

# Spectrum

## Film

**Madison** (489-5431)  
The Gods Must Be Crazy 7:00, 9:20  
**Cine 1-8** (459-8300)  
1. Young Sherlock Holmes 1:50, 4:20, 7:10, 9:40, Fri, Sat, 12  
2. White Nights 1:10, 3:50, 6:30, 9:20, Fri, Sat, 11:50  
3. Jagged Edge 1:40, 4:10, 7:20, 9:50, Fri, Sat, 12  
4. One Magic Christmas 1:20, 3:15, 5, 7, Fri, Sat, 10:45  
5. Back To The Future 1:30, 4, 6:40, 9, Fr., Sat., 11:20  
6. That Was Then This is Now 2:20, 4:45, 7:25, 9:45, Fri, Sat, 11:45  
7. Transylvania 6-5000 2:30, 4:50, 7:15, 9:10, Fri, Sat, 11:10  
8. Agnes of God 2, 4:20, 6:50, 9:30, Fri, Sat, 11:30  
**UA Hellman** (459-5322)  
1. Rocky IV 2, 4, 6, 8, 10, Fri, Sat, 12  
**Crossgates** (456-5678)  
1. Transylvania 6-5000 12:40, 3:25, 6:30, 8:50, Fri and Sat 11:00  
2. Live And Die in L.A. 1, 3:35, 6:55, 9:30, Fri and Sat 11:50  
3. Spies Like Us 12:25, 2:50, 5:30, 8, Fri and Sat 10:15  
4. Jagged Edge 1:50, 4:30, 7:10, 9:40, Fri, Sat, 12:05  
5. King Solomon's Mine 1:45, 4, 7, 9:20, Fri and Sat 11:30  
6. White Nights 12:50, 3:45, 6:40, 9:30, Fri and Sat 12:05  
7. One Magic Christmas 1:35, 3:50, 6:15, 8:40, Fri, Sat, 10:40  
8. That Was Then This is Now 2:05, 4:40, 7:35, 10, Fri and Sat 12:10  
9. Young Sherlock Holmes 1:25, 4:20, 7:20, 9:50, Fri and Sat 12  
10. Back To The Future 12:50, 3:25, 6:20, 8:50, Fri and Sat 11:25  
11. Rainbow Bright 12:30, 2:30, Mishina 6:25, 9:10, 11:40  
12. Lords of The Rings 2:10, 7:35, Wizards 4:30, 9:55  
**Third Street Theater** (436-4428)  
Prizzy's Honor 7, 9:30  
**Spectrum Theater** (449-8995)  
1. Insignificance 7:00, 9:25, Sun 4:00

## Clubs

**Pauley's Hotel**  
Out Of Control rhythm and Blues Band, December 6, Downtime, December 7, Wolfgang and the Demons, December 12.  
**Eighth Step Coffee House**  
Diane Aliferis, December 6, Ken Korey and May Rose Coyle, December 7.  
**Quintessence**  
Lisa Robilotto and Pure Soul, December 8.  
**Cafe Loco**  
Laudon Wainwright III, December 8, Taj Mahal, December 15.  
**Cafe Lena** (584-9789)  
Aztec Two Step, December 6 and 7.  
**Cheers**  
Miltch Frazier, December 6, Tom Fisch, December 7, Doc Scanlon's Rhythm Boys, December 13.  
**On The Shelf**  
Doc Scanlon's Rhythm Boys, December 6.

## Art

**Albany Institute of History and Art** (463-4478)  
Hanukkah--A Festival Of Lights continues until December 20, Inventors and Inventions of The upper Hudson Region, State Street Centre Exhibition Site: art form the Institute's permanent collection, Festival of Trees, continues until December 12.  
**New York State Museum**  
Urban Visions, The paintings of Ralph Fasanella, Through the Looking Glass, The Greatest Show on Earth... In Miniature.  
**Russel Sage College** (270-2246)  
Stained Glass Sculptures of area artist Lois Gregg Auclair, through December 20.  
**The Dane Stuart School** (463-5222)  
Watercolor paintings from Europe, drawings from the Far East, etchings from the Middle East and art work from several regions of the Americas.

## Theatre Music Dance

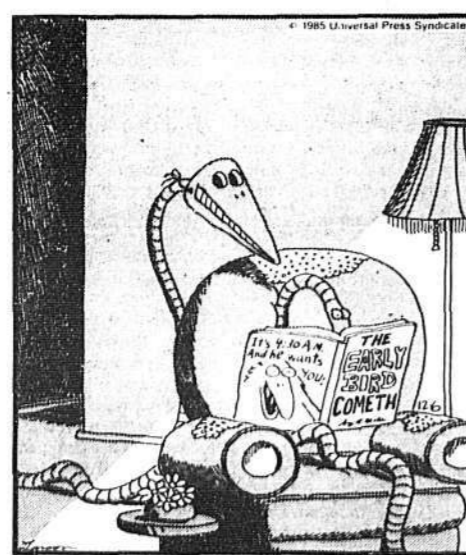
**Washington Park Theatre Inc.** (482-2826)  
Nightengale, December 6-8 and 13-15.  
**The Collar City Community Theatre** (273-7255)  
The Mousetrap, December 6 and 7, 8 pm.  
**Empire State Plaza** (474-4712)  
1985 Holiday Music Potpourri, December 6-20, Celebration of the Jewish Festival Of Lights, December 8-15, The Special Request Band, December 11.  
**New York State Museum**  
Traditional Yiddish and Sephardic Music featured in Chanuka celebration, December 8, 1-4:30 pm.  
**Russel Sage** (270-2395)  
Dance Concert, December 13, 8 pm.  
**Schenectady Civic Playhouse** (382-2081)  
Deathtrap, December 6 and 7, 8 pm.

**Siena College**  
Agnes of God, December 6 and 7, 8 pm.  
**Proctors** (346-6204)  
Andre Watts, December 13, 8 pm, Allen Mills--An Old Fashioned Christmas, December 14 and 15, Wizard of Oz, December 6-8.  
**SUNYA Performing Arts Center** (442-3997)  
Racheal Lampart Dance Company, December 6 and 7, 8 pm.  
**ESIPA**  
Avner the Eccentric, December 6-8, The Boston Camerata, December 14, 8 pm.  
**Capital Repertory Company**  
What the Butler Saw, December 6-15.  
**Troy Savings Bank Music Hall** (273-0552)  
Messiah performed by Captial Hill Choral Society, December 13, 8 pm, Albany Symphony Orchestra, December 6, 8 pm.

### THE FAR SIDE By GARY LARSON



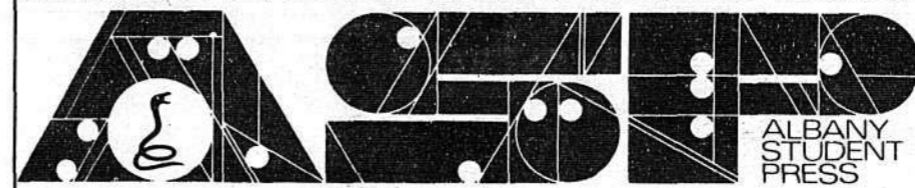
"C'mon, Arlene. Just a few feet in and then we can stand."



Invertebrate practical jokes



12-4



## SA foregoes '86 Guinness Day

By Rob Berke  
There probably won't be a SUNYA listing in the Guinness Book of World Records next year - the result of Student Association's decision to not hold another record breaking event this coming Spring.

The need to promote non-alcoholic programming in light of the 21 year old alcohol purchase age and financial considerations are to blame, said SA Programming Director Betty Ginzburg.

Last April over 4,500 SUNYA students played a four hour game of Musical Chairs in the Administration Circle to put the school in the Guinness Book.

Ginzburg said that her time will instead be spent helping 80 student organizations change from alcoholic to non-alcoholic events now that the legal drinking age is 21.

"The decision was made for a few reasons...one was financial," said Ginzburg. "SA lost a great deal of money, but it was a very profitable event...it was wonderful for the school spirit," she said.

Last year's Guinness Day cost SA between fifteen and twenty thousand dollars when it wasn't supposed to cost anything, said SA president Steve Gawley, adding, "It was worth the money, we just can't afford it again this year."

Although Notre Dame broke the record SUNYA set last year playing musical chairs, "their record has not been confirmed with the Guinness Book yet," said Ginzburg. Our record and a picture of the event are in the latest edition of the record book, she added.

Ginzburg said she thought it would be more detrimental to school spirit if she neglected the more than 80 groups "facing a total change of programming," due to the higher drinking age.

"As far as school spirit is concerned, programming isn't the only area where school spirit is built...people will find school spirit in the athletic department," said Ginzburg. She said that would be a priority of Mark Rivers, the chair of the Intercollegiate Athletic Committee.

"I'd rather see a variety of major events complimented by a smooth transition to non-alcoholic programming spring semester rather than just one spectacular event," Ginzburg said. She said she is planning programs for next semester that include a gambling fling, a carnival, weekly comedy nights, and Jell-a-Jump, where contestants would try to find a small object on the bottom of a pool



SA Programming Director Betty Ginzburg

"I'd rather see a variety of major events"

of Jell-o.

"It is a major priority of the programming office to build school spirit on this campus," Ginzburg said.

Gawley said he thought Guinness Day would be feasible in the future if sponsors who would make commitments to find the event could be found. "The priority is the proper-use of the activity fee," he said.

## Break plans include work, play

By Pam Conway  
ASSOCIATE NEWS EDITOR

While many students are looking forward to intercession as a break from their classwork and finals, most are also planning to spend their vacations working to earn extra money for school.

Michael Steinberg, a first year student from State Quad, said that he plans to spend his break doing "nothing exciting. I have my old job back and I'll be working in Carvel to make some extra money."

Kevin Driscoll, a sophomore from Dutch Quad, also plans on working. "I will be doing some carpentry work for a friend and working at a grocery store," he said.

Besides his jobs, Driscoll said that he also intends on going out to relax, but because of the recent rise in the drinking age, he will have to "drink with my friends around the house."

Junior John Evans, a resident of Dutch Quad, is not affected by the new drinking age because he is 23. "I will be going home for a few days but I will be coming back to work at a bar here in Albany," he said.

Ellen Silverman, a first year student who lives on State Quad, also said that much of her vacation will be spent working. "I have a job in the city working for a law firm," she

said. As far as her social plans are concerned, Silverman said she plans to spend time with her boyfriend and to go dancing. Although underage, she said she will still go out drinking because she likes to go to New York City. "They don't proof hard there," she said.

Intercession, as well as being a break from the pressures of school, is a time for students to catch up with their friends and families.

Rob Berke, a sophomore, said, "I'm planning on seeing some of my old friends, which should be interesting since the last time I've seen them, one has been to prison and another has gotten tattooed."

A junior who lives off-campus said she is looking forward to "catching up with the news since Thanksgiving and hanging out with my friends."

A first year student from Indian Quad said that she is also planning on taking a trip. "I'm going to spend four weeks in the Poconos skiing and basically bumming out," she said.

Also planning to travel is University President Vincent O'Leary, who will be "going to South America to return a visit made here by nine presidents of Brazilian universities,"

he said. "I accepted the invitation and hope that the trip will further the Brazilian-SUNY exchange program," said O'Leary.

O'Leary said that he also plans to be busy doing other things such as completing the move into his new house, reading some books, and "getting the Jets into the Super Bowl."

James Wrafter, a junior, said that he doesn't intend on being quite that busy. "I'm going home and doing absolutely nothing," he said, adding, "I'm going to go to bars and such, and I may go to some concerts."

Many students said that over intercession they will see for the first time how their local bars at home are responding to the new drinking age.

Maureen McClosky, a first year student, said "I don't know if they are going to be as strict as they say because they need the business."

McClosky said she is also planning to earn extra money by working at a supermarket.

Michelle Colletti, a junior, summed up her plans for intercession by saying, "The only thing I'm planning for is working for my Dad, visiting my boyfriend and trying to get into bars." □

## Despite gripes, Marine Midland is favored bank

By Craig Wortman  
STAFF WRITER

According to a random sampling compiled by Student Association, 65 percent of SUNYA's students use Marine Midland Bank, but many are dissatisfied with the service.

The poll, conducted by the Student Community Committee, was undertaken because "We heard a lot of complaints so we wanted to do a survey to get people's opinions," said committee co-chair Irwin Weinstein. About 500 people were polled.

The results of the poll seem to indicate that although many people do patronize Marine Midland Bank, most are unhappy with the service.

In response to the question "Would you consider changing if an alternative were available?" 85 percent of Marine Midland customers surveyed answered "yes."

