



# Society of Indian Psychologists

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Spring 1999

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## Letter from the President

Greetings colleagues and friends:

It has been a great honor and pleasure for me to serve as president of your group this year. I will be completing my term in June; president elect, Carolyn Barcus, will be installed at the SIP meeting in Logan, Utah, June 21. We are having a great year as SIP members with our increased ability to communicate with each other via the technological wonder of list-serve. Our treasurer, Pat Alexander, is making a wonderful drive of communicating via paper-mail and newsletter as well; she is especially making an effort to reconnect with members who may not have heard from us for a while, give you all an address for membership applications, and get you in the communication loop if you wish to be.

The Indian world now has close to 100 Indian psychologists and more graduate students in process! This is very exciting to me. When I decided to go to grad school (1982), APA told me they had 7 or 8 members who claimed to be Indian. SIP has had around 300 members at various times, Indian, other natives and non-Indian. Members are psychologists or persons from other disciplines who are interested in SIP's purpose to advance psychology as a science in service to Native peoples of the Americas.

We welcome and appreciate your continued interest and membership. We thank you on behalf of our grandchildren and their grandchildren for the work that you do on behalf of our communities.

Peace!

Clearing-Sky (Rolling Thunder Clearing Sky Woman)

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# **Project Making Medicine—Training in Treatment of Child Physical and Sexual Abuse**

By Dolores Subia BigFoot, Ph.D.

Project Making Medicine is designed to train licensed mental health professionals in the treatment of child physical and sexual abuse in Indian Country.

The project is conducted by the Center on Child Abuse and Neglect in the Department of Pediatrics at the University of Oklahoma Health Sciences Center. It is funded by an interagency agreement between the National Center on Child Abuse and Neglect and the Indian Health Service, Headquarters West.

The goal of the three-year project is to train 60 mental health professionals to provide clinical services, supervision and consultation in the treatment of physical and sexual abuse of Indian children. Participants are trained to provide treatment, clinical supervision and consultation using didactic and experiential methods within a “train the trainer” model. The specific objectives of Project Making Medicine (PMM) are:

- Participants will provide specialized treatment to children who are victims of child physical and sexual abuse.
- Participants will provide clinical supervision and consultation in child physical and sexual abuse to other service providers in their communities in order to increase the number of available service providers.
- Project staff will provide on-site training at the community level to increase the awareness of prevention and treatment of child physical and sexual abuse.
- The training will include Native traditional teachings and beliefs.
- The on-site visits will provide community awareness of the effects of child physical and sexual abuse.
- The project will encourage interaction, dialogue, and cooperation between tribal, state, and federal service providers and other professionals in child protection.

## **Components of Training**

The basic components of training include 40 hours of intensive training in clinical treatment, supervision, and consultation of child physical and sexual abuse; weekly phone consultation; and on-site visits to participants' locations.

A total of 70 individuals participated in all or most of the training, of which 41 were American Indians. Those trained included Ph.D. psychologists, M.S. social workers, Licensed Professional Counselors, and graduate and post-graduate professionals. During the past year, PMM training

resulted in these specific tribal services:

- 354 abused children were seen or supervised in treatment by PMM participants.
- 48 clinicians provided child abuse treatment under supervision of PMM participants.
- 441 trained by PMM participants.

## **On-site visits**

A major aspect of Project Making Medicine is the on-site visits initiated at the participant's request. Each participant determines the topic areas and the target audience. The purpose of the two-day on-site visits is to address issues of child abuse treatment in a community. They are limited to 16 per year.

PMM encourages co-sponsorship of the on-site visits with as many community agencies as possible. The agenda is developed at the local site with input from the PMM faculty. Agencies invited to the community presentation include child protection teams, law enforcement, social services, Head Start, Indian child welfare, mental/behavioral health, BIA, IHS, women/infant/children nutrition, schools, prosecutors, judges, and traditional healers.

## **Traditional Healers**

One of the focuses of Project Making Medicine is the importance of traditional teachings and beliefs in the healing process.

Native and non-native professionals gain a greater understanding the traditional practices that can be therapeutic and therefore instrumental in the healing of children, families, and communities.

## **Blending of approaches**

Another aspect is the blending of Western approaches to treatment and Native teachings and beliefs. The curricula were developed to provide empirical research with careful consideration as to what would be the least culturally-biased form of treatment interventions.

PMM's primary orientation for treatment is based on a cognitive-behavioral approach which has been viewed as more culturally fair toward American Indian populations and is established as an effective treatment modality with abused children.

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## **Project Making Medicine**

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### **Open forum**

Open forum formats are used, with such people as assistant U.S. attorneys, FBI special agents, BIA criminal investigators and tribal social services workers present.

