# **Tribe**



# Whom do we serve as an organization?

(4) - Didn't understand the question

### (5) - Responses with focus on SIP:

- 1. conventioneers and listserv participants,
- 2.I think we serve our members which is OK,
- 3. AIAN Psychologists & Grad Students, AIANs served by AIAN Psychologists,
- 4. Native American Psychologist and psychology graduate students,
- 5. SIP members who attend the SIP conference and engage in the list serv,

## (7) - Responses related to Psychologists/Health Care:

- 1. individuals/practitioners interested in mental health issues related to Indigenous peoples,
- 2. Indigenous peoples, mental health providers and researchers who work with Indigenous peoples,
- 3. Psychologists who identify as NAI,
- 4. Indigenous Psychologists primarily focused within the United States,
- 5. Native psychologists,
- 6. Primarily North American Native American/Alaskan Native Psychologists,
- 7. Native folks in psychology.

#### (11) - Responses related to Psych and Community:

- 1. Many people. Not just our members but the field of Native Psychology. We are also responsible for representing our backgrounds and traditions accordingly in academics, research and practice,
- 2. Community and psychology,
- 3. Indigenous scholars, researchers, practitioners of health and wellness of spirit and mind; indigenous people working to bring health and wellness to the people.,
- 4. Our people, in general- our colleagues, through discussion & consultation- students,
- 5. American Indian/Alaska Native Psychologists and Graduate Students and the tribal communities we serve
- 6. Members and native peoples,
- 7. Psychologists, social workers, counselors, mental health providers and students who serve in Indian Country.
- 8. Members, students, psychologists, tribes, and our larger world as we take stands on issues,
- 9. All psychologists (and other mental health professionals) and all Native Americans,
- 10. Indigenous people, indigenous students, indigenous psychologists,
- 11. Anyone who works with Native folks and who is interested in Native behavioral health (defined broadly). We advocate for the welfare of Native people.

# (20) - Responses related to Native Communities:

- 1. Our indigenous relatives,
- 2. I think we should be serving Native Community Members (reservation, rural and urban) but I do not think we have been doing that,
- 3. Native communities and Ourselves.
- 4. American Indian/AlaskaNatives,
- 5. The Original Peoples in Health,
- 6. Indigenous peoples,
- 7. Indigenous peoples,
- 8. Indigenous Communities,
- 9. American Indians, Alaska Natives, First Nations, Native Hawaiians, Allies,
- 10. Indigenous people everywhere,
- 11. Native Americans, 12. Our native communities, 13. Native/Indigenous communities,
- 14. The Native community and population at large, 15. Indigenous peoples of North America,
- 16. American Indians, 17. Native Americans, 18. Indigenous people and educate dominant society,

- 19. Indigenous communities in the USA, 20. Native People,
- 21. Rest community- multiply defined

### Q10: What would help you be engaged in SIP?

# (13) Responses focused on engagement or reasons why not:

- 1. I already am. 2. The listserve helps immensely though At what level? Am engaged in SIP,
- 3. I believe I am engaged with SIP. 4. Dk, 5.I can't think of anything more than is being done right now,
- 6. Not much more, I am involved with many things at this point,
- 7. I feel like I am engaged through the listserv and by attending meetings.
- 8. Fewer work commitments, 9. Healing health conditions that keep me from traveling,
- 10. More time away from my academic job, 11. more time in my own personal and professional life,
- 12. To be able to attend the yearly conference and retreat. 13. I feel pretty engaged already. During times when I haven't engaged, it's been more about stressors in my own life than having to do with SIP.