The most popular reason people use Marine Midland is because, "it's both at home and here. It's convenient," Weinstein said. But, "the (moneymatic) machines themselves aren't as available as Key Bank's," he said.

Lynn Livanos, also a committee co-chair agreed, saying, "Students are cornered into using it because it's really the most convenient bank on campus," she said. But, "There's a general feeling of people not liking Marine Midland... (We've) found a campus wide problem."

Most students polled complained about Marine Midland's costs, service, and unreliability. Among the list of grievances were the 30 cent per check and the 20 cent charge per balance inquiry at a moneymatic machine.

Seventy-one percent of those polled, found the service charges unreasonable. Also, "Most students seem to feel that the machines are usually broken or out of money," said Livanos.

Some comments from students on the survey included "Services that Marine Midland offers are offered at other banks for free. I only use Marine Midland for convenience."

Another student wrote, "I have bounced checks due to the long period needed to clear a check." "I feel it isn't justifiable that I have to pay for the use of my bank, I'm providing them with business," a third student replied.

"I don't think they tell you about the charges before you open the account," said Livanos. "Ironically enough, my checking account is called a 'Good Deal' checking account," she said.

Another common complaint was that Marine Midland branches here in Albany have different charges than branches downstate. "Because of the high population of students they take advantage of this and make charges that Marine Midland doesn't make at home, there's sort of a monopoly," Weinstein said.

"Students want to be equal partners," he continued. The Student Community Committee plans to propose a resolution to Central Council to send the results of the survey to Marine Midland's central office. "We basically want to make a statement to Marine Midland that we're not satisfied with their services. There's a general feeling of discontent," said Livanos.





# Little interest expressed for conservative YAF

By Ken Dornbaum  
EDITORIAL ASSISTANT

With a bumper sticker stating "Support Nicaraguan Freedom Fighters" hanging on a blackboard Monday night, Young Americans for Freedom (YAF) held its first meeting at SUNYA although only nine students showed up.

According to Rich Schiotis, a senior at SUNYA and YAF's chair, the group tells "the right side of the political story...and is very conservative."

"At this point, we're SA recognized, but we want to see about funding and see how far that goes."

According to Student Association (SA) President Steve Gawley, funding of groups includes only educational, social and cultural group. "If they're political, they're not eligible for funding," he said.

"At present, I'm funding the group out of my own wallet," Schiotis said, denying that he is receiving fund from the National YAF organization.

Schiotis said he has also been involved in other conservative groups on campus. "I was chair for a short while of the College Republicans, chair of Students For Reagan and I was advising and helping STAFF

(Students Against Forced Funding) last year," he said. STAFF attempted to stop mandatory student funding of the New York Public Interest Research Group (NYPIRG).

"YAF has already formed a 'Stop PIRG' committee, and we're also forming

**"It's frustrating to be a conservative on this campus. The liberal viewpoint is predominant."**

—Rich Schiotis

a committee on 'Peace Through Strength,' he said.

"Our main emphasis is education. There is no conservative view on campus," Schiotis said. "It's frustrating to be a conservative on this campus. The liberal viewpoint is predominant. I hope our group is an effective reply," he added.

"YAF differs from the College

Republicans with issues. We're non-partisan and we won't endorse anyone for elections," Schiotis said.

"National YAF has voted for the legalization of pot. They're libertarian," said Mike Goetz, a member of YAF. "The government doesn't have the right to control one's activities — that's the libertarian line," he said.

"YAF is not restrictive, it's conservative-libertarian," Goetz said. "It's not there for prayer in school, but defining the role of government — delivering mail, etc., not with personal things like wearing seatbelts," he added.

"We're not going to have much to do with the national group," said Schiotis. No one from the national YAF has contacted SUNYA's group, he said.

"I'm working this campus. That's it," said Schiotis, adding that National YAF was founded in 1960 and is associated with William F. Buckley. Buckley is a noted conservative author.

Among the projects YAF plans next semester is education about the Nicaraguan contras.

"We support the contras and want to present a different point of view," said

Schiotis. "I'm not sure how we're going to do this, but we want to educate people on the communist threat," Schiotis said. "YAF is definitely anti-communist," he added.

"Also, if there's a contrary viewpoint about apartheid, we'll present it. As far as South Africa being anti-communist, we don't want to see the communists take over," Schiotis said. "I see that as the biggest danger in the whole divestment issue," he added.

Schiotis said he also plans to bring Grainger Rucker to campus to speak about the anti-PIRG movement. Rucker, a former SUNYA student, was involved in STAFF last year.

"PIRG is a first amendment issue," said Schiotis. "No one should be forced to fund a political group," he said.

Schiotis said that YAF was not going to be a continuation of STAFF. "We have had a semi-YAF group on campus" for a while, he said.

Schiotis said he was not disappointed with the turn-out at Monday's meeting. "It was a formal meeting with no issues. Next spring we'll be doing better," he said. □

# Rastafarian way of life seen as more than a cult

By Rob Berke

Rastafarians transcend the image of long-haired cultists and are working to make their ideals of world peace and social reform a part of their everyday lives, according to speakers at last Friday's panel discussion on Rastafarianism.

Twenty-one students attended the discussion sponsored by the Pan-Caribbean Association as part of Tropicana '85, a "weekend of cultural awareness." Five speakers were originally scheduled although three cancelled prior to the event.

"I cannot see a movement with such profound impact on Jamaican society...being referred to in the context of a crazy cult," said speaker Dr. Kenneth Hall, Assistant Vice Chancellor for Academic Programs at SUNY Central and a native of Jamaica.

The second speaker, Godfrey Smith, said, "It has established itself in the middle of the people and even nationally." Smith is an award-winning writer of the Caribbean Report in the magazine *Southend Scene* and also a native of Jamaica.

Both panelists accepted the fact that because Rastafarianism has a religious element it could be considered a cult. However, "It is also a social philosophy, an economic philosophy...it attempts to define a people," Hall said.

Smith called the movement important because it provides a cultural identity for those people who lack one.

Hall explained that the movement was born in Kingston, Jamaica in the 1930's among the deprived black population living in an urban setting. The corona-

tion of Haile Selassie, the king of Ethiopia, gave hope to the prophecies of Marcus Garvey, the founder of the movement, who instilled a wish to return Africa to the Rastafarians, Hall said.

This, said Hall, is central to the religious part of Rastafarianism. The belief that they are in exile and will someday return to Africa is the motive of the Rastafarian, he said.

"They're serious people," said Smith. "These people really do go back to Africa," he said. Some of the sects even own land there, he added. "They're not all smoking and getting high," Smith said.

As for the smoking of the "wisdom weed," Smith said, "It is the weed that gives them wisdom...it gives them relaxation, musical satisfaction..." Neither panelist connected the use of marijuana with the religious aspects of Rastafarianism, although Smith pointed out that the weed was supposedly found growing on Solomon's grave.

Religious Rastas read and believe in the Bible, particularly the Old Testament, explained Hall. This, he said, is ironic since many Africans are rejecting the Bible because they say it is destroying their country. However, they continue to accept the Bible since Salassie was a Christian, he said.

"The Rasta man believes that he is a part of the bible and the mistake was letting the white man interpret it for them," said E. Paul Stewart, mediator of the discussion.

Reggae music, which is the music of the Rastafarian, aided in the cultural acceptance of Rastafarianism since it was an outlet of the creative energies in the black community, said Smith. Smith added that the late musical artist Bob Marley did a good job of making Rastafarianism an accepted way of life since he was handsome and talented and broke down barriers of discrimination.

The movement, said Hall, which started in the lowest social classes, offers opportunity for employment, social mobility, and upliftment through the concept of redemption. As unemployment rose, so too did the social acceptance of Rastafarianism, Hall said.

Today, the Rastas aren't necessarily poor, said Smith, explaining, "each age group of Rastas has different attitudes and temperament. I think it's a way of life because of its ability to exist...they are very progressive."

"Everyone is a Rasta," Smith said. "There are white Rastafarians who believe the whole concept...wake up one day

and say 'I am a Rast man,'" Smith said, adding that one must also prove himself worthy by reading the Bible, not eating pork, and following other parts of the lifestyle.

"Initially, one has to recognize that Jamaica is a Babylon and he is here against his will and eventually he will go back to Africa," said Hall, explaining how one becomes a Rasta.

"Not every dred a Rasta, and not every Rasta a dred," said Smith, referring to the long, braided style of hair worn by some Rastafarians, and commonly thought to be synonymous with the movement. Dreadlocks have been justified biblically, but both speakers said they saw it more as a form of social protest.

Students attending the discussion said they felt the forum was important because it helped break down the misconceptions people have of the Rastafarians. According to Sheryl Brightly, a sophomore who attended the discussion, "When people don't understand a culture, they tend to criticize it."

Following the discussion, senior Hugh Davis summarized his feelings about Rastafarianism, saying, "It's definitely a way of life." □

# UPD complaint forum eyed

By Dan Happ  
STAFF WRITER

Several students, along with the Student Association Legal Services office, are seeking to establish a forum through which complaints about the University Police Department can be heard and evaluated.

An increase in the number of students claiming to have been mistreated or harassed by campus police this semester has created the need for a committee to handle such complaints and to seek solutions to reoccurring problems, according to Student Action Committee Chair Larry Hartman.

Hartman cited two recent examples of cases which he said were "blown out of proportion" by the police officers involved, resulting in the unnecessary harassment of students.

In one incident Hartman said, a transfer student was playing with Ninchuks, a martial arts weapon, which is legal in some places but not on campus, when he was confronted by a UPD officer.

The student was handcuffed by the officer and "given a big hassle" in a situation that could have been handled with a little more discretion, said Hartman.

In another incident, Hartman said a student was going door-to-door on one of the Quads trying to get people to vote on election day and was accused of stealing a toaster oven. The student claims he was threatened and generally mistreated by UPD officers until it was discovered that the toaster oven had been borrowed by a neighbor, said Hartman.

In cases in which a student fees

he or she has been harassed by the UPD, their only option is to submit a written report to the UPD, said Hartman, with no guarantee of action.

Hartman encouraged students to call SA with their complaints so that problems can be monitored and dealt with in a positive way.

Hartman emphasized that the idea of a complaint task force is in no way intended to be an attack against UPD, which he said plays a necessary role on campus. Rather, it would be intended to improve relations between students and the police by providing a channel through which complaints could be openly discussed, and solutions proposed, he said.

The task force, is currently in the planning stages, said Neil Garfinkel, President of the Pre-law Association, and one of the students involved in formulating

the task force. The groundwork is being laid, he said, though neither he nor anyone involved has discussed the idea with administrators or the Department of Public Safety.

The proposed committee would be made up of administrators, faculty, UPD officers and students, and could be in place by as early as next semester, he said.

SA president Steve Gawley said that the reason that the task force would not become active until next semester is because it had "not been properly formulated yet."

Gawley added that several other student groups, such as the Student Community Committee, have expressed interest in participating in the task force.

"It (the task force) would be designed to help out students and cater to students needs," said Hartman, "and apparently, there is a need for it." □

New York to

## Miami

Vacation 101

# \$59

One Way

Super Saver Flights Starting Dec. 22nd

NOBODY GIVES YOU FLORIDA FOR LESS ON THE ONLY 747 JETS FLYING BETWEEN NEW YORK AND MIAMI.

DATE	NY(LFK) to MIAMI	DATE	MIAMI to NY(LFK)
Sun. Dec. 22 (Xmas)	\$179*/219	Sun. Dec. 22 (Xmas)	\$59*/79
Wed. Jan. 1		Thurs. Jan. 2 (New Y.)	\$179*/219
Mon. Jan. 13	\$59*/79	Fri. Jan. 13	
Thurs. Jan. 23		Tue. Feb. 4	\$59*/79
Sat. Feb. 4		Fri. Feb. 14	
Fri. Feb. 14 (School Break)	\$179*/219	Sat. Feb. 15	
Wed. Feb. 26		Wed. Feb. 26	\$79*/99
Sat. Mar. 8	\$79*/99	Sat. Mar. 8	
Thurs. Mar. 20		Thurs. Mar. 20	

\*Super Saver fare. Subject to availability. All flights via Super Air 747 jets.

RESERVATION CENTER OPEN DAILY (SUNDAY TO 2 PM ONLY). CALL YOUR TRAVEL AGENT OR

**Travel Impressions, Ltd.**

(516) 484-5055 • (718) 470-0311 • 1-(800) 645-6311

**MADEMOISELLE MAGAZINE**  
says... "One of the top 17 salons in the country."

★ Inquire about our student discounts.  
★ SUNY bus stops just doors away.  
★ Jean Paul Coiffures is Your Island of Elegance in the Capital District — a hairbreadth from New York and Paris.



