Colgate's Elizabeth Kennedy won the women's race in a lime of 18:14.

CONTINUED ON PAGE TWO

PAGE TWO

-agate-

Men's Championship (5 miles)

Team Scores:

1. New Hampshire (62), 2. U.S. Military Academy (67), 3. Binghamton U. (151), 4. Bucknell (178), 5. Manhattan (197), 6. Hofstra (222), 7. Fordham (231), 8. Loyola (251), 9. Monmouth (258), 10. Mansfield (265).

Individual:

1. Ricardo Estremera (UAlbany), 25:35, 2. Jon Anderson (Army), 25:45, 3. Tobias Lundgren (Manhattan), 25:53, 4. Brent Powers (New Hampshire), 25:54, 5. Josh Wooten (Mansfield), 25:58, 6. Pawel Kornaszewski (Seton Hall) 26:13, 7. Matt Lowenthal (Fordham), 26:14, 8. Wesley Dinnan (New Hampshire), 26:21, 9. Joshua Kearns (New Hampshire), 26:23, 10. Christopher Heibel (Loyola (Md.)), 26:23.

UAlbany Finishers: 16. Brian Yurkewecz (26:39), 67. John Moore (27:37), 95. Chris Jimenez (28:20), 99. David Rothman (28:24), 109. Joe Belokopitsky (28:43), 122. Brian Lasky (29:11).

Women's Championship (5,000 meters)

Team Scores:

1. New Hampshire (68), 2. Colgate (96), 3. U.S. Military Academy (153), 4. Towson (158), 5. Binghamton (178), 6. Manhattan (189), 7. Monmouth (216), 8. Bucknell (238),

9. UAlbany (287), 10. Fordham (301).

Individual:

1. Elizabeth Kennedy (Colgate), 18:14, 2. Erica Jesseman (New Hampshire), 18:15, 3. Stacey Marion (Colgate), 18:25, 4. Cailin Lynam (Monmouth), 18:31, 5. Ashley Horton (Binghamton), 18:39, 6. Laura LaPlante (New Hampshire), 18:41, 7. Laura Cummings (UAlbany), 18:42, 8. Brigid Moriarty (Fordham), 18:59, 9. Meredith Malloy (Monmouth), 19:01, 10. Meghan Curran (Army), 19:04.

UAlbany Finishers: 30. Kristine Mun (19:27), 43. Jessica Chichester (19:46), 99. Danielle Trimpop (20:50), 108. Tashia Alexander (21:01), 134. Briana McNamee (21:40), 138. Kristin Grab (21:46), 175. Esperanza Blanco (22:11).

For Immediate Release November 17, 2007 or Further Information

No. of Pages: 2

For Further Information Brian DePasquale / 518-442-3072

BRIAN CONNELLY LEADS WAY AS UALBANY WINS HOME OPENER AGAINST COLUMBIA

Albany, N.Y. – Brian Connelly scored a career-high 13 points to pace four players in double figures as UAlbany posted a 70-38 victory over Columbia in the Great Danes' home opener before 4,312 fans at SEFCU Arena on Saturday evening.

UAlbany (2-1) tallied the game's opening 13 points in going wire-to-wire for win. Jimmie Covington and Brent Wilson began with a pair of baskets in the lane, before Brian Lillis sank two throws. Wilson, who 10 points on 4-of-6 from the field, later buried a three-point field goal. Connelly ended the outburst by converting an offensive rebound with just four minutes and 25 seconds elapsed.

The lead swelled to 39-18 when junior college transfer Jerel Hastings made two free throws. The Great Danes, who have won 17 of their last 19 home games, settled for a 43-24 margin at the intermission on the strength of 54.5-percent shooting.

Following a slow start to the second half, UAlbany ran off eight unanswered points to build a 57-28 advantage with 11:36 remaining. Lillis, a 6-foot-5 senior, who had 10 points, five assists and four steals, sank two attempts from the line after being fouled on a fastbreak. Connelly scored in the lane when Lillis fed him off a loose-ball scramble. Jon lati, who struck for 12 points off the bench, connected on a three-point shot to end that stretch.

"This is the team I was expecting to see," said UAlbany coach Will Brown, whose squad was coming off an overtime win against Central Connecticut State on Nov. 14. "We executed on both ends of the floor. We are good enough to do it by committee where it is a different person every night. After the first three possessions of the second half, I thought we got back to what we did in the first half which is to make them play defense."

The Great Danes, who set the program's Division I record for victory margin, moved out to a 30-point lead with 6:48 to play. Hastings added eight points as ten players found the scoring column.

Columbia (1-3) was coming off a solid performance against Ohio State in the NIT Preseason Tip-Off. But the Lions suffered through a rugged shooting night by making 20.4 percent from the floor on 10 of 49 attempts. John Baumann, the preseason Ivy League player of the year, was the lone player in double figures with 12.

"We prepared well for this game," offered Lillis, who reached double figures for the 15th time as a collegian. "We came in with a better mind set and were not as lackadaisical as the first two games. Getting the win is the main thing."

Last year's team was honored in a pre-game ceremony. UAlbany made their second consecutive NCAA appearance after winning the America East Conference championship in 2006-07.

INATED BEINGE

Official Site of University at Albany Athletics

UAlbany Wins Northeast Conference Football Championship & Earns Gridiron Classic Berth

Courtesy: UAlbany Sports Information

Release: 11/17/2007



Courtesy: UAlbany Athletics

New Britain, Conn. – Sophomore tailback David McCarty rushed for a career-high 247 yards and two touchdowns as UAlbany wrapped up its first Northeast Conference championship in four years with a 49-14 victory over Central Connecticut State on Saturday, Nov. 17 at Arute Field.

UAlbany (8-3, NEC 6-0) will represent the conference in the Gridiron Classic on Dec. 1 against Dayton, the Pioneer Football League co-champion. The Great Danes, who finished the regular season by winning seven in a row, will make their first postseason appearance since 2002.

"Our offensive and defensive lines just took over," said UAlbany's Bob Ford, whose program captured their third NEC crown in his 35th varsity campaign as head coach. "(David) McCarty has the ability to make moves going forward and then he goes by you. This (championship) just puts us in line with the other teams at the university who have achieved excellence since we transitioned to Division I."

Central Connecticut State (6-5, NEC 4-2) tried to rally from a 21-0 deficit by marching 76 yards in 11 plays with the second-half kickoff. Jo Jo Freeman, who ran for 71 yards on 15 carries, keyed the drive, while quarterback Ryan Holmes completed a fourth-down pass to keep the sequence alive. Holmes, a 6'3" senior, flipped a six-yard touchdown pass to tight end Greg Grochowski.

The Blue Devils, who had won 12 of their last 13 home games, were looking for more on the next time they touched the ball. But Holmes, who completed 10-of-20 for 66 yards, was forced to throw an incomplete pass when defensive end Jon Volpe applied heavy pressure on a play that originated at the UAlbany 35. The Great Danes then dominated the action from that point by reaching paydirt on their next three possessions.

McCarty, who piled up the second-highest single-game rushing total in school history, broke through the line clean and raced down the left sideline on a 47-yard scoring run for a 28-7 advantage with 3:37 remaining in the third period. Sophomore tailback Justin Gannon, who added 55 yards on the ground, did the bulk of the work in setting up quarterback Vinny Esposito's four-yard scoring toss to tight end Dan Archer on the first play of the fourth quarter. The 49-yard drive began after Michael Dungey, a senior defensive tackle, recovered a Holmes' fumble.

McCarty, who toppled the 100-yard rushing mark for the fifth consecutive game and seventh time this season, completed his highlight reel on a 52-yard touchdown run with 12:00 to play. He swept around left end and picked his way through the defense on the sideline en route to the goal line. CCSU's James Mallory added a 27-yard TD run, and UAlbany's George Williams came up with another touchdown on a 37-yard fumble return to complete the scoring.

"I can't say enough about my offensive line," said McCarty, whose team became just the fifth NEC team to go undefeated in conference play. "Their defense was starting to slow down in the second half and it's easier to run when you have dual threats. Our defense caused turnovers, we made adjustments as a team, and then we (the offense) scored touchdowns."

The Great Danes opened the contest with an 11-play, 67-yard scoring march. McCarty took an option pitch 16 yards to set up a first-and-goal at the CCSU eight-yard line. After Esposito ran seven yards over left tackle, Omar Johnson reached the end zone on a one-yard blast for a 7-0 lead.

Josue Paul returned the subsequent kickoff 54 yards to give the Blue Devils great field position. But defensive tackle Tom Pandolf sacked Aubrey Norris, who rotates at quarterback with Holmes, at the UAlbany 38. Norris fumbled and Pandolf completed the play by recovering the ball. "We're not the biggest or fastest defensive line but we want it more," explained Dungey, whose nationally-ranked unit forced five turnovers and accounted for five sacks. "We basically came in together as a group. Sharing it (the title) isn't the same as wanting it for yourself."

UAlbany used a 14-point second quarter to build a comfortable halftime margin. McCarty set up his team's second touchdown with a dazzling 56-yard scamper where he knifed through the line and cut back to his left. Johnson, a 225-pound senior, powered over right guard two plays later on a two-yard TD run. The Great Danes went to work again on their next possession with an eight-play drive. In a third-and-seven situation, Esposito scrambled to his right and hit flanker Mike Wall with a 31-yard scoring pass. Wall worked back to the ball and dove in the end zone to make the catch.

"We were confident coming into the game," stated UAlbany inside linebacker Colin Disch, a senior who had nine tackles. "We had a big stop in the third quarter and weathered the storm. McCarty's run pretty much took the wind out of their sails. We have great chemistry, everyone gets along, and we are so into it that we want to keep playing through December."

Paw Prints

- ... UAlbany won its fifth conference championship since the mid-1990s (Northeast 2002, 2003 & 2007 and Eastern Football Conference 1997 & 1998) ...
- ... The Great Danes became the fifth team in NEC history to go undefeated in conference play (Robert Morris 1997, 1999 & 2000 and Sacred Heart 2001) ...
- ... UAlbany tied the program's Division I FCS record with its eighth win ... the Great Danes went 8-4 in 2002 ...
- ... UAlbany's seven-game winning streak is the program's longest since 1998 ...
- ... The Great Danes last played in the postseason in the 2002 campaign and defeated Duquesne, 24-0, in the ECAC Football Classic ...
- ... David McCarty's 247 rushing yards is the second-highest single-game total in the program's history ... Tom DeBlois ran for 286 on Nov. 15, 1975 against Springfield ...
- ... The Great Danes rushed for a season-high 341 yards, the 24th time they have run for 300 or more yards as a Division I FCS program ...
- ... Senior inside linebacker Colin Disch became the third player in NEC annals to reach the 400-career mark in tackles (407) ...
- ... Head coach Bob Ford recorded his 225th career victory at the collegiate level ... Ford, the second winningest active coach at the Division I FCS level, has a 225-161-1 career record ...
- ... UAlbany and Dayton will play in the second annual Gridiron Classic on Saturday, Dec. 1 ... San Diego defeated Monmouth, 27-7, in last year's game ...

UAlbany 49, Central Connecticut 14 (11/17/07)



For Immediate Release November 16, 2007 No. of Pages: 1

For Further Information Brianna LaBrecque / 518-442-5733

VOLLEYBALL'S AMANDA COWDREY NAMED AMERICA EAST CONFERENCE ROOKIE OF THE YEAR Kamisha Kellam Earns First-Team All-Conference Recognition

Cambridge, Mass. – University at Albany's Amanda Cowdrey has been named the America East Conference Rookie of the Year, leading a group of five student-athletes named to the all-conference teams, as announced at the America East Volleyball Championship banquet on Friday, Nov. 16.

Junior Kamisha Kellam earned all-conference first team honors while Cowdrey and senior Ashley Crenshaw were named to the second team. Cowdrey, along with classmates Tawny Dahmes and Brooke Stanley, earned spots on the conference's all-rookie squad.