# (13) Responses with focus on SIP Community:

- 1. Have more of a purpose within the organization., 2.more real fellowship opportunities (conferences, phone calls, CE trainings) and less keyboard warriors,
- 3. mini-web conference series,
- 4. Face to face time, even if online or webinar type interaction. Book clubs, article discussions, talking circles, etc.
- 5. Local connections, meetings (infrequent), 6. Opportunities for engagement,
- 7. Constant dialogue, engagement on issues. Right now there is an intimidation factor of respecting elders and being afraid to interject because there are so many elders with so much experience and they are the ones constantly talking. We should bring in more members, look to be somewhat multidisciplinary. The conference has expanded a little beyond psychology to the broader aspects of Native health, and that's a good,
- 8. Support USU with making conference successful. 9. More thoughtful, intentional, impactful, and well-organized initiatives, 10. Relationships, 11. More opportunities to get to know each other,
- 12. I also feel like it's difficult to get involved in conversations because it's seems that some are offended easily. Many times I have seen a topic I'd like to engage in but I am nervous to do so because people seem frustrated. I don't know how to deal with this other than to say that we must have some grace with each other and realize this medium is email making it difficult to infer tone. Let's us be mindful of this and approach it assuming that people are coming from a good place until otherwise stated. , 13. Social support

#### **Focus on Member Roles:**

#### (7) STUDENTS

- 1. Focus on supporting students.
- 2. increased leadership opportunities for early career psychs,
- 3. reflective of younger generation changing identities, todays social justice realities and global nature of our work going forward while still honoring original intent of SIP and local focus/leadership,
- 4. Opportunities specifically for students and/or younger professionals to work with more advanced professionals in different areas, including partnering up in leadership, research, or writing activities.

- 5. I would like to know what other students and interns and postdocs are up to and how they are involved in SIP. I don't think their voices are very clear in the listserv or at events, so I feel some reserve about diving in.
- 6. Sometimes the listserv feels overwhelming and the same names are most active. I think having opportunities for us to connect with elders within our tribe (if there are any) or fellow graduate students OR folks with similar research interests would be incredible.
- 7.More opportunities for younger members to be involved in research and learn. Supports for native students is lacking in higher education. I often find myself as the token student. How to establish ourselves professionally regardless of barriers.

#### (8) Focus on member roles - OTHER

- 1. More information about projects (service, writing, research, etc) to the listserv with the option of becoming involved. I often hear about great projects after they have been completed.
- 2...more delineation between Native and ally members,
- 3. A. Separate email lists. One for those who want to engage in dialogue and another for announcements. 3.B. Perhaps having groups within the listserv that you can be a part of also. For example, maybe there is a research listserv for those interested in that. Sometimes it feels like the "reply all's" clog up my inbox, which makes it more likely for me to miss an email that is relevant to me. If I could easily see what group it is
- 4. Less long conversations on email strings
- 5. Better group process in which "shark attacks" are not allowed. SIP leaders need to step up to gain and share the skills necessary for difficult dialogues.
- 6. If the regulars (seasoned members) spent time with the rest of us
- 7. Not sure at this point. A question that I do have is as I work with the Canadian Psychologists, the APA and the WHO, do we have other members with a similar view?
- 8. Local (California) gatherings. \*More acceptance within group of diverse indigenous peoples, 9. More recognition of contributions made. 10. Networking more.

# (5) Responses related to Psychologists/Health Care/Community/SIP:

- 1.It would be nice there could be a few webinars over the year to help stay connected and continue efforts to improve treatment and research Other webinar requests above.
- 2. More culturally specific focus.,
- 3. Working on specific social justice concerns
- 4. More get togethers than just the annual conference and apa.
- 5. was from I could make the determination of what to read or not more easily.

#### (2) Responses related to Native Communities:

- 1. Kindness.,
- 2. Kindness. Positive role modeling/mentorship. Less criticism. Positive attitudes, As well as to discuss various opportunities available such as partnerships, funding, etc.

# Q11 Anything Else Important to you as a Member?

(4)-Responses with No additions: 1.N/a 2.No, I can't think of anything to add. 3.No 4.No.

### (7)-Responses related to Technology and Listserv:

- 1. Keeping up with technology to communicate with members more effectively.
- 2.1'd like to see more facilitated discussions on various topics. As a younger member, I am often hesitant to voice any opinions on the listserv as many on the listserv tend to quiet the voices of younger members..
- 3.I do appreciate all of the discussions on the listserv. It's a haven from all of the nonsense conversations I hear elsewhere. I appreciate the thoughtfulness and openness on the listserv.
- 4. The listsery is truly a treasure, 5.1 like the discussions on the listsery,
- 6. Opportunities to collaborate online,
- 7.Opportunities to meet and connect w members beyond the listserv, which is often the same 10 people engaging.