**APPRECIATE THE DIFFERENCE**

▶ IN SERVICE... We listen — We care — We deliver.  
▶ IN QUALITY... We ARE European — Trained in Europe and recognized throughout America.  
▶ IN STYLE... We ARE trendsetters — Innovators of new style — Masters of subtle variation.

**JEAN PAUL COIFFURES**  
DEWITT CLINION  
142 STATE STREET  
ALBANY, N.Y. 12207  
(518) 463-6691

major credit cards accepted

## CUT THE COST OF LIVING IT UP with entertainment '86



Save up to 50% when you dine casually or formally. Enjoy discounts on first-run movies, concerts, plays and sports events. Save on tennis, golf, and other recreations. Stay at outstanding hotels/motels nationwide at great savings. There are even new services for ENTERTAINMENT members, like our new full-service national travel agency for all your travel needs, and the exciting new CONDO RENTAL BANK program for great vacation savings.

Sale of the Coupon Books is being Sponsored by the Teams of Women's Basketball, Soccer, Softball, and Men's Track and Field. Get your Coupon Book in the Physical Education Center in Rooms 329-327-308-339. Cost \$25.00

## student anxiety

Stop this. I've had enough.

# Low Fares,

## nonstop jets and all the frills

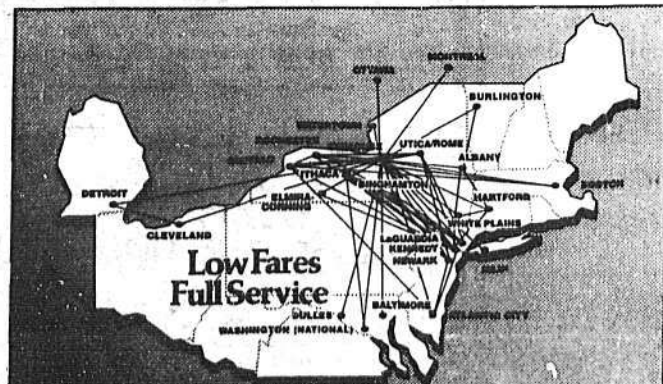
Empire is now offering some of the lowest fares in its history. Some airlines give you a low fare, and then they get the discount back by charging you for carrying your baggage and for a drink inflight, even if it's just a cup of coffee or a soda.

At Empire, we've got low fares and you still get the frills. Empire provides you with full service which includes free inflight cocktails, beverages and snacks, and free baggage check-in and transfers. Plus, we offer convenient departure times, convenient connections to other airlines, easy access reservations lines, free car rental reservations, and assigned seating.

There isn't just one airline out there offering low fares. Call Empire. Our Pricing Department works full time to insure that our fares are competitive with the other airlines or lower.

For reservations and information call your Travel Agent or Empire Airlines at 1-800-962-5665 in New York State or 1-800-448-4104 elsewhere in the U.S.

### Empire gives you more for your low fares




**Low Fares Full Service**

Prices and restrictions vary according to flight schedule. For further information and reservations, call your Travel Agent or Empire Airlines at 1-800-962-5665 in New York State or 1-800-448-4104 elsewhere in the U.S.

Serving 25 cities in the Northeast and Canada.

Albany	Ithaca
Atlantic City	Kennedy
Baltimore	LaGuardia
Binghamton	Montreal
Boston	Newark
Buffalo	Ottawa
Burlington	Rochester
Cleveland	Syracuse
Detroit	Utica
Elmira	Washington (Dulles/National)
Hartford	Watertown
Islip	White Plains



**empire**  
FREE DRINKS FULL SERVICE

**Test anxiety**

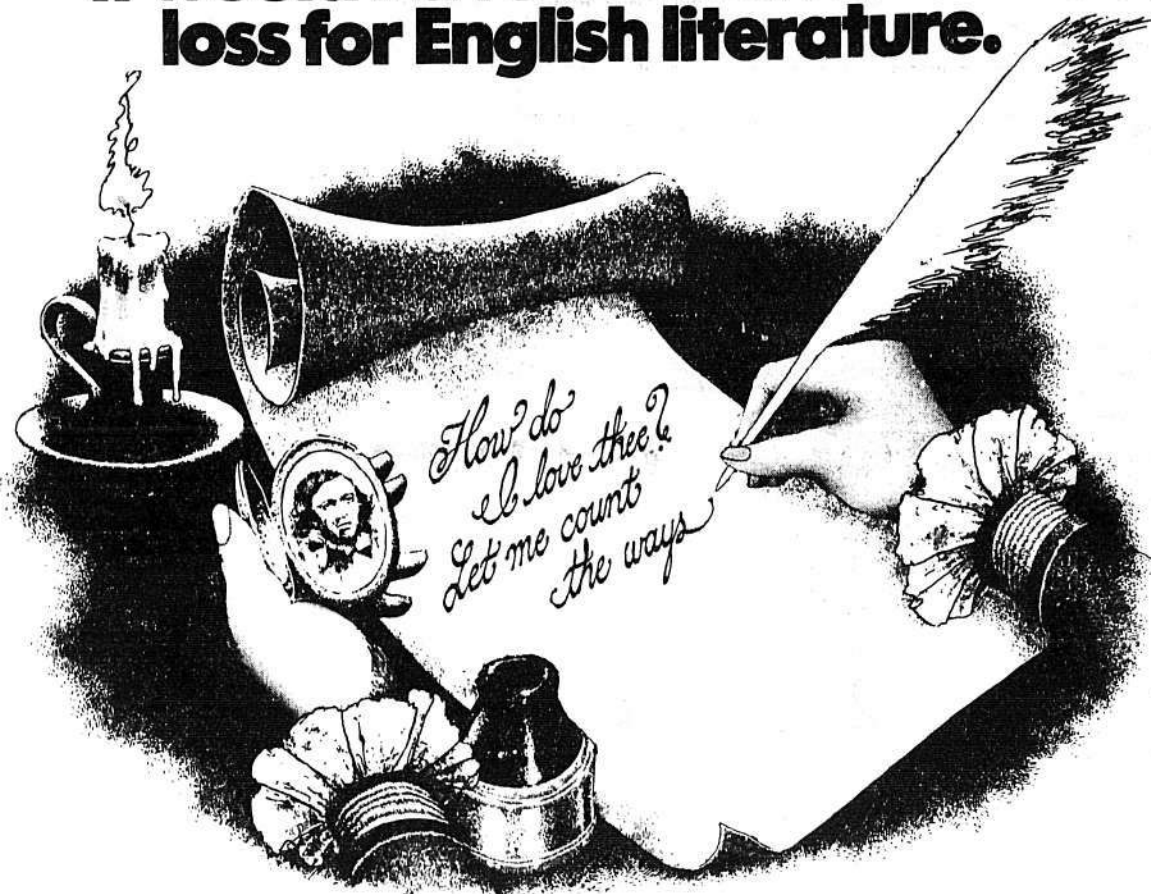
most effective route to conquering anxiety is, in fact, to place yourself in the anxiety-producing situation. Working through the anxiety by studying even while the exam is making you nervous and making sure to arrive on time for the exam and staying until you've completed the test can relieve much of the stress and can over-

come the tendency towards avoidance. Middle Earth's 'counselphone' offers a wide variety of informational tapes concerning test anxiety, relaxation training and study skills, and can be reached at 442-5893. Middle Earth counselors are also available to discuss this or any other concern with you.

**BE THERE HEY ASPIES! OR BE**

The semi-annual 'Hooray - we made it through another semester' bash will be Friday, Dec. 13 at Heidi's residence, 271 Ontario Street. Festivities start around 10.

**If Elizabeth Barrett and Robert Browning had AT&T's 60% and 40% discounts, it would have been a terrible loss for English literature.**



And of course, she wouldn't have had to restrict her feelings to a mere sonnet's length, either.

After all, you can always think of one more way to tell someone you love them when you're on the phone.

Let us count the ways you can save. Just call weekends till 5pm Sundays, or from 11pm to 8am, Sunday through Friday, and you'll save 60% off AT&T's Day Rate

on your state-to-state calls.

Call between 5pm and 11pm, Sunday through Friday, and you'll save 40% on your state-to-state calls.

So when you're asked to choose a long distance company, choose AT&T. Because with AT&T's 60% and 40% discounts, you can satisfy your heart's desire without exhausting your means.

**Reach out and touch someone.®**



© 1985 AT&T Communications

**Bible promoted as remedy for homosexuality**

By Ken Dornbaum  
EDITORIAL ASSISTANT

Christianity and the bible can help save gays from the sins of homosexuality, according to four speakers at a religious seminar held Friday night entitled "Can Homosexuals Change?"

About 40 people attended the seminar held in St. John's Lutheran Church in downtown Albany. The seminar was sponsored by The Bible Speaks, a Christian, non-denominational, evangelical church group in Albany and was conducted by Living in Freedom Eternally (LIFE).

According to Pastor Dale Walker of The Bible Speaks, LIFE is a one year-old ministry from New York City whose members are ex-homosexuals and who are now Christians. "The group reaches out to homosexuals," Walter said, adding that he is trying to organize a LIFE group in Albany.

The major purpose of LIFE is to spread the knowledge that homosexuals can change, said

Walker. "Some people say they can't change, but they can, he said.

"People want to change for many reasons," said Walker. "Most people do not make a conscious choice to be gay. Pro-homosexuals search for biological proof that they're born that way, but it's not true," he said.

"God didn't make anyone homosexual, but he did make people heterosexual," Walker said. "God makes people many things they don't want to be. Some women are frigid, and it may not be God's plan," he said.

"For homosexuals, there is a time in early childhood development that determines (sexuality)," he said. "In the treatment we go back and discover what went wrong."

Among those who attended the seminar was Joe Norton, a retired SUNYA professor of counseling psychology. "I attended because I have personally counseled gay people and his (Walker's) approach sometimes leads people to suicide," Norton said. According

to Norton, there were four speakers, three men and one woman, all of whom were gay before joining the ministry. Speaker Joanne Highley, Norton said, is the wife of the head of the ministry, Rev. Ron Highley.

Highley said, "Homosexuality drives people to lying, stealing, cheating, and murder," according to Norton. "She couldn't support any of this and later said that the devil leads people to do those and also to homosexuality," said Norton.

Walker said that she (Highley) was misunderstood and that she did not mean homosexuals are all of those things.

"Research shows that most ex-gays think sexuality is so bad that they engage in no sex at all," Norton said.

"My basic point is they're stressing sin and this makes people hate themselves and we should use the Bible to help people to love themselves," he said.

The speakers also made several misleading statements about AIDS (Acquired Immune Deficiency Syndrome), said Norton.

"The AIDS Council people vehemently countered them on AIDS. The speakers said AIDS came from bestiality. They had no response to how children got it," said Norton. "They also couldn't respond to the fact that only 37 percent of people with AIDS in the Capital District are gay."

Walker said he was not sure how many gay people were in the audience, but he did say that at least one SUNYA person called and expressed interest in the seminar.

Walker also mentioned that Highley was featured on the Donahue show this past Monday morning.

"I think that there were a lot of people interested, but very few who would come," said Walker.

"The Church, in the past, has not shown God's love to homosexuals," he said.

Tamara Richman, co-chair of the Gay and Lesbian Alliance (GALA), said she feels that this ministry adds to homophobia.

"I think that this sort of pro-

paganda leads to mentalities such as 'Rape the Lesbian' to cure her and to the horrors of the psychology institution (which treats homosexuals) with shock treatment and aversion therapy," she said.

Richman explained that aversion therapy is "the showing of pictures of the same sex to gays and lesbians and if they were aroused they shock you until you are no longer conditioned to respond to members of your own sex," she said.

"The whole thing that bothers me is that it is even an issue," she continued. "I don't think homosexuality needs to be changed. It's a natural lifestyle-why question it? Heterosexuality can be changed and no one questions this," she said.

"As for advice to the SUNYA student who went, I want to say that any sort of therapy that proclaims itself to cure someone of homosexuality can only change over symptoms of it," she said, adding, "it can't change what's deep inside of him."

**Higher Ed.**

tion Act in 1965 — and host of the national anniversary ceremony on November 7-8.

Hardesty said critics of the Higher Education Act are "elitists" upset that too many people are getting degrees, "revisionists" who are wrong to say the act was never designed to send poor students to private schools, or "thinly-disguised racists" who mask their prejudices with a professed concern for educational quality.

"There is some truth" to the notion the programs diminished classroom quality," said Terry Hartle of the American Enterprise Institute, "but what we're seeing are some second and third generation problems. The thrust of the 1965 law is not threatened."