Cowdrey is the first Great Dane to win the top rookie accolade since Ashley DeNeal in 2003. Cowdrey, who was named the conference's rookie of the week on four occasions this season, led the team and all freshmen in the conference with 3.47 kills and 4.01 points per game. She also recorded 3.43 digs per game to place her eighth in the league.

Kellam was named to the all-conference first team after earning second-team accolades as a sophomore. She was a top-10 conference leader in hitting percentage (.322), kills per game (3.27) and points per game (3.94), and finished the regular season ranked fifth in blocks with 1.05 per game. She is currently second on UAlbany's career blocks chart with 283.

Crenshaw earned all-conference honors for the third time in her career, after leading the America East with a .344 hitting percentage and averaging 3.42 kills per game. The senior outside hitter recently recorded her 1,000th career kill as a Great Dane, and is ninth all-time in the UAlbany record book. Crenshaw, a communication major, was also named to the all-academic team, which recognizes all-conference nominees who also hold a cumulative grade point average of 3.0 or higher.

Dahmes, a libero, and Stanley, a setter, join Cowdrey on the all-rookie team. Dahmes led the Great Danes with 4.24 digs per game after playing in all 28 matches this season. Stanley averaged 10.45 assists per game and recorded the fifth-highest single-season total in UAlbany history with 1,108 assists. Stanley earned the conference's setter of the week honor twice this season.

UAlbany (19-9, AE 8-4) is seeded third for the America East Volleyball Championship and will face New Hampshire on Saturday at 3:30 p.m. in Stony Brook, N.Y.



For Immediate Release November 15, 2007 or Further Information

No. of Pages: 1

For Further Information Brianna LaBrecque / 518-442-5733

UALBANY WOMEN'S BASKETBALL DEFEATS COLGATE, 86-62, FOR FIRST WIN OF SEASON

Albany, N.Y. – UAlbany freshman Janea Aiken scored a game-high 21 points to lead the Great Danes to a 86-62 win over Colgate in non-conference women's basketball action on Thursday evening at SEFCU Arena in the team's 2007-08 home opener.

UAlbany (1-2) jumped out to a quick 8-0 lead to start the game, but Colgate fought back, taking a 19-18 lead with 9:18 on the clock on a jump shot by Caitlin Gillard. The Raiders built up a nine-point lead, 33-24, with 2:56 left to play in the half, but UAlbany went on a 13-4 run to end the half with the score tied at 37 apiece.

The Great Danes came out of the locker room firing, as senior Kristin Higy hit a 3-pointer at 18:26 to give UAlbany back the lead. Colgate (0-3) would pull within one, 44-43, three minutes later, but UAlbany would pull away. A shot by TaNika Thrower from long range at 11:02 gave the Great Danes a nine-point lead, 56-47, and Kirsten Peterson made three consecutive free throws to build the lead to double digits with just over nine minutes remaining.

UAlbany outscored the Raiders 12-2 over the next three minutes to give the Great Danes a 75-52 lead with 4:05 on the clock. Aiken, who made 7-of-11 from the floor, nailed her fourth 3-pointer of the game in the late going. Peterson drained two more free throws in the closing seconds to set the final 24-point margin.

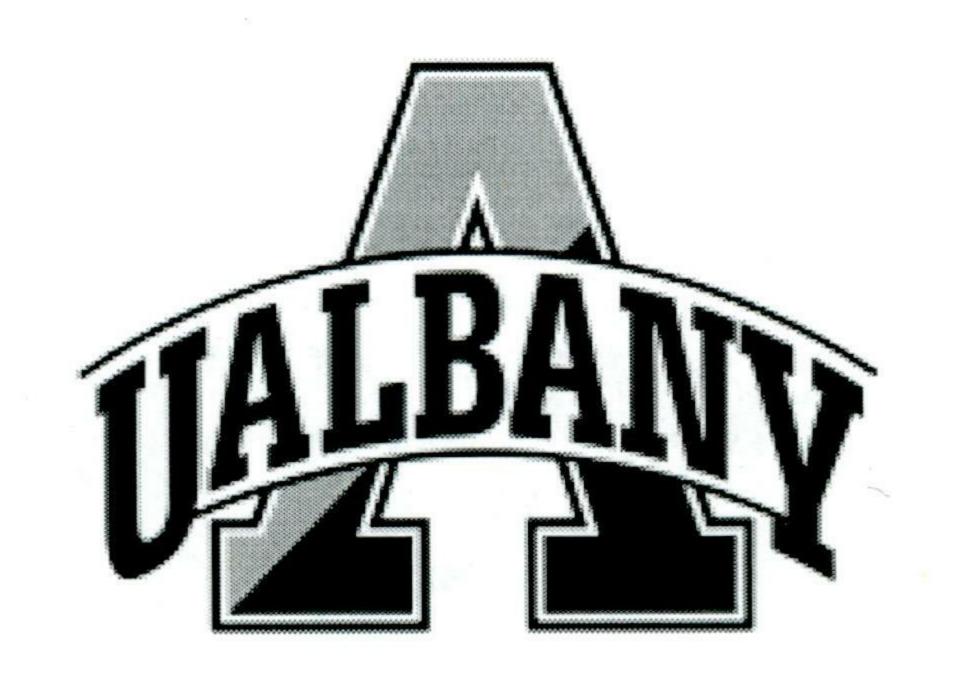
"I knew we had more talent than we had shown," said UAlbany head coach Trina Patterson, whose team played a pair of tight games with Indiana and St. Bonaventure to start the season. "We just needed to get ourselves going. Our constant pressure wears our opponents down."

Aiken, who played in 20 minutes off the bench for the Great Danes, finished with a team-high five assists and added two steals. Higy added 19 points to go along with a team-high seven rebounds, three assists, two steals and a block. Sophomore guard Britney McGee also added double-digit points, netting 15 on 5-of-9 shooting from the floor and a 4-of-4 performance from the free throw line.

Sami Kozlowski led Colgate with 18 points and a game-high seven assists. Krista Moser added 13 points and nine boards while Katie Garman finished with 11 points on 3-for-4 shooting from beyond the 3-point arc.

"We needed this win," said Aiken, who reached double figures for the first time as a collegian. "We were getting a little down on ourselves because we knew we could have won those first two games. This is what we needed to do."

UAlbany will head back to the road to continue non-conference play, visiting La Salle on Monday, Nov. 19 at 7 p.m.



For Immediate Release Thursday, November 15, 2006 Contact: Brian DePasquale

(518)442-3072

UNIVERSITY AT ALBANY BASKETBALL SIGNS THREE STUDENT-ATHLETES FOR 2008-09

Albany, N.Y. -- University at Albany men's basketball coach Will Brown announced today that three student-athletes have signed national letters of intent to play for the Great Danes in the 2008-09 academic year. **Logan Aronhalt**, a 6-foot-4, 215-pound swingman from Zanesville, Ohio (Zanesville H.S.), **Jake Lindfors**, a 6-foot-9, 220-pound forward from Addison, Ill. (Driscoll Catholic H.S.), and **Anthony Raffa**, a 6-foot-1, 180-pound guard from Strathmere, N.J. (Wildwood Catholic H.S.), each made his commitment during the early signing period.

"All three of these young men are talented and very competitive," Brown offered. "They understand how to play the game and each can really score the ball. They have a strong passion for the game. This group of student-athletes will be welcomed additions to UAlbany, the basketball program and the community."

Aronhalt was named to the 2006-07 Associated Press Division II All-Ohio squad as a first-team selection. He averaged 17.3 points and 7.0 rebounds, while shooting 56 percent from the field and 74 percent from the line. Aronhalt, an honors student, was chosen the Eastern District Player of the Year by a state media panel and was voted as the Southeastern Ohio Athletic League's top player. An honorable mention all-state choice as a sophomore, Aronhalt has led the Blue Devils to three consecutive district titles, and a pair of regional runner-up finishes. His father, Scott, has guided the program as head coach to five league crowns and one state championship.

"He really understands the game as a coach's son," Brown said. "He can score in a variety of ways with his shooting range and ability to both post up and get to the free throw line."

Lindfors, who can play play in the post or move out to the three-point arc, is one of the top fifty prospects in the state of Illinois. He averaged 17.6 points and 9.5 rebounds as a junior and blocked 54 shots. Lindors, who received All-Suburban Athletic Conference recognition, recorded 16 double-doubles as a junior, including a 37-point, 13-rebound performance against Lisle High. His father, Ron, was a collegiate center at both Bradley and Northern Illinois (1980-83).

"He is a very skilled big man who can score on the low block or from beyond the arc," Brown stated. "He has a chance to be a very special player at the next level. Jake had a great summer against some of the best AAU programs and players in the nation."

Raffa, who is currently attending The Winchendon School in Massachusetts, led Wildwood Catholic High to two consecutive NJSIAA Class B state championship appearances. As a second-team Associated Press all-state selection, Raffa averaged 30.4 points, 7.8 rebounds, 4.7 assists and 4.2 steals. He earned first-team All-South Jersey honors and was chosen MVP of the Cape Atlantic National League. Raffa finished his career as the school's all-time scorer with 1,890 points. The Crusaders won back-to-back New Jersey Non-Public Class B South and CAL National crowns. He averaged 22.7 points as a junior.

"He is a high energy lead guard who is very confident and fearless," Brown said. "He can really light up the scoreboard. His year at one of the best prep school basketball programs will help him to progress both academically and athletically."

UAlbany made its second consecutive NCAA appearance after winning the America East Conference championship last season. The Great Danes established the program's Division I standard for single-season victories with a 23-10 record. UAlbany has three seniors on its 2007-08 roster, including Brent Wilson, Brian Lillis and Jon lati.

2008-09 University at Albany Men's Basketball Signings

Name	Pos.	Ht.	Wt.	Hometown (High School)
Logan Aronhalt	G/F	6-4	215	Zanesville, Ohio (Zanesville)
Jake Lindfors	F	6-9	220	Addison, III. (Driscoll Catholic)
Anthony Raffa+	G	6-1	180	Strathmere, N.J. (Wildwood Catholic)

Attending The Winchendon School in 2007-08 Academic Year



For Immediate Release November 14, 2007 No. of Pages: 1

For Further Information Brian DePasquale / 518-442-3072

IATI LEADS UALBANY MEN'S BASKETBALL OVER CENTRAL CONNECTICUT IN OVERTIME 63-60

New Britain, Conn. -- Senior guard Jon lati scored 15 points, including a key three-point field goal in overtime, to lift UAlbany to a 63-60 victory over Central Connecticut State on Wednesday evening at Detrick Gymnasium. #Central Connecticut State (0-2) rallied from a 56-51 deficit over the final four minutes. Shemik Thompson, who had 12 points, cut into the lead with a 3-pointer. Following a couple of offensive rebounds, Tristan Blackwood knifed through the lane to hit a one-hander with 16.5 seconds remaining that tied the game at 58-all.

In the extra period, the Blue Devils took a 60-59 lead on Tamir Johnson's free throw. But UAlbany (1-1) responded on its next possession when Brian Lillis converted a layup off a pass from the left wing by Brent Wilson. Iati, who made 5-of-11 from the field, then drilled a three-pointer from the top of the arc with 2::08 to play. Blackwood could only get off a one-handed heave from the right side over the final 10 seconds in an effort to force another overtime.

Tim Ambrose had eight of his 11 points in the first half, as his team held the defending Northeast Conference champions to 41.8-percent shooting. Wilson finished with 10 points, seven rebounds and five assists. CCSU's Blackwood and David Simmons had 12 and 10 points, respectively. The Blue Devils had their 11-game home winning streak halted.

"We will not get any style points. They made life very difficult for us, and we struggled with their pressure," said UAlbany head coach Will Brown. "Central (Connecticut) had all the momentum heading into overtime. They didn't get the same looks that they did late in the second half."

