

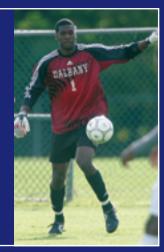
MEN'S TRACK & FIELD won both the IC4A indoor and outdoor championships for the first time in program history.





Track & Field's JOE GREENE was one of seven UAlbany athletes to earn All-America recognition in 2008-09 when he finished fourth in the 400-meter hurdles at the NCAA outdoor championships.

Soccer's
STEWARD
CEUS became
the first men's
soccer AllAmerican
since 1991
when he was
named to the
NSCAA/adidas
third team.





37 Conference Championships15 NCAA Teams2 IC4A Track & Field Championships



Football's
BOB FORD,
a finalist for the
Eddie Robinson
Award, was one
of six UAlbany
coaches to be
voted as a conference coach of
the year.

FOOTBALL

became the first Northeast Conference champion to win the Gridiron Classic by defeating Pioneer Football League winner Jacksonville.





Softball's MEAGAN BUTSCH and Golf's JESSICA SIGNORELLI were chosen America East Conference scholar-athletes of the year.

FIELD HOCKEY won its first-ever America East Conference title and



advanced to the NCAA Tournament for the first time.



VOLLEYBALL captured its fourth America East Conference championship in the last five years and advanced to the NCAA's first round.

UALBANY QUICK FACTS

GENERAL

Founded: 1844

Enrollment: 13,246 (undergraduate) 4,956 (graduate)

> Nickname: **Great Danes**

> Colors: Purple, Gold

Director of Athletics: Lee McElroy

VOLLEYBALL

Affiliation: NCAA Division I

Conference: America East

Home Court: University Gym

Capacity: 2,600

Head Coach: MJ Engstrom Minnesota '00

Record at UAlbany: 23-9

> 2008 Record: 23-9

America East Record: 12-0

Letterwinners Returning/Lost: 9/4

Starters Returning/Lost: 4+ libero/2

CREDITS: The 2009 University at Albany Volleyball media guide is published by the athletic media relations office for use by media members and friends of UAlbany volleyball. Editor: Brianna LaBrecque Contributors: Brian DePasquale, Matt Chmura. Photography: Bob Ewell, Steve Lobel, Mark Schmidt. Cover Design: Janet Topal. Printing: New York Press & Graphics, Albany, N.Y. On the Front Cover: Laura Livergood (17), Valerie Sourbeer (5) and Hillary White (11). On the Back Cover: Teresa Coppiellie (4), Laurie Gonzalez (9) and Brooke Stanley (22).



President George M. Philip



Athletics Director Lee McElroy



Faculty Representative Teresa Harrison



Head Coach MJ Engstrom

DEPART	MENT OF	ATHL	ETICS
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President	George M. Philip
Vice President & Director of Athletics	Lee McElroy
Faculty Representative	
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Assistant Director of Athletics for Student-Life Enrichment	Carl Anderson
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Director of Tickets & Customer Service	
Head Athletic Trainer	
Volleyball Trainer	John Sylak
Assistant Athletic TrainersKimberly Doyle, Mary Kate Hedde	erman, Anthony Benyarko, Joe Tegnander
Athletic Grounds	Shaun Lynch
Secretaries	Karen Mitchell, Jennifer North
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TOLLE I DALL DI I IOL	
Head Coach	MJ Engstrom
Assistant Coach	Ashlee Reed
Assistant Coach	Kimi Freehura
Strength and Conditioning Coach	Rlake Cundiff

ATHLETIC MEDIA RELATIONS

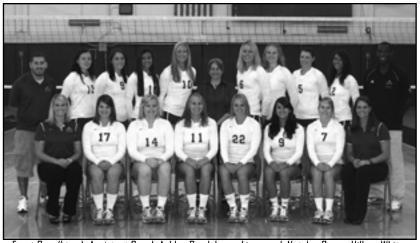
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No.	Name	Pos.	CI.	Ht.	Hometown /High School/Previous
4	Teresa Coppiellie	DH	Jr.	6-0	Canton, Mich./Salem
5	Valerie Sourbeer	OH	Sr.	6-1	Valley Center, Calif./Valley Center/Pacific
6	Kelly Corkum	RS	R-Fr.	6-3	Toronto, Ontario/Michael Power St. Joseph
7	Abbey Wexel	2	Sa.	5-4	Virginia Beach, Va./Frank W. Cox
8	Kalyn Mostert	OH/MH	Sa.	6-2	Nepean, Ontario/Marivale
9	Laurie Gonzalez	DS/L	Sa.	5-9	Carolina, Puerto Rico/St. Francis School
10	Casey Wright	MH	Sa.	6-2	Ballston Spa, N.Y./Ballston Spa
11	Hillary White	MB/RS	Sr.	5-11	Aberdeen, S.D./Aberdeen/Colorado State
12	Traci Vandegrift	MB/OH	Fr.	6-0	Mogadore, Ohio/Field
14	Natalee Gruse	DS/L	Fr.	5-10	Lafayette, Ind./Lafayette Central Catholic
15	Dunja Prgomet	OH	Fr.	6-0	Rovinj, Croatia/Zuane Crnje
17	Laura Livergood	DS/L	Sr.	5-8	Lantana, Fla./Lake Worth Christian
18	Gabby Whitworth	MB/RS	Fr.	6-0	Kailua, Hawaii/Kalaheo
22	Brooke Stanley	2	Jr.	5-8	Hendersonville, N.C./West Henderson

Interim Head Coach: MJ Engstrom (Minnesota '00)

Assistant Coach: Ashlee Reed (UAlbany '06)
Assistant Coach: Kimi Freeburg (USC '08)

Manager: Omar Sandimanie Athletic Trainer: John Sylak

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Kalyn Kal-Lynn Coppiellie cop-pel-ee

Dunja Prgomet Dune-ja Prr-go-mit

Gruse Gruz



HEAD COACH MJ ENGSTROM



University at Albany Vice President and Director of Athletics Lee McElroy announced that MJ Engstrom was named head volleyball coach in the spring of 2009. Engstrom, who was appointed interim head women's volleyball coach on March 5, 2008, was previously a collegiate head coach at two other institutions. She was elevated to interim coach from her role as a UAlbany assistant.

Last season Engstrom led the Great Danes to their third consecutive America East Conference title and fourth in the last five seasons. The Great Danes played in the first round of the NCAA Tournament, taking on #2 Stanford. She mentored the league's player, setter and defensive specialist of the year, leading UAlbany to a 23-9 overall record. The Great Danes' 12-D conference slate was the first undefeated record posted in the league since 2001. Senior Kamisha Kellam earned all-conference first-team honors as the league's player of the year, while Laurie Gonzalez earned the defensive specialist of the year and Brooke Stanley was named the conference's setter of the year.

Kellam was also named the America East Tournament's Most Outstanding Player, becoming the third straight Great Dane to earn the distinction. Stanley and Amanda Cowdrey joined Kellam on the all-tournament team, and all three were later awarded all-conference first team honors. Hillary White joined Gonzalez on the all-conference second team, while Gonzalez

and Kalyn Mostert earned all-league rookie team accolades. Gonzalez was later chosen by USA Volleyball to play on the U.S. National Women's A2 Team.

Engstrom completed her third season as the top assistant in 2007. She helped guide UAlbany to its third conference championship in four seasons and produced the program's first NCAA Tournament



victory. UAlbany finished 24-10 overall and reached the NCAA's second round for the first time in team history. Engstrom, who has served as recruiting coordinator for the last three seasons, has been instrumental in the Great Danes' success by bringing in one of the program's top classes one year ago.

Freshman Amanda Cowdrey was named the 2007 America East rookie

of the year and earned all-conference second-team accolades. She was also joined on the all-rookie squad by classmates Brooke Stanley and Tawny Dahmes.

Engstrom came to UAlbany after five seasons as the head coach of Nicholls State University in Louisiana. She led the Colonials to the 2003 Southland Conference Tournament championship and the first NCAA Tournament berth in program history. Engstrom also spent two years at the helm of the Villanova volleyball program, guiding the Wildcats to their first NCAA appearance in 1997. The tournament berth was the first at-large bid for a Big East Conference program.

Along with her head coaching experience, Engstrom served as an assistant coach at the University of Washington from 1998-99 and the University of North Dakota from 1990-93. She has also worked with the USA Men's and Women's National Volleyball teams and has run her own volleyball camp in conjunction with Coastal Virginia's volleyball club since 1997.

Engstrom, a native of St. Paul, Minn., is on the editorial board for the International Journal for Volleyball Research and is a member of the USA Volleyball Sports Medicine and Performance Commission. She was a student-athlete at the University of Minnesota and recieved a degree in psychology in 2000.

Engstrom's Collegiate Coaching History

HEAD COACH

UAlbany: 2008 America East Conference Champions NCAA First Round

> Nicholls State: 2000-2004 Villanova: 1996-1997

ASSISTANT COACH

UAlbany: 2005-2007

Two-time America East Champions Back-to-Back NCAA Tournament Appearances

> Washington: 1998 North Dakota: 1990-1992





ASSISTANT COACH ASHLEE REED

Ashlee Reed returns to the Great Danes' sideline in her second season as an assistant coach with the UAlbany program.

Reed joins the Great Danes' coaching staff after a four-year career with the UAlbany program. Reed, a three-time all-conference first-team member, graduated with B.S. in human biology and psychology from UAlbany in 2006. She earned the ECAC Merit Award as the school's top senior female student-athlete and was the America East Conference Woman of the Year. Reed, a two-year team captain, was a four-time academic honor roll member and helped lead the Great Danes to two consecutive America East Conference championship titles. Reed, a native of Round Rock, Texas, ranks in the top ten on several of UAlbany's career records charts, including kills (5th, 1,173), digs (6th, 1,101) and total blocks (tied for 4th, 282).

