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Using System Dynamics Methodology to Generate Insights: An Example from Singapore

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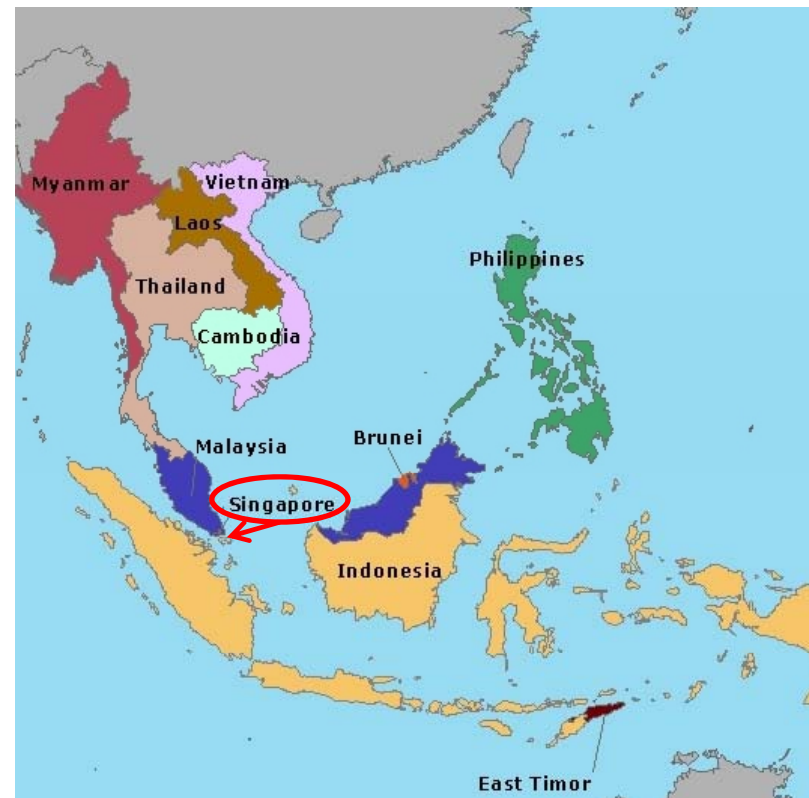
Research objectives

- Study care and treatment of dementia patients and develop care options to:
 - Increase caregiver options
 - Reduce burden on caregivers
 - Measure and control economic and social costs



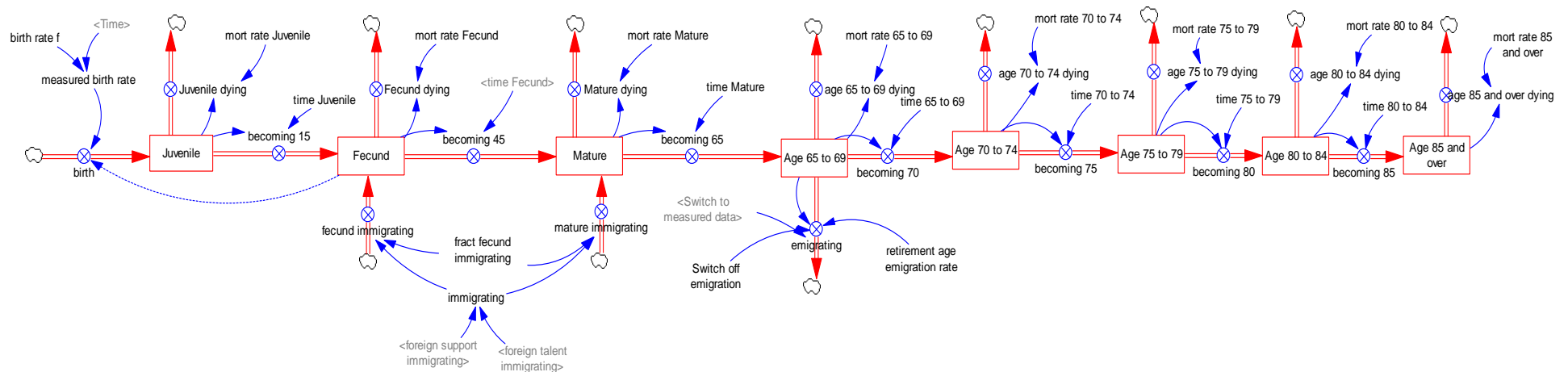
What is the size of the population with dementia in the future?