The Great Danes trailed by five early in the opening stanza but came back to tie the contest at 12 apiece. Brent Wilson converted a four-point play to draw his team even when he was fouled on a three-point shot from the left corner. Central Connecticut State later regained the lead as Marcus Palmer canned a 3-point field goal on the left baseline for a 24-22 advantage.

With the game tied at 26, UAlbany ran off eight unanswered points to take a halftime lead. Freshman Al Turley scored in the lane on a high-low exchange from Brian Connelly to ignite the run. Tim Ambrose, who was making his first appearance of the season, added six straight, including an offensive rebound basket with 24 seconds left in the period.

"We were in the same situation against Bucknell and we wanted to change that," said lati, who played 35 minutes off the bench. "We wanted to learn from our mistakes. It's a win on the road despite not playing to our potential. Our defense was good. They were forced into tough shots, but we didn't always get the rebound."



For Immediate Release November 14, 2007 No. of Pages: 1

For Further Information Brianna LaBrecque / 518-442-5733

UALBANY PLACES FOUR ON LONGSTRETH/NFHCA DIVISION I ALL-NORTHEAST REGION TEAM

Albany, N.Y. – UAlbany's Michelle Simpson earned Longstreth/NFHCA Division I All-Northeast Region honors for the second consecutive season, highlighting four Great Danes on the squad. Simpson, along with freshman Anouk Vandenberg, earned first team accolades, while junior goalkeeper Ashley Ross and sophomore Nicole Savage were named to the second team.

Simpson earned America East Conference First Team honors for the second straight year after finishing with 13 goals and eight assists for 34 total points as a senior. Vandenberg was named to the all-conference first team and all-rookie squad after finishing the season ranked first in the conference and seventh in the nation with 13 assists.

Ross, an all-conference first-team member for the second time, earned Northeast second team accolades after compiling five shutouts and a 1.14 goals against average, putting her sixth in the country. Savage led the team with 14 goals and added three assists for 31 total points, en route to being named to the all-conference second team.

UAlbany finished the season at 15-5 overall after falling to conference champion Boston U. in the America East Championship on Nov. 4.



For Immediate Release November 13, 2007 No. of Pages: 1

For Further Information

Brianna LaBrecque / 518-442-5733

UALBANY WOMEN'S BASKETBALL DROPS 64-62 DECISION TO ST. BONAVENTURE

St. Bonaventure, N.Y. – Dana Mitchell scored in the lane with 20.3 seconds left and the St. Bonaventure defense held UAlbany scoreless for the final seconds to lead the Bonnies to a 64-62 win in non-conference women's basketball action on Tuesday evening at the Reilly Center.

UAlbany sophomore TaNika Thrower tied the game at 59-59 with 1:21 left to play, hitting a jump shot from the foul line as she fell backwards. Armelia Horton gave St. Bonaventure back the lead, 61-59, collecting a rebound from her own blocked shot and laying the ball in with 46 seconds on the clock. Charity Iromuanya made a steal under the basket for the Great Danes and put the ball in the basket with 27.9 ticks remaining to tie the game at 62-62.

UAlbany was forced to foul with just 3.8 remaining, but Erica Schiefen missed her first foul shot, giving the Great Danes back the ball. Kristin Higy passed the ball downcourt to Thrower, who was unable to get a shot off before time expired, giving the Bonnies the two-point victory.

St. Bonaventure (3-0) outscored the Great Danes 14-4 to start the second half before Higy hit a 3-pointer from the top of the arc at 12:48 to pull within 12, 48-36. Horton and Scheifen both made two free throws to give the Bonnies a 50-40 lead with just over ten minutes to play. The Great Danes continued to go to the basket, pulling within 59-56 with just over two minutes to play, as Thrower got to the line on consecutive possessions and made four straight free throws to score four of her 16 total points.

"We just got started too late," said head coach Trina Patterson. "If we played 40 minutes like we played the last seven or eight, I really believe we would have won this game. We couldn't make the plays at the end to get the win."

UAlbany (0-2) took a 13-11 lead at 13:33 in the first half as Higy, who led the team with 20 points, hit back-to-back three pointers. After Katelyn Murray pulled the Bonnies to within a point, 13-12, with one free throw at 12:39, Thrower converted one of two from the stripe to give the Great Danes back their two-point lead at 11:43.

Thrower then hit consecutive shots, one from the top of the key followed by a 3-pointer, to give the Great Danes a 19-18 lead. After exchanging baskets, St. Bonaventure took a one-point lead, 24-23, on two free throws by Mitchell at 6:16.

The Bonnies increased their lead, scoring six unanswered points before UAlbany's Joy Sterling found the basket at 2:08 to pull the Great Danes within five, 30-25. Mitchell dropped a jump shot in an attempt to pull St. Bonaventure away, but Sterling struck again with 1:29 left in the half to keep the Great Danes within striking distance. Scheifen scored two of her 10 first-half points with just over a minute remaining, but Thrower hit a running jumper in the lane with less than a minute to play to set the deficit at five, 34-29, as the teams headed to the locker room at the halftime break.

Mitchell and Horton each scored a team-high 16 points for the Bonnies, while Schiefen and Tiara Johnson pulled down a game-high eight rebounds each. Iromuanya and Sherri Mikus came off the bench to each grab a team-leading five rebounds for the Great Danes.

For Immediate Release November 13, 2007 For Further Information April Raynovich / 518-442-5733

No. of Pages: 1

UALBANY SEEDED THIRD FOR AMERICA EAST CONFERENCE VOLLEYBALL CHAMPIONSHIP

Cambridge, Mass. – The 2007 America East Conference Volleyball Championship seedings have been finalized with regular-season champion Stony Brook earning the No. 1 seed and the right to host the four-team tournament that will be held at Stony Brook Arena on November 17-18.

Stony Brook (23-7, AE 11-1) will face No. 4 Binghamton (16-17, AE 7-5) on Saturday at 1 p.m., while the second semifinal at 3:30 p.m. will feature No. 3 UAlbany (19-9, AE 8-4) squaring off against No. 2 New Hampshire (19-8, AE 8-4). Winners of each semifinal match will play for an automatic berth to the NCAA Tournament on Sunday at 1 p.m.

The Great Danes, who are making their sixth consecutive trip to the conference postseason and have won two of the last three A-East championships, have been led offensively by freshman Amanda Cowdrey (3.47 kills/game), senior Ashley Crenshaw (3.42 kpg) and junior Kamisha Kellam (3.27 kpg). The trio all rank in the top-ten in the league in kills. Freshman setter Brooke Stanley ranks fourth in the conference in assists (10.45 pg) and is second in service aces (0.46 pg). Defensively, freshman lilbero Tahny Dahmes leads the team and is fifth in the league in digs per game with 4.24 and Kellam averages 1.05 blocks per game.

New Hampshire swept the regular-season series over UAlbany, winning in University Gym, 3-2, on Oct. 5 and taking the season finale on Nov. 11 by a score of 3-1. The Wildcats have relied on the offensive production of Kirsten Bates and Emmy Blouin. Bates is third in the league in points with 4.33 per game, while Blouin is averaging 4.28 points per game. Libero Alyse Lahti is leading the defensive charge, as she ranks first in the conference with 4.78 digs per game.

In the other semifinal, Stony Brook, who fell in last year's tournament semifinal to eventual champion UAlbany, will continue their quest for the program's first-ever league title. The Seawolves grabbed a pair of wins over Binghamton in the regular season, winning both matches by 3-1 scores. The Bearcats won the conference crown in 2005.

Live scoreboards and statistics for all matches of the 2007 America East Volleyball Championship will be made available on www.AmericaEast.com.
--agate---

2007 America East Conference Volleyball Championship Stony Brook Arena (Stony Brook, N.Y.)

Saturday, November 17

Semifinal #1: No. 4 Binghamton at No. 1 Stony Brook, 1:00 p.m. Semifinal #2: No. 3 UAlbany vs. No. 2 New Hampshire, 3:30 p.m.

Championship: Sunday, November 18

Winner Semifinal #1 vs. Winner Semifinal #2, 1:00 p.m.



For Immediate Release November 12, 2007 For Further Information

Brian DePasquale / 518-442-3072

No. of Pages: 1

FOOTBALL'S DAVID McCARTY NAMED NEC OFFENSIVE PLAYER OF THE WEEK

Somerset, N.J. – University at Albany's David McCarty (LaSalle Institute) has been selected as the Northeast Conference Offensive Player of the Week in football for his performance in last Saturday's 21-3 victory over Monmouth, as announced by the conference office on Monday, Nov. 12. McCarty, a sophomore tailback from Gansevoort, N.Y., earned the weekly award for the third time this season.

McCarty rushed 28 times for 167 yards and one touchdown against Monmouth. His 67-yard scoring run on a third-and-four play sealed the outcome with 4:07 remaining in the fourth quarter. The Great Danes clinched a share of the conference title with the win. McCarty ran for 100 or more yards for the fourth consecutive game and sixth time this season.

McCarty is ranked 18th nationally among the NCAA Division I FCS rushing leaders at 112.2 yards per game. He became the seventh player in the UAlbany program's history to reach the 1,000-yard mark last week. McCarty currently has 1,122 yards, the third-best mark in school annals, and nine touchdowns. -agate-

UAlbany's Single-Season Rushing Leaders

- 1,524, Gary Jones (2003, 211 carries)
- 1,509, Gary Jones (2002, 231 carries)
- 1,122, David McCarty (2007, 184 carries)
- 1,043, Nicholas Bazan (2004, 194 carries)
- 1,041, Brian Manigault (2000, 187 carries)

UALBANY REMAINS THIRD IN NATIONAL DIVISION I FCS MID-MAJOR POLLS

Albany, N.Y. – Following their 21-3 victory over Northeast Conference opponent Monmouth last Saturday, UAlbany stayed in the third position in both The Sports Network Football Championship Subdivision (FCS) Top 10 Mid-Major Poll and Football Gazette mid-major rankings.

The Great Danes, who established the program's Division I FCS record by winning their sixth straight game last week, are also receiving votes in all three national top-25 polls, including the FCS Coaches and The Sports Network.

UAlbany (7-3, NEC 5-0) has clinched a share of its first conference title since 2003. The Great Danes can win the championship outright at Central Connecticut State this Saturday. Kickoff is 12 noon. The winner of the game will represent the NEC in the Gridiron Classic on Dec. 1 against Dayton, the Pioneer Football League co-champion.

UAlbany's defense moved up to 14th among the FCS national leaders in rushing yards allowed (111.8 ypg), 16th in scoring against (17.7 ppg) and 27th in total defense (325.5 ypg). The Great Danes are 21st in rushing offense at 203.9 yards per game.

-agate-

THE SPORTS NETWORK: 1. Dayton, 2. San Diego, 3. Albany, 4. Morehead State, 5. Iona, 6. Duquesne, 7. Central Connecticut State, 8. Drake, 9. Davidson, 10. Wagner.

FOOTBALL GAZETTE: 1. Dayton, 2. San Diego, 3. Albany, 4. Morehead State, 5. Davidson, 6. Drake, 7. Duquesne, 8. Monmouth, 9. Wagner, 10. Iona.



For Immediate Release November 11, 2007 No. of Pages: 1

For Further Information Brianna LaBrecque / 518-442-5733

UALBANY VOLLEYBALL DROPS REGULAR SEASON CONFERENCE FINALE TO NEW HAMPSHIRE

Durham, N.H. – Kirsten Bates recorded a double-double with 20 kills and 17 digs to lead New Hampshire to a 3-1 win over UAlbany in America East Conference volleyball action on Sunday afternoon, in the regular-season conference finale. With the win, the Wildcats claim the second seed in the conference tournament with an 8-4 league record, including a season-sweep of the Great Danes. UAlbany, which also finished 8-4 in conference play, will be seeded third in the championship field.