Minnesota's Hearn said it's "naive" to attribute academic troubles to financial aid, adding he thinks any decline in educational quality results from a complex mix of factors.

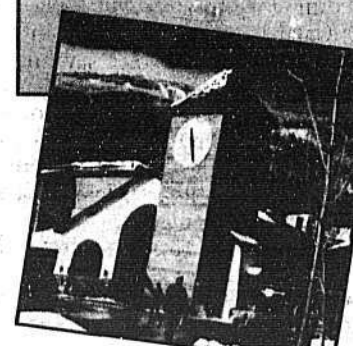
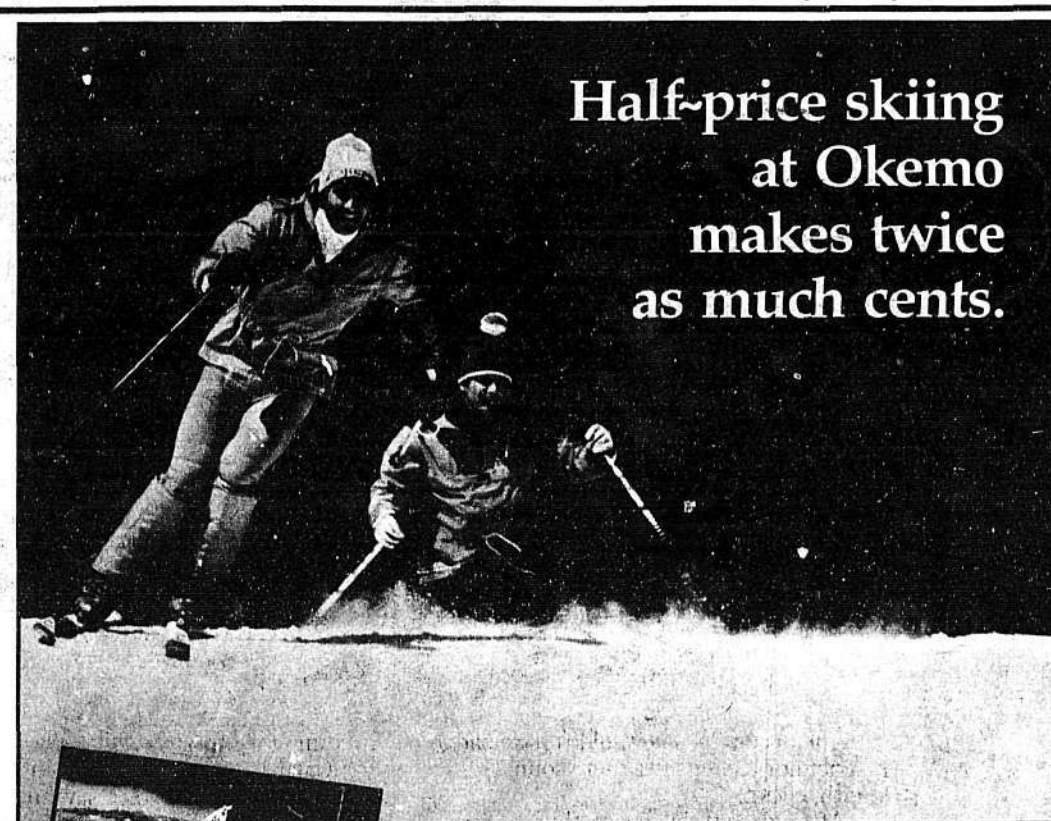
Even critic Gardner stops short of saying financial aid is a primary cause of lower quality, claiming instead there is "a strong probable connection" between the two.

Still, Gardner — and probably the Reagan administration — are determined to convince Congress to use the reauthorization debate to make it harder for students and colleges to get federal money.

Some observers, for example, expect Bennett to propose that students maintain higher grades in order to get and keep federal aid.

Lewin of Pierce College, who supports the idea, estimates anywhere from 25 to 50 percent of the students who now get aid would lose their loans and grants if Congress agreed to it.

The same critics have failed to convince Congress to approve cutbacks and similar changes in the last three years, but Gardner thinks the administration could win this time if it sticks to its principles.



**Half-price discount on lift tickets mid-week**

lesser discounts weekends and Holiday periods 12/25/85-1/1/86, 2/15-2/21/85.

- Okemo has:
- 58 trails and slopes
  - Has the fourth highest vertical drop in Vermont
  - Has eight major lifts including a new 4-passenger chairlift.
  - Covers over 60% of its skiable terrain with snowmaking.
  - Receives an annual snowfall of over 12 feet.
  - Is the only Eastern ski resort with a major town at its base.
  - Has a 4½ mile novice trail from the summit.
  - Has two of the steepest gladed areas in the Northeast.



**Half-price skiing is twice the fun.**

Write or call for more information:  
Lodging Service . . . 802-228-5571  
Snow Reports . . . 802-228-5222  
General Information 802-228-4041



**Okemo Mountain RFD 1, Box CA, Ludlow, Vermont 05149**







Kupec—  
Not only will we keep in touch  
and maybe connect in Europe,  
but when this world traveler set-  
tles down he wants a sking  
lesson or two. O.K.?!  
Love,  
Pam

To My Fellow ASPIES  
It's been a pleasure doing  
business with you!  
Margie  
Love,  
Margie—  
Never forget that just because a

guy has a title like "Mr. Fourth of  
July" doesn't mean he's "MR.  
Right". After all, Jack the Ripper  
probably had a girlfriend at some  
point also, but was he that  
"nice"?  
Jim O.  
Love,  
Pam

To the Girls in Tappan 206—  
I wish you the best of luck next  
semester and I hope all our hard  
times will be behind us.  
Remember to stay in touch cause  
I'm only one quad away.  
Love,  
Margie

To the J-Men and Boople:  
I'm going to keep it simple and  
only wish you happy holidays  
cause I don't want to get in trou-  
ble for anything this time.  
Margie  
Love,  
Margie

Leslie,  
Best of luck after graduation.  
Thank for being there when I  
needed a friend. Don't forget  
about our NYC plans.  
Love,  
Margie

Ilene:  
This is the second Tuesday of  
the month. I hope you still love  
me. You ignorant slut. Lighten  
up!  
Beck  
Love,  
Pam

Karen E. and Ken D.:  
Karen...next semester, let's try to  
get more smokers and coffee  
drinkers at the ASP! Maybe we  
could even try for music in the  
newsroom?  
Ken...next semester, maybe you  
could explain to me what  
veganism really is. Rest assured,  
no animal was sacrificed to make  
this personal.  
I love working with the both of  
you, especially our 'conferences'.  
Love,  
Pam

Bill:  
Looking forward to working with  
you next semester. We can do  
more AP's on babies in ovens  
and we'll see about getting those  
business cards printed up. O.K.?  
Love,  
Pam

Alicia and Jim:  
The newsroom won't be the same  
without the two of you as news  
editors. Kinda like the Enterprise  
without Spock and Kirk. Thanks  
for all your help, it's meant a lot.  
Love,  
Pam

Elise and Kim:  
You are great housemates. Happy  
Christmas, Chanukah, New Year's  
and winter break.  
Your favorite Aspie

Ilene,  
Thank you so much for all your  
help. You better get off this "lim-  
bo" thing because if you're not  
here, who's going to keep Bill in  
his place? Stick around, O.K.?  
Love,  
Pam

Lauren Castellano  
You are the coolest person  
around. I mean too cool for  
words. Meow. I'm so sick of the  
Beatles.  
K.B.  
Love,  
Pam

Jim O's:  
I guess this means you're not  
God anymore. Thank for all your  
help I never could've done it  
without you. Help, I'm scared.  
Bon Voyage.  
Love,  
Karen E.

Licia:  
Production nites will never be the  
same for me. Gogo dancing and  
flashing...who could ask for  
more? Hang in there, Florida is  
right around the corner.  
Love You,  
Karen (Fire)

Pam:  
I can't wait 'till we move off cam-  
pus together, even if you are  
associate. We've only just  
begun.  
XOXO Karen

Dean—  
Happy Birthday and happy end of  
the marathon. You may be leav-  
ing for wherever as I'm coming  
back but next time we're both in  
one country let's get together.  
The News Editor that always  
rings once.

To L.J. and O.A.,  
Reflect on this:  
Mice (but they add excitement)  
21  
Bagels (NO MORE)  
loony  
scientific papers  
promiscuity  
O.C.  
E.N.  
and Albany in January with better  
times ahead. Merry Christmas!!  
WATCH OUT!!!  
Mr. Billfold hits the Bronx!!

Dearest Velcro, Blette and Scro,  
Although you can not only be ob-  
noxious, strange and annoying,  
we love you anyway (most of the  
time.) Have a Merry Christmas!!  
Rachel, Lisa and Olivia

## Alternative X-mas gift shop captures true spirit of giving

By Michelle Silverstein

An alternative Christmas gift store has opened for the second consecutive year in what its organizers say is an attempt to help deprived craftspeople in third world countries while also protesting U.S. foreign policy objectives.

Peace Offerings, advertising "unique gifts from around the world" is located at 221 Central Ave. in the Social Action Center, and will be adding a touch of Holiday spirit to the neighborhood until the week after New Years.

A wide selection of gifts is offered, including educational books, holiday cards and ornaments, South American weavings, African baskets, Indian batiks and more.

The gifts are made by hand, and with care, said Marcie Shemaria who runs the store. "Giving gifts that were made with care embodies the Christmas Spirit," she explained.

The board games that are sold are non-competitive, and teach children how to work with one another to attain a common goal, Shemaria said.

Shemaria said that "these games teach children to help one another." In one game, all of the children must perform certain tasks so that they may harvest their garden.

The Third World Shop stems from an idea conceived in the 1970's at a UN conference in Europe, Shemaria said. UNICEF is one of the major funders of this shop, she added.

Carolyn Blackmann-Miroff, a Masters in Social Work Candidate at SUNYA said that she appreciates UNICEF because she knows that "they deliver to the right peo-

ple at the right time. They sell nice crafts to help nice people."

Peace Offerings is a fund-raising project for the Social Action Center, and buys items on consignment from local groups and local native American groups.

Shemaria said that "by selling Native American Crafts we can repay them the injustices that have been done in the past." She stated that "we have taken so much of their culture from them, and this is a way to preserve some of what remains."

The Social Action Center attempts to combat much of what they see as social injustice, including organizing against injustices against women, lesbians, and gays and racism. Its members are against Reaganomics, atomic power, and all forms of violence, said Shemaria.

David Easter, one of the 15 volunteers at Peace Offerings, said "We want a peaceful foreign policy—one that does not support dictatorial governments."

What the store does, said Shemaria, is it eliminates the middle broker, thereby attempting to eliminate the exploitation of workers.

One customer was looking specifically for crafts from the West Bank, Bangladesh, Gana and Israel, explaining she wanted to buy something made out of Jute, a fiber used in making rope. By buying Jute goods in Albany, she said, the craftspeople of the Middle East will have capital to continue their arts.

Another customer said that while she has no particular political convictions, she "just wants to help individuals to help themselves."

## NEWS UPDATES

### Help is on its way

According to Robin Johnson, advisor, Purple and Gold delivered approximately 1,000 survival kits to the five quads on Thursday night.

Off-campus students whose parents ordered survival kits for them can pick the kits up at the Student Association Contact Office.

Flyers were sent home to parents asking them to order the kits for their children. The year's sales of 1,000 were up from 722 last year, said Johnson.

The kits include munchies and a note of encouragement from home written by the parents on the order form.

Some of the proceeds from the sale will be put towards buying a new Great Dane mascot costume for the University. The kits were sold for \$8.

### Students can help

Operation Crossroads Africa, Inc. is seeking students to participate in community development programs in Africa and the Caribbean.

The projects are sponsored by Crossroads and the governments of the involved countries. They involve medicine, nursing, community development, archeology, architectural photography and agriculture.

People interested in applying should write to Crossroads Africa, 150 Fifth Avenue, Suite 310, New York, NY, 10011, or call (212) 242-8550 or (800) 42-AFRICA.

### Lawsuit still on hold

Student Association lawsuit against the city of Albany concerning the Grouper Law is "still on hold" according to S.A. attorney Lou Oliver. "Right now we have an injunction which protects the accused violators from being evicted until a final judgment is reached," Oliver said.

On November 14, a court hearing was held to decide whether or not a

preliminary injunction would be allowed. "The decision on the preliminary injunction will probably be indicative of the trial," said Oliver. "This is usually, but not always, indicative of the judge's position on the issue."

"We are still waiting for the preliminary injunction which would stop enforcement of the law until the courts have made a verdict on its constitutionality," Oliver said.