Following graduation, Reed worked as an assistant athletic trainer at UAlbany and also served as a medical assistant at Captial Region Orthopaedic Group. Reed also assisted in coaching at several UAlbany volleyball camps and participated in numerous community service activities during her collegiate career. She was a member of the Student-Athlete Advisory Committee and earned the President's Award for Leadership in 2005-06.





ASSISTANT COACH KIMI FREEBURG

Kimi Freeburg begins her second season as an assistant with the UAlbany volleyball program.

Freeburg came to UAlbany after a four-year career at the University of Southern California,

where she was a two-time co-captain. Freeburg, a native of New Castle, Ind., was a Pacific-10 Conference All-Freshman Team honorable mention in 2003, the same season the Trojans claimed the NCAA Division I National Championship Title. She also helped USC reach the NCAA Final Four in 2004.

Freeburg, a three-time Indiana All-State honoree, graduated in May with a B.S. in kinesiology from USC. She participated in a two-week summer tour of Turkey in 2006 with Athletes in Action and has worked at numerous volleyball camps, including the Purdue University summer camp and the Steve Pickering All-American Volleyball Camp.

Volleyball Support Staff



Brianna LaBrecque Assistant Director of Media Relations



Omar Sandimanie Volleyball Manager



Kevin Galuski Assistant A.D. for Equipment & Operations



Jennifer Svatik Director of Student-Athlete Support Services



Tony Tullock Strength & Conditioning Coach



John Sylak Volleyball Athletic Trainer

#17 Laura Livergood

Senior • 5-7 • Def. Specialist Lantana, Fla./Lakewood Christian

2008: Saw action in 17 matches... Recorded a season-high four digs on two occasions, once against San Diego (8/29) and again versus Stony Brook

(11/16)... Tallied one kill against Wright State (9/6) and recorded a solo block versus Buffalo (9/5). **2007**: Played in 26 matches as a sophomore... Recorded 56 digs, including a career-high eight on two occasions, against Quinnipiac (9/23) and Siena (10/21)... Also tallied two kills against Quinnipiac... Had one solo block versus Siena (10/21)... Recorded three service aces against New Hampshire (11/17). **2006**: Saw action in five matches... Recorded one dig against Temple (9/16). **HIGH SCHOOL**: Named all-state first team and all-county third team at Lakewood Christian... Recorded a .335 hitting percentage as a senior... Selected as team MVP for both volleyball and soccer during senior season... Voted high school's senior athlete of the year... Was part of state 1A runner-up as a junior... Lettered in volleyball and soccer all four years of high school, track and field during the first three years and softball as a senior... Member of National Honor Society. **PERSONAL**: Majoring in human biology... Daughter of Steven and Lisa Livergood... Has one sister, Leslie... Born November 23, 1987.

	J							
Year	SP-MP	K	K/S	E	TA	Pct.	A	A/S
2006	8-5	0	0.00	1	1	-1.000	0	0.00
2007	80-28	2	0.03	1	7	.143	6	0.08
2008	36-17	1	0.03	0	2	.500	1	0.03
Totals	124-50	3	0.02	2	10	.100	7	0.06
Year	SA	SA/S	DIG	D/S	BS	BA	TB	B/S
2006	0	0.00	1	0.12	0	0	0	0.00
2007	11	0.15	56	0.76	1	0	1	0.01
2008	5	0.14	16	0.44	1	0	1	0.03
Totals	16	0.13	79	0.59	2	0	2	0.02

Livergood's Career Highs Kills -- 2 vs. Quinnipiac (9.23.07) Assists -- 2 vs. Quinnipiac (9.23.07) Aces -- 3 vs. New Hampshire (11.17.07) Digs -- 8, two times Total Blocks -- 1, two times

#5 Valerie Sourbeer

Senior • 6-1 • Outside Hitter Valley Center, Calif./Valley Center/ University of the Pacific

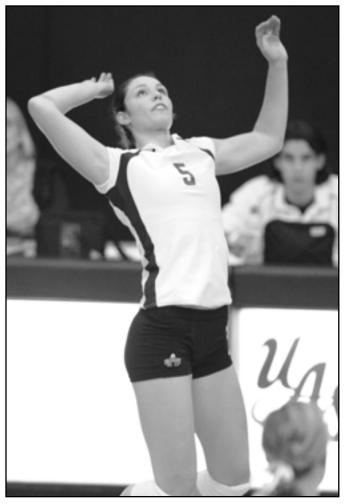
2008: Saw action in 29 matches, starting 14... Averaged 2.58 kills per set... Recorded a career-high 18

kills and four aces at San Diego State (8/30)... Also had a season-best six digs against the Aztecs... Matched that total later in the season versus Long Island (9/27)... Recorded a season-high four blocks at Maine (11/2)... Reached double-digit kill totals in eight matches. **2007**: Played in all 34 matches for the Great Danes... Earned the team's most improved player award... Averaged 2.30 kills per game... Tallied a career-high 16 kills at UMBC (10/12)... Reached double-digit kill totals on 15 occasions... Recorded her first career double-double with 14 kills and a career-best 13 digs at Pennsylvania (9/23)... Tallied two service aces on four occasions... Totaled

a career-best six total blocks at Siena (10/21). **PACIFIC:** Saw action in 11 matches... Recorded 12 kills, 11 digs, seven total blocks and three service aces for the Tigers. **HIGH SCHOOL:** Four-time letterwinner... Led Valley Center to three straight Valley League championships... Earned All-Valley League first-team honors as both a junior and a senior... Named MVP of the Mira Mesa Tournament in 2004... Member of the 2004 and 2005 *San Diego Union Tribune* All-Academic first team... Also played for the Impact Volleyball Club. **PERSONAL:** Majoring in business administration... Daughter of Dan and Diana Sourbeer... Born December 28, 1987.

Year	SP-MP	K	K/S	E	TA	Pct.	A	A/S
2007	120-34	276	2.30	112	786	.209	9	0.08
2008	84-29	217	2.58	101	632	.184	10	0.12
Totals	204-63	493	2.42	213	1418	.197	19	0.09
Year	SA	SA/S	DIG	D/S	BS	BA	TB	B/S
2007	9	0.08	85	0.71	14	37	51	0.43
2008	7	0.08	56	0.67	6	29	35	0.42
Totals	16	0.08	141	0.70	20	66	86	0.42

Sourbeer's Career Highs
Kills -- 18 at San Diego State (8.30.08)
Assists -- 2 vs. Long Island (9.27.08)
Aces -- 4 at San Diego State (8.30.08)
Digs -- 13 at Pennsylvania (9.23.07)
Total Blocks -- 6 at Siena (10.21.07)



Senior outside hitter Valerie Sourbeer



#11 Hillary White

Senior • 5-11 • Middle Blocker Aberdeen, S.D./Aberdeen/ Colorado State

2008: Earned America East Conference second-team honors... Was also a member of the all-academic volleyball team... Played in 31 matches, starting 29...

Finished the season ranked fourth in conference play in hitting percentage (.329) and was eighth in blocks per set (0.86)... Averaged 1.89 kills per set... Recorded a career-high 14 kills at Stony Brook (10/10)... Also reached double-figure kill totals against Hartford (10 kills, 10/11) and at New Hampshire (12 kills, 10/31)... Tallied a season-high II digs at Maine (11/2)... Was second on the team in blocking, averaging 0.90 blocks per set... Tied a career-high with eight total blocks against Dayton (9/27)... Had at least one block in 27 matches... Recorded 12 service aces. 2007: Missed the season to give birth to her daughter, Adrianne. 2006: Played in 26 matches... Earned all-conference second-team honors after averaging 1.40 kills and 1.42 digs per game... Also averaged 0.85 blocks per game... Recorded a career-best 10 kills on two occasions, against Maine (10/13) and again at Long Island (11/9)... Tallied a career-high 21 digs versus New Hampshire (10/15)... Notched a career-best eight total blocks against Stony Brook (11/18). 2005: Appeared in two matches before suffering a season-ending shoulder injury... Recorded a season-high seven kills against Seton Hall. COLORADO STATE: Redshirt season. HIGH SCHOOL: Was a three-sport athlete for the Eagles, playing volleyball, basketball and competing in track and field... Voted a three-time first-team all-state selection in volleyball... Named the South Dakota High School Gatorade Player of the Year and led her team to back-to-back state volleyball titles... A four-time honor roll member and earned academic all-state accolades in 2003... Volleyball team MVP. **PERSONAL**: Daughter of Rollie and Linda White... Born May 11, 1985... Majoring in human biology and psychology.