### (11)-Responses related to Community:

- 1.It's been interesting reading discussions and then sharing some points shared in SIP with friends who do not see things the same way.
- 2. Focus on psychology and behavioral health as professional disciplines that can benefit Native Communities.
- 3. Inclusiveness. Please look to be as including as possible, don't exclude or prioritize based on blood, affiliation or age/experience,
- 4.I think retaining our identity is important. I love that we are inclusive and welcoming of others, but I don't want to lose the Native American focus at the same time. 5.Acceptance,
- 6.To collaborate with other American Indian psychologists, even when it involves tears. Movement, as in horseback riders through the mountains.
- 7. Connection with community, 8. Interaction with other members,
- 9. My colleagues and how kind we are to one another, 10. friends I've made over the years,
- 11.Fun and laughter

### (9)-Responses related to SIP Action:

- 1.Less talk, more action/practice/research/advocacy!
- 2. Be a little more cautious about SIP advocacy efforts to ensure our organization's reputation in the profession,
- 3. Focus on strength and striving forward with optimism. Don't get bogged down in issues. There is much our Native tribes, community members need relative to psychological services both from a western and indigenous perspective.
- 4. Embracing psychological principles in western and NA worldviews,
- 5. Opportunities to learn about the integration of traditional values and mental health,
- 6. Decolonizing our members and processes, 7.Being more visible as a national org and connecting with other org beyond psychology to promote social justice,
- 8. That we not forget why we started SIP, 9. American Indian Leadership and primary focus

#### (7)-Responses related to Mentoring:

- 1. Recruiting mid-career Native psychologists,
- 2. It's my first year as a member and 2nd year as a doctoral student, so I'm hopeful!

- 3. Mentoring grad students and wisdom sharing and asking questions,
- 4. Mentoring for new post docs involved in research,
- 5. Thanks for paving the way for us students, many successful Native mentors to look up to,
- 6.Continued mentorship and support,
- 7. Promoting psychology as a discipline and encouraging young people to pursue careers in the field

#### Q14 If you came to the conference what would you like to see? or What would be helpful to you?

## (22) Responses related to presentations:

- 1. Elder panel telling about the history of SIPC
- 2.Good sweat.
- 3. For the conference to be run by American Indian/Alaska Natives
- 4. Diverse presentations, not same presenters every year
- 5.Besides the already excellent keynote speakers, I would like to see groups tackling difficult dialogues, taking notes and publishing those results either on our website, or in academic journals.
- 6. Professional & clinically relevant topics- working with AI communities
- 7. Presentations on promising practices from the field, by individuals working in community clinical settings CEs, presentations about practice, structured dialog about the role of Native psychs vs Native ally psychs in mental health.
- 8. More opportunities to attend presentations of how to apply cultural considerations in specific concentrations, as well as broadly (in general).
- 9. It's my opinion SIP needs to balance the conference presentations with positive and areas that can be sad. For example, trauma can be balanced with topics on healing/happiness.
- 10. Creative & innovative ideas to embrace & use with NA communities from the western and traditional perspective.
- 11. I have always enjoyed the presentations and the posters.
- 12. More spirited exchange of ideas and perspectives, especially on important topics where a variety of reasoned positions is possible.
- 13. Information about real life application psych theories/therapies and stories of experiences as psychologists therapists working with Native communities.
- 14. I really enjoyed seeing a few students presentation, so having a spot for them is really nice.
- 15. More talks by SIP members conducting research in Al/AN mental health in addition to the student poster sessions.
- 16. A speaker or panel on health-related behavioral research and/or practice would be helpful.
- 17 Applications of specific therapeutic techniques with Native Americans.
- 18. I would like to opportunities for CEUs as well as a more balanced approach to topics discussed. It feels that there is such a strong preference for qualitative research that any quantitative research is excluded or put down. Research is not perfect. Neither methodology will ever be enough to accurately capture the entirety of the Indigenous experience. But BOTH are valuable.
- 19. Both traditional teaching and indigenous scholarship (not mutually exclusive)
- 20. Research and clinical methods. 21. Discussion of social justice issues.
- 22. Discussion of social justice issues.