- Need a good population model
- Singapore's population dynamics are unusual
 - Foreign labor
 - Ultra low fertility
 - High life expectancy



The Model

- Eight-stock population aging-chain
- Immigration to reach *population planning value* of 6.5 million



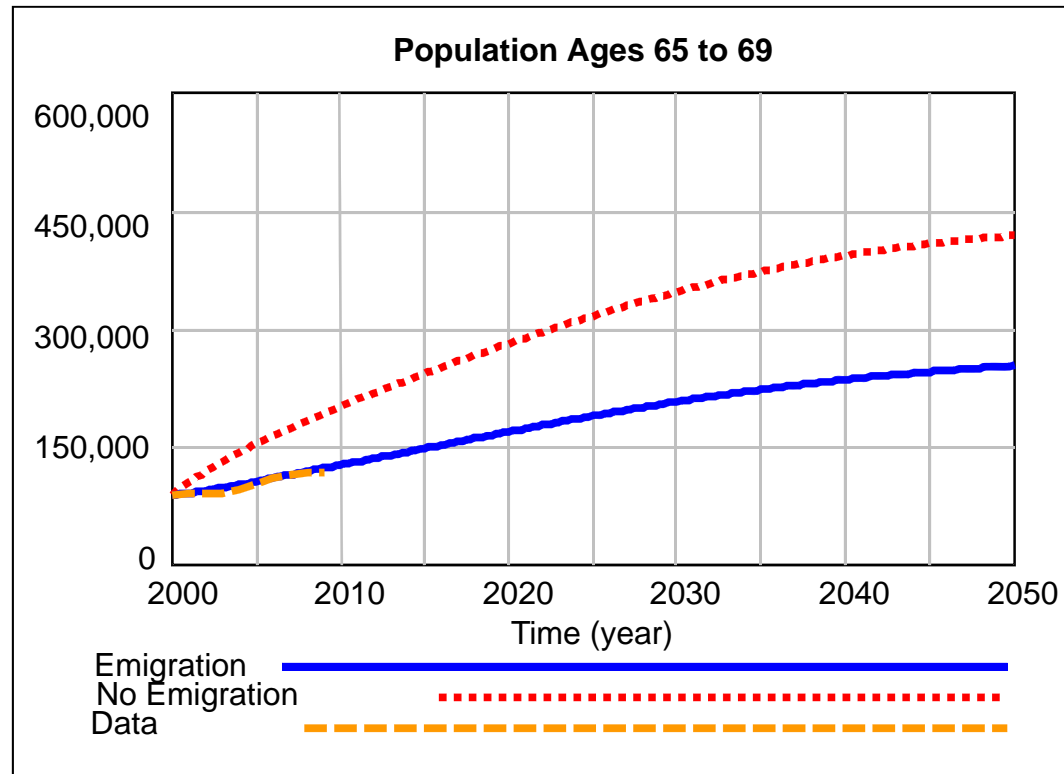
Calibration

- Unexplained difference between the simulation and the population measured over 10 years
- Difference only emerged in elderly cohorts

What causes that?

Emigration?

- Foreigners leaving for “home”
- S’poreans leaving for lower cost of living
- Draining 17% of 65-69 cohort resulted in well-calibrated model
- Yay!



But Wait...

- Doesn't 17% seem excessive??
- Back to the drawing board
 - Ask reviewers to look over our model
- Aha!
 - Eight-stock aging chain generates a blending problem
 - People were being “left behind” and “piling up” in younger stocks