GP-MP	K	K/S	E	TA	Pct.	A	A/S	
7-2	13	1.62	7	36	.167	0	0.00	
90-26	126	1.40	53	334	.219	40	0.44	
		Did	Not Play.					
104-31	197	1.89	69	489	.262	17	0.16	
201-59	336	1.67	129	859	.241	57	0.28	
SA	SA/S	DIG	D/S	BS	BA	TB	B/S	
4	0.50	6	0.75	0	1	1	0.12	
4	0.04	128	1.42	6	72	78	0.87	
2007 Did Not Play.								
12	0.12	93	0.89	20	74	94	0.90	
20	0.10	227	1.13	26	147	173	0.86	
	7-2 90-26 104-31 201-59 SA 4	7-2 13 90-26 126 104-31 197 201-59 336 SA SA/S 4 0.50 4 0.04 12 0.12	7-2 13 1.62 90-26 126 1.40 Did 104-31 197 1.89 201-59 336 1.67 SA SA/S DIG 4 0.50 6 4 0.04 128 Did 12 0.12 93	7-2 13 1.62 7 90-26 126 1.40 53 Did Not Play. 104-31 197 1.89 69 201-59 336 1.67 129 SA SA/S DIG D/S 4 0.50 6 0.75 4 0.04 128 1.42 Did Not Play. 12 0.12 93 0.89	7-2 13 1.62 7 36 90-26 126 1.40 53 334 Did Not Play. 104-31 197 1.89 69 489 201-59 336 1.67 129 859 SA SA/S DIG D/S BS 4 0.50 6 0.75 0 4 0.04 128 1.42 6 Did Not Play. 12 0.12 93 0.89 20	7-2 13 1.62 7 36 1.67 90-26 126 1.40 53 334 2.19 Did Not Play. 104-31 197 1.89 69 489 .262 201-59 336 1.67 129 859 .241 SA SA/S DIG D/S BS BA 4 0.50 6 0.75 0 1 4 0.04 128 1.42 6 72 Did Not Play. 12 0.12 93 0.89 20 74	7-2 13 1.62 7 36 1.67 0 90-26 126 1.40 53 334 .219 40 Did Not Play. 104-31 197 1.89 69 489 .262 17 201-59 336 1.67 129 859 .241 57 SA SA/S DIG D/S BS BA TB 4 0.50 6 0.75 0 1 1 4 0.04 128 1.42 6 72 78 Did Not Play. 12 0.12 93 0.89 20 74 94	

White's Career Highs Kills -- 14 at Stony Brook (10.10.08) Assists -- 5 vs. Maine (11.3.06) Aces -- 4 vs. Buffalo (8.28.05) Digs -- 21 at New Hampshire (10.15.06) Total Blocks -- 8, two times



Senior middle blocker Hillary White



#4 Teresa Coppiellie

Junior • 6-1 • Outside Hitter Canton, Mich./Salem

2008: Played in 17 matches, starting four... Averaged 1.39 digs per set... Recorded 20 kills, including a season-high eight against Binghamton (10/17)...

Finished with a season-best 11 digs at UMBC (10/24)... Recorded three service aces versus Hartford (II/I4). 2007: Played in 32 matches as a firstyear collegian... Averaged 1.10 kills and 2.32 digs per game... Recorded a career-high 17 kills and added 15 digs for first career double-double against Binghamton (11/2)... Set a career-best with 20 digs at Stony Brook (10/26)... Tallied a double-double with 12 kills and 12 digs at Virginia Commonwealth (11/23)... Also recorded a career-best two blocks at VCU... Notched four service aces against New Hampshire (10/5). HIGH SCHOOL: Four-year letterwinner and three-year team captain at Salem... Earned all-region and all-area first-team honors as a senior... Was named to the Western Lakes Athletic Association first team on two occasions... An All-Ann Arbor News first-team selection... Class A All-State honorable mention honoree... Also played for the Michigan Elite club team. **PERSONAL**: Majoring in human biology with a minor in business administration... Daughter of Ray and Holly Coppiellie... Born October 27, 1988... Attended same high school as former UAlbany player Jill Dombrowski.

Year	SP-MP	K	K/S	E	TA	Pct.	A	A/S
2007	121-32	133	1.10	85	460	.104	24	0.20
2008	33-17	20	0.61	13	79	.089	2	0.06
Totals	154-49	153	1.00	98	539	.102	26	0.17
Year	SA	SA/S	DIG	D/S	BS	BA	TB	B/S
2007	34	0.28	281	2.32	2	11	13	0.11
2008	6	0.18	46	1.39	2	3	5	0.15
Totals	40	0.26	327	2.12	4	14	18	0.12

Coppiellie's Career Highs Kills -- 17 vs. Binghamton (11.2.07) Assists -- 8 at Buffalo (9.2.07) Aces -- 4 vs. New Hampshire (10.5.07) Digs -- 20 at Stony Brook (10.26.07) Total Blocks -- 2, two times

#22 Brooke Stanley

Junior • 5-9 • Setter Hendersonville, N.C./West Henderson

Enters her junior season ranked fifth on UAlbany's career assists chart (2,568). **2008**: Named the America East Conference Setter of the Year... Earned

All-Conference first-team honors... An All-tournament team selection for the second straight season... Finished the season ranked first in the conference in hitting percentage (.478) and second in assists per set (10.85)... Was named the setter of the week seven times... Posted the sixth-best single-season assist total in school history (1,204)... Was one of just three players to start all 32 matches for the Great Danes... Was third on the squad in digs, averaging 2.23 per set... Finished with a team-best 32 service aces... Recorded 27 total blocks... Totaled a career-high eight kills versus UMBC (10/26)... Set season-highs with 58 assists and 16 digs against Long Island (9/27)... Recorded 12 double-doubles of the assist-dig variety, including four straight... Had 15 performances of 40-plus assists... Tallied a seasonhigh four total blocks versus Connecticut (9/6)... Had eight matches with multiple service aces, including three with a season-best three aces. 2007: Named the 2007 America East Tournament Most Outstanding Player... Earned America East Conference All-Rookie Team honors... Led the team with 10.66 assists per game... Recorded 1,364 assists, good enough for third on UAlbany's single-season chart... Averaged 2.27 digs per game... Led the conference with 58 service aces... Set a career high with 18 digs against Eastern Michgan (11/14)... Recorded a career-best with 67 assists versus Stony Brook (11/29)... Tallied double-digit assist totals in 33 of 34 matches played... Finished with 12 double-doubles of the assist-dig variety... Set a career-high with five total blocks against Virginia Commonwealth (11/23)... Recorded six service aces on two occasions, once against Troy (9/13) and again versus Binghamton (11/2). HIGH SCHOOL: Led West Henderson to a 118-4 record during her four-year career... Member of four conference championship teams... Led team to the North Carolina State Championship in 2003-04 and a state runner-up finish in 2005-06... Was named one of the top 50 freshmen in the U.S. in 2003... Earned state championship MVP honors that same year... Four-time all-conference honoree... Named the Times News Player of the Year in 2006. **PERSONAL**: Majoring in history with minors in psychology and education... Daughter of Paul and Jan Stanley ... Born July 4, 1989.

Year	SP-MP	K	K/S	E	TA	Pct.	A	Z\A
2007	128-34	69	0.54	22	186	.253	1364	10.66
2008	115-32	101	0.88	15	234	.368	1204	10.47
Totals	243-66	170	0.70	37	420	.317	2568	10.57
Year	SA	SA/S	DIG	D/S	BS	BA	TB	B/S
2007	58	0.45	290	2.27	3	41	44	0.34
2008	32	0.28	257	2.23	0	27	27	0.23
Totals	90	0.37	547	2.25	3	68	71	0.30

Stanley's Career Highs Kills -- 8 vs. UMBC (10.26.08)

Assists -- 67 vs. Stony Brook (11.29.07) Aces -- 6, two times

Digs -- 18 vs. Eastern Michigan (11.14.07) Total Blocks -- 5 at <u>Virginia Commonwealth (11.23.07)</u>



#10 Casey Wright

Sophomore • 6-2 • Middle Hitter Ballston Spa, N.Y./Ballston Spa

2008: Played in 13 matches, making three starts... Finished with 20 kills and 20 total blocks... Had a career-high five kills and five total blocks against

Hartford (II/14)... Recorded three solo blocks at Hartford (ID/II). 2007: Redshirt season. HIGH SCHOOL: Two-time captain at Ballston Spa... Earned all-state third-team honors as a senior... Was a three-time all-council first-team honoree... Member of the Section II Class AA championship team in 2006-07... Earned Albany Times Union all-area first team honors... Named the Ballston Journal Female Athlete of the Year in 2004-05... Also competed at the Empire State Summer Games... Played for the North Country Albany Juniors club team. PERSONAL: Salutatorian of her graduating class... Majoring in public policy ... Daughter of David and Sharon Wright ... Born January 27, 1989.

Year 2008 Totals	SP-MP 23-13 23-13	K 20 20	K/S 0.87 0.87	E 6 G	TA 52 52	Pct. .269 . 269	A 0	A/S 0.00 0.00
Year	SA	SA/G	DIG	D/S	BS	BA	TB	B/S
2008	2	0.09	4	0.17	5	15	20	0.87
Totals	2	0.09	4	0.17	5	15	20	0.87

Wright's Career Highs Kills -- 5 vs. Hartford (11.14.08) Assists -- N/A Aces -- 1, two times Digs -- 2 vs. Yale (9.26.08) Total Blocks -- 5 vs Hartford (11.14.08)



Sophomore middle hitter Casey Wright





#6 Kelly Corkum

R-Freshman • 6-4 • Right Side Hitter Toronto, Ontario/ Michael Power St. Joseph

2008: Redshirt season. **HIGH SCHOOL**: 2006-07 team captain... Received the Award of Excellence in her first year playing at the under-16 provincials...

Member of the Scarborough Vipers club team... Led team to Toronto District College Athletic Association championship in 2005-06 and 2006-07... Played for the Ontario Volleyball Association's Region 5 team... Queens University Tournament MVP... Also played basketball. **PERSONAL**: Major is human biology... Daughter of Robert and Rita Corkum... Born March 20, 1990.