The open forum has proven to be informative and highly constructive. Many times this is the first opportunity participants had to be in a neutral setting and have open dialogue with critical players in the legal or judicial system.

### **Trainers**

Trainers include the Center on Child Abuse and Neglect (CCAN) Core Faculty, other CCAN faculty, and CCAN consultants.

PMM provides traditional Native helpers and tribal, state and federal personnel to share their knowledge and information at trainings.

### **Current status of PMM**

PMM is in the last year of its contract. In May, the third-year participants attended their second week of training. On-site visits will continue until 1998. All participants are committed to serve children, providing various levels of treatment, consultation, and training in their communities. PMM provides a framework for the participants to understand the impact of federal policy and the dominant society's use of educational, religious, political, and economic systems to suppress Native culture.

PMM provides a supportive environment for personal and professional growth and responsibility for both Native and non-Native people. Participants can better understand and appreciate their contribution and influence even within their small communities. They become more willing to take another step toward making the responsibility of children a united effort with other members in that collective sphere.

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*Dolores Subia BigFoot is Assistant Professor in the Department of Pediatrics at the University of Oklahoma Health Science Center.*

From: Pathways, May/June 1997, Vol. 12 No. 4

## **12th Annual Convention of American Indian Psychologists and Psychology Graduate Students**

**June 21 and 22, 1999**

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**Society of Indian Psychologists (SIP)  
Business Meeting  
June 21, 1999**

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**Bear Lake Retreat  
June 18-20, 1999**

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The Utah State University Psychology Department and Indian Health Service invite you to attend the 12th annual Convention of American Indian Psychologists and Psychology Graduate Students and Retreat and to present your research, your ideas, and/or your work. You are also invited to participate in the SIP Business meeting.

For more information, contact:

AISP Office  
Psychology Department  
2810 Old Main Hill  
Utah State University  
Logan, UT 84322-2810  
phone: (435) 797-1466  
FAX: (435) 797-1448  
Email: [AISP@fs1.ed.usu.edu](mailto:AISP@fs1.ed.usu.edu)

# **American Indians Into Psychology Doctoral Education Programs**

As part of the approved Indian Health Care Improvement Act of 1992, the University of North Dakota, Oklahoma State University, and the University of Montana has been authorized by the U.S. Senate to provide programs that facilitate recruitment and training of American Indian students for careers in psychology. These three programs are funded through grants from the Indian Health Services (IHS)

## **University of North Dakota**

Indians Into Psychology Doctoral Education (INPSYDE) addresses four major problem areas: Too few mental health professionals in American Indian communities, too few native American mental health professionals, substandard availability of quality mental health services in native American communities within the immediate five-state areas, and inadequate cross-cultural training in mainstream psychology. INPSYDE provides services that include academic assistance, financial assistance when possible, career preparation and support, personal support, and social/cultural support. These services are available from the INPSYDE office or through cooperative agreements with other American Indian support programs at the university. In addition, the INPSYDE office helps the department develop guidelines that will aid in the selection and retention of qualified American Indian students.

If you are interested and would like more information visit their web page: <http://www.und.nodak.edu/org/inpsyde/> or send inquires to:

Dr. Doug McDonald, Director  
Indians Into Psychology Doctoral Education  
Psychology Department  
University of North Dakota  
P.O. Box 8380  
Grand Forks, ND 58202-8380  
Phone: (701) 777-4497  
e-mail: [jumcdona@badlands.nodak.edu](mailto:jumcdona@badlands.nodak.edu)

## **Oklahoma State University**

American Indians Into Psychology (AIIP) primary goals are: recruitment of American Indian students for careers in mental health delivery to American Indian communities nationwide, provide extensive summer enrichment programs for undergraduate American Indian students to gain exposure to the diverse aspects of the field of psychology through research, clinical, and experimental activities, provide stipends to graduate students to pursue careers in psychology, and provide psychological services to under-served American Indian communities by establishing training opportunities for American Indian psychology graduate students.