Randall Tasnacht who is a landlord being prosecuted by the city for violation of the Grouper Law refused to comment in accordance with his attorney's advice."

### Financial aid eyed

In an attempt to streamline the financial aid system in higher education, Walter H. Moulton, director of student aid at Bowdoin College, said the federal government would save \$191 million a year by eliminating the National Direct Student Loan Program while helping students consolidate their loan processing and payments.

He proposed that all federally supported loans be made under a revamped Guaranteed Student Loan Program that would be administered by the colleges and universities. "It is time for the NDSL program to gracefully bow out," Mr. Moulton said. "We need one loan program, with one set of limits and one set of repayment terms."

Mr. Moulton said that by streamlining the loan programs, defaults might decrease because of simplified repayment schedules. "Some students wind up with loans from three or four institutions, all with different repayment conditions—some of them contradictory," he said.

Mr. Moulton proposed an increase in the \$12,500 GSL total borrowing limit to \$17,500, with annual loan limits increasing with each year of education. Loan limits would start at \$2,500 for freshmen, rise to \$3,000 for sophomores and reach a maximum of \$4,000 in the third, fourth and fifth years.

**135 RESIDENT ASSISTANT and  
30 STUDENT ASSISTANT positions  
available for 1986-87**

Applications are **NOW** available  
in all five quad offices

**Application Deadline  
FRIDAY  
JANUARY 31, 1986**

DEPARTMENT OF  
RESIDENTIAL LIFE & HOUSING

**Nadir**  
Literary magazine  
now accepting  
poetry art SHORT  
PHOTOGRAPHY STORIES  
For its Spring issue  
Bring submissions to Nadir's mailbox, CC  
116. We will accept them through  
February.  
SA Funded

## OPPORTUNITY IS KNOCKING

If you are tired of "just a job" and are looking for a "career" in the human service field, ROI may be the answer for you.

Residential Opportunities, Inc., a progressive, not-for-profit agency providing community based services to developmentally disabled adults is expanding its operations throughout the Capital District and is currently accepting applications for the following positions:

**Resident Aide** - Midnight to 8:30 a.m. Sunday through Thursday. Some paid study time available.

**Resident Counselor** - 45 hour work week with limited overnights and some weekend hours. Starting full-time salary \$10,800 with opportunity to earn over \$13,500 after one year. Driver's license required.

We offer the following benefits:

- \*Extensive, company paid, in-service training
- \*Opportunities for advancement into management and clinical positions
- \*Excellent health insurance and dental plan
- \*Life Insurance
- \*Employee Assistance Program
- \*Longevity Bonuses
- \*Paid Vacations, Sick leave, and Holidays

Part-time Resident Counselor positions are also available, which include flexible hours to meet your special scheduling needs.

Send resumes, indicating the position for which you are applying, to:

**ROI**  
RESIDENTIAL OPPORTUNITIES, INC.  
Personal Administrator  
Residential Opportunities, Inc.  
73 Congress Street  
Cohoes, New York 12047  
An Equal Opportunity Employer

## REMINDER:

**UNDERGRADUATE STUDENTS  
WHO WILL NOT BE RETURNING  
TO SUNYA FOR THE SPRING 86'  
(EXCEPT FOR THOSE ON AN  
APPROVED LEAVE OF ABSENCE)**

**MUST FILE AN OFFICIAL  
VOLUNTARY WITHDRAWAL  
FORM WITH THE RECORDS  
OFFICE, ADM B-5, PRIOR TO  
THE END OF THIS SEMESTER TO  
CLEAR RECORDS AND AVOID  
OTHER FINANCIAL  
OBLIGATIONS.**

## THEY'RE HERE!

FOR 1986-1987

**FAF** FINANCIAL AID FORM  
COLLEGE SCHOLARSHIP SERVICE  
THE COLLEGE BOARD

**TAKE ONE HOME FOR THE HOLIDAYS**

**FILE AS SOON AS POSSIBLE AFTER  
JANUARY 1, 1986 BE AS PRECISE AS  
POSSIBLE IN STATING 1985 INCOME**

**AVAILABLE BY THE THOUSANDS IN  
FINANCIAL AID ADMINISTRATION 152**



Do they know it's Human Rights Day?

## Chaykin CPA Review at HOFSTRA

### The Comprehensive Review Course

#### CAN WE TALK?

- COMPREHENSIVE VERSUS "FAST FOOD"**
- Don't be taken in by the "bare bones" approach to CPA preparation.
  - Fewer instructional hours mean skimpy coverage.
  - With skimpy coverage you are gambling and putting the task of preparation on yourself.
  - We give you more in-depth coverage at the same or lower price than any other live CPA Review Course!
- OUR FACULTY VERSUS ??????**
- We offer you live instruction by award-winning college professors from Hofstra University, whose accounting department was ranked No. 1 in the East!
  - The biographies of our outstanding faculty are listed in our brochure; you are taking pot-luck if you enroll for a review course whose faculty is not listed!
- COURSE MATERIALS**
- Our comprehensive six-volume set of texts is included in the tuition price.
  - Make-up tapes of our live lectures are available for home use.

Call for a brochure and a FREE 55-page booklet, "Information for CPA Candidates," published by the AICPA

103 Heger Hall  
HOFSTRA UNIVERSITY  
Hempstead, N.Y. 11550  
(516) 560-5684

Locations in Manhattan, Long Island and New Jersey



## Earn 3 Credits During Semester Break

Intersession at Iona is a great way to stay close to home and earn three credits towards your degree. Credits are accepted by all major institutions pending administrative approval. And courses are taught by the same top-quality professors who teach our regular courses.

Register in person during the day Dec. 4-20, Mon.-Thurs., 9-4:30 or evenings Dec. 11, 12, 16, 17, 4:30-7 p.m. Late registration is Jan. 6 and 7, 9-4:30, 6-8 p.m.

Classes are from Jan. 6 to 17.

We're offering undergraduate courses this intersession in such areas as Business, Computer Science, Communication Arts and Liberal Arts.

For more information, contact Iona College, Office of Special Sessions, 715 North Avenue, New Rochelle, NY, 10801 (914) 633-2592.



## Test anxiety not necessarily insurmountable at finals time

By Elinor Brook  
From sweaty palms to stomachaches, most of us have experienced some form of test anxiety.

Many students experience dreams in which they had to take a final exam in a course they never attended, or they were unable to find the room to which they were supposed to report. This experience is far from uncommon, especially with finals week rapidly approaching.

### Middle Earth Roots

While a certain amount of anxiety is inevitable, there are strategies you can use to effectively improve your test-taking and to reduce the amount of stress you experience during exam time.

The term "test anxiety" encompasses several factors. We are all familiar with the various physical reactions to stress, such as shakiness or rapid heartbeat. Negative thinking will also often accompany anxiety-fraught test situations. Some examples of such thinking might be "I know I'm going to fail" or "There's no way I can learn everything in time."

Test anxiety may further manifest itself in your behavior concerning preparation and the actual test-taking. Many students find themselves often being late for exams, or avoid preparing for the exam because they feel there is too much to cover. It is important to be aware of this behavior in order to try and overcome it.

These aspects of test anxiety can result in undue stress and are likely to affect your grades.

For those of you who have experienced any or all of these symptoms, it is possible to alleviate this stress and improve your test performance. It is important to identify the feelings and behaviors that are interfering with successful test taking to begin to manage these deterrents.

The bodily reactions to stress are probably best managed by a physical type of strategy. Relaxation training has been found to be extremely helpful in alleviating tension in various parts of the body. Through such a process, you can become familiar with the

specific areas in your body that tend to bear the brunt of the stress you experience during a test situation.

It is important to be aware of what you are thinking about yourself prior to and during the test. Be honest with yourself about your successes and failures. Ask yourself if you really are doing poorly in comparison to everyone else. If you aren't, you may be imposing more stress on yourself than is necessary or helpful. If you do find that you are not on par with many other students, using these techniques can be especially valuable.

Try to keep in mind that one exam is not a measure of your value as a person. Don't fall into the trap of measuring. It is important to be aware of what you are thinking about yourself prior to and during the test. Be honest with yourself about your successes and failures. Ask yourself if you really are doing poorly in comparison to everyone else. If you aren't, you may be imposing more stress on yourself than is necessary or helpful. If you do find that you are not on par with many other students, using these techniques can be especially valuable.

It is helpful to be aware of what you are saying to yourself during the test. When you find yourself putting yourself down, perhaps saying something like "This is ridiculous, there's no way I can pass this exam," try to counter these thoughts with positive ones, such as "I studied hard for this, I can do well." Remember that your negative thoughts or self-statements can prove to be an obstacle to successful test performance.

Your behavior in an anxious situation will also influence your performance a great deal. Avoidance is a common response to anxiety and is a dangerous practice because it usually compounds the problem.

Studies have shown that the

## FIRST MERIDIAN PLANNING CORP.

"A LEADER in the Financial Planning Industry" is now hiring Telemarketers for its evening program.

- Applicants should possess:
- \*Excellent Communication Skills
  - \*A Professional Attitude
  - \*A desire to MAKE MONEY
- Job Consists of setting appointments...(No Sales)  
\*5.00 per hour & commission to \$15.00 per hour  
\*Monday thru Friday 5-9pm (NO WEEKENDS)  
\*pleasant working conditions

For Interview Call: Marlene 9-5pm at 456-1082  
John 3-9pm

**FRESH,**  
How are ya feeling? ... How are ya doin'?

Whees!

**TO CHUCK, RICH, AND NICK,**  
Have a great vacation! (Gee, I hope this personal didn't embarrass you toooo much!)

"The minitest chick"

**Loren** —  
How am I supposed to become rich and famous if you keep making me realize that I'm not an ugly guy?

Jim Lally

**Ian** —  
Who woulda thought I? I'm surprised, but pretty happy with the way things turned out. See you in Merrick.

John

**Jolus** —  
Aspectles (is that a word?) go places! At the end of a weird semester, I can only hope the next won't be as weird. P.S. I've got a great idea for a cover layout... Interested?

J.K.

**Heidi** —  
I can't fit it in a personal, and anyway, I'm not sure what "it" is. But, if it lasted through this semester, maybe it will go 'til we're forty. Congratulations on a great reign.

That other M.E.

**Dean** —  
Have lots of good sleeps. Take 'it from me, they're more fun than production nights.

J.K.

**Wilene Einstein** —  
GOOD LUCK!!!  
An Irish Mafioso

**Jim** —  
What's the weather in Paris today? It was fun coming up through the ranks with you. I appreciate all your advice and concern more than you'll probably believe. Good luck next semester.

John

**Alicia** —  
I love the level of your eyes. A man not named Steve

To All ASP Newswriters (O.A., J.A., R.B., R.P., R.B., L.C., I.C., C.D., H.F., L.G., D.H., M.K., H.K., C.M., L.M., P.P., L.R., P.S., D.S., P.S., S.S., R.S., J.T., A.W., E.W., and C.W.):  
Next semester is going to be different but that doesn't mean it's going to be bad. Stick around. And thanks for the work, the friendship and of course, the memories.

Jim O.

**Amy** —  
Hi. Everything else is too personal for the personals.

Jim

**Tim Bulman, R.A.** —  
I just want to say it was fun for a while, and hope you will find time (ha, ha) to drop by and see me next semester. I still think you're a cute sweetheart. Have a Very Merry Christmas, and I'll see you next semester.

Love,

Remember Me?

### COME TO GRANDMA'S

**True Flavor**  
Homemade Pies baked right on the premises

**Special Separate Dining Room available for non-smokers**

*for good old-fashioned Home Cookin'*

**GRANDMA'S**  
RESTAURANT & PIE SHOPPE

1273 CENTRAL AVENUE IN COLONIE  
1/2 Mile East of Colonie Center  
Open 7 days - 7 AM until midnight

around next semester? I hope so.

Kristina

**Stelmets** Suite 308: Kathy, Dana and Wendy  
Thanks for helping me stay on the wagon. I'll miss you all during January.  
Your ASPie,

Kristina

**ilene**  
What can I say? Is it my turn to cook? Sorry I'll be driving home on your birthday...I'll be thinking of you.

S.E.

**Heidi and Dean**  
Thanks for putting up with me and my slowness.

S.E.

**P.S.: Dean: The offer still stands?**

To the Sports Supplement Editor:  
Thanks for all your help this fall, especially for writing football. The trip home for the Wagner game was interesting and wet and cold. I'm glad you still show your face here every once in awhile.

The Sports Editor

**Alicia and Jim**  
Thanks for all of your help and support these past semesters. May Paz and French girls (respectively, of course) be a part of your lives forever.