#9 Laurie Gonzalez

Sophomore • 5-9 • Libero/Outside Hitter Carolina, Puerto Rico/St. Francis School

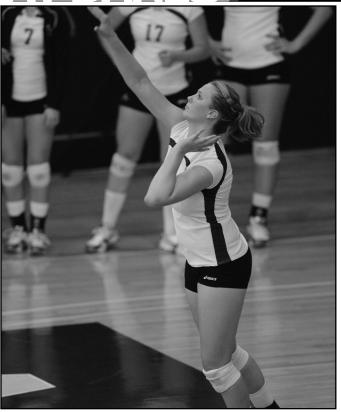
2008: Named the America East Conference Defensive Specialist of the Year... Also earned spots on the all-conference second team and the all-rookie squad...

Finished the season ranked first in the conference in digs per set (4.02)... Recorded the seventh-best single-season digs performance in school history (462)... Reached double-figure dig totals in 27 of 32 matches played, including 15 straight... Had a career-high 28 digs against Long Island (9/27)... Recorded 20-plus digs on six occasions... Tallied three service aces versus Yale (9/26)... Had one kill against four opponents... Member of the USA Volleyball A2 Program in the summer of 2009. **HIGH SCHOOL:** Named the St. Francis School Student-Athlete of the Year... Earned team's top defender and loyalty awards... Captain of the Borinquen Coqui Under-15 team in 2005... Led team to third-place finish at National Volleyball Festival... Helped St. Francis reach a fifth-place finish at the 2006 AAU National Tournament in Orlando, Fla... A three-time LACC All-District All-Star selection. **PERSONAL:** Major is human biology ... Daughter of Ramon Gonzalez and Dominique Van Quathem ... Born May 8, 1989.

Year	SP-MP	K	K/S	E	TA	Pct.	A	A/S
2008	121-32	133	1.10	85	460	.104	24	0.20
Totals	121-32	133	1.10	85	460	.104	24	0.20
Year	SA	SA/S	DIG	D/S	BS	ВА	TB	B/S
2008	34	0.28	281	2.32	2	11	13	0.11
Totals	34	0.28	281	2.32	2	11	13	0.11

Gonzalez's Career Highs
Kills -- I, four times
Assists -- 3 vs. Binghamton (II.22.08)
Aces -- 3 vs. Yale (9.26.08)
Digs -- 28 vs. Long Island (9.27.08)
Total Blocks -- N/A





Sophomore middle blocker Kalyn Mostert



#8 Kalyn Mostert

Sophomore • 6-2 • Middle Blocker Nepean, Ontario/Merivale

2008: Played in 31 matches, starting 27... Named to the America East Conference All-Rookie Team... Averaged 1.46 kills and 1.49 digs per set... Also recorded

0.77 blocks per set... Totalled a career-best 11 kills against Temple (11/29)... Finished with a career-high 19 digs versus Long Island (9/27)... Had nine total blocks against Dayton (9/27)... Posted five service aces versus New Hampshire (10/5)... Recorded multiple blocks in 21 matches... Had at least one kill in 29 matches... **HIGH SCHOOL:** Senior captain... Member of the under-16 indoor regional team at the Ontario Summer games in 2006... Earned most improved player award as a member of the under-18 squad in 2006-07 and was the most valuable player for the 2008 team... Played for Team Ontario at the NTCC Tournament in 2007. **PERSONAL:** Major is undeclared... Daughter of Philip and Karen Mostert... Born April 15, 1990.

Year	SP-MP	K	K/S	Е	TA	Pct.	A	A/S
2008	100-31	146	1.46	64	385	.213	60	0.60
Totals	100-31	146	1.46	64	385	.213	60	0.60
Year	SA	SA/S	DIG	D/S	BS	BA	TB	B/S
2008	22	0.22	149	1.49	7	70	77	0.77
Totals	22	0.22	149	1.49	7	70	77	0.77

Mostert's Career Highs Kills -- 11 at Temple (11.29.08) Assists -- 6 vs. Dayton (9.27.08) Aces -- 5 vs. New Hampshire (10.5.08) Digs -- 19 vs. Long Island (9.27.08) Total Blocks -- 9 vs. Dayton (9.27.08)

UNIVERSITY AT ALBANY **VOLLEYBALL**



#7 Abbey Wexel

Sophomore • 5-4 • Setter Virginia Beach, Va./Frank W. Cox

2008: Saw action in 27 matches as a rookie... Recorded 64 digs and nine service aces... Had a career-best eight digs versus Maine (11/21)...

Recorded multiple digs on 15 occasions... Posted a career-best three service aces against Wright State (9/6)... Had two assists versus Temple (11/29). **HIGH SCHOOL:** Earned first-team all-state, All-Tidewater, Eastern Region and Beach District honors as a senior... Led Frank W. Cox to a state semifinal appearance with a 27-1 record... Member of the 2004 state championship squad... Frank W. Cox won four consecutive Eastern Region volleyball championships during career... Also a member of two straight state championship tennis teams... Member of National Honor Society. **PERSONAL**: Major is undeclared ... Daughter of Walter and Brenda Wexel... Born July 15, 1990.

Year	SP-MP	K	K/S	E	TA	Pct.	A	A/S
2008	66-27	0	0.00	0	4	.000	7	0.11
Totals	66-27	0	0.00	0	4	.000	7	0.11
Year	SA	SA/S	DIG	D/S	BS	BA	TB	B/S
2008	9	0.14	64	0.97	0	0	0	0.00
Totals	9	0.14	64	0.97	0	0	0	0.00

Wexel's Career Highs Kills -- N/A Assists -- 2 at Temple (II.29.08) Aces -- 3 vs. Wright State (9.6.08) Digs -- 8 vs. Maine (II.2I.08) Total Blocks -- N/A



Michael Castelana, president of SEFCU, presented Lee McElroy with a check for \$2,000 at the Dig Pink match in support of breast cancer. The Great Danes raised almost \$4,000 for the Side Out Foundation.



#6 Natalee Gruse

Freshman • 5-10 • Defensive Specialist Lafayette, Ind./Central Catholic

HIGH SCHOOL: Team captain as a senior... Four-year letterwinner at Central Catholic... Named to the ICGSA Class A First Team and was the Small School Player

of the Year as a senior... Averaged 2.80 kills and 3.40 digs per game as a senior... Three-time all-conference honoree... Earned all-area accolades as a junior... Was also a three-year letterwinner for Central Catholic's softball team. **PERSONAL**: Intended major is psychology... Daughter of Robert and Marylee Gruse... Class vice president... Born March 21, 1991.



#6 Dunja Prgomet

Freshman • 5-10 • Outside Hitter Rovini, Croatia/Zuane Crnje

HIGH SCHOOL: Four-year member of the volleyball program at Zuane Crnje... Team captain as a senior. **PERSONAL**: Intended major is business administra-

tion... Daughter of Zeljko and Jelena Prgomet... Born November 3, 1990.



#6 Traci Vandegrift

Freshman • 5-11 • Middle Blocker/Outside Hitter Mogadore, Ohio/Field

HIGH SCHOOL: Four-year letterwinner at Field... Two-time team captain... Selected to play on the 2009 USA Volleyball Women's Junior National A2 Volleyball

Team... Ohio District 8 Player of the Year... Portage Trail Conference Metro Division Player of the Year as a senior... Led the Falcons to consecutive conference championships in 2007 and 2008... Earned Division II All-State second-team honors... Was a District 3 Division II All-Star as a junior... Finished career with 820 kills, 421 digs, 373 total blocks and III service aces... Led the Field basketball team to the Portage Trail Conference Metro Division Championship en route to being named named to the Division II All-Ohio Honorable Mention list... Also a four-year letterwinner in softball and three-year letterwinner in basketball. **PERSONAL**: Intended majors are history and English... Daughter of Timothy Vandegrift and Patti Kicos... Born March 26 1991.



#6 Gabby Whitworth

Freshman • 6-0 • Middle Blocker/Right Side Hitter Kailua. Hawaii/Kalahen

HIGH SCHOOL: Two-time team captain for Kalaheo... Played exclusively for the Jammers Volleyball Club for the past three seasons... Led the U-17 team to

a second-place finish at the 2008 Junior Olympics... The U-18 Jammers finished in third place in the Aloha Region in 2007... Member of the High Performance Junior National A2 team in 2008... Four-year honor roll member. **PERSONAL**: Intended major is business administration... Daughter of Robert and Suzanne Whitworth... Born April 19, 1991.

"The class of 2013 has a very good base knowledge of the game. They are extremely competitive, hardworking and quick learners and we believe they will be one of the best classes we have recruited." - Head Coach MJ Engstrom



Student-Athlete Support Services

The University at Albany is committed to providing the highest quality education to all of its students as undergraduates and graduates. With that commitment in mind, UAlbany's Department of Athletics offers the Office of Student-Athlete Support Services to help develop today's student-athletes and tomorrow's leaders.

Assistant Athletics Director Carl Anderson and Director of Student-Athlete Support Services Jennifer Svatik lead an area whose mission is to enhance collegiate experience by providing an environment that assists them in developing transferable skills so that they may be better prepared to compete in the classroom, the athletic arena, as well as life.

What services are available?

- *Academic Services -- Academic Skill Development, Supervised Study. STAAR Program, Priority Registration, Monitoring of Academic Progress, Peer Tutoring
- *Community Service -- Paw Pals Program, School Visits, Sport Clinics, Adopt-A-Highway
- *Career Services -- Resume Writing, Interviewing Skills, Job Search Network
- *Personal Development -- Awareness Programs, Alcohol & Drug Abuse, Nutrition, Gambling, Financial Planning, Communication Skills, Life After Athletics

What are the benefits of these services?

By partaking in these services, the student-athlete will notice -- improved academic performance, improved potential for graduation, improved personal development, accomodations for learning disabilities that enable success, understanding & instruction outside of the classroom to reinforce learning, interaction with professors & other campus resources to encourage the development of positive relationships, improved interaction between teams to create support and friendships.