Freshman outside hitter Amanda Cowdrey finished with 16 kills and 15 digs to lead the Great Danes, while sophomore Valerie Sourbeer added 15 kills for UAlbany. Junior middle blocker Kamisha Kellam added 11 kills and three block assists. Senior middle blocker Ashley Crenshaw totaled five kills, and now has 999 in her four-year career with the Great Danes. Freshman setter Brooke Stanley had 44 assists while freshman libero Tawny Dahmes led the team defensively with a match-high 24 digs.

Emmy Blouin added 15 kills, eight digs and three service aces for the Wildcats, while Jessica Compton finished with 11 kills and three block assists. Setter Sara Heldman recorded a match-high 46 assists, while libero Alyse Lahti tallied 23 defensive digs for New Hampshire (19-8, AE 8-4).

UAlbany (19-8, AE 8-4) will travel to regular-season champion Stony Brook for the America East Conference Championship on Saturday, Nov. 17 and Sunday, Nov. 18.



For Immediate Release November 10, 2007 For Further Information Brianna LaBrecque / 518-442-5733

No. of Pages: 2

UALBANY MEN'S BASKETBALL DROPS SEASON OPENER TO BUCKNELL, 55-52

Lewisburg, Pa. – Patrick Behan scored a team-high 16 points to lead Bucknell to a 55-52 season-opening win over UAlbany on Saturday evening at Sojka Pavilion. It was the first time in the past four seasons that the Great Danes have not won their season opener.

Late in the second half, the Great Danes made it a one-point game as junior Jerel Hastings was fouled on a jumper in the lane, and converted the free throw that followed, to set the score at 36-35 with 13:05 on the clock. After back-to-back scores by Bucknell's G.W. Boon put the Bison back in front, senior guard Jon lati hit his third 3-pointer of the game to tie the score at 38-38 with 11:57 left to play.

After nearly three scoreless minutes, Bucknell broke the tie at 9:15 as Behan layed the ball into the basket in the paint. The Bison added to their lead as junior guard Justin Castleberry hit two free throws, but Josh Martin responded with a 3-pointer for UAlbany at 7:39 to keep the Great Danes within one, 42-41.

UAlbany (0-1) took its first lead of the game, 49-48, at 1:43 as Lillis hit a jumper from just inside the arc as the shot clock expired. Coming out of the ensuing Bucknell timeout, Griffin hit a three to put the Bison back on top by two, 51-49, with just over a minute left to play.

Castleberry scored the final points for Bucknell, hitting a jumper with 13.5 seconds on the clock and making two free throws with five ticks left. Martin hit a three-pointer at the buzzer for UAlbany to set the final three-point margin.

"This is a tough place to play," said UAlbany head coach Will Brown, whose team defeated Bucknell, 55-49, in the season-opener last year at SEFCU Arena. "They are so well coached, they have a methodical style and they wait for you to break down. Their shooting percentage wasn't much better than ours, but they made the big plays when it mattered."

Bucknell jumped out to an early 8-2 lead on back-to-back baskets by Stephen Tyree and Patrick Behan, which followed two made free throws by John Griffin. Griffin went to the stripe prior to tip-off, as UAlbany was issued a technical foul during warm-ups. Senior Brian Lillis scored the first points for the Great Danes at 17:59.

Bucknell (1-0) added to its lead, taking a 24-16 advantage into a media timeout at 3:11 of the first half, as Behan made back-to-back baskets. Tyree missed a jumpshot just outside the lane, but gathered his own rebound and handed off to Behan under the basket at 4:53 to put the Bison up, 20-16. Behan added two more at 3:43 on a spinning move to the hoop.

lati scored six of his eight first-half points in the closing minutes of the first stanza, as he hit back-to-back three pointers to pull the Great Danes within 28-22 at the halftime break.

"We all agreed that we came out more not to lose instead of playing to win," offered Lillis, who scored a team-high 20 points and added four assists. "We lost this together. We need to do whatever we have to do to win. I'd rather score zero [points] and get a win than score 20."

UAlbany pulled within two, 26-28, scoring the first points of the second half, and held Bucknell scoreless for the first three and half minutes of the stanza. The Bison broke their scoring drought at 16:33, as junior center Josh Linthicum hit two free throws.

lati finished with 11 points for the Great Danes. Senior Brent Wilson grabbed a team-high seven rebounds. Castleberry scored 11 points while Tyree grabbed a game-high 13 boards for Bucknell.

Official Basketball Box Score -- GAME TOTALS -- FINAL STATISTICS Albany vs Bucknell

11-10-07 7 p.m. at Lewisburg, Pa. (Sojka Pavilion)

Bucknell.............

VIITORS: Albany 0-1													
	TOT-FG	3- PT		RE:	BOUI	NDS							
## Player Name	FG-FGA	FG-FGA	FT-FTA	OF	DE	TOT	PF	TP	A	TO	BLK	S	MIN
05 Hastings, Jerel f	2-9	0-0	1-1	3	2	5	2	5	2	1	0	1	33
33 Connelly, Brian f	1-4	0-0	0-0	0	5	5	5	2	1	3	0	0	30
34 Wilson, Brent f	0-6	0-3	2-3	1	6	7	3	2	0	1	0	0	27
42 Covington, Jimmie c	0-2	0-0	0-0	0	0	0	2	0	0	1	1	0	12
21 Lillis, Brian g	9-15	0-1	2-3	1	4	5	2	20	4	3	0	2	33
03 Martin, Josh	2-2	2-2	0-0	0	1	1	1	6	1	3	0	0	12
14 Iati, Jon	4-13	3-12	0-0	1	1	2	0	11	2	0	0	1	29
54 Gifford, Brett	2-4	0-0	2-2	4	0	4	4	6	1	2	0	0	17
55 Turley, Al	0-1	0-0	0-0	0	1	1	0	0	0	0	0	0	7
TEAM				2	2	4							
Totals	20-56	5-18	7-9	12	22	34	19	52	11	14	1	4	200
TOTAL FG% 1st Half: 9-28	32.1%	2nd H	alf: 11	-28	39	. 3%	Ga	me:	35.7%		DEADB		
3-Pt. FG% 1st Half: 2-8	25.0%	2nd H	alf: 3	-10	30	. 0%	Ga	me:	27	. 8%	RI	EBS	3
F Throw % 1st Half: 2-2	100 %	2nd H	alf: 5	-7	71	. 4%	Ga	me:	77	. 8%		0	
HOME TEAM: Bucknell 1-0													
	TOT-FG	3-PT	2	RE	BOUI	NDS							
## Player Name	Annual State of the State of th						PF	TР	A	то	BLK	S	MIN
15 Tyree, Stephen f													
31 Behan, Patrick f													
42 Linthicum, Josh c											0		
1 Castleberry, Justin. g		1-3	4-5		4						1		
11 Griffin, John g		1-4	3-4		3						0		
00 O'Brien, Todd	3-5	0-0	2-3	0							3		
02 Thomas, Rob	0-0	0-0	0-0	- 0	0						1		
13 Shazier, Darryl	0-2	0-2	0-0		2						1		
21 Boon, G.W	2-3	0-1	0-0			0				0.00	1	1000000	
TEAM			Andrew Andrews		1	-			_	-			
	17-43	2-14	19-24				16	55	8	15	7	4	200
TOTAL FG% 1st Half: 10-27	37.0%	2nd H	alf: 7	-16	43	. 8%	Ga	me: 39.5%		DEADB			
3-Pt. FG% 1st Half: 1-6	16.7%	2nd H	alf: 1	8	12	. 5%	Game:		14.3%		REBS		
F Throw % 1st Half: 7-12	58.3%	2nd H	alf: 12	-12	100) %	Ga	me:	79	. 2%	2	2	
Officials: Robert Riley,	Rod Mral	kovich,	John I	eig1	hto	ı							
Technical fouls: Albany-T	urley,	Al. Buc	knell-N	one	•								
Attendance: 4056													
Score by Periods	-	1st 2nd	d Tot	al									
Albany		22 3	0 –	52									
D11 1		20 21	—										



For Immediate Release November 10, 2007 For Further Information Craig Lane / 518-442-3359

No. of Pages: 1

ESTREMERA PLACES 41ST, CUMMINGS 42ND AT NCAA NEW ENGLAND REGIONALS

Boston, Mass. – UAlbany's Ricardo Estremera placed 41st and Laura Cummings finished 42nd to lead the Great Danes men's and women's teams at the 2007 NCAA Division I Cross Country New England Regional hosted by Harvard at Franklin Park on Saturday, Nov. 10.

In the men's race, Estremera completed the 10K course in a time of 31:02.00 to place 41st. Junior Brian Yurkewecz placed 102nd in 32:06.90 as the only other Great Dane to complete the course.

On the women's side, Cummings covered the 6K course in 21:49.30 to finish 42nd. Freshman Kristine Mun crossed the finish line in 23:08.00 to place 123rd and senior Jessica Chichester finished 152nd in 23:34.95 to round out the Great Dane finishers.

The UAlbany men return to action on Saturday, Nov. 10 at Van Cortlandt Park in Bronx, N.Y. for the IC4A Championships at 10:30 a.m., while the women compete in the ECAC Championships at 11:15 a.m. -agate-

Men's Championship (10,000 meters)

Team Scores:

1. Iona (37), 2. Providence (46), 3. Syracuse (132), 4. Brown (188), 5. Cornell (193), 6. Dartmouth (197), 7. Harvard (201), T8. Stony Brook (268), T8. Yale (268), 10. Columbia (275).

Individual:

1. Max Smith (Providence), 29:58.75, 2. Hayden McLaren (Providence), 30:00.95, 3. Abraham Ng'Etich (Iona), 30:01.10, 4. Harbert Okuti (Iona), 30:04.50, 5. Andrew Ledwith (Iona), 30:04.70, 6. Patrick Mellea (Boston College) 30:04.80, 7. John Mickowski (Army), 30:07.35, 8. Sage Canaday (Cornell), 30:13.25, 9. Jeff Scull (Syracuse), 30:14.35, 10. Ahmed Haji (Providence), 30:14.95.

UAlbany Finishers:

41. Ricardo Estremera (31:02.0), 102. Brian Yurkewecz (32:06.90).

Women's Championship (6,000 meters)

Team Scores:

1. Providence (73), 2. Stony Brook (118), 3. Boston College (132), 4. Syracuse (139), 5. Brown (142), 6. Columbia (165), 7. Cornell (200), 8. Harvard (218), 9. Boston U. (225), 10. Yale (251).

Individual:

1. Danette Doetzel (Providence), 20:28.00, 2. McKayla Plank (Iona), 20:30.40, 3. Lindsay Donaldson (Yale), 20:31.30, 4. Katie DiCamillo (Providence), 20:35.35, 5. Carmen Ballard (Columbia), 20:42.50, 6. Krystal Douglas (Providence), 20:53.95, 7. Smita Gupta (Brown), 20:54.25, 8. Catherine Parker (New Hampshire), 20:57.30, 9. Nichole Lister (Boston College), 20:57.90, 10. Andrea Walkonen (Boston U.), 21:01.35.

UAlbany Finishers:

42. Laura Cummings (21:49.30), 123. Kristine Mun (23:08.0), 152. Jessica Chichester (23:34.95).



For Immediate Release November 10, 2007 No. of Pages: 1

For Further Information Brian DePasquale / 518-442-3072

UALBANY CAPTURES SHARE OF NORTHEAST CONFERENCE TITLE WITH 21-3 VICTORY

West Long Branch, N.J. - David McCarty rushed for 167 yards and one touchdown and Justin Gannon scored on an 87-yard screen pass in the fourth quarter as UAlbany rallied in the second half for a 21-3 victory over Monmouth in Northeast Conference play on Saturday afternoon at Kessler Field.

UAlbany (7-3, NEC 5-0) clinched a share of its first conference title since 2003. The Great Danes can win the championship outright at Central Connecticut State next week. The winner of the game will represent the NEC in the Gridiron Classic on Dec. 1 against the Pioneer Football League champion.