### (13) Responses related to community/social:

- 1. More group activities.
- 2. The same things I noted earlier: opportunities to connect with elders, fellow grad students, and folks with similar interests. Hearing about folks' research journeys, hearing about how folks got to their current positions.
- 3. Socials, opportunities to connect and engage w one another, indigenous scholarship, poster sessions, key notes, symposia
- 4. It's pretty great where it's at. We need to continue to be welcoming to first timers in the great way that we've been. Also, it is very disrespectful that so many people leave before the end of the conference and those presenting on the last afternoon are presenting to empty rooms. We need to somehow incentivize people to stay, or start and end the conference earlier.
- 5. I like the way that we greet. Members are very helpful with arrangements and plans.
- 6. Paired networking for newcomers. 7. Combination of informal relationship building & family oriented activities, spiritual/cultural activities & formal pres, 8. Community, 9. Ceremony., 10. Time to informally

#### interact.

- 11. I would like to see people coming together to create a family humbled by the power in our profession.
- 12. More activities, more fun, more welcoming opportunities.
- 13. More opportunities to spend time visiting with participants especially young ones. Social functions should be set up to facilitate the relationships and connections. In effect more casual social hours.

### (11) Other Responses:

- 1. Travel fund help.
- 2. The format and location is great; maybe more financial support for students to attend, more support from senior faculty to attend with students.
- 3. Ability to contribute.
- 4. List of all events.
- 5. I love what the convention already offers.
- 6.I love the conference as it is
- 7. I would like to be a part of the SIP conference as it has been the past years! I have been so disappointed to miss it.
- 8. I'm not sure.
- 9. Not sure.
- 10. I'd like to see rotating venues.
- 11. I like the current format.

# **Q24 Any final Comments?**

- 1. We have been active with APA yet it is challenging to be responded to in a meaningful way 2.SIP is a wonderful organization. Much more relevant than APA.
- 3. Thank you to all the members and non-members for your professionalism, support, and continual diligent work! Thank you for your efforts and for always being so welcoming, Thank you, Thank you, Thank you.
- 3. SIP has been organized around and centered on students, which is good, but limiting. Can we become a bona fide society of professional psychologists? 10. I would like to hear more about NA student projects.
- 4. Have seen SIP move away from American Indian focus and needs
- 5. I was surprised that there seem to be quite a few non-psychologist members. In the state I am licensed in, being licensed is required to call oneself a "psychologist"
- 6. I have been available and willing to help SIP but often come away from meetings feeling under utilized please take these comments seriously. I can't always drop everything and write a white paper but I have been there and done alot in my years as an academic and as a clinician.
- 7. Glad to be a member of SIP!
- 8. I so benefit from the SIP listserv, yet, rarely comment. This research about SIP is important. WahDoh for doing it!
- 9. I'm looking forward to the next convention.
- 10. I would love to attend the SIP convention- I attended once about 16 years ago. However, it always conflicts with my family's participation in an annual spiritual event /ceremony (almost always held the weekend after Father's day). Unless alternative dates someday happen for either event, I will likely not be able attend a SIP convention in the near future?
- 11. I sent a check to pay my dues but I never received confirmation that my check was received (even after I made an inquiry). Might SIP set a date or a month when dues are due? This way I could just note it on my calendar and send in payment when it is due.
- 12. Please accept my input below as well-intentioned.
- 13. Keep a strong heart and be a voice for the people...

### Q25 If we want to be more effective advocates, what can we do differently? Please explain:

### (14) Native Concerns and advocacy:

1. Focus on specific needs of communities. IHS budget is flat line and they are not very innovative, and have workforce staffing problems. Most 638 clinics have similar problems. Tribal communities have little access to services available in their local areas off-reservation. SIP includes expert change agents who can transform behavioral health services for Native Americans.

Cultivate a supportive, welcoming, effective culture within SIP.