How can I become involved?

Individual & Team Projects -- Build your resume & help your team win the Dane Dish by earning points for your involvement. Give back to the community that supports you by participating in programs such as: Paw Pals, the Student Athlete Advisory Board, the Great Danes Reading Program &

Compliance Guidelines for Boosters

For the benefit of the many alumni, fans and booster club members who are so active in supporting and assisting the the Great Danes throughout the year, UAlbany Athletic Compliance would like to remind everyone of a few definitions and rules that apply to all athletic representatives and boosters.

UAlbany is committed to observing the NCAA guidelines concerning representatives of athletic interests (also known as boosters) and institutional control. Our institutional responsibility to rules compliance includes responsibility for actions of all individuals and organizations engaged in activities promoting UAlbany's athletics interests.

Institutional Control -- It is the responsibility of UAlbany to control its intercollegiate athletics program in compliance with the rules and regulations of the NCAA.

Responsibility -- UAlbany's responsibility for the conduct of its program includes the responsibility for the actions of its staff members and for the actions of any other individual, booster or organization engaged in activities promoting the athletic interests of the institution.

Compliance -- UAlbany must monitor its program to assure compliance



local school visits, among others.

Serve As A Resource -- Help support UAlbany Athletics by serving as a resource for community service, career development or other programming activity.

Available Resources -- Financial Aid/Scholarship Materials, Graduate School Information, Individualized Counseling, Career Fairs, Computer Lab Access, Internship & Job Postings

Student-Athlete Advisory Committee -- The purpose of the Student-Athlete Advisory Committee (SAAC) is to serve as liaisons between the athletic administration and student-athletes. The members of SAAC act as the "voice" of the student-athletes and disseminate information given to them, by administrators, to their respective teams. SAAC is a vehicle for student-athletes to improve upon student-athlete welfare, as well as help coordinate community service, life skills and various other activities for the athletic department.

and to identify and report to the NCAA such instances in which compliance has not been achieved. An institution found to have violated NCAA rules is subject to disciplinary and corrective actions as determined by the NCAA.

Athletic Representative/Booster -- You are considered to be a UAlbany athletic representative if you are a present or past member of a UAlbany booster club or agency that promotes the intercollegiate athletics program; have made financial contributions to the athletic department or to an athletic booster organization; are, or have been providing benefits (e.g., summer jobs, meals, etc.) to enrolled student-athletes, their family members or friends; are, or have been involved in any manner of promoting the UAlbany intercollegiate athletics program.

Prospective Student-Athlete -- A prospective student-athlete is a student who has started classes for the ninth grade or above, including students in prep schools and junior colleges as well as students who have officially withdrawn from a four-year institution and plan to transfer to another institution. In addition, a student who has not started classes for the ninth grade becomes a prospective student-athlete if the institution or a booster provides the individual or the individual's relatives or friends with any financial assistance or benefits that the institution does not provide to prospective students in general.

Lee McElroy, Vice President & Director of Athletics



Dr. Lee A. McElroy Jr. is in his tenth year as the University at Albany's Vice President and Director of Athletics. McElrov provides leadership for UAlbany's NCAA Division I 19-sport intercollegiate athletics program for men and women and is a member of the University's Executive Committee. He continues to lead the development of a master plan to upgrade the school's athletic and recreational complex.

In 2008-09, he was recognized as the Under Armour Division I Football Championship Subdivision (FCS) Northeast Region Athletic Director of the Year. He was also among ten current athletics directors named by the NCAA to a new

program called the NCAA Champions Forum in an effort to bring minority football coaches closer to the mindset of athletic directors with regard to the hiring process.

During his tenure, UAlbany has won 37 conference championships, two IC4A track titles and made 15 NCAA appearances in men's basketball, men's lacrosse, softball, women's volleyball, baseball, women's field hockey and men's and women's track and field. In 2004-05, the Great Danes were awarded the Commissioner's Cup as the America East Conference's top athletic program.

McElroy, who served as president of the National Association of Collegiate Directors of Athletics (NACDA) in 2006-07, was a key figure when the University successfully completed the NCAA's second cycle of Division I athletics certification. He was honored with the 2004 General Robert R. Nevland Outstanding Athletic Director Award by the All-American Football Foundation.

McElroy, who played football at UCLA in the late 1960s, was previously American University's director of athletics for four years. American, a Division I school in Washington, D.C., competed in the Colonial Athletic Association. In that period, the AU athletic department upgraded to 19 sports, expanded corporate partners by 400 percent, and planned capital projects for a fitness facility, intramural field and soccer stadium. McElroy founded the Eagle Club, the department's fundraising arm, and developed a program rated as one of the top ten in the nation in its compliance with NCAA gender equity requirements.

Dr. McElroy served as president of the America East Conference Executive Committee in the 2003-04 academic year, and has gained national prominence for his roles with numerous professional organizations and NCAA committees. He served a three-year term on the NCAA Division I Management Council as one of four at-large representatives from I-AA or I-AAA conferences. McElroy previously worked on four prestigious NCAA Committees: Athletics Certification, Financial Aid, Degree Completion Program, and the NCAA Special Committee on Agents and Amateurism.

In 1998, McElroy was named to the NACDA Executive Committee for the University Division, and chair Coordinator, Nutrition Education: of the Sears Directors Cup Committee. The Sears Directors Cup is the only national award and academic scholarship program to recognize all NCAA and NAIA championship sports for women and men.

From 1989-96, McElroy was the director of athletics at California State University-Sacramento. He Chair, Intercollegiate Athletics Board: led the program's transition to Division I and engineered a move to the Big Sky and Big West conferences. He also implemented a strategic plan that developed a corporate partners plan, created an effective fundraising and marketing program, redesigned academic support services, improved athletic facilities. and provided for campus and community outreach programs.

McElroy also worked at the University of Houston from 1981 to 1988 as an assistant director of men's and women's sports and as an associate director of athletics, and for one year as the director of athletics at The University of the District of Columbia. Before joining the Houston staff, he taught in the public school systems of Santa Monica. California and Beaumont, Texas, and was a high school principal in Beaumont.

Along with his duties for the NCAA, McElroy has testified before congressional committees on issues in college athletics, such as gender equity, the welfare of the minority student-athlete, and the academic/ athletic balance. McElroy serves on the boards of the National Consortium of Academics and Sports, Athletic Business magazine, and the National Minority Golf Association. He is also a fellow at the Institute of Ethics and Sportsmanship at the University of Rhode Island.

McElroy, who resides with his wife, Karen, in Slingerlands, earned his B.S. in political science and history from UCLA in 1970. He later received a M.Ed. from the University of Southern California, and an Ed.D. from the University of Houston.

ATHLETIC DIRECTORY Area Code (518)

VOLLEYBALL

Head Coach:	
MJ Engstrom 442:	-3039
Assistant Coaches:	
Ashlee Reed 591-	8651
Kimi Freeburg 591-	8651

ATHLETIC ADMINISTRATION

Vice President & Director of Athletics:

,	Lee McElroy	442-2562
•	Deputy Director of Athletics:	
	Rick Coe	591-8566
)	Assoc. Athletics Director/External:	
3	Charlie Voelker	442-3310
9	Assoc. Athletics Director/SWA:	//0 //00
	Jan Brown	442-4107
١	Asst. Athletics Director/Student Life:	437-3788
)	Asst. Athletics Dir./Media Relations:	40/-0/00
f	Brian DePasquale	442-3072
]	Asst. Athletics Director/Equipment:	112 0072
•	Kevin Galuski	442-3059
,	Asst. Athletics Dir./Athletic Performance:	
i	Tany Tullack	442-3018
l	Asst. Athletics Dir./Event Management:	
3	Cara White	442-3336
,	Asst. Athletics Dir./Business:	//0.00//
1	Sylvia Ulion	442-3044
•	Director of Compliance:	437-3645
,	Katie Bishop Director of Athletics Development:	407-0040
ł	Don Ostrom	437-4416
-	Senior Major Gift Officer:	טודד וטד
l	Mary Johnson	442-5445
1	Director of Student-Athlete Services:	
•	Jennifer Svatik	442-3361

DEPARTMENT PERSONNEL

437-3739

442-5445

442-2562

442-4883

Alisha Hennett

Nina Marinello

Cathy Probst

Teresa Harrison

Assistant to Director of Athletics:

Strength & Conditioning Coach:	
Blake Cundiff	591-8549
Assistant Director/Athletic Media Relations:	
Brianna LaBrecque	442-5733
Assistant Director/Event Management:	
Anthony Pettograsso	442-3074
Assistant Director/Internal Relations:	
Matt Roche	442-3054
Grounds Manager:	
PI I I	440 40E0