The Great Danes used their special teams and defense to break a 3-3 deadlock late in the third quarter. After punter Chris Lynch blasted a 69-yard kick that went out at the Monmouth one-yard line, sophomore linebacker Justin Brancaccio tackled tailback David Sinisi in the end zone for a safety. UAlbany's Mike Wall later blocked a punt with his left hand to set up Jason Fralicker's 40-yard field goal and an 8-3 lead.

The fourth quarter also produced two long scoring plays that broke the game open. In a third-and-30 situation from his own 13, sophomore tailback Justin Gannon gathered in a screen pass in the right flat and cut through a group of blockers on the sideline for a touchdown with 6:02 remaining. The 87-yard play was the third longest pass in school history.

"I looked straight ahead and the seam opened up," Gannon explained. "I just tried to keep my balance and get to the end zone. I saw our team's reaction and I knew we were in a good position to win the game. Our defense just wasn't going to allow them to score."

McCarty, who rushed 28 times to reach the 100-yard rushing mark for the fourth straight game and sixth time this season, later turned a third-down run into a 67-yard TD. He seemed to be trapped on the right sideline, but then eluded a couple of defenders as he busted out of the pack en route to paydirt.

Monmouth quarterback Brett Burke completed 20 of 33 passes for 138 yards and had one interception. L.B. McCloskey picked off that throw which led to a 22-yard field goal that tied the contest in the third quarter. Sinisi, the nation's 10th-leading rusher with a 125.0 average, was held to 59 yards on 24 carries.

"They have proved that they are a good team that is well-coached throughout the year," said UAlbany coach Bob Ford, whose team had lost four straight in this series, including a pair of last-second decisions. "We had to battle through adversity. The defense held us in there and the special teams were superb. David McCarty ran hard throughout the game and we were able to come up with some big plays."

The opening half produced an unexpected defensive struggle with both teams combining for just over 100 yards apiece. The Hawks capitalized on UAlbany's first fumble of the season when receiver Daniel Bocanegra coughed up the ball at his own 40 after making a first-down catch. After Monmouth (3-6, NEC 3-3) ran 12 plays, placekicker Fred Weingart booted a 30-yard field goal for a 3-0 lead.

The Great Danes' offense sputtered throughout the first two periods with poor field position and a pair of fumbles. Monmouth's defense did not allow the visitors past midfield until the last series of the half, when quarterback Vinny Esposito's heave to the end zone was knocked down to the turf.

"We knew what kind of offense they have," offered senior linebacker Colin Disch, who had a team-high nine tackles. "We had confidence in ourselves that we could weather the storm. It was a team effort. It didn't decide the conference, but the win meant a lot to me personally and for the juniors and seniors who had never beaten them."



For Immediate Release November 9, 2007 No. of Pages: 2

For Further Information

Brian DePasquale / 518-442-3072

INDIANA RALLIES IN SECOND HALF TO DEFEAT UALBANY IN WOMEN'S BASKETBALL OPENER

Bloomington, Ind. – Amber Jackson scored 22 points and grabbed nine rebounds as Indiana rallied in the second half for a 67-59 victory over UAlbany in the season opener for both teams on Friday evening at Assembly Hall.

Indiana (1-0) trailed 45-37 early in the final period, but then regrouped with 11 unanswered points. Jori Davis made a conventional three-point play when she was fouled on a layup to slice the deficit to one. The freshman guard then put her team ahead for good with an offensive rebound of Jamie Braun's missed shot. Jackson, a 6-foot-2 junior who made 10-of-14 from the floor, completed the outburst with a jumper.

The Hoosiers, who posted a 19-14 record and advanced to the WNIT's third round last season, still led 53-49 after UAlbany's Gia Sanders hit a layup following Joy Sterling's offensive rebound. Indiana's Jackson, a transfer from San Jose State where she was a first-team all-conference selection, made another jumper and Braun connected on a fastbreak layup to push their team's advantage to six points with 5:52 remaining.

"This is the strongest opening game that we have played since I have been here," UAlbany coach Trina Patterson said. "It was encouraging to see the defensive intensity and high tempo. We want to be the most athletic team in the (America East) conference. And if our kids are out there flying around who knows what could happen."

The Great Danes, who opened on the road for the ninth time in the last 10 years, trailed early on, but then ran off 14 consecutive points to build a 19-10 margin. Sophomore Britney McGee canned a pair of three-point field goals in that stretch. Indiana guard Nikki Smith later tied the contest at 24 apiece with a layup. However, UAlbany responded with 10 of the game's next 11 points to take a 34-25 halftime lead. TaNika Thrower, who returned the floor for the first time since the 2005-06 campaign after a medical redshirt season, made two free throws and put back a missed shot in that span. Sanders, a 6-foot-1 senior, converted a fastbreak after her steal with 22 seconds left in the period.

UAlbany (0-1) moved out to a 41-27 cushion in the opening two minutes of the second half. Higy, who had 14 points and 10 rebounds, scored off the offensive glass, before Tiffanie Johnson drilled a jumper. Freshman guard Janea Aiken then canned a three-pointer to give the Great Danes their biggest lead.

"We outrebounded team, had more offensive rebounds, and had had the same number of turnovers," explained Patterson, whose squad dropped a 75-46 decision to Wisconsin last December in the program's first-ever meeting with a Big Ten Conference team. "The big difference in the game is who went to the free throw line. They had 23 points from the line and that's the difference right there."

Braun, a sophomore guard who was the Big Ten's top bench player last year, finished with 14 points. Whitney Thomas, a 6-foot junior, had nine of her 11 points after the intermission. The Hoosiers shot just 37 percent, including 0-for-14 from the three-point arc, but offset that shooting by making 23-of-34 from the foul line. UAlbany's Sanders posted her second career double-double with 14 points and 10 rebounds. A member of the 2007 America East all-defensive team, Sanders added four blocked shots and three steals.

"We are playing with more intensity," offered Sanders, whose team finished 9-22 overall last year and was picked to finish eighth in the conference's preseason poll. "Our defense was much more aggressive and our offense was efficient. We had great team chemistry, especially off the bench. We have a spark that last year's team did not have."



For Immediate Release November 9, 2007

No. of Pages: 1

For Further Information Craig Lane / 518-442-3359

ECKHARDT LEADS UALBANY TO 3-0 SWEEP OF MAINE

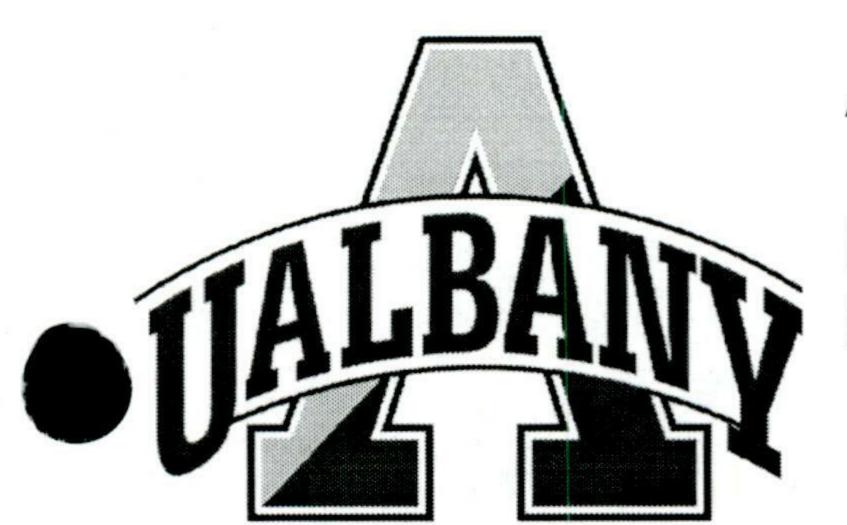
Orono, ME – UAlbany's Kate Eckhardt recorded a game-high 17 kills to lead the Great Danes to a 3-0 sweep of Maine in America East Conference volleyball action on Friday, Nov. 9 at Memorial Gymnasium. UAlbany completed the sweep of the season series by winning 30-24, 30-27, and 30-20.

Eckhardt landed 17 kills for a hitting percentage of .593 and recorded eight digs in the match. Brooke Stanley posted a match-high 26 assists to go along with eight digs. Valerie Sourbeer (10) and Kamisha Kellam (10) also landed double-digit kill totals in the contest. Samantha Jacobson posted 15 assists for the Great Danes, while Tawny Dahmes registered a team-high 16 digs.

Laura Goettsch posted a double-double for the Black Bears with a team-high 11 kills and 12 digs. Lindsay Allman (18) and Ashlee Wright (13) joined Goettsch in having double-digit digs. Paige Tortorello registered 20 assists and Jessica Wolfenden had 14 assists for Maine (3-22, AE 2-10).

UAlbany (19-8, AE 8-3) closes out its America East regular-season slate on Sunday, Nov. 11 at New Hampshire at 1p.m. The Great Danes, who have already clinched an America East postseason tournament berth for the sixth consecutive year, have won six of their last seven matches. -agate-

UAlbany (19-8, AE 8-3) def. Maine (3-22, AE 2-10), 3-0 (30-24, 30-27, 30-20).



For Immediate Release November 8, 2007 For Further Information

No. of Pages: 1

Brian DePasquale / 518-442-3072

IAN PEACH ON AMERICA EAST ALL-ROOKIE TEAM, STEWARD CEUS ON ALL-ACADEMIC SQUAD

Cambridge, Mass. – UAlbany freshman Ian Peach has been named to the America East Conference All-Rookie Team and junior goalkeeper Steward Ceus was named to the America East All-Academic Team, as announced by the conference office on Thursday, Nov. 8.

Peach, a forward from South Hempstead, N.Y., finished tied for sixth on the team in scoring with two points. He tallied one goal in his first season with the Great Danes and led the team in shots (30) in 16 games played, including 14 starts. Peach, the Great Danes' fourth America East All-Rookie selection in the last three seasons and seventh in the program's history, scored his first career goal in the fifth minute of a 1-1 draw against Syracuse on Sept. 12.

Ceus, a biology major from West Haverstraw, N.Y., started all 17 games and played every minute in net for the Great Danes this season. He led the America East for the second consecutive season in saves with 83 and posted a 1.59 goals against average, along with registering three shutouts. Ceus also earned his first career point with an assist in the Great Danes' 2-1 season-opening win over Adelphi on Aug. 31.

UAlbany wrapped up its season with a 3-10-4 overall record and a 2-3-3 record in the America East, finishing just two points shy of making the conference's postseason tournament for the fourth consecutive season.

-agate-

2007 America East Conference All-Rookie Team

Ian Peach, Fr., F, UAlbany, Kyle Manscuck, Fr., B, Binghamton, Aaron O'Neal, Fr., F, Boston U., Matthew Shea, Fr., M, Boston U., Jamie Thomas, Fr., M, Hartford, Adam Baxter, Fr., M, Maine, Levi Houapeau, Fr., F, UMBC, B.J. Quigley, Fr., F, UMBC, Chris Williams, Fr., B, UMBC, Maurice Brown, Fr., F, Stony Brook, Mark Secko, Fr., M, Stony Brook

2007 America East Conference All-Academic Team

Steward Ceus, Jr., UAlbany, Dan Schultz, Jr., Boston U., Matt Narode, Sr., Binghamton, Barry Neville, Jr., Binghamton, Adam Chavez, Sr., Binghamton, Matt Glaeser, Sr., Hartford, Petar Rakovic, So., Stony Brook, Jordan Crasilneck, Jr., Vermont, Panos Georgiadis, Sr., Vermont, Loren Hill, Sr., Vermont, Connor Tobin, Jr., Vermont.

FOOTBALL'S JON VOLPE NAMED TO DISTRICT I ACADEMIC ALL-AMERICA TEAM

Washington, D.C. – University at Albany's Jon Volpe has been selected to the ESPN The Magazine District I Academic All-America squad as chosen by CoSIDA (College Sports Information Directors of America). Volpe, a senior defensive end, was voted to the academic team for the second straight year.