Bill

**Rob**  
It's 4:00 a.m. I'm sitting behind a crooked desk in a messy new room. Everyone else is sleeping. You're right. I am stupid. But, hey, what else is new?  
Your suite/roommate,

"Scoopy"

To all ASPies in ASPland, except the slut:  
It's time to eat, drink, be merry and drink again. Enjoy the holidays.

Bill

**To the slut:**  
May we both never wind up on Lark Street. I mean, what would I wear? Flannel?  
Bill  
P.S.: I guess you can eat, drink and be merry and enjoy the holidays also.

Bill

**Julie Elizer**  
Huff was lying. Nell Burger didn't say anything bad. Well not "that" bad.

Attention Albany State: Itz Cuccovia is having a New Year's Eve Party. All are invited. Except Mr. Wilson.

Dean

**To N and C:**  
I am so right now.

This is to Eddie Messengers:  
Who is probably reading this on the can right now.

**Mike and Rachel**  
Thanks for all of your help this semester. Rachel: Journalism just wouldn't be the same without you. Mike: are you really gonna stick

John —  
Whatever you do, you'll always be my Catholic guy. So take heart.

Jim

**Heidi** —  
You got your own only because it has got two and a half years and I don't want it to end. At least not badly. See you next year in some (hopefully warm) apartment? And, of course, the invitation to Paris still stands, as long as you promise not to bring any ASPs.

Nero  
(Remember him?)  
P.S. I couldn't stop talking to you anyway because there's something you have to tell me on your thirtieth birthday. Besides, your dad likes me. And so does your mom. And I like them. Err, is this long enough? And oh, yeah, we have to go to the game when Gooden pitches in game 7 of the series. He will, of course, win. Is it a date?!

**ilene, Bill, Pam**  
I leave you the news with few regrets, but a lot of confidence in your ability. Good luck — you'll need it! Now stop fusing around and edit!

Alicia

**Karen,**  
If ASPies are a special breed, then you fit in perfectly. Thanks for being you — you were just what I needed. And hey, stick around — it's worth it.

Love, Alicia

**Jim,**  
Considering all the turbulent moments this past year, I never thought I'd be saying this (you probably didn't either) but I respect your hell of a lot and I'll miss you. Our loss is France's gain. I mean it.

Your co.

**Dean,**  
I can't think of anything more appropriate than what I said this time last year: "...as Dorothy said to the scarecrow, I think I'll miss you most of all. Except this time we're really leaving. You're one of a kind, Chang — I love you!

A

**Joe,**  
You're undeniably the sexiest, most passionate love god at the ASP and you brought me many a happy moment when things were in their darkest hours. You're my favorite guy to spend the night with!

A

**Margie,**  
You've become one hell of a business manager in a very short time. There were many times when you made our job a whole lot easier. Thanks.

Dean and Heidi

**Heidi,**  
You'll have to see for your personal. We were short of space as it was and if I had written everything I wanted, my personal alone, run out in four points, still wouldn't fit on the entire classifieds page. We'll talk — boy will we have a lot to talk about!

See you on the funny farm!

Loesh

**Jim,**  
Sorry I screwed up. If I could change it, I would. But don't let it ruin your memory of over a year of high quality news editing. If you're still speaking to me, I think I still owe you dinner.

Love, Heidi

**To all the ASPies,**  
You guys mean more to me than anything. It wasn't just the newspaper and all its glory — it was the people behind it. I'll miss everything about this place. Even the late-nights. Not right away, mind you, because I've got some livin' to do. P.D.

Dean 'ME' Chang

**Heidi,**  
Well, we're finally washed up. We better get out of here, because Matthew's waiting.

Dean

**Heidi,**  
Our relationship with the ASP may be over, but our own relationship will prosper for a long, long time. It's fate.

Love, Dean

**Alicia,**  
Thanks for taking me shopping, both times. And thanks for sticking around this semester. Production nights wouldn't have been the same without you. But I guess I told you that last semester.

Love, Heidi

**Dean,**  
An orange striped cat named Pumpkin Shapiro or the whole thing's off.

Love, Heidi

**John,**  
Do we still have that date when I'm 40? That's a long time from now. Maybe we can have dinner or something before then.

Boss

**Joe,**  
We probably weren't the easiest people to work with. Thanks for trying.

Heidi and Dean

**Dean,**  
You make me happy.

Love, Heidi

**JMEA—**  
If your fan club was meeting anywhere, even in a Campus Center phone booth, I would come. And I might even forget the smoke bombs on purpose.

Misty

**THINK SNOW!!**

## SKI CANADA

3 Day Weekend in Quebec, Feb. 14-17  
**\$162 INCLUDES EVERYTHING**

Trans., Lift, Condos, & food  
**\*PLUS: a night in Montreal**

---

## 6 Weeks of Night Skiing

### BRODIE MT.

\$47-Includes 1 hour of lessons - any level  
Tue. Wed. or Thurs. Night

---

LAST CHANCE FOR

## KILLINGTON

Intercollegiate SKIPEST Jan 12-17 \$209

**\*SIGN UP ON DINNER LINES THIS WEEK FROM 4:30-5:30**

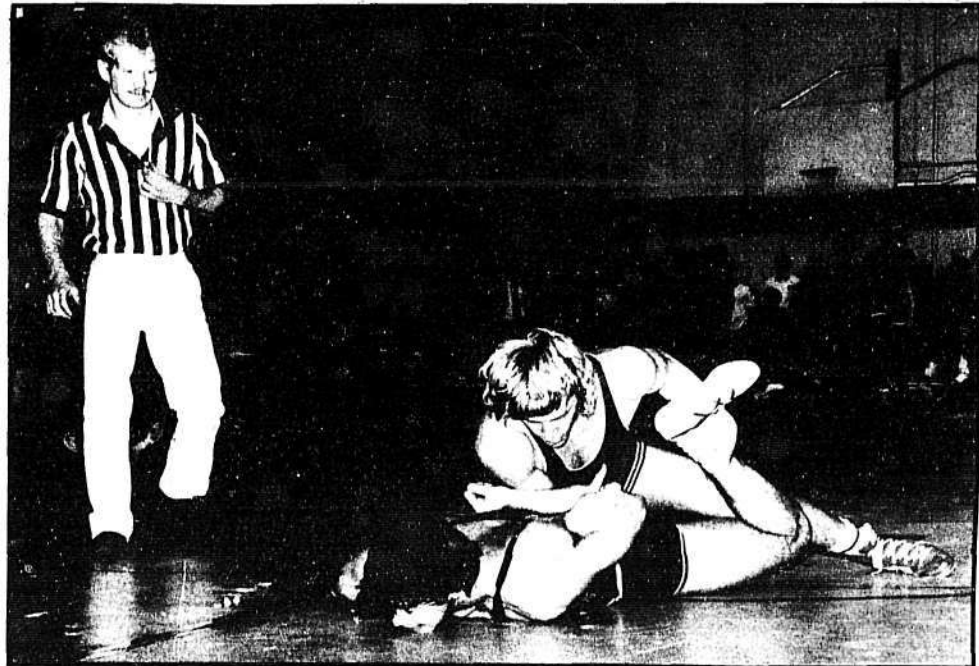
ALBANY STATE SKI CLUB SA FUNDED



# Sports Tuesday

DECEMBER 10, 1985

The Albany State basketball teams are featured in the December Sports Supplement. See insert.



Senior co-captain Jim Fox wraps up his opponent. Fox and the rest of the Albany State wrestling team placed third at the Coast Guard Invitational Friday.

## Grapplers take third in tourney

By Cathy Errig  
STAFF WRITER

The Great Danes were, in the eyes of many, the underdogs going into last Wednesday's wrestling match against Division I Boston University. The Dane grapplers proved the skeptics wrong, however, as they defeated the six-time New England champions, 26-17.

"It was a very exciting match," said head coach Joe DeMeo. "Our undefeated record was on the line, we had to come from behind in order to win. In the end, all of BU's scholarships and splendor couldn't keep us down; we whipped 'em."

The Danes took the initial lead with junior co-captain Shawn Sheldon defeating BU's John Foley at 118 lbs., 7-5. For Sheldon, now 6-0 in dual matches this season, the win was tinged with revenge, as Foley had defeated him earlier this season at the Great Dane Classic.

"I'm getting back into collegiate wrestling," said Sheldon. "I was happy with the way I wrestled in that match."

The lead was reversed in the next match, though, as BU's 126-lb. Dennis King defeated Dane freshman Andy Gordon by technical fall, giving Boston a 6-3 lead.

Paul Prosser gave the lead back to the Danes, pinning Boston's 132-lb. Steve Johnson at 6:25. With their two weakest weights behind them, the Danes were ahead, 9-6.

But at 142, junior co-captain John Balog lost a tough 13-10 decision to Patrick Duthie, which tied the match at 9-9. Senior co-captain Jim Fox tied Boston's Lenny DiBari at 150, 4-4, and Arne Soldwedal lost his decision to Pete DiBenedetto by technical fall, giving Boston a 17-11 lead.

"John's loss was very hard-fought," said DeMeo, "and within reach of winning. Arne just wasn't ready for his opponent."

Freshman Mike Simon, wrestling at 167, defeated Pete DiBenedetto, 5-3, in what was, according to DeMeo, "a thriller of a match," which brought the score to 17-14 in Boston University's favor, with three weights remaining.

The Danes could not have chosen a better point from which to come from behind because the top three weights have been among their strongest since the beginning of the season. At 177, senior co-captain Marty Pidel dominated Boston's Ian McDonald, 10-1, until McDonald was disqualified for stalling, giving the Danes a 80-17 lead.

At 190, it appeared as though the match would be tied again. Junior Matt Ryan trailed Phil Lazareth, 9-6, until the final three seconds of the final period before Ryan executed his own variation of a body lock, the aptly named "Ryan," to win the match, 10-9. Going into the heavyweight match, the Danes led, 23-17.

The final bout pitted Dane Chris Tironi against Duke Koplovitz, a match that featured two of the best heavyweight wrestlers in the country, according to

DeMeo. Behind for most of the match, Tironi came back to win, 5-3. The win gave the Danes their final 26-17 victory.

"I was real pleased with the performance," said DeMeo. "And I have to give a lot of credit to the referee for making those stalling calls. If he had been a 'homer,' we wouldn't have won."

The trouncing of Division I opponents didn't stop there for the Danes, as they went on to finish third in the Coast Guard Invitational, a tournament that involved 15 teams, including six Division I schools and four Division II schools. St. Lawrence won the tournament with 66 points, and Rutgers, scoring 56 points, was second ahead of the Danes, who finished with 55.

"We weren't full-strength for this tournament," said Sheldon. "We were missing guys at two weights. I think we could have won it with all ten."

The Danes were without wrestlers at 167, due to Simon's knee injury and Ryan's decision to forego the match in order to study for exams.

The Danes made their presence felt, as Sheldon captured the 118 title, Fox, Pidel and Tironi were second at 150, 177, and heavyweight, respectively, and Balog tied for fifth at 142.

"We had a good performance," said DeMeo, "we made a very good showing for this weekend."

Sheldon's first-place finish was his second in two years at this tournament, as he won all five of his matches, including two more against BU's Foley. Sheldon defeated Foley in the final, 7-5.

At 150, Fox won his first four matches and met Brown's Bob Hill in the final. Despite Fox's having defeated Hill four consecutive times leading up to the final, including a 7-2 victory in an earlier tournament match, Fox lost a close 5-4 decision.

Ahead 4-3 into the third period, Fox got taken down with only 18 seconds remaining, giving Hill a 5-4 victory.

Pidel took a longer route to his second place finish because he was required to wrestle seven matches after losing in an earlier round.

"The wrestle-back schedule is real tough in this tournament," said Pidel. "You're sore all over after that tournament; it's one of the toughest due to the competition and the way it's set-up."

Pidel lost to Southern Connecticut's Denny Forester, 6-3 in the finals.

"It was a close, tough match," said DeMeo. "The score was like 5-3, 4-3, with less than one minute remaining."

Tironi narrowly lost his final match, 3-2, to Lee Goetz, a heavyweight ranked in the top eight nationally and considered to be the top heavyweight in the East. The decision was given to Goetz on the basis that he had less riding time than Tironi.

## Great Danes led by Kilmer in win over Plattsburgh

By Kristine Sauer  
SPORTS EDITOR

Last year Doug Kilmer sat on the bench behind Albany State starting guards Dave Adam and Danny Croutier, but last Saturday night Kilmer's performance proved that those days are long gone.

Kilmer scored a phenomenal 26 points in the Great Danes' 72-65 win over the Plattsburgh Cardinals at Plattsburgh Gymnasium.