SPORTS MEDICINE

Athletic Irainers:	442-3725
Jay Geiner Mary Kate Hedderman	

Kimberly Doyle, Joe Tegnander, Anthony Benyarko, John Sylak



2008 Individual Statistics

(Returning plays	rs in bold type)
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Name	MP-SP	Kills	E	Att.	Pct.	K/S	Ast.	Z\A	Ace	A/S	Dig	D/S	BS	BA	TB	B/G
Amanda Cowdrey	32-115	374	141	1131	.206	3.25	34	0.30	23	0.20	339	2.95	9	22	31	0.27
Kamisha Kellam	32-115	321	69	655	.385	2.79	10	0.09	1	0.01	52	0.45	29	79	108	0.94
Valerie Sourbeer	29-84	217	101	632	.184	2.58	10	0.12	7	0.08	56	0.67	6	29	35	0.42
Hillary White	31-104	197	69	489	.262	1.89	17	0.16	12	0.12	93	0.89	20	74	94	0.90
Cate Eckhardt	27-76	122	55	395	.170	1.61	22	0.29	12	0.16	168	2.21	7	16	23	0.30
Kalyn Mostert	31-100	146	64	385	.213	1.46	60	0.60	22	0.22	149	1.49	7	70	77	0.77
Brooke Stanley	32-115	101	15	234	.368	0.88	1204	10.47	32	0.28	257	2.23		27	27	0.23
Casey Wright	13-23	20	6	52	.269	0.87	0	0.00	2	0.09	4	0.17	5	15	20	0.87
Teresa Coppiellie	17-33	20	13	79	.089	0.61	2	0.06	6	0.18	46	1.39	2	3	5	0.15
Laurie Gonzalez	32-115	4	1	15	.200	0.03	26	0.23	8	0.07	462	4.02		0	0	0.00
Laura Livergood	17-36	1	0	2	.500	0.03	1	0.03	5	0.14	16	0.44	1		1	0.03
Abbey Wexel	27-66	0	0	4	.000	0.00	7	0.11	9	0.14	64	0.97			0	0.00
Rachel Sarcione	15-47	0	1	3	333	0.00	6	0.13	0	0.00	70	1.49	0	0	0	0.00
UALBANY	32-115	1523	535	4076	.242	13.24	1399	12.17	139	1.21	1776	15.44	86	335	253.5	2.20
Onnonents	37-115	1379	699	4155	.164	11.99	1299	11.30	1N7	0.89	1765	15.35	44	275	181.5	1.58

2008 Results

Overall Record: 23-9

		0 V 01 011 1(0001 0		
Americ	a East (12-0)	Hame (14-1)	Neutral (2-4)	
<u>Date</u>		Opponent		Score
Aug.	29	vs. San Diego+		3-0, L
Aug.	30	at San Diego State+		3-1, L
Aug.	30	vs. UC Irvine+		3-0, L
Sept.	5	BUFFALO<		3-0, W
Sept.	6	WRIGHT STATE<		3-0, W
Sept.	6	CONNECTICUT<		3-0, W
Sept.	12	vs. Eastern Kentucky%		3-0, W
Cont.	17	ve Indiana%		7-1 1

Sept.	5	BUFFALO<	3-0, W
Sept.	6	WRIGHT STATE<	3-0, W
Sept.	6	CONNECTICUT<	3-0, W
Sept.	12	vs. Eastern Kentucky%	3-0, W
Sept.	13	vs. Indiana%	3-1, L
Sept.	13	at Kentucky%	3-1, L
Sept.	19	vs. Arizona State>	3-2, L
Sept.	20	at Michigan>	3-0, L
Sept.	20	vs. Western Kentucky>	3-2, W
Sept.	26	YALE++	3-2, W
Sept.	27	LONG ISLAND++	3-2, L
Sept.	27	DAYTON++	3-1, W
Oct.	3	MAINE*	3-0, W
Oct.	5	NEW HAMPSHIRE*	3-1, W
Oct.	10	at Stony Brook*	3-1, W
Oct.	11	at Hartford*	3-0, W
Oct.	15	SIENA	3-0, W
Oct.	17	BINGHAMTON*	3-0, W
Oct.	24	at UMBC*	3-0, W
Oct.	26	UMBC*	3-1, W
Oct.	31	at New Hampshire*	3-0, W
Nov.	2	at Maine*	3-0, W
Nov.	9	at Binghamton*	3-1, W
Nov.	14	HARTFORD*	3-0, W
Nov.	16	STONY BROOK*	3-1, W
Nov.	21	Maine**	3-1, W
Nov.	22	Binghamton**	3-0, W
Nov.	29	at Temple	3-1, W
Dec.	5	at Stanford^	3-0, L

- * America East Conference Opponent
- + Aztec Invitational (San Diego, Calif.)
- < UAlbany Classic (Albany, N.Y.)
- % University of Kentucky Tournament (Lexington, Ky.)
- > Michigan/adidas Invitational (Ann Arbor, Mich.)
- ++ UAlbany Invitational (Albany, N.Y)
- ** America East Conference Tournament (Albany, N.Y.)

YEARLY RESULTS

Year	Coach	W	L	T	Pct.
1979	P. Dwyer	16	9	1	.635
1980	P. Dwyer	26	12	2	.675
1981	P. Dwyer	38	10	0	.792
1982	P. Dwyer	42	10	0	.808.
1983	P. Dwyer	38	6	0	.864
1984	P. Dwyer	44	10	0	.815
1985	P. Dwyer	30	10	0	.750
1986	P. Dwyer	44	3	0	.936
1987	P. Dwyer	45	4	0	.918
1988	P. Dwyer	37	5	0	.881
1989	P. Dwyer	18	15	0	.545
1990	P. Dwyer	17	14	0	.548
1991	P. Dwyer	23	14	0	.622
1992	P. Dwyer	24	19	0	.558
1993	P. Dwyer	7	24	0	.226
1994	P. Dwyer	12	21	0	.364
1995	P. Dwyer	15	12	0	.556
1996	P. Dwyer	13	15	0	.464
1997	P. Dwyer	20	11	0	.645
1998	P. Dwyer	18	14	0	.563
1999	C. Strife	9	17	0	.391
2000	C. Strife	3	24	0	.111
2001	K. Sheffield	4	20	0	.167
2002	K. Sheffield	16	15	0	.516
2003	K. Sheffield	24	10	0	.706
2004	K. Sheffield	27	7	0	.794
2005	K. Sheffield	28	4	0	.875
2006	K. Sheffield	19	13	0	.593
2007	K. Sheffield	24	10	0	.705
2008	M. Engstrom	23	9	0	.719
OVERALL		704	367	3	.655

POST-SEASON PLAY

	FUST-SEASON FLAT							
2008	America East Champion	1998	ECAC Division II Runners-Up					
2000	NCAA Division I Tournament First Round	1997	ECAC Division II Runners-Up					
2007	America East Champion	1991	Fifth Place, NYSWCAA					
2007	NCAA Division I Tournament Second Round	1988	NCAA Division III Tournament Second Rd.					
2006	America East Champion	1987	NCAA Division III Tournament Second Rd.					
2000	NCAA Division I Tournament First Round	1986	NCAA Division III Tournament Second Rd.					
2005	America East Semifinalist	1985	Fifth Place, NYSWCAA					
2004	America East Champion	1984	NCAA Division III Tournament Second Rd.					
200.	NCAA Division I Tournament First Round	1983	NCAA Division III Tournament Second Rd.					
2003	America East Semifinalist	1982	NCAA Division III Tournament Second Rd.					
2002	America East Semifinalist	1981	Fourth Place, NYSWCAA					

[^] NCAA Tournament (Stanford, Calif.)

B/G 1.07 1.04 1.00 1.00 **0.94**

3-0

GREAT DANES

America East Conference 2008 Standings

	America East				Overall		
School	W	L	Pct.		W	L	Pct.
+UAlbany	12	0	1.000		23	9	.718
Binghamton	9	3	.750		16	15	.516
UMBC	7	5	.583		18	13	.580
Maine	7	5	.583		14	13	.518
New Hampshire	4	8	.333		7	21	.250
Stony Brook	3	9	.250		12	18	.400
Hartford	0	12	.000		6	25	.193
Hartford		12	.000		Ь	25	.193



+ America East Tournament Champion

· America cast rouring	- Alliel Ida Cast Toul Halliellt Gilallipiul											
HITTING PERCENTAGE Player Kamisha Kellam Brooke Stanley Brittany Kiehl Ashley Headen Hillary White	Team UAlbany UAlbany Maine Stony Brook UAlbany	G 115 115 101 108 104	K 321 101 200 200 197	TA 655 234 463 436 489	.368 .298 .275	SERVICE ACES Player Gulce Dikecligil Erin Macro Alyssa Lang Lindsay Allman Sabrina Hoeks		Team Stony Brook Hartford UMBC Maine UMBC	G 108 107 112 107 62	A 71 44 44 41 22	A/G 0.66 0.41 0.39 0.38 0.35	
KILLS Player Gulce Dikecligil Michelle McDonough Anna Lejina Kirsten Bates Amanda Cowdrey	Team Stony Brook Binghamton Binghamton New Hampshire UAlbany	G 108 108 104 104 115	K 389 385 367 345 374	K/G 3.60 3.56 3.53 3.32 3.25		DIGS Player Alyse Lahti Laurie Gonzalez Pam Jarrett Michelle Burrola Lindsay Allman		Team UNH UAlbany UMBC Stony Brook Maine	G 96 115 114 100 107	D 390 462 396 334 345	D/G 4.06 4.02 3.47 3.34 3.22	
ASSISTS Player Brooke Stanley Lindsey Mueller Kelsey Sullivan Jessica Wolfenden Kira Giles	Team UAlbany Binghamton Stony Brook Maine UMBC	G 115 111 108 105	A 1204 1136 1042 980 759	A/G 10.47 10.23 9.65 9.33 9.26	7	BLOCKS Player Dawn Lammert Ashley Headen Sarah Hill Bridget Scheetz Kamisha Kellam		Team Binghamton Stony Brook UMBC UMBC UAlbany	G 104 108 75 112 115	S 11 27 2 3 29	A 100 85 73 109 79	TB 111 112 75 112 108

AMERICA EAST AWARDS

FIRST 1	EAM
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Amanda Cowdrey, UAlbany Kamisha Kellam, UAlbany Brooke Stanley, UAlbany

Anna Lejina, Binghamton Michelle McDonough, Binghamton Lindsey Mueller, Binghamton Lindsay Allman, Maine

SECOND TEAM Laurie Gonzalez, UAlbany Hillary White, UAlbany

Alyssa Lang, UMBC Bridget Scheetz, UMBC Kirsten Bates, New Hampshire Lindsay Fogarty, New Hampshire Gulce Nazli-Dikecligil, Stony Brook

ALL-ACADEMIC TEAM

Valerie Sourbeer, UAlbany Hillary White, UAlbany

Dawn Lammert, Binghamton Michelle McDonough, Binghamton Sarah Ball, UMBC Kirsten Bates, New Hampshire Gulce Nazli-Dikecligil, Stony Brook

ALL-ROOKIE TEAM Laurie Gonzalez, UAlbany

Kalyn Mostert, UAlbany Alyssa Lang, UMBC Allie Spaay, UMBC

Pauline Acres, New Hampshire Lauren Laquerre, New Hampshire Kelsey Sullivan, Stony Brook

Player of the Year: Kamisha Kellam, UAlbany Rookie of the Year: Alyssa Lang, UMBC Setter of the Year: Brooke Stanley, UAlbany

Defensive Specialist of the Year: Laurie Gonzalez, UAlbany

Coach of the Year: Glenn Kiriyama, Binghamton

AMERICA EAST TOURNAMENT

November 21-22 at PE Gymnasium, Albany, N.Y.