Volpe, who has a 3.41 cumulative grade point average, earned his undergraduate degree last May in business administration/finance with a minor in education. He is enrolled in the school's information assurance graduate program. Volpe has 23 tackles with 5.5 hits for a loss and 3.0 sacks for minus-18 yards in nine starting assignments this season. He has been named to the Northeast Conference Academic Honor Roll three years in a row. UAlbany (6-3, NEC 4-0) is ranked 13th in rushing yards allowed (112.9 ypg), 21st in scoring defense (19.3 ppg) and 32nd in total defense (334.6 ypg) among the NCAA Division I FCS national leaders.

FORMER BASKETBALL STAR JASON SIGGERS SIGNS TO PLAY PROFESSIONALLY IN DENMARK

Albany, N.Y. – Former University at Albany basketball player Jason Siggers, who played on two America East Conference championship teams, recently signed to play professionally in Denmark. Siggers, a 6-foot-4, 195-pound swingman from Dallas, Texas, is a member of the Bakken Bears, a first division team. Bakken formed in 1962 and plays in Aarhus, the second largest city in Denmark with a population of 280,000. The Bears have been crowned Danish League champions in three of the last four years.

Siggers, a first-team All-America East Conference selection, averaged 13.9 points and 3.9 rebounds as a senior, plus made 46 three-point field goals. He had 14 points, including 11 in the second half, in the Great Danes' 60-59 victory over Vermont in the 2007 conference championship final. He was named to the America East all-championship squad. He tallied a career-high 34 points, the third-highest single-game total in the program's Division I history, against Vermont in the regular season. He also had a memorable outing in a 59-58 upset at Utah, when he struck for 22 points by canning six three-pointers.

Siggers came off the bench in his first season with the UAlbany program in 2005-06 after transferring from New Mexico Junior College. He averaged 5.0 points in 32 games as the Great Danes won the conference title en route to the men's basketball team's first-ever NCAA Division I appearance.

For Immediate Release November 6, 2007 No. of Pages: 2

For Further Information

Brian DePasquale / 518-442-3072

MEN'S BASKETBALL PICKED SECOND IN AMERICA EAST CONFERENCE PRESEASON POLL

Cambridge, Mass. – After winning a pair of America East Conference men's basketball championships and making consecutive NCAA appearances, the University at Albany has been picked to finish second in the 2007-08 conference preseason poll, according to a vote of the league's head coaches as announced on Tuesday, Nov. 6. The Great Danes begin their schedule on Saturday, Nov. 10 against Bucknell.

Boston University has been installed as the preseason favorite to win this year's championship. The Terriers, whose selection is based largely on a talented sophomore class, received five first-place votes and 61 total points. UAlbany earned the remaining four first-place votes and had 55 points. Vermont and Binghamton were third and fourth, respectively, in the poll

"It's a credit to the young men on the past two teams that made the NCAA Tournament that we were picked second and received four first-place votes," said UAlbany coach Will Brown, whose team lost two first-team all-conference performers, including Associated Press All-America Jamar Wilson, from last year's club. "We appreciate how the coaches view us, but we realize that in order to have an opportunity to win a third straight championship there's a lot of hard work ahead of us. We welcome that challenge as we start the season."

UAlbany put together another list of impressive accomplishments in 2006-07. The Great Danes, who posted back-to-back 20-win campaigns for the first time in 17 years, set the program's Division I record for most regular-season victories (20) and single-season victories (23). UAlbany (23-10) became the second No. 2 seed to defeat a top seed on its home floor in the conference championship game en route to winning back-to-back titles.

Brent Wilson, a 6-foot-8 senior, was one of five players selected to the 2007-08 America East Preseason All-Conference squad. Wilson, a two-time third-team all-league selection, averaged 11.0 points and 5.0 rebounds, plus led the team with 71 three-point field goals.

Brian Lillis, a 6'5" swingman, was chosen the conference's top defensive player one year ago. A contributor in many ways, Lillis averaged 6.9 points, 4.9 rebounds, 2.3 assists and 1.5 steals. Jon lati, one of the top three-point shooters in the program's history, provides an offensive spark off the bench. Jimmie Covington (6'7") and Brian Connelly (6'8") played in all 33 games last season.

-agate-

2007 America East Conference Preseason Men's Basketball Poll

1. Boston U. (5), 61; 2. Albany (4), 55; 3. Vermont, 50; 4. Binghamton, 45; 5. UMBC, 33; 6. Hartford, 31; 7. Stony Brook, 19; T8. Maine, 15; T8. New Hampshire, 15. () – first-place votes

2007 America East Preseason All-Conference Team

Mike Gordon (Binghamton)

Brian Hodges (UMBC)

Tyler Morris (Boston U.)

Mike Trimboli (Vermont)

Brent Wilson (Albany)

Senior

Senior

Guard

Sophomore

Junior

Guard

Senior

Forward

WOMEN'S BASKETBALL CHOSEN EIGHTH IN AMERICA EAST CONFERENCE PRESEASON POLL

Cambridge, Mass. – The University at Albany women's basketball team has been picked to finish eighth in the 2007-08 America East Conference preseason poll, according to a vote of the league's head coaches, as announced on Tuesday, Nov. 6.

Hartford was the unanimous choice to win the conference title after winning a second straight regular-season title and playing in the 2006-07 championship game. The Hawks received all eight possible first-place votes, finishing with 64 points. Vermont earned the final first-place vote and 56 points to finish second in the poll. Binghamton received 45 points for third, while Boston U. (43) and Stony Brook (32) rounded out the top five. Defending America East Tournament champion UMBC earned 28 points for sixth place. Maine (25), UAlbany (16) and New Hampshire (15) filled out the nine-team poll.

MORE

UALBANY BASKETBALL 2-2-2

The Great Danes won their second America East Championship game last season, defeating New Hampshire, 64-61, in a first-round matchup. Senior forward Kristin Higy comes back as the top returning scorer and rebounder, after averaging 10.4 points and 6.2 rebounds per game a year ago. Senior guard/forward Sherri Mikus also returns, after starting all 31 games for the Great Danes last season and averaging 9.3 points, 5.8 rebounds and 2.0 assists. Sanders was named to the conference's all-defensive team after recording 51 blocks last season, good enough for second in the conference. Sanders enters her senior season ranked fourth on UAlbany's career blocks chart with 109.

"We will set ourselves apart from the league," offered UAlbany head coach Trina Patterson, who is in her sixth season at the helm of the Great Dane program. "They will have to keep up with our pace. We have filled deficiencies around the floor, we are more athletic and we are physically conditioned. If we remain one team, with one heartbeat, we will have one goal. We don't care who scores, as long as the team wins."

UAlbany, which finished 9-22 last season, also returns sophomore guard Britney McGee and Charity Iromuanya, who averaged 8.4 and 5.9 points per game, respectively. The Great Danes also welcome three freshmen and two junior college transfers who will look to make an immediate impact on the floor. Junior Amira Ford and freshman Felicia Johnson will split time at the point, while freshman Janea Aiken will also see time in the backcourt. Junior Tiffanie Johnson and freshman Kim Clements will bring added power in the paint.

UAlbany starts the season on Friday, Nov. 9 at Indiana. The home slate will kick off on Nov. 15 as the Great Danes host Colgate at SEFCU Arena. UAlbany will also play non-conference opponents Sacred Heart and Richmond on the road, and will host Buffalo and Marist in the early going. The annual crosstown-rivalry game with Siena will take place on Dec. 1, as part of a men's and women's doubleheader at the Times Union Center.

-agate-

2007 America East Conference Preseason Women's Basketball Poll

1. Hartford (8), 64; 2. Vermont (1), 56; 3. Binghamton, 45; 4. Boston U., 43; 5. Stony Brook, 32; 6. UMBC, 28; 7. Maine, 25; 8. UAlbany, 16; 9. New Hampshire, 15.

2007 America East Preseason All-Conference Team

Senior	Forward
Senior	Guard
Sophomore	Guard
Senior	Forward
Senior	Center
	Senior Sophomore Senior



For Immediate Release November 5, 2007 v Cuuthau Infaumatian

No. of Pages: 1

For Further Information Brian DePasquale / 518-442-3072

DAVID McCARTY NAMED NORTHEAST CONFERENCE OFFENSIVE PLAYER OF THE WEEK Jason Fralicker Selected as NEC Special Teams Player of the Week

Somerset, N.J. – University at Albany's David McCarty (LaSalle Institute) has been chosen as the Northeast Conference Offensive Player of the Week for his performance in last Saturday's 45-17 victory over Robert Morris as announced today by the conference office. McCarty earned the weekly award for the second time this season. UAlbany's Jason Fralicker was named the NEC Special Teams Player of the Week.

McCarty, a sophomore tailback, rushed 27 times for 167 yards and two touchdowns, plus caught a 61-yard scoring pass in the second quarter. The UAlbany pass play was the program's longest since Sept. 8, 2001. McCarty, who became the first Great Dane to scored three touchdowns in a game since the 2005 season finale, reached the end zone on runs of 35 and five yards. He accounted for 228 all-purpose yards. McCarty, who ran for 100 or more yards for the third straight game and has reached the century mark five times this season, ranks 26th among the NCAA Division I FCS leaders in rushing at 106.1 yards per game.

Fralicker, a senior placekicker, made a 33-yard field goal in the first quarter to tie his own single-season record with his 13th of the season. He added six point-after attempts and made a career-high four tackles, including three unassisted. Fralicker, who is the school's all-time leader with 26 field goals, leads the team in scoring with 67, the eighth-best single-season total in the program's history. He moved to 11th on the school's career scoring list with 131 points.

UALBANY FOOTBALL REMAINS THIRD IN THE SPORTS NETWORK MID-MAJOR POLL

Albany, N.Y. – Following last Saturday's 45-17 victory over Robert Morris, UAlbany remained third in The Sports Network Football Championship Subdivision (FCS) Mid-Major National Poll. Dayton and San Diego are first and second in the national rankings. The Great Danes also are receiving votes in The Sports Network's FCS Top 25 Poll. Northern Iowa is No. 1 in that national poll.

UAlbany (6-3, NEC 4-0) posted its fifth consecutive win last week to match the program's longest string of victories at the NCAA Division I FCS level. The Great Danes are in sole possession of first place in the NEC standings with two regular-season games to play. UAlbany's offense is ranked 22nd nationally in rushing at 207.1 yards per game and seventh among the FCS leaders in turnover margin (+1.56 pg). The defense limited Robert Morris to 64 net rushing yards, the sixth opponent held under the 100-mark this season.

-agate-

THE SPORTS NETWORK: 1. Dayton, 2. San Diego, 3. Albany, 4. Morehead State, 5. Iona, 6. Central Connecticut State, 7. Drake, 8. Wagner, 9. Duquesne, 10. Davidson.

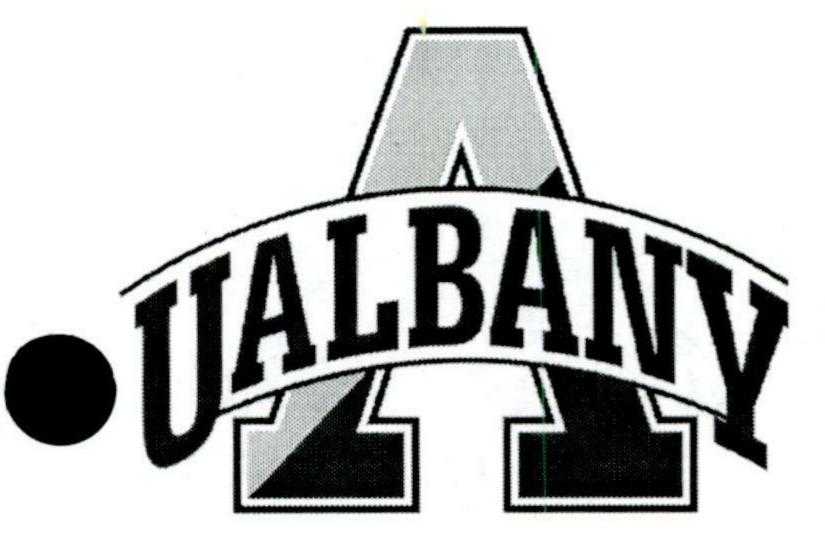
VOLLEYBALL'S COWDREY AND STANLEY EARN AMERICA EAST WEEKLY HONORS

Cambridge, Mass. – University at Albany's Amanda Cowdrey was named the America East Conference Rookie of the Week, while teammate Brooke Stanley was the conference's setter of the week, as announced today by the league office. Cowdrey was honored for the fourth time this season.