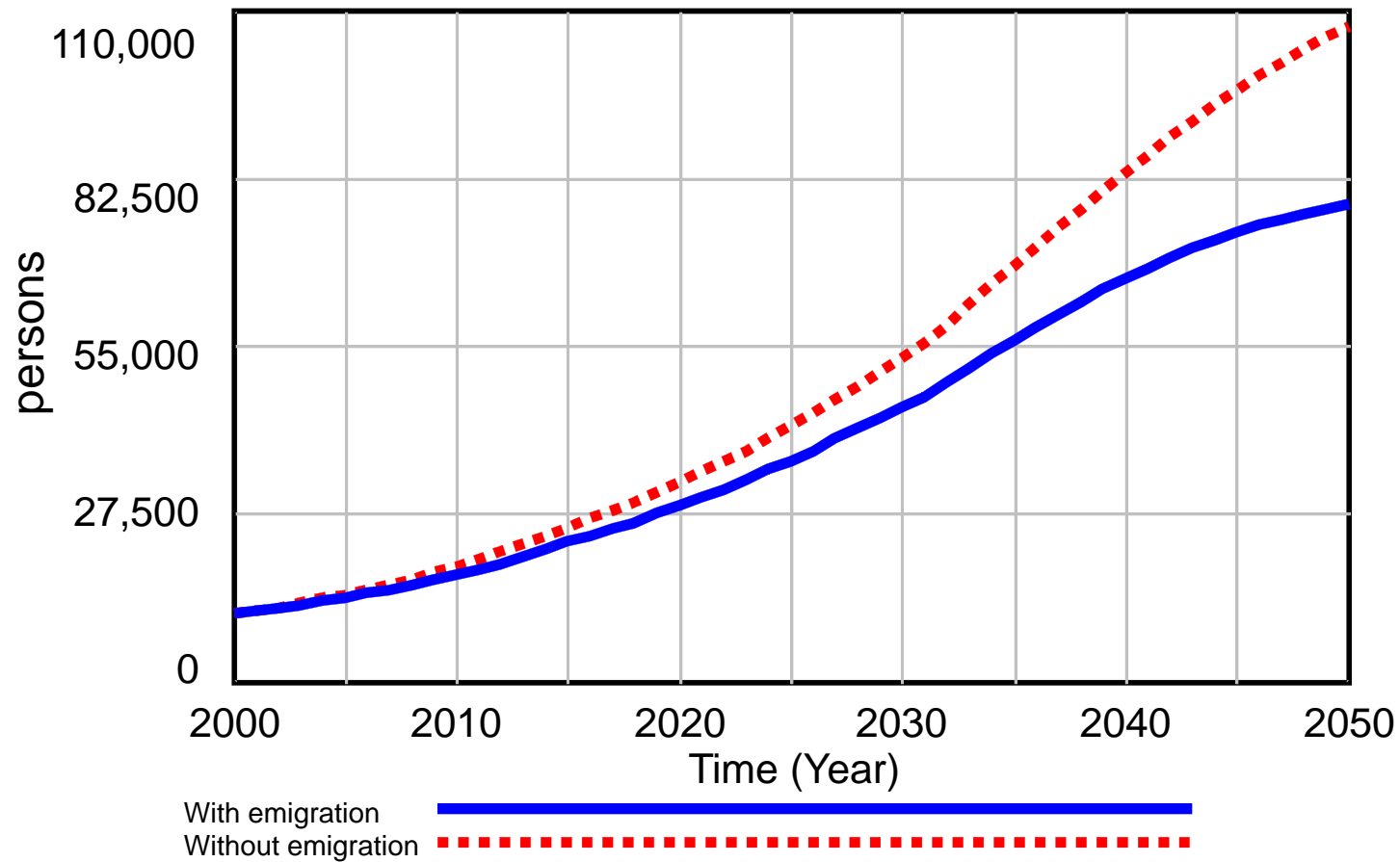
Reworking the Model

- Population was disaggregated into individual birth-year cohorts and aging - “birthday” - made discrete event
- Emigration and immigration indirectly measured by calibrating population levels and outflow (deaths)
- About 1% of population emigrating
- Emigration still there, but spread out over the entire population
 - No mass exodus at age 65

What Does It Mean?

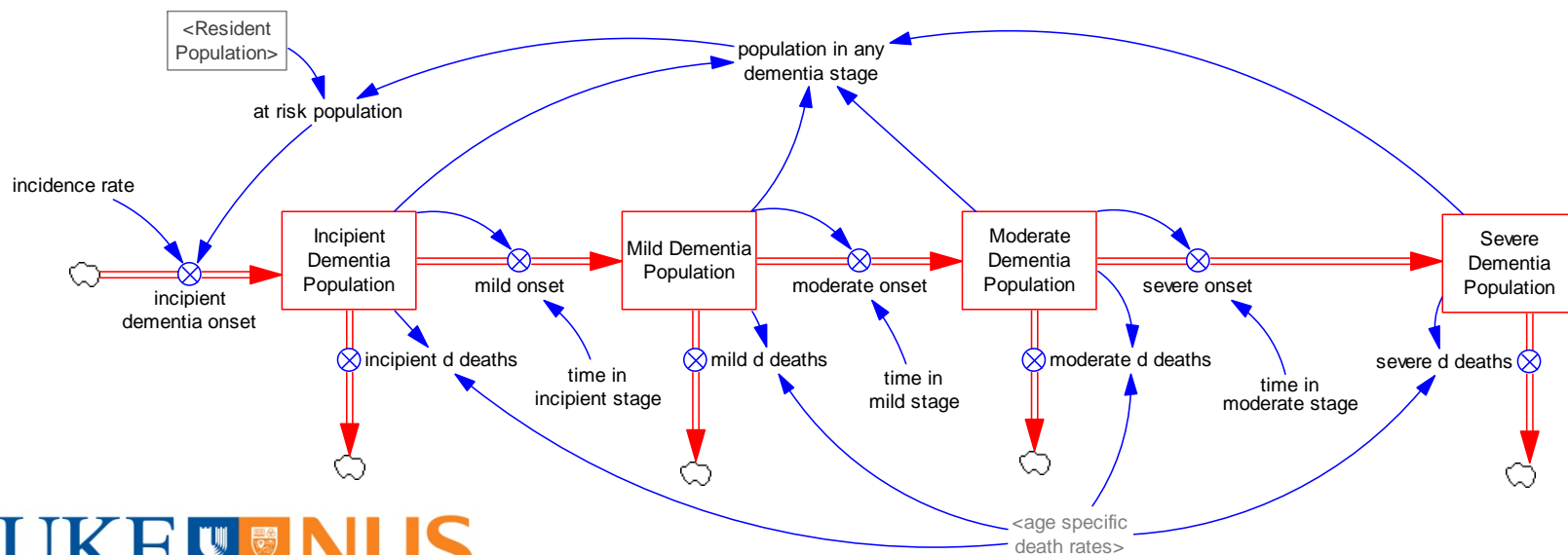
- Original result had a huge impact on future dementia population
- New result has a large impact but in a less obvious way
- All models are flawed...
- ...some are more useful than others
 - First iteration → insight about emigration
 - Second iteration → higher confidence in estimate

Dementia population estimated with WHO prevalence



Moving Forward

- Population: disaggregate by gender
- Dementia prevalence: at each level of severity
- Structure: Simulate currently observed patterns of care, to help develop programs of care based on severity





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Thank you!
Questions?

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