Semifinals

No. 1

 No. 2
 Binghamton
 def.
 No. 3
 UMBC
 3-2

 No. 1
 UAlbany
 def.
 No. 4
 Maine
 3-1

No. 2

Binghamton

Championship

ALL-CHAMPIONSHIP TEAM

def.

Kamisha Kellam, UAlbany (Most Dutstanding Player) Brooke Stanley, UAlbany

Amanda Cowdrey, UAlbany

UAlbany

Michelle McDonough, Binghamton Anna Lejina, Binghamton Laura Goettsch, Maine Ashley Oscars, UMBC





CAREER LEADERS

	R KII	

1.	Shelby Goldman	1,671	2003-06
2.	Patty Munhall	1,538	1983-86
3.	Alissa Gibbs	1,376	1999-02
4.	Rafaela Nikas	1,282	1994-97
5.	Ashlee Reed	1,173	2002-05
6.	Julie Arbitman	1,104	1997-00
7.	Kristine Gerg	1,077	1988-91
8.	Chris Hofer	1,074	1984-87
9.	Kamisha Kellam	1,058	2005-08
10.	Ashley Crenshaw	1,043	2004-07

CARFER DIGS

- C/11	LELI DIOO		
1.	Ashley DeNeal	1,903	2003-06
2.	Rafaela Nikas	1,607	1994-97
3.	Julie Arbitman	1,385	1997-00
4.	Jessica Volke	1,384	1989-92
5.	Eileen N. Rodriguez	1,218	2002-05
6.	Ashlee Reed	1,101	2002-05
7.	Blair Buchanan	1,082	2003-06
8.	Alissa Gibbs	992	1999-02
9.	Tashi Campbell-Tulloch	911	1995-98
10.	Cara Convery	900	1996-99

CAREER ASSISTS

- C/11	(EEI) NOOIO I O		
1.	Blair Buchanan	5,049	2003-06
2.	Lisa Greiner	3,260	1995-98
3.	Vanessa Docharty	2,942	1987-89, 91
4.	Jill Dombrowski	2,825	2001-04
5.	Brooke Stanley	2,568	2007-
6.	Patty Munhall	1,861	1983-86
7.	Terry Neaton	1,305	1983-86
8.	Maureen Roberts	1,073	1999-01
9.	Marie Hall	1,000	1990-93
10.	Melissa Anchundia	878	1997



Shelby Goldman (2003-06) finished her career first in career kills and fifth in kills per game.



Eileen Nicole Rodriguez (2002-05) holds the NCAA Division I record for career service aces.



Ashlee Reed was honored by the America East Conference as the inaugural Woman of the Year in 2006. Pictured above, from left, are UAlbany Vice President for Development Deborah Read, Associate Athletics Director and Senior Women's Administrator Jan Brown, UAlbany head volleyball coach Kelly Sheffield, Reed, Director of Student-Athlete Support Services Jennifer Svatik, and UAlbany Vice President and Director of Athletics Dr. Lee McElroy.

CAREER TOTAL BLOCKS

1.	Chris Hofer	597	1984-87
2.	Kamisha Kellam	416	2005-08
3.	Ashley Crenshaw	317	2004-07
4.	Jackie Sanchez	282	1995-98
	Ashlee Reed	282	2002-05
6.	Susan Spierre	252	2001-04
7.	Andrea Mayer	247	1989-92
8.	Amy Rosenberg	236	1984-87
9.	Elizabeth Smith	234	1987-91
10.	Kristine Gerg	227	1990-91
	Kelly Heider	227	1993-96
	•		

CAREER SERVICE ACES

1.	Eileen N. Rodriguez	547	2002-05
2.	Ashley DeNeal	187	2003-06
3.	Lisa Greiner	185	1995-98
4.	Jessica Volke	167	1989-92
5.	Alissa Gibbs	166	1999-02
6.	Jill Dombrowski	164	2001-04
7.	Patty Munhall	155	1983-86
8.	Susan Daly	128	1987-90
9.	Christine Lee	124	1995-97
10.	Rafaela Nikas	123	1994-97

LYDEED KILLS DED GYME

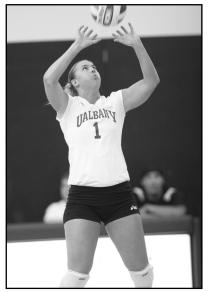
LAI	LAKEEK KILLO PEK DAME				
1.	Elizabeth Rosentel	4.84	1980-83		
2.	Kristine Gerg	4.13	1990-91		
3.	Alexis Bowens	4.06	2002		
4.	Heidi Grunwald	3.84	1986-87		
5.	Shelby Goldman	3.74	2003-06		
6.	Alissa Gibbs	3.72	1999-02		
7.	Ashley Hunter	3.71	2004-05		
8.	Rafaela Nikas	3.54	1994-97		
9.	Amanda Cowdrey	3.47	2007-		
10.	Patty Munhall	3.43	1983-86		

NCAA RECORD BOOK

2004	Eileen Nicole Rodriguez (Aces/career)
2003	Eileen Nicole Rodriguez (Aces/season)
2002	Fileen Nicole Rodriquez (Aces/season)

SINGLE-SEASON LEADERS

KILL	S			TOT	AL BLOCKS		
1.	Shelby Goldman	524	2006	1.	Chris Hofer	172	1987
2.	Elizabeth Rosentel	494	1983	2.	Darby Ballschmieder	169	1988
3.	Shelby Goldman	492	2004	3.	Kamisha Kellam	163	2006
4.	Heidi Grunwald	467	1987	4.	Chris Hofer	161	1986
5.	Patty Munhall	463	1984	5.	Chris Hofer	151	1984
6.	Kristine Gerg	462	1991	6.	Kamisha Kellam	136	2007
7.	Alissa Gibbs	436	2001	7.	Andrea Mayer	123	1992
8.	Alissa Gibbs	429	2002	8.	Elizabeth Smith	118	1988
9.	Amanda Cowdrey	427	2007	9.	Amy Rosenberg	116	1987
10.	Alexis Bowens	418	2002	10.	Ashley Crenshaw	115	2007
					WOT 4050		
DIGS					VICE ACES	0.07	0000
1.	Ashley DeNeal	566	2005	1.	Eileen N. Rodriguez	207	2002
_	Rafaela Nikas	566	1997	2.	Eileen N. Rodriguez	143	2003
3.	Tawny Dahmes	550	2007	3.	Elizabeth Rosenthel	101	1983
4.	Tashi Campbell-Tulloch	538	1998	4.	Eileen N. Rodriguez	99	2005
5.	Ashley DeNeal	509	2004	5.	Eileen N. Rodriguez	98	2004
6.	Julie Arbitman	492	1998	6.	Jill Dombrowski	69	2003
7	Laurie Gonzalez	462	2008	7.	Darby Ballschmieder	68	1988
8.	Ashley DeNeal	459	2006	8.	Alissa Gibbs	65	2002
9.	Kristin Fiorillo	454	2006	9.	Amy Hawk	62	1998
10.	Jessica Volke	432	1992	10.	Jill Foos	60	1988
400	IDTO				Ashley DeNeal	60	2006
ZZA		1.//0	0007	шт	TING PERCENTAGE		
1.	Blair Buchanan	1,448	2004	1.	Heidi Grunwald	.544	1987
2. 3.	Blair Buchanan	1,406	2006	ı. 2.	Chris Hofer	.5 44 .520	1987
ن. 4.	Brooke Stanley Blair Buchanan	1,364	2007 2005	۷.	Chris Hofer	.520 .520	1986
4. 5.		1,329 1,283		4.	Darby Ballschmieder	.501	1988
а. 6.	Jill Dombrowski		2002	4. 5.	Chris Hofer	.486	1985
6. 7.	Brooke Stanley	1,204 1,064	2008 1988	э. 6.	Caris noter Patty Munhall	.400 .414	1986
7. 8.	Vanessa Docharty	1,064 994	1991	o. 7.	Elizabeth Smith	.414 .413	1988
o. 9.	Vanessa Docharty			7. 8.		.411 .411	1985
9. 10.	Blair Buchanan	866 845	2003 1998	o. 9.	Patty Munhall Becky Maggs	.411 .404	1983
IU.	Lisa Greiner	۵4۵	מצכו	9. 10.	becky maggs Heidi Grunwald	.404 .390	1986
	in P			IU.	usidi di.dilmaid	.טםט	1300



Blair Buchanan (2003-06) was the first player in NCAA Division I history to earn her conference's Player and Setter of the Year awards in three consecutive seasons.