Cowdrey, a freshman outside hitter from Brampton, Ontario, averaged 3.56 kills and 3.44 digs per game to lead the Great Danes to conference wins over Binghamton and UMBC last weekend. She finished with 10 kills and 13 digs against the Bearcats and totaled a team-high 22 kills and 18 digs to go along with one service ace and one block assist in the win over the Retrievers. The two performances were Cowdrey's 16th and 17th double-doubles of the season. Cowdrey has now reached double-figures in kills in 13 straight matches.

Stanley, a freshman setter from Hendersonville, N.C., averaged 12.67 assists, 1.33 digs, 1.22 service aces and 0.78 blocks per game in UAlbany's two matches. In a 3-1 win over Binghamton, Stanley finished with a matchhigh 55 assists to go along with six service aces, five digs, four block assists and two kills. In a 3-2 come-frombehind victory over UMBC, she totaled 59 assists, seven digs, five service aces, three block assists and two kills. She is averaging 10.46 assists per game on the season and has recorded a team-high 48 service aces as well as 32 total blocks.

UAlbany (18-8, AE 7-3) will hit the road for the final regular season conference matches of the year, visiting Maine on Friday, Nov. 9 at 4 p.m. and New Hampshire at 7 p.m. on Sunday, Nov. 11.



For Immediate Release November 4, 2007

For Further Information Brianna LaBrecque / 518-442-5733

BOSTON U. DEFEATS UALBANY IN 2007 AMERICA EAST CONFERENCE FIELD HOCKEY CHAMPIONSHIP

Cambridge, Mass. -- Pam Spuehler scored one goal and added two assists to lead Boston University, the nation's 13th-ranked team, to a 4-1 victory over UAlbany in the America East Conference Field Hockey Championship on Sunday, Nov. 4 at MIT's Jack Barry Field. The Terriers won their third straight conference championship.

UAlbany (15-5) struck first on a penalty corner goal scored by freshman Sam Daly at 21:11. Jess Lindsey and Anouk Vandenberg assisted on the tally, which was redirected into the top left-hand corner from the middle of the circle. Boston U. came back a minute later and capitalized on a corner, as Gabby Hajjar took a pass from Holly Wiles and got a shot past UAlbany goalkeeper Ashley Ross. The teams went back and forth for the remainder of the half, hitting the break tied at 1-1.

Spuehler, who was involved in the last three goals for Boston U., recorded her first points of the day in the 43rd minute, as Suus Dekker passed the ball from the left side and Spuehler blasted a shot from the top of the circle to the left corner of the cage. Hajjar scored again for the Terriers at 57:37, as Spuehler past from the right side. Hajjar got her stick on the ball in front of the cage to redirect in past Ross by the near post. Boston U. closed out the scoring in the 65th minute as Spuehler again came from the right and passed the ball to Hayley Hamada in front of the cage.

UAlbany outshot Boston U., 9-7, and held a 9-3 advantage in penalty corners, including 5-1 in the second half. Ross finished with one save for the Great Danes while America East rookie of the year Kim Kastuk had three saves in the cage. Boston U. (17-5) earned the conference's automatic bid to the 2007 NCAA Field Hockey Championship. The Great Danes, who are ranked 15th in the latest NFHCA national poll, will wait to learn if they can claim an at-large bid into the national tournament.

-agate-

America East Conference Championship

#15 UAlbany (15-5) 1 0 - 1

#13 Boston U. (17-5) 1 3 - 4

UAlbany: Scoring - Sam Daly (1-0), Jess Lindsey (0-1), Anouk Vandenberg (0-1). Goalkeeper - Ashley Ross (70:00, 4 GA, 1 save).

Boston U.: Scoring - Gabby Hajjar (2-0), Pam Spuehler (1-2), Hayley Hamada (1-0), Holy Wiles (0-1), Suus Dekker (0-1). Goalkeeper - Kim Kastuk (70:00, 1 GA, 3 saves).

America East All-Championship Team
Pam Spuehler, Boston U., Most Outstanding Player
Suus Dekker, Boston U.
Sarah Shute, Boston U.
Holly Wiles, Boston U.
Michelle Simpson, UAlbany
Anouk Vandenberg, UAlbany
Ashley Ross, UAlbany
Kim Striegler, Vermont
Kelly McClintock, Vermont
Kiera Williams, New Hampshire
Sam Geary, New Hampshire

COWDREY LEADS UALBANY VOLLEYBALL TO 3-2 WIN OVER UMBC

Albany, N.Y. – UAlbany's Amanda Cowdrey tallied a game-high 22 kills and added 18 digs to lead the Great Danes to a 3-2 win over UMBC in America East Conference volleyball action on Sunday afternoon at University Gymnasium. UAlbany came back from a 2-0 deficit to take the victory in five sets (33-35, 26-30, 30-18, 30-10, 15-12). The win clinches the sixth consecutive conference post-season tournament berth for the Great Danes.

Kate Eckhardt also posted a double-double, recording 11 kills and a match-high 24 digs for UAlbany. Brook Stanley led all players with 59 assists and also tallied five service aces. Tawny Dahmes had 21 digs, while Ashley Crenshaw (14), Teresa Coppiellie (13) and Kamisha Kellam (20) each scored double-digit kills. Kellam also had six total blocks for the Great Danes.

Ashley Oscars had a team-high 20 kills for the Retrievers and added nine digs. Bridget Scheetz and Tiffany Johnson each recorded 12 kills, while Stacey Carroll led the team in assists with 47 for UMBC (19-10, AE 5-5). Britney Hodson (17) and Pam Jarrett (16) had double-digit digs for the Retrievers.

UAlbany (18-8, AE 7-3) played its final home match of the season and honored seniors Crenshaw and Natasha Marquis prior to the start of the match. The Great Danes will finish up the league portion of their schedule with a pair of matches next weekend at Maine on Friday, Nov. 9 and then at New Hampshire on Sunday, Nov. 11.

-agate-

UAlbany (18-8, AE 7-3) def. UMBC (19-10, AE 5-5), 3-2 (33-35, 26-30, 30-18, 30-10, 15-12).

GABY SEGUIN-GAUTHIER SCORES AS UALBANY TIES HARTFORD 1-1

Albany, N.Y. – UAlbany's Gaby Seguin-Gauthier scored in the 87th minute, but Hartford responded less than 30 seconds later, as the two teams tied, 1-1, in double overtime in America East Conference action on Sunday, Nov. 4. With the draw, UAlbany is knocked out of playoff contention, while Hartford clinches the fourth seed in the conference's postseason tournament.

The Great Danes and Hawks played a scoreless first half to go into intermission dead-locked. Hartford's best scoring opportunity occurred with 30 minutes remaining in the first half when Oswald Adu drew UAlbany goalkeeper Steward Ceus out of net, but Brian Gordon blocked the shot out of bounds for the Great Danes.

Just over seven and a half minutes into the second half, freshman Ian Peach had a header attempt from the goal box saved by Hartford goalie Matt Glaeser. UAlbany pressured the goal in the 68th minute but Glaeser turned aside a sliding shot by Sander Anker.

Seguin-Gauthier gave the Great Danes the lead as he received a flighted ball from classmate Mikael-Taylor McNamara and broke down the left sideline. After cutting towards the middle of the field, Seguin-Gauthier slotted a shot past Glaeser with 3:47 remaining in regulation.

Hartford (7-4-6, AE 2-1-5) evened the score on header by Andreas Blamo off a feed from Corey Patrick with less than three and a half minutes remaining. Junior Joe Hogan had a shot on goal with 22 seconds remaining, but Glaeser came up with the diving save to force overtime.

Hartford had a slight advantage in shots in the contest, 13-12, but UAlbany outshot the Hawks 10-7 after intermission. Seguin-Gauthier led the Great Danes in shots with four. Hartford had a 5-3 edge in corner kicks in the match. Ceus registered fives saves in the contest, while Glaeser turned away six shots.

UAlbany closes out its season 3-10-4 overall and 2-3-3 in the America East Conference.

-agate-

Hartford (7-4-6, AE 2-1-5) 0 1 0 0 - 1 UAlbany (3-10-4, AE 2-3-3) 0 1 0 0 - 1

Hartford: Scoring – Andreas Blamo (1-0), Corey Patrick (0-1). Goalkeeping – Matt Glaeser (110:00, 1 GA, 6 saves).

UAlbany: Scoring – Gaby Seguin-Gauthier (1-0), Mikael-Taylor McNamara (0-1). Goalkeeping – Steward Ceus (110:00, 1 GA, 5 saves).

College Football - November 3, 2007

Contact: Brian DePasquale (518-442-3072; bdepasquale@uamail.albany.edu)

Albany 45, Robert Morris 17

Albany, N.Y. – Sophomore tailback David McCarty rushed for 167 yards and two touchdowns and caught a 61-yard scoring pass to lead UAlbany to a 45-17 victory over Robert Morris in Northeast Conference play on Saturday afternoon at University Field. The Great Danes, who have won five in a row, remained in sole possession of first place in the conference standings.

UAlbany (6-3, NEC 4-0) led 17-10 in the second quarter, when McCarty gathered in a pass in the right flat, cut to the sideline, dodged two defenders, and raced to the end zone with 3:16 remaining before halftime. McCarty's 61-yard touchdown represented the longest pass play by the Great Danes' offense since 2001.

The Great Danes, who accounted for 292 of their 377 yards on the ground, featured McCarty exclusively on an eight-play scoring drive that extended the lead to 31-10 with 11:49 left in the third quarter. McCarty's five-yard run, his third touchdown of the day, capped the scoring sequence. UAlbany completed its string of 21 unanswered points when reserve tailback Justin Gannon reached paydirt on a two-yard run over the right side with 6:35 remaining in the final period. Linebacker Justin Brancaccio's interception set up the 57-yard march.

UAlbany jumped out to a 17-0 lead in the opening period. Safety Dave Nicomini recovered a fumble on the second play from scrimmage which led to Jason Fralicker's 33-yard field goal. McCarty, who rushed for more the 100 yards for the fifth time this season, later broke free over the left side and eluded a defender en route to a 35-yard touchdown scamper. Following Dave West's blocked punt with less than two minutes left in the quarter, tailback Omar Johnson bulled his way through the middle on a two-yard scoring run.

"Our defense came to play in that first quarter and held them without a first down in that period," said UAlbany coach Bob Ford, whose team matched its longest winning streak at the Division I FCS level. "(David) McCarty is a pretty good back, and our offense played fairly well except for a few foolish penalties. Every week is a championship week for us. We have to keep winning the next one to get to the next one."

Robert Morris (3-6, NEC 2-3) responded with a 10-point second quarter to close the gap. Michael Walser ended an 11-play drive with a 41-yard field goal. Quarterback Erik Cwalinski, who connected on 19-of-37 through the air for 223 yards, then delivered a 23-yard scoring strike to wide receiver Julian Ellison. The series was kept alive by a roughing-the-punter penalty and Cwalinski's fourth-down completion to tight end Regis Flowers.

"I am trying to be a good running back," explained McCarty, who has gone over the 100-yard rushing mark in three consecutive games. "We have three other talented backs, so every practice is struggle where you have to go 110 percent or the other people will take your spot. We have a tight camaraderie as a group that has improved as the season has gone along."