Last night's boxscore

See page 18

"No, I didn't think I'd be scoring that much," said Kilmer. "It won't be a habit. I'm a good shooter, and I'm in a groove right now."

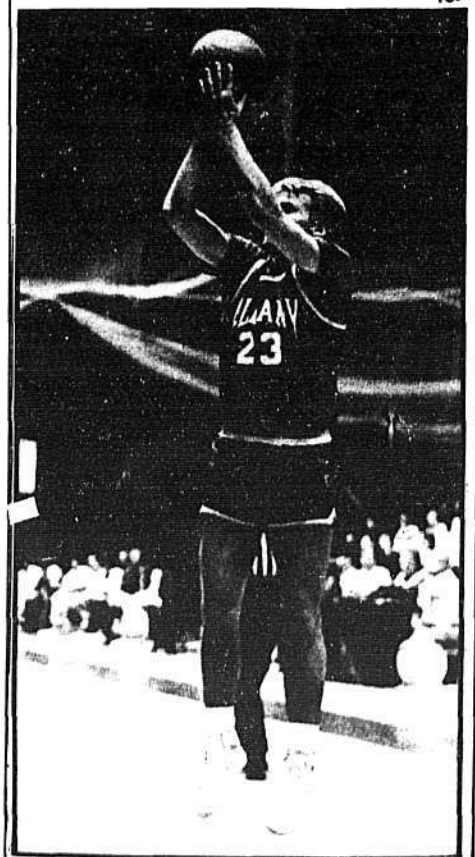
The 6'0" senior co-captain's 26-point scoring binge followed a 17-point performance against Cortland. Kilmer sank all seven of his shots in the Danes' 98-70 white washing of the Red Dragons, including three from the three-point range.

Earlier in the week, Kilmer scored 20 points in the Danes' opener against RPI and chipped in 12 points in the capital District finals against the tournaments' host team, Union. Head Coach Dick Sauer was a little disappointed that Kilmer wasn't named to the All-tournament team in addition to guard Mike Cinque and tournament MVP Adam Ursprung.

This Oswegonian has shot 30 for 43 for a 69.8 shooting percentage in the last four games. He received an ECAC honorable mention for last week's performances.

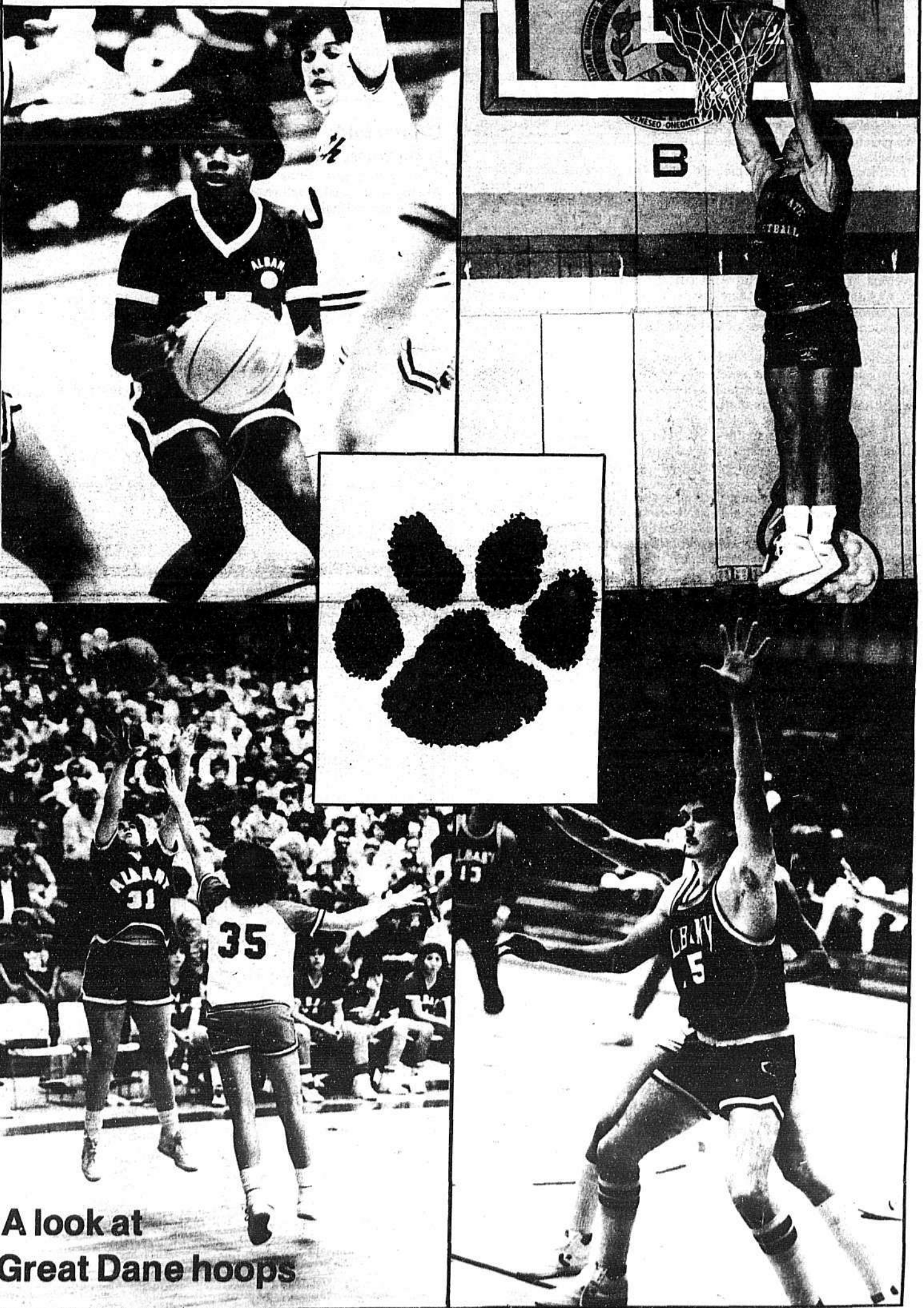
Against Plattsburgh, Kilmer's deadly shot was just the weapon the Danes needed after Plattsburgh gave Albany a run for their money throughout the game.

The Cardinals jumped out to a quick 8-2 lead and were still on the warpath, but four baskets by Albany's center John Mracek, along with six points from Kilmer, kept the Danes in the game. With five minutes to go, Albany, who had just jumped out to a three-point lead, 20-17, off an Adam Ursprung lay up, fell



Doug Kilmer's 26 points stifled Plattsburgh.

# SPORTS DECEMBER



A look at Great Dane hoops

## From the Editor

There is not an informed Division III basketball fan who does not agree that Dick Sauers possesses one of the finest basketball minds in this country.

How else can he have rolled off thirty-two consecutive winning records at a university which prides itself in rigid admission policies. Though he rarely talks about it, Sauers is at a severe recruiting disadvantage. The notorious Potsdam coach Jerry Welsh is able to recruit high school basketball players who have absolutely no chance of gaining admittance to Albany.

But Sauers goes about his recruiting business quietly and produces winning teams with the limited talent at hand. He has been able to win 500-plus basketball games, ranking him in the top-40 on the all-time list for college coaches.

And for those who might think Sauers has lost his touch after all these years, forget it. Last season, Sauers was at his best. There have been more talented teams at Albany than the '84-'85 edition, but few have accomplished more than last season's squad.

The '84-'85 Danes compiled an unexpected 22-6 record as Sauers' career victory total reached 500 a season sooner than most people predicted. The Danes stunned Potsdam, an eventual NCAA finalist, on a glorious evening at University Gym. And lastly, the Danes qualified for the NCAAs and were a Dave Adam jumper away from the second round of the tourney. Who knows what would have happened if Adam's shot fell, considering that the uninvincible Potsdam Bears went all the way to the finals.

As the present season approached, Sauers was telling the media that his team was hurting. Losing seven players from last year, including two players who unexpectedly quit, it appeared on the surface the Danes might have some shortcomings.

But you can never just look on the surface when analyzing a Sauers' team. The Danes have sprinted from the gate with five victories. The Danes stole the Capital District Tournament they were supposed to finally lose. RPI was bigger and stronger and perhaps more talented than Albany.

Ah, but that's on the surface. Take a closer look and on you see a middle-aged man on the bench totally enraptured in a basketball game. He's the neatly dressed one, with a trim figure, intense eyes and a tiny bald spot. He is Dick Sauers, a legend, and the reason why Albany State basketball teams are not used to losing.

*Dick Sauers*

**EARN MONEY  
OVER THE HOLIDAY  
BREAK  
in NYC and LONG  
ISLAND.**

Put your social conscience to work on environmental and consumer issues.

Earn \$180-\$250 weekly.

Call NYPIRG in NYC (212)619-4391  
and Long Island (516)473-9100.

## Contents

### Page 3:

**Ursprung: The leader on the court**  
Managing Editor Dean Chang profiles Albany State's premier forward Adam Ursprung.  
**Kosalek trying to juggle two sports**  
Supplement editor Marc Berman features junior Kim Kosalek, who plays a key role on the Albany State soccer and basketball teams.

### Centerfold:

**The 1985-1986 Great Danes**  
Sports Editor Kristine Sauer takes an in-depth look at Dick Sauers' Albany State basketball team.  
Staff writer Al Baker analyzes Mari Warner's women's basketball team.

### Page 6:

**Men's 1985-'86 SUNYAC Preview**  
Associate Sport Editor Mike MacAdam predicts who will be the beast of the perennially tough men's SUNYAC East.

### Page 7:

**Women's '85-'86 SUNYAC Preview**  
Staff writer Cathy Errig picks the Danes in her review of the women's SUNYAC Conference.

## Photographs

Centerfold pictures of Adam Ursprung, Brian Kauppila, and Rainny Lesane-Debbie Logan are file photos courtesy of University Photo Service. The rest of the pictures were taken by Kenny Kirsch.

## AMIA

Is Currently Accepting  
Applications for

## STUDENT ASSISTANTS (SA's)

\*Applications should have a strong and diversified sports background.

\*Applications can be picked up in the Intramural Office (B109) and can be turned in at the Intramural Office or at scheduled AMIA Council Meetings (Thursday 6:30 P.M. CC370)

\*For More Info call 442-3239

# Ursprung: The leader on the court

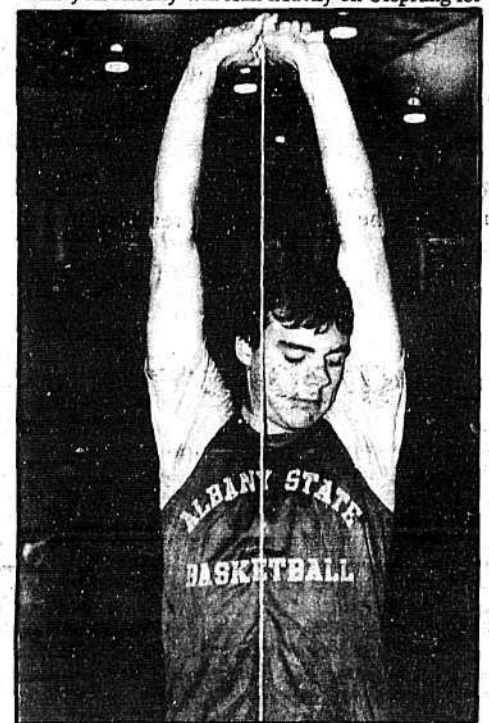
By Dean Chang  
MANAGING EDITOR

When Adam Ursprung stepped onto the court in his first game as a starter in the season-opener against CCNY two years ago, no one was quite sure what to expect from the 6'4" lanky freshman. Any kind of contribution to the team would have been a plus.

Now the expectations are a little bit higher, and deservedly so. In that first game against CCNY, Ursprung made his presence immediately felt, snaring 11 rebounds. In his next game he got nine.

That year Ursprung made the New York State All-Rookie team. Last year he made the All-SUNYAC team as a sophomore, averaging 13.6 points and 9.3 rebounds a game to lead the Danes in both categories.

This year Albany will lean heavily on Ursprung for



many things, especially for some needed strength under the boards. Gone are Greg Hart and Pete Gosule, two reliable frontcourt starters last year. Gone is Rich Chapman, who would have helped up front had he not quit the team earlier this year. John Mracek returns, but he's more of a scorer than a rebounder. That leaves Ursprung alone to fend for rebounds, an undesirable situation for even a rebounder of Ursprung's caliber.

"We'll miss Greg a lot," said Ursprung. "He's so strong in there, and last year John was basically a scorer. But he realizes if he doesn't rebound, we won't win."

No matter what his teammates do, Ursprung will still get his rebounds.