If you are interested and would like more information visit their web page:

<http://www.cas.okstate.edu/psych/grant/aiip.html>  
or send inquires to:

Dr. John Chaney, Director  
American Indians Into Psychology Program  
Psychology Department  
Oklahoma State University  
215 N. Murray  
Stillwater, OK 74078  
Phone: (405) 744-6113  
e-mail: [jchaney@okstate.edu](mailto:jchaney@okstate.edu)

## **University of Montana**

The goal of the InPsych (Indians Into Psychology) are to establish an integrated rural American Indian specialty area and a behavioral health program that links the department of psychology at the University of Montana with tribal colleges and tribal mental health programs. The ultimate goal is to enhance behavioral health services on reservations, to enhance the cultural relevance of psychology training at the University of Montana, and to recruit and train American Indians for careers in psychology. InPsych offer graduate

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## **American Indians**

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assistantships, teaching assistantship, research and clinical opportunities as well as mentoring support. The InPsych program reaches out to Native American high school students and provides a two-weeks summer enrichment program at UM. The summer enrichment program offer exposure to various careers in psychology through lectures, hands on research and various other activities. Native American graduate students and Faculty take pride in joining with Native communities to provide increased participation and enrollment of mental health professionals in the field of psychology.

If you are interested and would like more information send inquires to:

Dr. Deborah Faith Pace, Director  
InPsych Program  
Psychology Department  
University of Montana  
Pharmacy-Psychology Bldg. Room 129  
Missoula, MT 59812  
Phone: (406) 243-5630  
e-mail: debpace@selway.umt.edu

## **Post Utah Convention Adventure**

George S. Renfrey is organizing a trip for anyone going to the Convention in Utah who is interested in taking a few days to a week to go down to Moab afterwards to do some mountain biking at Slick Rock, some rock climbing, and / or some hiking in the Canyonlands. Guaranteed World Class stuff there.

If anyone is interested, let George know.

George S. Renfrey  
Renorge@mcw.on.ca

# **Announcements**

**Travel Award program** has been established to help fund travel expenses for graduate student who have had their research paper accepted for presentation at the annual APA convention. <http://www.apa.org/students/funding.html>

**Dissertation Research Awards** program has been established to provide graduate students with funding for their dissertation research. Each year the Science Directorate awards this \$1,000 grant to approximately 50 students. <http://www.apa.org/students/funding.html>

**APF/Todd E. Husted Memorial Award.** This is a single award in the amount of \$1,000 for dissertation research that indicates the greatest potential for contributing to the development and improvement of mental health services for those with severe and persistent mental illness. For further information, including application material, visit the APA web site at: <http://www.apa.org/science/dissinfo99.html>

**Seventh National Indian Nations Conference.** The purpose of the 7<sup>th</sup> National Indian Nations Conference is to bring together American Indian victims, victim advocates, volunteers, prosecutors, judicial and law enforcement personnel, family violence and sexual assault specialists, social services and mental health professionals, corrections, crime and justice and juvenile justice personnel as well as tribal leaders to share their knowledge, experiences and ideas for developing programs that serve the unique needs of crime victims in Indian Country. The conference will be held on September 28-30, 1999 in Tulsa, OK, at the Adam's Mark Hotel. The conference is sponsored by the Office for Victims of Crime and conducted by the University of Oklahoma Health Sciences Center, Center on Child Abuse and Neglect. For more information call (405) 271-8858

**The Native Americas Journal for Free.** Cornell University has received a large grant to distribute the *Native Americas Journal* to Native American students

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## Announcements

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for free. Eligible persons must be students with tribal affiliation (enrollment not necessary). In addition, individuals working with Native American students also may be eligible to receive the *Native Americas Journal* free of charge. For more information please contact Mary Churchill, Akwkon Press, 300 Caldwell Hall, Cornell University Ithaca, NY 114853; (607) 255-4308

### Cherokee Language Lesson On-Line

The Cherokee Nation's Only Independent On-Line Cherokee Language Studies! You can check it out: <http://www.geocities.com/Heartland/Prairie/5918/currentissue.html>

### Funds for Doctoral Dissertation Research

The Center for Disease Control and Prevention announces the availability of fiscal year (FY)99 funds for a dissertation research grants program for the Minority Health Statistics Grants Program of the National Center for Health Statistics. The purpose of the Minority Health Statistics Grants Program is to make awards for (1) the conduct of special surveys or studies on the health of racial and ethnic populations or subpopulations; (2) analysis of data on ethnic and racial populations and subpopulations; and (3) research on improving methods for developing statistics on ethnic and racial populations and subpopulations. <http://www.cdc.gov/od/pgofunding/99139.htm>

**Traning of Native Investigators.** The Division of American Indian and Alaska Native Programs within the Department of Psychiatry at the University of Colorado Health Sciences has recently been awarded a five year Resource Center for Minority Aging Research(RCMAR) which focuses on Native Elder health. Since American Indian/Alaska Native(AI/AN) researchers have conducted few studies of the health of Native Elders in the US, a primary objective of the RCMAR is the training of Native Investigators. Candidates from fields such as medicine, nursing, anthropology, psychology, public health, sociology, and other social science and behavioral sciences will be encouraged to apply but must meet the following

requirements: have Native status, such as an MD, Ph.D., DSW, EdD or the equivalent, in one of the social, behavioral, or health sciences; and demonstrate the relevance and need for training of this nature to future plans and career development. Inquires are encouraged and may be directed to Dedra Buchwald, MD, Associate Director, NERC/RCMAR, UCHSC, 4455 East 12th Avenue, Denver, CO 80220 by calling (303)315-9246 or e-mail [dedra@u.washington.edu](mailto:dedra@u.washington.edu).