Cwalinski, a 6-foot-3 junior, also threw a three-yard scoring pass to Sean McElhinny in the final period, but the RMU offense was limited to 64 net rushing yards. Ellison finished with six receptions for 116 yards. UAlbany's Johnson, who was playing in his final home game along with 13 other seniors, added 70 yards on the ground in 16 attempts. He scored his second TD of the game, an 18-yard run around right end with 1:24 left.

'We had a good all-around game," offered senior inside linebacker Colin Disch, who made a team-high eight tackles and added one sack. "The special teams blocked a punt and were solid, the offense moved the ball, and the defense played well for the most part. I am not too emotional at this point because I am fortunate that we have two more games and are fighting for a conference championship."



For Immediate Release November 2, 2007 No. of Pages: 1

For Further Information Brianna LaBrecque / 518-442-5733

COPPIELLIE LEADS GREAT DANES TO 3-1 AMERICA EAST VOLLEYBALL WIN OVER BINGHAMTON

Albany, N.Y. – UAlbany's Teresa Coppiellie recorded her first career double-double with a career-high 17 kills and 15 digs to lead the Great Danes to a 3-1 win over Binghamton in America East Conference volleyball action on Friday evening at University Gymnasium. UAlbany won with scores of 30-24, 28-30, 30-27 and 30-24.

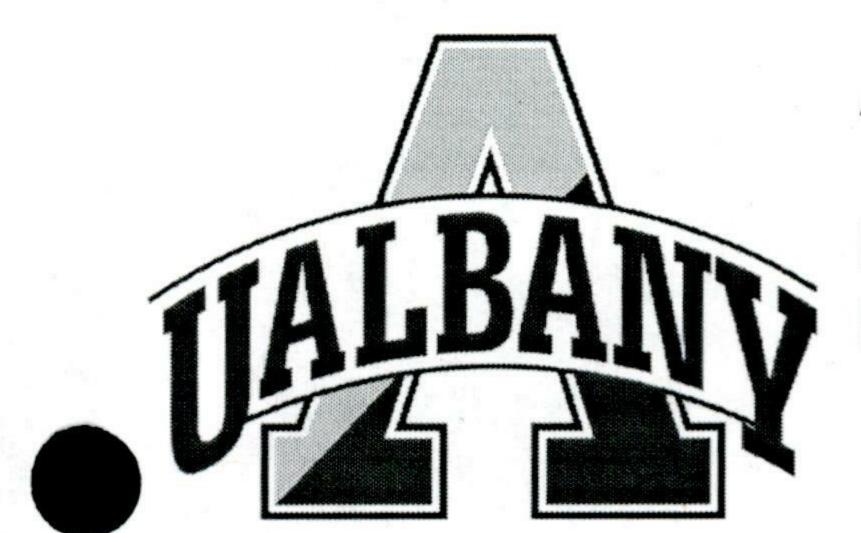
Coppiellie also finished with three service aces and two total blocks for UAlbany. Freshman Amanda Cowdrey recorded a double-double with 10 kills and 13 digs while junior Kamisha Kellam finished with 13 kills and 11 total blocks, including five solo. Senior Ashley Crenshaw added 12 kills and three total blocks. Freshman setter Brooke Stanley led all players with 55 assists and also recorded six service aces, five digs, four block assists and two kills. Freshman libero Tawny Dahmes recorded a match and career-high 30 digs.

Senior Jacki Kane led Binghamton with 15 kills while Ashley Allen finished with a double-double, recording 11 kills and 17 digs. Setter Lindsey Mueller also had a double-double for the Bearcats with 41 assists and 16 digs, along with three service aces. Libero Jaclyn Strader had 21 digs for Binghamton (15-16, AE 6-4).

UAlbany (16-8, AE 5-3) will return to action on Sunday, Nov. 4, hosting America East rival UMBC at 3 p.m. The Great Danes will honor their two graduating seniors, Crenshaw and Natasha Marquis, prior to the start of the match.

-agate-

UAlbany (16-8, AE 5-3) def. Binghamton (15-16, AE 6-4), 3-1 (30-24, 28-30, 30-27, 30-24).



For Immediate Release November 2, 2007 or Further Information

No. of Pages: 1

For Further Information Brianna LaBrecque / 518-442-5733

SIMPSON LEADS UALBANY TO A 2-1 OVERTIME VICTORY OVER VERMONT IN A-EAST SEMIFINALS

Cambridge, Mass. – UAlbany's Michelle Simpson scored a pair of goals, including the game-winner in overtime, to lead UAlbany to a 2-1 victory over Vermont in the semifinal round of the America East Conference Field Hockey Championship hosted by Boston University at MIT's Jack Berry Field on Friday afternoon.

The Great Danes, who have already established a school record for single-season wins with a 15-4 record, advance to their first-ever conference championship game, where they will face the top-seeded Terriers on Sunday at 1:30 p.m. Boston U. defeated New Hampshire, 5-2, the first semifinal of the day.

Simpson scored the first goal of the game just 5:35 into the contest, coming from the right side and taking the ball all the way to the cage to give UAlbany an early lead. Vermont's Kate McClintock tied the game at one apiece in the 53rd minute, redirecting a pass from Kate Lipton in front of the cage past UAlbany goalkeeper Ashley Ross. The Great Danes would take seven shots in the final minutes of the game, but could not capitalize in regulation.

In the extra period, Simpson collected the ball in the open field and came around the right side of Vermont goaltender Kristen Heavens, finding the back of the cage with eight minutes and five seconds elapsed.

UAlbany outshot Vermont 20-11, and held a 14-8 advantage in penalty corners. Heavens finished with 11 saves in the cage for the Catamounts, who finish the season with a 12-7 record. The Great Danes' Ross turned aside six shots.

-agate-

America East Conference Tournament - Semifinal Round

UAlbany (15-4) 1 0 1 - 2 Vermont (12-7) 0 1 0 - 1

UAlbany: Scoring – Michelle Simpson (2-0). Goalkeeping – Ashley Ross (78:05, 1 GA, 6 saves). Vermong: Scoring – Kate McClintock (1-0), Kate Lipton (0-1). Goalkeeping – Kristen Heavens (78:05, 2 GA, 11 saves).



For Immediate Release November 1, 2007 For Further Information April Raynovich / 518-442-3359

No. of Pages: 1

UALBANY FIELD HOCKEY PLACES SEVEN ON AMERICA EAST ALL-CONFERENCE TEAMS

Cambridge, Mass. – Senior midfielder Michelle Simpson highlights a list of seven University at Albany field hockey players to garner America East Conference recognition, as announced by the league office Thursday, Nov. 1. Simpson, junior goalkeeper Ashley Ross and freshman forward Anouk Vandenberg were all tabbed as first-team honorees, while senior forward Kristen Holder and sophomore midfielder Nicole Savage were named to the second team. Vandenberg joined fellow freshmen Suzy Clephane and Sam Daly on the all-rookie squad. Ross also earned all-academic honors.

Simpson has scored 11 goals to go along with eight assists to rank her fourth-best in the league with 30 points and was twice named conference player of the week (9/9 and 10/28). Her assist total was also good for fourth in the conference, as she helped lead the Great Dane offense to 2.67 goals per game, good for 18th in the nation. Ross was named as the first-team goalkeeper for the second year in a row, compiling five shutouts and a 0.98 goals against average, ranking her fifth in the nation. Vandenberg finished the season tied for the league lead in assists with 12 and was named rookie of the week following the week of Oct. 14. She is ranked sixth nationally in helpers.

Holder had two goals and an assist on the season for the Great Danes and helped anchor an offense that ranked 20th in the nation in points per game (2.61). This was the second time in her career she was named a second-team all-conference selection. Savage had a conference-high six game-winning goals and ranked second in the league in points per game (1.72) on 14 goals and three assists. Her numbers rank her 21st in the nation in points and 11th in goals.

Clephane and Daly were each starters on a UAlbany defense that ranked fourth in the nation in goals against average (0.93) and shutouts per game (0.44). Clephane had one defensive save on the year, while Daly scored four goals, including a game-winner and added an assist. Daly was named rookie of the week following a three-goal, one assist performance the week of Sept. 24.

The Great Danes (14-4, AE 4-1) are currently ranked 15th in the latest NFHCA/STX Division I National Coaches Poll and have earned the second seed in the America East Conference Field Hockey Championship. UAlbany will take on Vermont on Friday, Nov. 2 at MIT's Jack Berry Field with the winner advancing to the final on Sunday at 1:30 p.m.



For Immediate Release Thursday, November 1, 2007 Contact: Brian DePasquale

(518) 442-3072

UALBANY ANNOUNCES MEN'S LACROSSE SCHEDULE FOR 2008 SEASON

Albany, N.Y. -- University at Albany Vice President and Director of Athletics Lee McElroy announced today the the school's men's lacrosse schedule for the 2008 season. The Great Danes, who reached the NCAA quarterfinal round and captured their fourth America East Conference championship last year, will play five games against conference opponents. The non-league schedule features former national championship programs Johns Hopkins, Princeton and Syracuse.

UAlbany begins its ninth season at the NCAA Division I level on Saturday, Feb. 23 against defending national champion Johns Hopkins. The Blue Jays have won nine NCAA titles in their history, including last year's overtime win versus Duke. The Great Danes will meet four other teams who made NCAA appearances last season, with trips in March to Notre Dame and Final Four participant Delaware. Syracuse, a nine-time national title winner, and Massachusetts, the 2006 NCAA runner-up, are also among the non-league opponents. UAlbany will face the Orange in the Carrier Dome for the fifth consecutive season on Friday, April 18.

The Great Danes have an attractive home slate highlighted by a date with perennial power Princeton on Saturday, March 22. The Tigers have captured six national championships since 1992 under head coach Bill Tierney's direction. Yale, Drexel and Siena will also invade John Fallon Field during the season.

UAlbany has three conference home games, including a pair of late April clashes with Vermont and Stony Brook. The Great Danes have won four of the last five America East championships after establishing a school-record 15-3 mark one year ago. The America East postseason tournament, slated for May 1-3, will be held at the highest seed's home facility.

Scott Marr, the 2007 USILA national coach of the year, has 24 letterwinners returning from a squad that advanced to the NCAA quarterfinals before losing in overtime to top-ranked Cornell. The Great Danes lost the program's two all-time leading scorers, but return quality talent led by second-team All-America midfielder Jordan Levine (23 goals, 16 assists). Goalkeeper Brett Queener (9.68 GAA) and defenseman Craig McDonald (55 ground balls) were first-team all-conference selections. Mike Ammann (11 goals, 20 assists) and Steve Ammann (13 goals, 9 assists) earned second-team All-America East honors in the midfield, along with defenseman Garrett Pedley. UAlbany's incoming class features Brian Caufield and Derek Speziale, who are ranked among the top 100 freshmen by *Inside Lacrosse*.

2008 University at Albany Men's Lacrosse Schedule

February - 23 (Sat.), at Johns Hopkins, 12:00; 26 (Tue.), Siena, 2:00.

March - 1 (Sat.), at Notre Dame, 1:00; 8 (Sat.), at Delaware, 1:00; 11 (Tue.), at Massachusetts, 3:00; 15 (Sat.), **Drexel**, 1:00; 22 (Sat.), **Princeton**, 1:00; 29 (Sat.), **Binghamton***, 1:00.

April - 5 (Sat.), at Hartford*, 1:00; 8 (Tue.), **Yale**, 7:00; 12 (Sat.), at UMBC*, 1:00; 18 (Fri.), at Syracuse, 7:00; 20 (Sun.), **Vermont***, 1:00, 26 (Sat.), **Stony Brook***, 7:00.

May - 1 (Thu.), at America East Conference Tournament+; 3 (Sat.), at America East Conference Tournament+.

*America East Conference Opponent

+Played at No. 1 Seed's Home Facility

All Times Eastern