INDIVIDUAL MATCH RECORDS							
Hitting Percentage (min. 12 kills)							
.875	Alexis Bowens	8.30.02					
Kills							
36 (5 Games)	Alissa Gibbs	10.28.01					
Digs							
43 (5 Games)	Rafaela Nikas	11.2.96					
Assists							
71 (4 Games)	Blair Buchanan	10.23.04					
Blocks (BS-BA)							
13 (4 Games)	Andrea Mayer	10.4.91					
Aces							
14 (3 Games)	Eileen Nicole Rodriguez	10.17.03					
14 (3 Games)	Eileen Nicole Rodriguez	10.11.02					
14 (4 Games)	Eileen Nicole Rodriguez	11.16.02					

AMERICA EAST MAJOR AWARDS **PLAYER OF THE YEAR**

Kamisha Kellam - 2008

Blair Buchanan - 2004, 2005, 2006

DEFENSIVE PLAYER OF THE YEAR

Laurie Gonzalez - 2008 Ashley DeNeal - 2005

ROOKIE OF THE YEAR

Amanda Cowdrey - 2007 Ashley DeNeal - 2003

SETTER OF THE YEAR

Brooke Stanley - 2008

Blair Buchanan - 2004, 2005, 2006

COACH OF THE YEAR

Kelly Sheffield - 2004, 2006

ALL-AMERICA EAST

FIRST TEAM

Brooke Stanley - 2008 Amanda Cowdrey - 2008

Kamisha Kellam - 2006, 2007, 2008

Ashley Crenshaw - 2006

Ashley DeNeal - 2005. 2006

Blair Buchanan - 2004, 2005, 2006

Shelby Goldman - 2004, 2005, 2006

Ashley Hunter - 2004, 2005

Ashlee Reed - 2003, 2004, 2005

Eileen Nicole Rodriguez - 2003 Alissa Gibbs - 2001, 2002

SECOND TEAM

Laurie Gonzalez - 2008

Hillary White - 2006, 2008

Amanda Cowdrey - 2007

Ashley Crenshaw - 2007

Kamisha Kellam - 2006

HONORABLE MENTION

Ashley Crenshaw - 2005 Jill Dombrowski - 2002

Eileen Nicole Rodriguez - 2002

ALL-ROOKIE TEAM

Laurie Gonzalez - 2008

Kalyn Mostert - 2008

Amanda Cowdrey - 2007

Tawny Dahmes - 2007

Brooke Stanley - 2007

Ashlev DeNeal - 2003

Alexis Bowens - 2002

Eileen Nicole Rodriguez - 2002

AMERICA EAST TOURNAMENT MOP

Kamisha Kellam - 2008

Brooke Stanley - 2007

Ashlev DeNeal - 2006

Ashley Hunter - 2004

AMERICA EAST ALL-TOURNAMENT

Brooke Stanley - 2007, 2008

Kamisha Kellam - 2006, 2007, 2008

Amanda Cowdrey - 2008

Ashley Crenshaw - 2007

Ashlev DeNeal - 2006

Shelby Goldman - 2006

Blair Buchanan - 2004

Shelby Goldman - 2004

Ashley Hunter - 2004

Ashlee Reed - 2003, 2005

Eileen Nicole Rodriguez - 2002

AMERICA EAST SCHOLAR-ATHLETE

Ashlee Reed - 2005

Susan Spierre - 2004

AMERICA EAST ALL-ACADEMIC

Valerie Sourbeer - 2008

Hillary White - 2008

Ashley Crenshaw - 2007

Blair Buchanan - 2006

Ashley DeNeal - 2005, 2006

Shelby Goldman - 2005, 2006

Ashlee Reed - 2005

AMERICA EAST WOMAN OF THE YEAR

Ashlee Reed - 2005-06

AVCA ALL-NORTHEAST REGION

Ashley DeNeal - 2005

Blair Buchanan - 2004, 2005, 2006

Shelby Goldman - 2004, 2006

Kristine Gerg - 1990, 1991 Elizabeth Smith - 1989

Darby Ballschmieder - 1988

Jill Foos - 1987, 1988

Chris Hofer - 1987

Heidi Grunwald - 1986, 1987

Patty Munhall - 1986

ALL-AMERICA SELECTIONS DIVISION III SECOND TEAM

Darby Ballschmieder - 1988

Heidi Grunwald - 1987

Chris Hofer - 1987 Patty Munhall - 1986

DIVISON I HONORABLE MENTION

Blair Buchanan - 2004, 2005

ALL-INDEPENDENT FIRST TEAM

Alissa Gibbs - 2000

ALL-NEW ENGLAND COLLEGIATE

FIRST TEAM

Rafaela Nikas - 1996

SECOND TEAM

Tashi Campbell-Tulloch - 1998

Lisa Greiner - 1997

Rafaela Nikas - 1995, 1997

UALBANY ATHLETIC HALL OF FAME

Rafaela Nikas ('98) - 2005

Patty Munhall-Blacklock ('87) - 2003

Heidi Grunwald ('88) - 1994

Elizabeth Rosentel-Hendrick ('83) - 1992

UALBANY ALUMNI AS COLLEGIATE COACHES

Lisa Gallagher - Sage College

Shelby (Goldman) Sayre - Hudson Valley C.C.

Kristin Fiorillo - Colgate University

Ashlee Reed - UAlbany

AMERICA EAST CONFERENCE

America East...

Since its modest beginning as a men's basketball-only conference in 1979, America East has evolved into one of the most comprehensive NCAA Division I conferences with a commitment to broad-based, competitive athletics programs, complementing the academic integrity and missions of the member institutions.

Quick Facts...

Founded: 1979 (as ECAC North, men's basketball only), 1988-89 (all sports)

Membership (year joined): Albany (2001), Binghamton (2001), Boston University (1979), Hartford (1985), Maine (1979), UMBC (2003), New Hampshire (1979), Stony Brook (2001), Vermont (1979)



Sports: Baseball, men's & women's basketball, men's & women's cross country, field hockey, men's & women's golf, men's & women's indoor track & field, men's & women's lacrosse, men's & women's outdoor track & field, men's & women's soccer, softball, men's & women's swimming & diving, men's & women's tennis and volleyball.

Athletic Success... America East enters its 21st year of all-sports championship competition on the heels of one of the most successful seasons in history as five of its 10 team sport champions won at least one game in the NCAA Championship and two other teams received at-large tournament bids. In addition, one student-athlete won a national championship and 20 others garnered All-America recognition.

Academic Success... America East institutions boasted a pair of Academic All-Americans in 2007-08 while another 19 were tabbed All-District selections. More than 2,250 of America East's 3,200 student-athletes were named to the Academic Honor Roll after receiving grade-point averages of 3.0 or better. Included in that total were 1,015 student-athletes who earned a 3.5 or better and were named to the Commissioner's Honor Roll.







Strategically located in the state capital of New York, the University at Albany is an internationally recognized public research university that puts the world within reach for approximately 18,000 students.

Outstanding faculty, an innovative curriculum, and student-centered services provide students with a strong foundation for academic and career success. Students benefit from UAlbany's location and rich diversity, with nearly 200 undergraduate, master's and doctoral degree programs offered through nine schools and colleges.

More than 300 study-abroad programs help prepare students for the global economy, and extensive internship opportunities in

New York's bustling capital and surrounding region offer real-world experience. Approximately 40 percent of undergraduates participate in faculty-mentored research. An Honors College offers opportunities for students to work closely with faculty and achieve at the highest levels.



The latest rankings of graduate programs by U.S. News and World Report place 10 programs in the nation's top 30. The School of Criminal Justice is ranked No. 2. Programs in Rockefeller College of Public Affairs and Policy are ranked in the nation's top 10. The School of Social Welfare is ranked 12th. The College of Nanoscale Science and Engineering, located in the most advanced research complex of its kind, is ranked first in the world by Small Times magazine as the leading college for nanotechnology and microtechnology.

Both the UAlbany campus and the region are bustling with extracurricular opportunities. Students participate in more

than 150 student clubs, honor societies, and other campus-related groups, and choose from a busy calendar of campus events, including spirited Division I athletic competition in 19 sports and a rich array of cultural activities.

Since its founding in 1844, the University has graduated generations of leaders in all fields. Today, more than two-thirds of undergraduates go on for advanced degrees, and acceptances to law and medical schools are above the national average.

UAlbany plays a major role in the economic development of the Capital Region and New York State, particularly through its programs in nanosciences and biomedical sciences.



UNIVERSITY FACTS

▶ Enrollment:

13,246 (undergraduate), 4,956 (graduate)

▶ Schools and Colleges:

College of Arts and Sciences
School of Business
College of Computing and
Information
School of Criminal Justice
School of Education
College of Nanoscale Science
and Engineering
Nelson A. Rockefeller College of
Public Affairs and Policy
School of Public Health
School of Social Welfare

▶ Home to the New York State Writers Institute:

Founded by Pulitzer Prize-winning author and faculty member William Kennedy in 1984, the Institute has brought to campus more than 800 artists, including seven Nobel Laureates in Literature and more than 100 winners of the Pulitzer Prize, National Book Award, and National Book Critics Circle award.

▶ Libraries:

Three libraries boast more than two million volumes and rank among the nation's top research libraries.

▶ Alumni:

More than 145,000 alumni live around the globe.

- **▶ Mascot:** Great Dane
- School Colors: Purple and Gold
- University Web Site: www.albany.edu