**Assistant or Associate Professor:** Position at the Pennsylvania State University College of Education - Counselor Education, Secondary School Counseling. Application deadline is June 15, 1999. Starting date is Fall 1999.

**Associate Director of Counseling:** Position at Mercer University, Macon, GA. Student Development and Counseling Center. Application review begins immediately and continues until position is filled.

**Postdoctoral Fellowship:** A full time, one year position at Northeastern University Counseling Center, Boston. Starting date is September, 1999.

## Newsletter Production

The Society of Indian Psychologists Newsletter is the official publication of the Society of Indian Psychologists. The newsletter is mailed to all members of the Society of Indian Psychologists. News items, articles, announcements, letters to the editor, etc. should be typewritten and send it to the editor.

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# Statement of Aims and Objectives of SIP

The aims and purposes of the Society of Indian Psychologists includes but are not limited to the operation of a national body organized for non-profit, charitable, and professional purposes; to provide an organization for Indian and Native people who are vitally concerned with improving the mental well-being of their people; to create, through an exchange of skill, expertise and experiences, opportunities for career development, positive inter-and intra-personal relationships, and general personal enhancement of Indian and Native peoples; to encourage all Indian and Native people to become involved in improving the quality of their lives.

## Executive Committee (1999)

### President

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mdaniels@blackhills.com

### Treasurer

Patricia Alexander  
Oklahoma State University  
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e-mail: pat@okstate.edu

### Graduate Student Liaisons

Dawn Eagle-Buckanaga      Les Ducheneaux  
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345 Julian Hall, 414 E Clark St.      110 State Street #13  
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# Society of Indian Psychologists

## 1999 Membership Application

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_

Highest Degree: \_\_\_\_\_ Date Awarded: \_\_\_\_\_

Awarding Institution: \_\_\_\_\_

If Student, Degree Program:  
\_\_\_\_ BA/BS; \_\_\_\_ MA/MS; \_\_\_\_ PhD/PsyD

Institution: \_\_\_\_\_

Self Identification (Check All that Apply):  
\_\_\_\_ American Indian/Alaskan Native (Specify: \_\_\_\_\_)  
\_\_\_\_ African American/Black  
\_\_\_\_ Latino/Hispanic  
\_\_\_\_ Asian/Pacific Islander  
\_\_\_\_ Euro/American  
\_\_\_\_ Other (Specify: \_\_\_\_\_)

Membership Status:  
\_\_\_\_ General Membership (\$15 or Waiver Request Attached)  
\_\_\_\_ Student Membership (\$5 or Waiver Request Attached)

Contribution to Carolyn Attneave Memorial Scholarship Fund: \$ \_\_\_\_\_

I do not give my permission to release my name & address outside of SIP \_\_\_\_\_

PLEASE RETURN THIS FORM WITH YOUR REMITTANCE. MAKE CHECKS PAYABLE TO THE "SOCIETY OF INDIAN PSYCHOLOGISTS."

Mail to:  
Patricia Alexander  
Oklahoma State University  
215 N. Murray  
Stillwater, OK 74078

# American Indian Research

Treatment of Depression Across Two American Indian Communities: Cultural Considerations  
Fore, Ph.D., and Teresa Mokowski, Ph.D., Acoma-Canoncito-Laguna Service Unit

Presented at the 1998 American Psychological Association Annual Convention in San Francisco

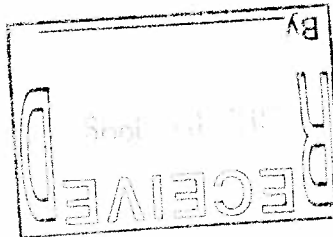
This paper outlines clinical and cultural issues that arise in a Southwest outpatient Indian Health setting with traditional psychotherapeutic approaches. The interaction between American Indian culture and psychotherapy are reviewed. Cultural differences between Pueblo and Navajo people are discussed. A case from each population is presented to further illustrate cultural differences and to outline complexities. The cases are conceptualized from two psychotherapeutic approaches, cognitive and psychodynamic. The impact of culture within each approach is addressed, as well as ways of integrating American Indian culture into traditional psychotherapeutic approaches.



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