"He's got a great nose for the ball," said Head Coach Dick Sauers. "He feels he's the one who's going to get the ball. He's a good jumper, has good timing and a good pair of hands. He should average more than 10 rebounds a game this year."

Points and rebounds aren't the only two things Ursprung led the team in last year; he also had the team's best vertical jump at 34½". But it's not just the physical talents that enable him to control the boards.

"He had a lot of things you can't teach that make him a good rebounder," said co-captain Doug Kilmer.

Kilmer remembered Ursprung as a freshman who had a lot of natural ability. But Kilmer wasn't impressed by his shooting or his ball-handling, which were only average, Kilmer said.

Ursprung worked hard to improve those parts of his game, especially the shooting.

"When I came out of high school, I thought I shot pretty good," said Ursprung. "But I shot terrible from outside; I was rushing all my shots."

"With Adam, it's a pride thing," said Sauers. "He's one of those people who believes he's got to make every shot. He works very hard on his shooting."

Ursprung works hard on everything; that's his nature. He's cut in the mold of a Dick Sauers player — competitive, and a strong desire to win. The two seem made for each other.

"I like the way [a Sauers team] plays," said Ursprung. "Good defense, discipline — he's always so prepared. He knows what he wants to do against teams. He knows so much about the game that he wins when he really shouldn't."

Sauers played a large role in Ursprung's decision to

choose to attend Albany State over RPI as a senior at Catskill High School.

Ursprung didn't play much as a junior at Catskill, as his team went all the way to the state finals in Section II. But in his senior year at center, Ursprung displayed the talent that made him one of the more highly recruited players in the area.

"We worked hard on recruiting him," said Sauers. "His desire impressed me instantly."

"His only problem is when he presses," said Sauers. "When he relaxes, he does everything well. At Catskill, they have a run-and-gun style. Over here, sometimes he gets a little impatient."

The transition from high school to college basketball was not an easy one for Ursprung; he was thrown right into the starting line-up in his first game as a Dane.

"He [Sauers] told me I probably wouldn't make the team," said Ursprung. "I thought I was going to be cut."

"I thought [Jan] Zadoorian would start," said Ursprung. "Even though I made mistakes, he stuck with me. That helped."

Just about the only times when Sauers took Ursprung out of the game was when he needed a breather.

"We're working on his stamina," said Sauers. "We're counting on him for 30-plus minutes a game this year."

The plan seems to be working. In a preseason scrimmage against LeMoyne, Ursprung played almost the entire game.

"Just being older helps," said the 20-year old Mathematics major. "I'm a little bit stronger."

Part of Ursprung's added strength can be attributed to a strenuous weight program, which was originally implemented to change him from a small forward into a power forward.

"He's stronger than he was, but his best position is still three-man (small forward)," said Sauers. "He may post up more on offense."

Ursprung said he felt uncomfortable at the power position.

"I tried four-man at the beginning of the year, but it felt awkward," said Ursprung. "I can usually pick my spots to get rebounds. Bigger guys pushing around doesn't fit my style."

The only thing that can seemingly keep Ursprung

# Kosalek trying to juggle two sports

By Marc Berman  
SPORTS SUPPLEMENT EDITOR

Kim Kosalek was sure she had just played in her last game of organized basketball.

Her Tully High School basketball team had just lost in the semifinals of the New York State Class D championships, and as Kosalek undressed in the quiet lockerroom, she thought her basketball career was finished.

She planned on attending Albany State in the fall and play for Amy Kidder's soccer team. "It (basketball) just got too intense for me," said Kosalek, who wears her long blonde hair in a pony-tail. "It was basketball all the time. The pressure was too much. I needed a change."

Albany State basketball coach Mari Warner was interested in having the 5'10" Kosalek play big forward on the team, but purposely didn't bother her during the fall soccer season. Kosalek was on the road in Cortland with the Albany soccer team the day basketball tryouts were held.

But as soon as the soccer season ended, Warner invited Kosalek for a special tryout. "It was just Kim and I in the gym," remembers Warner. "I had never given a tryout like that before. We went through different drills and I could tell right away her ability. She was someone we wanted on the team."

Three weeks ago, Kosalek finished up her third season with the Danes' soccer team. She scored three goals as a halfback and aided in helping Kidder's team to its best record (8-3) in four years. Kosalek's attention is now turned to basketball and Warner's rigorous three-hour long practice sessions.

"I like college soccer," said Kosalek after practice before the start of the season. "But basketball is my first love. But I never thought I'd do both."

There is only one other woman who plays for two Albany State athletic teams. Terry Sokol, a member of the gymnastics and softball squads.

Playing back-to-back seasons has taken its toll, but Kosalek says she has no regrets. "Soccer gets me in shape for the basketball season," said Kosalek. "But sometimes I find myself kicking a basketball and I do feel a little burnt out."

For three weeks in mid-October, Kosalek had good reason to be exhausted. After practicing with the soccer team from 3:00-5:30, Kosalek had just enough time to change into her basketball attire for Warner's six o'clock practice. There were times Kosalek would be forced to miss Warner's practice because the soccer team had a game on the on the road.

"There were times when she was

going back and forth from one practice to another and it must have been very stressing," said assistant coach Nancy Salonpuro. "But with her, you'd never know it."

Warner thinks the effects of her playing soccer is two-sided. "It affects her positively in the sense that she definitely comes in shape, and she has the discipline needed for a team," says Warner. "Negatively it affects her because she comes in tired."

Rainny Lesane, the all-time leading scorer in Danes' history, feels soccer is not detrimental to Kosalek's basketball game. "I don't think it hurts at all, except that she comes in with bruises," Lesane said. "She learns the plays fast."

Most players wouldn't be able to get away with skipping those crucial early season practices. "Kim's an exception to the rule," said Warner. "She has the intelligence to pick up things quickly."

Intelligence is a word most often used by players and coaches when describing Kosalek. She has managed to maintain a B average as a Computer Science major despite her many hours away from the library and inside the gym.

"She adapts real well to situations," said Warner. "You never have to repeat things."

Kosalek understands the impor-

ance of the intelligence factor. "You can have the best skills," she said. "But if you don't have it in the head..."

Salonpuro points out other qualities Kim possesses unobvious to the casual observer. "She's even-







**Little Anthony's**

**Happy Holidays**

CALL & ORDER NOW!  
YOU'LL RECEIVE GREAT HOMESTYLE FLAVOR, LOW PRICES, & A SUPER DELIVERY SERVICE THAT IS **FIRST, FAST, & FREE**

16" Large Cheese Pizza....3.95 & tax  
14" 8 Cut Cheese Pizza....2.95 & tax  
Expires Jan. 26, 1986

Call & Ask For SUNY Specials  
459-5959  
1095 Central Ave.

*(See you after x-mas with some great new specials)*

# SENIORS

Start working on your future... with PEOPLExpress

The company that thinks as much of your future as you do!

PEOPLExpress is now offering you a chance to get a head start on your future! As a senior, you can step immediately into PHASE ONE of our entirely new training program and go to work as a CUSTOMER SERVICE REPRESENTATIVE—interacting face-to-face with our customers. We'll schedule your hours to fit your classes—and get you involved in the whole spectrum of ground activities. BUT best of all, when you prove yourself on this job, you'll be eligible for the second phase of training, starting right after graduation! This adds up to a challenging program with all the diversity and excitement of IN-FLIGHT SERVICE EXPERIENCE—plus a base salary of \$9000 a year with potential earnings of \$6000 in our new incentive payment program. Join us NOW in PHASE ONE—and you'll be GUARANTEED INTERVIEWS for this terrific opportunity to work with—and for—one of the "100 Best Companies to Work For in the U.S.!"

December Graduates! PEOPLExpress Representatives are coming to campus with news about opportunities expressly for YOU! Representatives will be on campus Monday, December 16th from 10am - 4pm in the Campus Center, Room 375

**TO QUALIFY:**  
You'll need a 2.5 GPA, customer contact experience, good communications skills, professional appearance, and ability to provide your own transportation to the airport.

**PEOPLExpress**  
An Equal Opportunity Employer



# We Pay Cash For Your Textbooks

Those textbooks that have been sitting around since last semester or last year may be worth as much as 50% of their purchase price. Textbooks in good condition that are specified for the coming semester bring the highest prices but even those that won't be used are worth money to us.

Here is a Partial List of Books and the Prices We Pay:

COURSE	AUTHOR	TITLE	WE PAY
BLAW 220P	Anderson	Business Law: Comp., 12th	\$16.00
ASOC 115M	Bassis	Sociology, An Intro., 2nd (set only)	10.00
AMAT 112Y	Berkey	Calculus, 1984 (2nd printing)	22.00
APSY 338	Bootzin	Abnormal Psychology: Current Perspectives, 4th	16.00
APHI 210Y	Bradley	Possible Worlds, 1979	7.25
BFIN 300	Brigham	Financial Management: Theory & Practice, 4th	18.50
AATM 107N	Duxbury	World's Oceans, 1984	15.00
RPOS 205	Dye	Politics in States and Communities, 5th	14.00
AECO 101M	Fischer	Intro. to Microeconomics, 1983	11.00
AMAT 108Y	Freedman	Statistics, 1978	13.50
ALIN 220Y	Fromkin	Intro. to Language, 3rd	10.00
BACC 222	Garrison	Managerial Accounting, 4th	16.50
AATM 100N	Gedzelman	Science and Wonders of the Atmosphere, 1980	17.50
APSY 340	Geer	Human Sexuality, 1984	14.50
APSY 210	Jaccard	Statistics for the Behavioral Sciences, 2nd	14.50
APSY 101M	Lefton	Intro. to Psychology, 3rd	15.50
ASOC 115	Light	Sociology, 4th	15.50
AECO 101M	Lipsey	Economics, 7th	15.50
APSY 101M	Maas	Readings in Psychology Today, 4th	6.00
AECO 300	Mansfield	Microeconomics: Theory & Applications, 5th	14.00
BMKT 310	McCarthy	Basic Marketing, 8th	16.50
ACLC 105L	Morford	Classical Mythology, 3rd	10.00
ECPY 120	Pauk	How to Study in College, 3rd	7.00
APSY 101	Rathus	Psychology, 2nd	15.00
AENG 344	Shakespeare	Riverside Shakespeare, 1974	16.00
AMAT 100	Sobel	Algebra & Trigonometry: A Pre-Calculus Approach, 2nd	15.00
ACHM 216B	Solomons	Organic Chemistry, 3rd	20.50
ASOC 260M	Tedeschi	Intro. to Social Psychology, 1985	15.00
BMGT 341	Wexley	Organizational Behavior & Personnel Psychology, Rev., 1984	13.50
APSY 333	Wicks-Nelson	Behavior Disorders of Childhood, 1984	14.50

Don't forget to enter the RAFFLE for the Bear!!

\*\*\*\*\*  
FINALS GOT YOU DOWN?  
\*\*\*\*\*

**SKIPPERS WINGS DELIVERS**

**463-6161**

**6pm til 1am**

...AND YOU DON'T HAVE TO BE 21 TO EAT.

\*\*\*\*\*

RECORDS - TAPES - COMPACT DISCS

**The MUSIC SHACK**  
295 River St.  
Troy 273-1400

IMPORTS MOST ALBUMS & TAPES 4.99 TO 6.99 EVERYDAY

DAVE & JOHN HALL & OATES LIVE AT THE APOLLO  
WITH DAVID RUFFIN & EDDIE KENTON  
5.99 LP or Cassette

MR. MISTER WELCOME TO THE REAL WORLD  
4.99 LP or Cassette

STARSHIP knee deep in the hoopla  
Includes: WE BUILT THIS CITY  
6.99 LP or Cassette

AM RECORDS  
RCA  
GRUNT

SAVES YOU MONEY WITH THESE GREAT ALBUMS & TAPES

Store Hours  
Mon-Wed 10-7  
Thur-Fri 10-8  
Sat 10-6

BRYAN ADAMS RECKLESS  
5.99 LP or Cassette

SIMPLE MINDS  
A&M Records 5.99

ORCHESTRAL MANOEUVRES IN THE DARK  
5.99 CASSETTE

MOST COMPACT DISCS 12.99 EVERYDAY 12" SINGLES

HARDCORE - NEW MUSIC - INDIE LABELS

# NEED SOME EXTRA CASH?

Barnes & Noble  
will pay you up to  
**50%** of your  
purchase price!

*See Reverse Side  
for partial listing  
of  
Books and Prices*

**This year Buyback  
will be conducted upstairs,  
in the Ballroom!**

---

**The best time to sell is  
right after your final  
exams ... just bring  
your books to the  
school bookstore!**