- 2. Organize, plan, unite. Think like a society as our ancestors did.
- 3. WHO APA Canadian Psychologists lens of other countries
- 4. Partnering with other advocacy groups or divisions at APA might be helpful.
- 5. Get more involved on the legislative and federal policy fronts.
- 6. Publish and distribute Prepare a strategic plan Involve young professionals and high school students.
- 7. Outreach like the National Indian Child Welfare Association (NICWA). They ask for donations. And with donations, SIP can then provide outreach to Native American/Alaskan Native high school and college students encouraging them to pursue study in the field of psychology.
- 8. Get more SIP members involved in APA governance activities at the national, regional and local levels and at the division level
- 9. Be more diplomatic in the APA arena: Don't take APA Council meetings hostage. It reifies negative stereotypes of Native people as difficult to deal with and reinforces the stereotype that Native people are traumatized, thus fragile and not ready for leadership nationally.
- 10. Keep doing good work advocating for better services within Native communities and networking for SIP students to assist them in getting their dissertation research accomplished.
- 11. Appreciate how we currently go about it. Thank all who have stepped forward as advocates for Indigenous issues. 12. Be kind
- 13. Advocates for whom? Native peoples? Native psychologists? Native Research? Native grad students? We have to define with clarity whom or what we are advocating for. This is not clear now. 14. Continue to speak out.

### (11) SIP Concerns:

- 1. Continue to be active and let general membership know of our actions. Partner with younger members on issues of mutual interest or concern Let members know of opportunities on our website
- 2. As stated above, somehow remove the intimidation of so many elders with so much experience. Be more respectful to one another and welcoming to first-timers and those with less experience. Continue to own and embrace our unique position, but always be open to criticism and self-evaluation. Consider a name change based on the wishes of the whole membership rather than just a few decision-makers
- 3. Utilize our indigenous ways the best way we can while blending it with new cutting edge psychological advances.
- 4. Widen the circle to let more SIP members get involved. Cultivate engagement beyond the usual few.
- 5. Keep original focus of SIP so we don't become just another group that will include all other minority issues and American Indians are forgotten and minimized.
- 6. Teamwork.
- 7. Be more open to collaboration
- 8. Find time at SIP conferences to help people get to know each other and network opportunities
- 9. Many of us use SIP meetings for a) reconnecting and visiting with beloved colleagues and b) detoxing/ healing from the stress and traumatic work we do all year. As AIAN psychologists, we are often the only ones out there in our field all year and this meeting us very important for grounding. Secondarily, I love to hear what others are doing, helping young psychologists navigate the process, and working to advocate for issues affecting our lives and livelihoods as AI/AN psychologists. It is this unique combination of intimacy and fellowship that makes this organization so important to me: being a Native person and a professional psychologist both and needing SIP's help to confirm and weave these aspects of my identity together.

- 10. Share more with the general membership about things SIP members are involved in, share publications, articles, etc from or about our members
- 11. Stop infighting

#### (12) Other:

- 1.Articulate to the masses without turning them off. There is too much of an "us vs them" mentality in this country currently, so it's going to be more difficult to communicate with those who do not already understand or are sympathetic to Native peoples.
- 2. Less talk. Keyboard warriors and academicians do little to advance the cause
- 3. Stop performing outrage over every minor perceived slight, and instead reserve our voice and influence for waging the most important high-stakes battles
- 4. To be honest, I'm not entirely sure. Better communication about what everyone is doing (committees and individuals) might be helpful for organizing advocacy efforts.
- 5.I cant think of anything more SIP can do, they already do a lot to create awareness on social justice issues across the country, great job leaders!!!
- 6 I think SIP's advocacy work is really good 7. I love the advocacy efforts that I've seen so far.
- 8. From what I see, I think you are doing a good job.
- 9.I don't feel as though I know enough about the process to comment. . Not sure.
- 10. Honestly, I am not aware of what we are doing now. So I think definitely filling in members on what we're doing and how to get involved should be at the top of the priority list. 11. I don't have any concerns about the way SIP is working. 12.I'm unsure of advocacy efforts, which is my own ignorance!